



# **Subjective Science**

**By Rev. Tony**

This essay was created and presented as part of my Doctoral thesis. It is based on my understanding of consciousness at the Individual, the Collective, as well as the Universal level, Metaphysics, Quantum Physics and Psychology. Also being based on my many years of study in a number of disciplines, as well as a broad and varied spectrum of occupations, it is my conception of the Reality of Life itself.

I put forth that the scientific method, traditionally used in objective fields, can also be applied to subjective experiences, such as thoughts, feelings, and beliefs. The essay highlights the subconscious application of the scientific method in shaping our perception of ourselves and the world.

I suggest we unconsciously use the scientific method to shape our perception of the world and ourselves. I propose that consciously utilizing this method allows us to transform our consciousness, access higher levels of awareness, and consciously create a more fulfilling life aligned with what I will be referring to as our True Self, a Self operating within and from the highest frequencies of beliefs, thoughts and feelings. By consciously applying the scientific method to our subjective experiences, we can replace limiting beliefs with empowering ones and create a more positive reality. Subjective Science gives us mechanisms to explore the relationship between consciousness, beliefs, and the manifestation of reality. This suggests that by "Remembering" our True Self and consciously choosing empowering beliefs, we can align ourselves with the Universal Truth Consciousness and experience a life filled with experiences beyond our current level of imagination.

## Subjective Science

Francis Bacon (1561–1626) is considered among the fathers of empiricism and is credited with establishing the inductive method of experimental science via what is called the "scientific method" today. The scientific method is a systematic approach to investigating phenomena by:

1. Making observations
2. Forming a hypothesis
3. Conducting experiments to test the hypothesis
4. Analyzing the data
5. Drawing conclusions based on the results

Essentially, it's a structured way to gain knowledge through testing and experimentation. It's a brilliant system. It has guided science to discovering the truth as they know it, that is, in the world of the Objective/Tangible, for centuries. However, "The scientific method aims to mitigate the impact of subjectivity through rigorous testing and peer review to reach objective conclusions."(Google)

The Truth is that the scientific method works in the world of the Subjective/Intangible as well in the world of the Objective/Tangible. In fact, we do it all the time, we just haven't understood it as a science. We do it every time we say something like: "That doesn't work for me."

First of all, the statement is totally "subjective." Any evidence that may be presented to defend it is circumstantial, as well as "subjective." In fact, all opinions are "subjective." They are based upon a feeling, which was based upon thoughts, which were based upon a belief (Laws of the Creation), which is totally "subjective." The same could be said for the harshest judgments, and the most profound thoughts. How do we know? Because someone else may have the opinion: "That would work great for me." Of course, all other opinions would be based on other "subjective" reasons. It's all "subjective." Once you get past the Tangible world, it's all "Subjective," all Intangible. We all experience the Tangible world subjectively, "reality" subjectively. All opinions are "subjective" and are formulated via the scientific method being applied to the "Subjective" domain. We all do it, and here is how it happens.



- (1) The observations were made -- in childhood (I'm not good enough. They said so.).
- (2) Hypothesis was formed -- about an identity, an "I am" (Maybe I am not good enough).
- (3) Experiments were conducted -- every time we had an experience (Got a C when A's were expected, someone left, etc., etc., etc.) that validated our hypothesis (Maybe I am not good enough).
- (4) We analyze the data -- (the facts prove it!).
- (5) We draw a conclusion based on the results -- (I am definitely not good enough!).

Then we stored that data in our subconscious to satiate the pain, the negative emotions attached to the conclusion. Consequently, when an opportunity is presented: "That doesn't work for me" is the "subjective" subconscious reaction. It only appears to be a conscious decision.

"The brain makes its own decisions on a subconscious level, and people only later feel that "they" have performed a conscious decision." -- Biocentrism by Robert Lanza

We use the scientific method in the subjective world all the time, we're just not aware of it, and don't know how to use it for our well-being. All that's needed for this process to become a very powerful tool for transformation is a little understanding... I can't do the scientific method for you and you can't do the scientific method for me. We can only utilize it for ourselves. And no one can make us do it. It has to be done with FREE CHOICE. Basically, that's it. But, like any good scientist would do, do it with intent, focus and integrity.

