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It's better to prepare 5 years early than 5 minutes late!

# Conversation Starters to Check In & Gauge Openness to Home Safety Help

## **\( \)** Daily Living & Comfort

- "What part of your day feels easiest—and what part feels like more of a chore lately?"
- "Are there any spots in the house that feel harder to get around in than they used to?"
- "Have you had any close calls lately—like tripping, slipping, or losing balance?"
- "Is there anything around the house that's just not working the way it used to for you?"

## © Emotional Well-being & Openness

- "Do you ever find yourself wishing certain things were simpler at home?"
- "What would make you feel even more comfortable or confident around the house?"
- "If someone could help make your home feel even safer—no strings attached—would you be open to that?"
- "How do you feel about someone walking through the house with us to spot any easy improvements—just to help keep things safe?"

Don Fairlamb -Aging in Place Specialist Bobbie Fairlamb- Seniors Real Estate Advisor

#### **••** Gentle Lead-ins to a Safety Assessment

- "I saw this list of small home tweaks—like brighter lights or grab bars—and thought of you. Would you want to look at it together?"
- "Would it be okay if I brought someone by to look at ways we could make things a little safer? Just ideas—nothing permanent unless you want it."
- "If we could make one or two small changes that made your life easier, what would you choose?"
- "Some of my friends are doing a quick home safety check with their parents. Want to do one together, just to be proactive?"

#### Encouraging Empowerment, Not Control

- "You've always been so independent—I just want to help you stay that way as long as possible."
- "Any tweaks we make now could save a lot of hassle later. I think of it as future-proofing the home!"
- "This isn't about changing what you love—it's about keeping you safe doing what you love."

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