

BACAPH Bulletin
Edition: July 2026

This month's theme is Proactive Public Health



**British Association for
Child & Adolescent
Public Health**

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Consultations

- **GOV.UK: Co UK-wide consultation on measures to limit the appeal of vapes to children** Proposed changes include plain packaging, restrictions on how flavours can be described, and requiring vapes to be kept out of sight in retail settings. [Read More](#)

Child Health

- **Save the Children: The Nine Basic Requirements for Meaningful and Ethical Children's Participation** The resource includes checklists and simple tools for easy access and use. [Read More](#)
- **Official Statistics: Infant feeding survey in England 2024** All the facts you need e.g. at 6 months, prevalence of breastfeeding was 56% for first-time mothers and 60% for mothers who already had children. [Read More](#)
- **The co-design toolkit: Embedding co-design and participation in early years** The toolkit includes a co-design wheel to guide users through 4 stages of co-design, 25 activity cards offering structured and creative engagement methods, wisdom cards capturing shared principles and a supporting playbook with facilitation guidance [Read More](#)
- **Nuffield Foundation/UCL: Physical punishment and child outcomes in the UK** Physical punishment of children is harmful and must be banned in England and Northern Ireland. [Read More](#)
- **HoC Research Briefing: Home Education in England** At least 126,000 children were in elective home education in England in autumn 2025. Reforms are in place to introduce a register of children not in school. [Read More](#)
- **Lancet: Therapeutic strategies to manage climate distress among young people** A review of the strengths and limitations of current interventions plus key priorities for clinical practice, service development, and future research to support the mental health of young people in a changing climate. [Read More](#)
- **Faculty of Public Health: Growing Up in an Online world** The FPH Formal Response to the Department for Science, Innovation, and Technology (DSIT) National Consultation. [Read More](#)
- **Adverse Childhood Experiences – The Lancet Collection** Systematic review, Editorial and commentary:
 1. *Adverse childhood experiences in children and youth experiencing homelessness: a systematic review and meta-analysis* [Read More](#)
 2. *Protecting childhood: a pressing priority* [Read More](#)
 3. *Beyond cumulative scores: measuring childhood adversity by type* [Read More](#)

Public Health

- **DEMOS: Powering Prevention - How to reform the state's financial architecture to enable preventative people-centred public service reform** Explores how the state's financial architecture can deliver more preventative, people-centred public services. [Read More](#)
- **HoC Research Briefing: Water safety and prevention of drowning** This briefing focuses on water safety and action to reduce accidental drowning. [Read More](#)
- **The Food Foundation: Healthy Start - unlocking its potential to support with family food bills and tackle child food insecurity** Expanding Healthy Start eligibility to all families in receipt of Universal Credit would return net benefits to society of £7.7 billion over 10 years as a result of the reductions in food insecurity, increased household disposable income, and wider economic gains. [Read More](#)
- **GOV.UK Guidance: Understanding and addressing immunisation inequities toolkit** A toolkit to support local and regional stakeholders to understand and act on immunisation inequities in the populations they serve. [Read More](#)
- **Active Travel England: Worth Every Step - Active Travel England's delivery plan 2026 to 2030** Sets out Active Travel England's strategic priorities for 2026 to 2030. [Read More](#)
- **Sustain: Good Food Local - The North East report** Good Food Local is a national programme that gives councils a practical framework for improving their local food system this paper showcases action taken by councils on food systems issues linked to the six Sustainable Food Places themes [Read More](#)
- **METRX Dashboard: Primary-care medications** The dashboard provides a comprehensive overview of primary care medication dispenses across England. [Read More](#)
- **ONS: Beyond GDP insights - UK measures of National Wellbeing June 2026** Exploring quality of life and progress beyond GDP in the UK, drawing on the 59 national well-being measures e.g., health outcomes have worsened in the long term, with an increase in depression and anxiety; but satisfaction with the healthcare system has increased compared with a year ago. [Read More](#)
- **COMCARE: Health effects of ultraviolet radiation from artificial tanning devices in the UK and their control** Compares legislation across the UK nations and makes 4 recommendations. [Read More](#)
- **HoC Research briefing: Ketamine** The 2024/25 survey reported that around 2% of young people aged 16 to 24 years said they had used ketamine in the last year. In 2024/25 almost 1,500 children (<17 years) reported problems with ketamine use. [Read More](#)
- **LANCET: Health and plastics: avenues for strengthening the plastics treaty** Describing the 4-phase approach to reduction. [Read More](#)