In fact, if we apply the scientific method in Subjective Science, in the manner expressed in the Consciously Creating material, to the subjective domain of our feelings, thoughts and beliefs, we will access domains of higher consciousness that we cannot yet imagine. It's not that we don't know how to do it. We've been doing it all our lives, as per the example above. The difference is, we must do it consciously. This is part, and a very major part, of the evolution/elevation of consciousness. And it's a prerequisite for Consciously Creating.



Quantum Physics tells us that we exist in a state of potentiality. Consciously Creating your future is more about influencing potentiality than outright control. Consciously Creating is not about setting hard, fast, clear goals, as I taught when I was in the business world. Consciously Creating is about influencing the potentiality of a vision for your future to manifest. This creates a space for your Inner Guide/True Self to lead you to a manifestation that far exceeds your visions. And the only thing preventing that life from manifesting now is the un-true beliefs you are choosing, through your own Free Choice, to hold in your consciousness. They are not only preventing that life from manifesting, they are also preventing us from "Remembering."

For centuries, people have been striving to wake up, reach nirvana, find salvation, achieve enlightenment, open their chakras, see the light and a host of other phrases used to describe the state of consciousness in which one is totally aware of its being one of an infinite number of specifically, unique beings that are, in fact, a collective extension of the Universal Truth Consciousness.

If that sounds a bit complicated, let me put it this way. You are a Specifically, Unique Individual Consciousness, as is everyone else. That's the first part. The second part is that we are all connected, and we call that the collective consciousness. The last part says that the collective consciousness is connected to a much higher level of Consciousness we referred to as Universal Truth Consciousness. Everything, yes "every thing" is an extension of the Universal Truth Consciousness, and that includes you. "Remembering" this state of consciousness is what people have been striving centuries for, most mistaking it for a "place in space/time," even if it meant after death. In fact, it is ALL a state of consciousness.

I say "Remembering" because I operate on the premise that everything is Created to operate optimally in the "Resonate Frequencies" of the Universal Truth Consciousness, which we seem to have forgotten. "Remembering" this is how we Consciously Create a life that reflects this. A life with peace of mind, love filled hearts, joy filled lives brimming with compassion, kindness, adventure, curiosity, creativity, passion, fulfillment, total freedom, and experiences beyond our wildest imagination. It is the state of Universal Truth Consciousness we were created to be, to create and to live in, as a Specifically, Unique Self... our True Self. This is the Self we will "Remember" ourSelf to be. It is the Truth of Who and What we are. We can refer to this as our True Self.



As a wise man once said, it isn't that you don't know, it's that you know so much that isn't true." And just as the scientific method is used in the objective/Tangible world to discover the objective truth, you can use the same scientific process to find the Subjective Truth, your Subjective Truth, which Reflects the Universal Truth that shines forth in your Specifically, Unique True Self.

Here's the facts. You are going to apply the scientific method to every experience you ever have automatically. The question is not; Are going to do it? The question is: How are you going to do it? Consciously or subconsciously? Utilizing Subjective Science consciously leads to Forgiveness, Acceptance, and Gratitude, Peace, Love and Joy. Doing it unconsciously leads to a future that looks like your past, because you will be reaffirming the untrue belief you formulated from past data, which was retrieved from a past experiment that was concluded to be painful. And here's where Forgiveness comes in. Forgiveness removes the blockage that prevents us from Thinking Truly... The way our True Self Thinks... True Thinking, by simply choosing not to keep the untrue belief. It's not true anyway. It isn't serving you any longer. Why keep it? Let it drop as you would a pebble from your hand when you let it go. Then freely choose to replace it with a contrasting belief. One of a higher frequency and the higher the better. Your Inner Guide/True Self will help you with this because that's what your Inner Guide/True Self does.

As you evolve through this journey of consciousness evolution, your life will become quieter. It will become calmer. It will become healthier. It will become more abundant, overflowing with nourishing things, good relationships, healthier foods, and healthier entertainments. You literally recreate a new world, a new reality, with the transformation of your consciousness.

Do it Consciously. Make it a subjective scientific process that results in an elevated consciousness operating at higher frequencies. Make Subjective Science a scientific method by applying it consciously. When you do, you can master the Creative Process, which also works best when applied consciously instead of unconsciously. But you have probably figured out by now that all things work better when done Consciously and the higher the better, and the better our use of the Subjective Science becomes.