



LifeStage  
Home Solutions

**DwellSafe**

352-289-4578



FairlambSales@gmail.com

**It's better to prepare  
5 years early than 5  
minutes late!**

## ✓ **6-Week Whole-Home Declutter Plan**

*One area per week. One home transformed.*

---

### **Week 1: The Daily Spaces**

Focus: Things you touch every day.

- Clear junk drawers & countertops
  - Toss expired food from fridge & pantry
  - Recycle old mail, magazines, catalogs
  - Remove clutter from entryway or command center
- 💡 *Goal: Smooth out daily routines with less stuff in the way.*
- 

### **Week 2: Kitchen & Dining**

Focus: Function over fuss.

- Donate duplicates: gadgets, mugs, serving platters
  - Toss stained plasticware & unmatched lids
  - Declutter spice rack & junky drawers
  - Organize dishes and meal prep zones
- 💡 *Goal: Only keep what you love and actually use.*

---

## Week 3: Closets & Clothing

Focus: Simplify the "what to wear" moment.

- Pull out anything that doesn't fit or feel good
- Sort shoes, scarves, and accessories
- Donate what you haven't worn in 12+ months  
💡 *Goal: Your closet = confidence, not chaos.*

---

## Week 4: Paper & "Hidden" Clutter

Focus: What's lurking in the background.

- Sort mail piles, file or shred documents
- Toss expired meds, old makeup, broken pens
- Declutter nightstands, drawers, shelves  
💡 *Goal: Create breathing room behind closed doors.*

---

## Week 5: Bathrooms & Bedrooms

Focus: Comfort & calm.

- Toss expired products, half-used bottles
- Clean out towels, sheets, and under-bed bins
- Simplify tops of dressers and nightstands  
💡 *Goal: A peaceful place to recharge.*

---

## Week 6: Garage, Attic, & Storage

Focus: Big wins.

- Toss broken tools, random cords, old paint
  - Edit seasonal decor & sports gear
  - Label and consolidate bins
  - Schedule donation or bulk pickup  
💡 *Goal: Reclaim your storage so it works for you.*
- 

### 🏁 Final Tip:

At the end of each week, take 5 minutes to look around and *notice what feels better*. That momentum builds—and it sticks.



**SCAN ME**