



Freedom - A Conscious choice that you are FREE to make. You always have a choice in every moment, every NOW. Only the unconscious believe, think and feel that they don't.

Frequency - The specifically unique rate at which absolutely every single individual aspect of the universe vibrates, from subatomic particles to beliefs, thoughts and emotions.

Gratitude - Not merely making a mental or physical list of things you like and appreciate, but Abundance as a Way of Being.

High Frequency - In Subjective Science, frequencies of our inward condition (beliefs/thoughts/feelings) that rate 6 or more on the Subjective Science Frequency Scale. Recognized as feelings of Expansion, Lightness, Openness, Peace, Love, Joy, Adventure, Curiosity, Passion, Creativity, Compassion, True Empathy, etc.

Individual Consciousness - A Specifically Unique Extension of Universal Truth Consciousness, a Co-Creator Utilizing Free Choice as the Means of Creating a Reality capable of reflecting/demonstrating high and low frequency beliefs. Each is a Specifically Unique Instrument tuning up frequencies to play in the Symphony of Creation.

Inner Guide - Your feeling body, your emotional body. The guidance system given when you separated from your True Self. Directly connected to your True Self to Guide you back to "Remembering." Negative emotions (5 or less on the Scale) indicate walking away from your True Self, serving as a warning light.

Intangible Realm - The realm of the non-physical, non-material. Includes states of consciousness like peace of mind, love, joy, acceptance, and freedom. Operates under laws diametrically opposed to those of the Tangible Realm.

Inward Condition - The sum total of the "frequencies" of your beliefs, thoughts and feelings at any given "moment." A state of consciousness reflected back to you every "moment" for examination through Subjective Science.

Low Frequency - In Subjective Science, frequencies of our inward condition (beliefs/thoughts/feelings) that rate 5 or less on the Scale. Recognized as feelings of Anger, Rage, Powerlessness, Sadness, Rejection, Self-pity, Disgust, Doubt, Uncertainty, Worry, Confusion, Anxiety, etc.

Negative emotion/feelings - Signals from our inner guide that we have activated or are operating on an un-true belief. Like a warning light on a car dashboard, alerting that something in your Inward Condition needs Subjective Science examination and possibly True Forgiveness.



Reality (Three Levels):

- **REALITY** - As Known by Universal Truth Consciousness, Highest of Frequency
- **Reality** - As perceived/interpreted/reflected/demonstrated by the Individual Consciousness, a mixture of Truth and un-truth, High and low frequencies
- **reality** - As perceived/interpreted by the ego, low frequency

"Remembering" - The process of recalling your True Self and being the Conscious Creator that you are, creating life for the highest good of yourself and all. Your True Self operates within and from the highest frequencies of beliefs, thoughts and feelings, reflecting the Truth.

Resonance - A phenomenon where an external force or vibrating system forces another system to vibrate with greater amplitude at a specified or like frequency. Occurs when the frequency of the applied force equals the natural frequency of an oscillating system, resulting in increased amplitude.

Science - The systematic study or knowledge gained through careful observations and experiments, covering general truths and the operation of general laws as obtained and tested through the scientific method.

Subconscious/Unconscious - An aspect of Individual Consciousness referred to as "the veil." Allows dissociation from un-true beliefs, but cannot eliminate the resonating frequency effects of those beliefs in every decision and choice made.

Subjective Science Frequency Scale - A scale from 1 to 10 used to categorize our inward condition. 6 to 10 is high frequency, with higher numbers indicating greater intensity of positive emotions. 5 to 1 is low frequency, with lower numbers indicating greater intensity of negative emotions.

Symphony of Creation - The Collective Frequencies experienced as "the world out there" (what individual consciousness experiences as "my world"). Envisions what the world might be like if all Individual Consciousnesses were tuned to a Resonant Frequency with the Highest Frequency of Love.

Tangible Realm - The realm of the physical, material world. Operates under its own set of Laws.

Truth - The Realm of the Highest Frequency - Unconditional Love, Source Energy, Creative Archetype (Universal Truth Consciousness), plus all beliefs, thoughts and feelings of Resonant Frequency that can be Reflected in attitude and Demonstrated in behavior.

True Communication - Communication inspired only by True Belief/Thought/Feelings/Behavior resulting in the Experience of True Communication.

True Forgiveness - Presented on seven different levels using a ladder metaphor. The seventh (top) rung is simply: Letting go of a belief that is un-true, one that no longer serves you.



True Integrity - Complete alignment between beliefs, thoughts, emotions, feelings, and behaviors with the frequencies of Truth, eliminating all internal conflict.

True Relationship - Relationship as intangible manifested in form, Aligned Action demonstrating the intangibles held within. "Relationship" is where you come to know your True Self; it IS your True Self. Living in "Relationship" is living in Love, living as who you truly are.

True Replacement - "Replacing" an un-true belief with one aligned with higher frequency, resonating with your True Self. Becomes a mantra - a stretch but reachable.

True Self - A Specifically Unique Extension of Universal Truth Consciousness, a Co-Creator utilizing Free Choice to Create Reality. The True Self of each Individual Consciousness is an Instrument tuned to the Highest Frequencies, playing Peacefully, Lovingly, Joyfully, and Passionately in the Symphony of Creation.

True Thought - Thought of a Resonant Frequency with Universal Truth Consciousness, which can be Reflected/Demonstrated by Individual Consciousness.

Universal Truth Consciousness (UTC) - The Realm of the Highest Frequency - Unconditional Love, The Source Energy, The Creative Archetype Utilizing Free Will to Create an Eternal, Limitless, Changeless REALITY. Its Will is that every Individual Consciousness Creates in Resonance with TRUTH by means of Free Will.

un-truth - The Realm of low frequencies - conditional love, frenetic energy, the mis-creative archetype (universal un-truth consciousness/ego). The domain of conflicting beliefs and behaviors, negative emotions and feelings, pain and suffering.

un-true self - Also known as "ego" (see ego).