NHS 10-Year Plan

- **Kings Fund: Five ways system leaders think differently (and why this matters more than ever in health and care)** Useful insights. [Read More](#)
- **GOV.UK Guidance: Value-based procurement national standard guidance for medical technology** The beginning of the productivity and value agenda of the 10 year plan. See the 5 value domains and whole life cost diagram. [Read More](#)
- **HFMA: A framework for the ethical and effective decommissioning and disinvestment of clinical services** The framework is designed to support health and care leaders to systematically evaluate, prioritise and implement decommissioning and disinvestment decisions, particularly in systems facing significant financial deficit. [Read More](#)
- **Paying for Health: Learning from International Experience in Health Financing** Paying for Health brings together insights from over 50 global experts to provide a vital analysis of health care financing around the world, explaining issues related to funding both health and social care. [Read More](#)
- **HEU: A framework for the ethical and effective decommissioning and disinvestment of clinical services.** A robust and transparent framework for decommissioning and disinvestment is essential. See the- accompanying guide. [Read More](#)
- **Nuffield Council on Bioethics. Rapid Ethics Assessment and Learning (REAL) method in policy decision-making** This report sets out the research that has informed the design of the Rapid Ethics Assessment and Learning (REAL) method, and demonstrates how the REAL prototype could fit into the policy design cycle [Read More](#)
- **HoL: Acute, primary and community healthcare** In 2024/25, spending on acute care was £74.7bn, compared to £14.5bn on primary care and £13.8bn on community services [Read More](#)

Poverty and Inequity

- **Research Briefing: School uniform costs in England** Concerns are regularly raised about the cost of school uniform - this briefing introduces the rules and recent reforms in England, and sets out the support available for school uniform costs across the UK [Read More](#)
- **Mental Health Foundation Report: The state of mental health inequality in the UK** Comparisons across the formations of the UK, with helpful figures to support the equity issues. [Read More](#)

Sustainable Development



- **The Food Foundation: The Broken Plate 2026** Households with children in the lowest income quintile would need to spend 85% of their disposable income on food to afford the Eatwell Guide. Fast-food outlets make up 1 in 4 places to buy food in England, rising to over 1 in 3 in the most deprived areas [Read More](#)
- **HoC Research Briefing: Climate change adaptation and resilience in the UK** This briefing explains the targets for climate change adaptation in the UK, the current policy approach, and an overview of progress. [Read More](#)
- **SOSCHI: Statistical Framework Report: Six global indicators with real-world impact** The SOSCHI statistical framework is a transparent and globally generalisable tool for official statistics on climate change and health. [Read More](#)
- **HoC Research Briefing: The UK's plans and progress to reach net zero by 2050** This briefing provides an overview of the background context for net zero, the plans in place to reach this goal, and current progress. [Read More](#)

Interesting Frontiers of Life Course Thinking

- **Brain Health: The criticome as the window of becoming: Toward a novel and comprehensive framework for understanding the critical period of information integration in human development** The 'criticome' to refer to the sensory, motor, social, cultural and environmental information recorded from pregnancy up to the age of 25, which is the period of greatest brain plasticity. [Read More](#)

Featured Websites

- <https://www.medzerocarbon.com/> Search for anything in health and healthcare to view its carbon footprint (click on 'About' first of all)
- <https://borngreengeneration.org/> Born Green Generation: Delivering toxic free healthcare.

BACAPH News

- Joint BACAPH/FPH Webinar: *Fetal Alcohol Spectrum Disorder: translating evidence into public health action* 9th September 2026, 13.00-14.00, online [Read More](#)

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