



LifeStage
Home Solutions

DwellSafe

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REALTY

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*It's better to prepare
5 years early than 5
minutes late!*

✓ **6-Week Whole-Home Declutter Plan**

One area per week. One home transformed.

Week 1: The Daily Spaces

Focus: Things you touch every day.

- Clear junk drawers & countertops
 - Toss expired food from fridge & pantry
 - Recycle old mail, magazines, catalogs
 - Remove clutter from entryway or command center
- 💡 *Goal: Smooth out daily routines with less stuff in the way.*
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Week 2: Kitchen & Dining

Focus: Function over fuss.

- Donate duplicates: gadgets, mugs, serving platters
 - Toss stained plasticware & unmatched lids
 - Declutter spice rack & junky drawers
 - Organize dishes and meal prep zones
- 💡 *Goal: Only keep what you love and actually use*

Week 3: Closets & Clothing

Focus: Simplify the "what to wear" moment.

- Pull out anything that doesn't fit or feel good
 - Sort shoes, scarves, and accessories
 - Donate what you haven't worn in 12+ months
💡 *Goal: Your closet = confidence, not chaos.*
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Week 4: Paper & "Hidden" Clutter

Focus: What's lurking in the background.

- Sort mail piles, file or shred documents
 - Toss expired meds, old makeup, broken pens
 - Declutter nightstands, drawers, shelves
💡 *Goal: Create breathing room behind closed doors.*
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Week 5: Bathrooms & Bedrooms

Focus: Comfort & calm.

- Toss expired products, half-used bottles
 - Clean out towels, sheets, and under-bed bins
 - Simplify tops of dressers and nightstands
💡 *Goal: A peaceful place to recharge.*
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Week 6: Garage, Attic, & Storage

Focus: Big wins.

- Toss broken tools, random cords, old paint
 - Edit seasonal decor & sports gear
 - Label and consolidate bins
 - Schedule donation or bulk pickup
- 💡 *Goal: Reclaim your storage so it works for you.*
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🚩 Final Tip:

At the end of each week, take 5 minutes to look around and *notice what feels better*. That momentum builds—and it sticks.



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