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“Mental health is the focus for this Bulletin. Mental well-being is high on the Maslow pyramid and depends on all the lower levels of need being fulfilled well so as not to undermine well-being strategies. There is an increasing interest in understanding and supporting emotional well-being to prevent later mental ill health. A thriving and prosperous society must collectively value children more in order to create a resilient future generation that can positively adapt to a rapidly changing world”.



British Association for Child & Adolescent Public Health

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Mental Health

- **Guidance: Improving the mental health of babies, children and young people (BCYP): a framework of modifiable factors.** This paper highlights the wide range of modifiable factors that interact to influence the mental health of BCYP and convey opportunities across the BCYP life course for promotion and prevention- [Improving the mental health of babies, children and young people: a framework of modifiable factors - GOV.UK \(www.gov.uk\)](#).
- **Mental Health of Children and Young People in England, 2023 - wave 4.** The mental health of children and young people aged 8 to 25 years living in England in 2023 is examined, as well as their household circumstances and their experiences of education, services and of their life in their families and communities- [Part 1: Mental health - NHS Digital](#).
- **RCPCH: The role of paediatricians in children and young people's mental health - position statement 2024.** This statement outlines the role for paediatricians in prevention, early recognition and holistic care and includes wide-ranging policy recommendations - [The role of paediatricians in children and young people's mental health - position statement 2024 \(rcpch.ac.uk\)](#).
- **Heseltine Institute. Improving outcomes for children and young people at risk of or living with conduct disorders. A Human Learning Systems Approach.** Conduct disorders, also called 'disruptive behavior or dissocial disorders' could be reframed as a childhood response to a non-nurturing environment. This paper proposes a Human Learning Systems Approach which offers a manageable way of developing a deeper understanding and response to the complexity of issues- [PB311,combined.pdf \(liverpool.ac.uk\)](#).
- **NSPCC Briefing. Young people's experiences of in-patient mental health care.** Insights from the experiences young people from when they had been sectioned, detained or been a voluntary in-patient for their mental health- [Young people's experiences of in-patient mental health care \(nspcc.org.uk\)](#).
- **The Kings Fund. Mental health 360.** A '360-degree' review of mental health care in England which focuses on nine core areas- [Mental Health 360 | Review Of Mental Health Care | The King's Fund \(kingsfund.org.uk\)](#).
- **DEMOS. Strong foundations why everyone needs good emotional health – and how to achieve it.** This is the second paper in the Strong Foundation series and explores the relationship between emotional health and mental health and sets out strategies for how the UK Government can achieve good emotional health for all- [Strong-Foundations Why-everyone-needs-good-emotional-health-and-how-to-achieve-it-1.pdf \(demos.co.uk\)](#).
- **Resolution Foundation and The Health Foundation. We've only just begun. Action to improve young people's mental health, education and employment.** This report asks what policy change is required for the growing number of young people with mental health problems to thrive in the world of work today?- [Weve-only-just-begun.pdf \(resolutionfoundation.org\)](#).

- **BMA. “It’s broken” doctors experience of the frontline of a failing mental healthcare system.** Conclusions from in depth interviews with ten doctors across the mental health system- [bma-mental-health-report-2024-final.pdf](#).
- **Lancet. Why cities matter for adolescent mental health and wellbeing.** A wise overview “cities present a living laboratory to ameliorate inequalities by developing and deploying mental health interventions over individual, social, and environmental levels in the urban ecosystem, supported by policy agility and deep local networks”- [Why cities matter for adolescent mental health and wellbeing - The Lancet](#).
- **Centre for Mental Health. Manifesto for a mentally healthier nation: policies for the 2024 UK general election.** A very readable consensus calling for sustained and concerted action from 60 organisations around the themes of prevention, equality and access to services- [A mentally healthier nation manifesto pdf \(Centre for Mental Health\)](#)

Poverty and Equity Related

- **Institute for Health Equity. (IHE) Lives cut short.** In 2011 to 2019, 890,000 people died earlier than they would have done if they had lived in areas with the same age and sex specific death rates as the least deprived area quintile- [read-the-report.pdf \(instituteofhealthequity.org\)](#).
- **DEMOS: Wall to wall support. joining up public services and housing for vulnerable children, young people and families.** The cost to government from a lack of joined-up services for vulnerable young people and families is between £1.5 billion and £4.3 billion every year"- [Wall-to-Wall-Support Report.pdf \(demos.co.uk\)](#).
- **Nuffield Trust. Understanding differences in infant mortality rates across local areas.** This report provides a new methodology for local areas to better monitor and interrogate data that might not be available nationally. Focusing specifically on influences at this level will also help local areas to build area-specific evidence to support better local decision-making and the development of targeted policies to tackle infant mortality. [Understanding differences in infant mortality rates across local areas \(nuffieldtrust.org.uk\)](#).
- **CPAG. Ending child poverty: why and how.** This document includes harrowing accounts and data of the effect of poverty on children. Compares more successful nations and offers policy changes to ameliorate poverty- [Ending Child Poverty: why and how by Child Poverty Action Group - Issuu](#).
- **Financial Fairness Trust THE UK’S INADEQUATE AND UNFAIR Safety Net Briefing.** Working age benefits not providing enough for some groups’ basic needs- [Safety Net Briefing layout 2 \(financialfairness.org.uk\)](#).

