



LifeStage  
Home Solutions

**DwellSafe**

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It's better to prepare  
5 years early than 5  
minutes late!

## ✓ Checklist: Getting VA Benefits for Your Loved One

### 📁 Step 1: Gather Information

- Locate your loved one's **DD214 (discharge papers)**
  - If you don't have it, **request it online** (see below)
- Have their **Social Security number**
- Have your own and any dependents' SSNs (if applicable)
- Collect **insurance and income info**
- Gather any **relevant medical records**

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### 🌐 Step 2: Apply for VA Benefits Online

Go to [VA.gov](https://va.gov) to begin.

- Create or sign in with your **VA.gov account**
- **Apply for health care** (VA Form 10-10EZ)
- **Apply for disability compensation or pension** (VA Form 21-526EZ)
- **Upload DD214** (if available)



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### **Step 3: Submit Supporting Documents**

- If you have the DD214, **scan and upload** it
  - If not, **request it online** (see below) and upload it later
  - Keep **digital copies** of all uploaded documents
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### **Step 4: Request the DD214 (If You Don't Have It)**

#### **Option 1: Online via eVetRecs**

- Visit eVetRecs at [archives.gov](https://archives.gov)
- Sign in with **ID.me** (for security)
- Complete the request with as much info as possible
- If your loved one has passed away, provide proof of death (obituary, death certificate, etc.)

#### **Option 2: Mail or Fax Standard Form SF-180**

- Download **SF-180** from [archives.gov](https://archives.gov)
- Fill out and **mail or fax** it to the listed address

☐ Most requests are **free** if the veteran separated less than 62 years ago.

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### **Step 5: Get Support (No Need to Go In Person)**

- **Call the VA** for help: **877-222-8387** (Mon–Fri, 8am–8pm ET)
  - **Work with a VSO** (Veterans Service Organization) for free help
    - › Find one at <https://www.ebenefits.va.gov>
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## Bonus Tips

- You **can apply now**, even if you're still waiting on the DD214
  - Track your application and upload documents later via your VA.gov account
  - **No need to go to a VA office**—everything can be done online or by phone
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**SCAN ME**