- **UK Poverty 2024: The essential guide to understanding poverty in the UK.** This report tells us who is worst affected, how levels have changed over time and what the future prospects might be - in short, poverty in the UK is deepening. The deeper we look, the faster it is rising. People in poverty are moving further and further below the poverty line- [UK Poverty 2024 \(2\).pdf](#).
- **The Kings Fund. Health inequalities in a nutshell.** An examination of the key data on this complex issue by socio-economic; geographic; individual characteristics and socially excluded groups.
 - [Health inequalities in a nutshell | The King's Fund \(kingsfund.org.uk\)](#)
 - [What Are Health Inequalities? | The King's Fund \(kingsfund.org.uk\)](#)
- **Coram the Charter for Children.** This as a route map for the coming decade and beyond, calling for a realignment of the social contract between society and children backed by three key principles – ‘A fair share, A secure future and An equal chance’- [Coram-Charter-for-Children-2023.pdf](#).
- **IPPR. Healthy places, prosperous lives.** This is the 3rd report, which presents the 4 key themes from a series of workshops and a new framework “Seven for Seven” to achieve 7 more healthy lives and reduce the gap in equity between social groups- [Healthy places prosperous lives Jan24.pdf \(svdcdn.com\)](#).

Special Educational Needs (SEN)

- **Research Briefing. Special Educational Needs: support in England.** Sets out the system of support for children and young people in England aged 0-25 with special educational needs (SEN). [Special Educational Needs: support in England - House of Commons Library \(parliament.uk\)](#).
- **Research Briefing School attendance in England.** Examines the post COVID increase in absences- [CBP-9710.pdf \(parliament.uk\)](#).

Health Determinants

- **Faculty of Public Health (FPH): Health of the next generation: good food for children.** A comprehensive evidence review for free school meals, school breakfast clubs and the healthy start voucher scheme. Recommends adoption of a universal school meals policy for all primary and secondary schools- <https://www.fph.org.uk/media/zehhk0dg/good-food-for-children-full-report.pdf>
- **EU and Health Priorities.** With supporting papers on the 9 priorities- [EU and Health Priorities \(who.int\)](#)



- **IPPR FTU. Stride and ride England's path from laggard to leader in walking, wheeling, and cycling.** Spend on active travel is among the most secure investments that government can make. For every £1 spent, active travel infrastructure has an average return on investment of £5.62, and these returns increase over time- [Stride and ride Feb24 2024-02-05-162030_godi.pdf \(svdcdn.com\)](#).
- **Research Briefing, Youth vaping in England.** This briefing considers the potential causes, implications and the government's policy response- [CBP-9932.pdf \(parliament.uk\)](#).
- **Creating a smoke free generation and tackling youth vaping consultation: government response-** [Creating a smokefree generation and tackling youth vaping consultation: government response - GOV.UK \(www.gov.uk\)](#).

Climate Change

- **House of Commons (HoC) briefing. What was agreed at COP28?** A readable summary of events- [CBP-9909.pdf \(parliament.uk\)](#).

Service Delivery Related

- **Department for Health and Social Care Policy paper: Faster, simpler and fairer: our plan to recover and reform NHS dentistry.** The launch 'of Smile for Life' - a major new focus on prevention and good oral health in young children, to be delivered via nurseries and other settings providing Start for Life services and promoted by Family Hubs. We will also introduce dental outreach to primary schools in under-served areas, and take forward a consultation on expanding fluoridation of water to the north-east of England - a highly effective public health measure- [Faster, simpler and fairer: our plan to recover and reform NHS dentistry - GOV.UK \(www.gov.uk\)](#).
- **Integrated Care Systems (ICS) and the health needs of babies, children and young people. A report from the Children and Young People's Health Policy Influencing Group.** A review of ICS strategy and plans for children and young people, with recommendations around population health management, leadership, coproduction, workforce development, data and information sharing, India integration to improve equity of outcomes- [HPIG ICS report - 31.01.2024.pdf \(ncb.org.uk\)](#).
- **The Kings Fund: Making care closer to home a reality.** This report recognises the complexity of providing more care in community settings and makes mutually reinforcing recommendations which will need to be implemented simultaneously to create sustainable solutions- [making_care_closer_home_reality_report_2024.pdf \(kingsfund.org.uk\)](#).



- **NHS Providers. Health hubs: a community-centered prevention initiative to address health inequalities.** This paper explores what health hubs are, how they can improve access for groups facing health inequalities, their broader social and economic benefits and the role of ICS leaders in their development- [Health hubs: a community-centred prevention initiative to address health inequalities \(nhsproviders.org\)](https://www.nhsproviders.org/health-hubs).
- **Health and Social Care Committee. Prevention in health and social care: healthy places.** Concludes "the numerous costs of "unhealthy places" fall so heavily on the health service, it is essential that the right systems, people and funding are in place for the long term to maintain a focus on prevention and protecting population health"- [Prevention in health and social care: healthy places \(parliament.uk\)](https://www.parliament.uk/prevention-in-health-and-social-care-healthy-places).
- **NHS Confederation. Building the health of the nation: priorities for a new government.** All be questions to ask of prospective candidates standing at the time of the next election- [Building-health-of-nation-priorities-new-government-202425.pdf \(nhsconfed.org\)](https://www.nhsconfed.org/building-health-of-nation-priorities-new-government-202425.pdf).
- **Health Foundation: Health care funding. Three key questions about funding in England.** The background figures- [Health care funding - The Health Foundation](https://www.healthfoundation.org.uk/health-care-funding).

****If you would like to submit content for future e-bulletins e.g. you may have some interesting ideas or articles then please get in touch via email:*

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