

Edition: November 2023

# BACAPH: e-Bulletin

*"This month our focus is on the mental health of children and young people".*



British Association for  
Child & Adolescent  
Public Health

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## Young people and mental health:

- **The Children's Society- The Good Childhood Report 2023.** This year's report presents the most recent trends in children's subjective wellbeing and explores children's feelings about the future and their sense of safety in different settings and situations- [The Good Childhood Report 2023.pdf \(childrenssociety.org.uk\)](https://www.childrenssociety.org.uk)
- **Health Foundation- Why policymakers need to focus on young people now?** Developing policy solutions to some of the most pressing challenges that young people face- [A healthy foundation for the future - The Health Foundation](#)
- **RCPsych- Infant and early childhood mental health: the case for action.** Describes the implementation gap for public mental health interventions to promote resilience in babies and young children- [college-report-cr238---infant-and-early-childhood-mental-health.pdf \(rcpsych.ac.uk\)](https://www.rcpsych.ac.uk)
- **A Mentally Healthier Nation.** Towards a ten-year, cross-government plan for better prevention, equality and support. *"Every parent and carer needs access to effective support including evidence-based parenting programmes, and every school and college should be a mentally healthier place for children and young people"*- [AMentallyHealthierNation Digital.pdf \(centreformentalhealth.org.uk\)](https://www.centreformentalhealth.org.uk)
- **Support for care leavers.** This briefing paper provides an overview of the UK Government's policies to support care leavers- [CBP-8429.pdf \(parliament.uk\)](https://www.parliament.uk)
- **Nuffield Trust. Growing up inside: Understanding the key health care issues for young people in young offender institutions and prisons.** There were 11,494 people under 25 years of age in young offender institutions and prisons in England and Wales, 42% of hospital admissions by young adult males in custody had a primary diagnosis of injury or poisoning with 60% of these having a primary diagnosis of ADHD. Accessing care was challenging- [Growing up inside \(nuffieldtrust.org.uk\)](https://www.nuffieldtrust.org.uk)
- **Tackle school absence crisis with better mental health and SEND support and urgent legislation, says Education Committee.** The Education Committee has proposed a range of measures to reverse the worrying trend of children's absence from school- [Tackle school absence crisis with better mental health and SEND support and urgent legislation, says Education Committee - Committees - UK Parliament](#)
- **Persistent absence and support for disadvantaged pupils.** Tackle school absence crisis with better mental health and SEND support and urgent legislation, says Education Committee- [Persistent absence and support for disadvantaged pupils \(parliament.uk\)](https://www.parliament.uk)

- **The maternal mental health experiences of young mums. October 2023.** Insights from young mums and conducted a rapid review of relevant literature- [mental-health-young-mums-cypmhc-mmha-2023.pdf \(maternalmentalhealthalliance.org\)](#)
- **Press release. Earlier mental health support announced for thousands nationwide-** [Earlier mental health support announced for thousands nationwide - GOV.UK \(www.gov.uk\)](#)
- **UK Measures of National Well-being Dashboard.** A visual overview of how people in the UK are doing across 10 domains of national well-being- [UK Measures of National Well-being Dashboard - Office for National Statistics \(ons.gov.uk\)](#)

### Equity:

- **Addressing Education and Health Inequity: Perspectives from the North of England**  
**A report prepared for the Child of the North All-Party Parliamentary Group Addressing Education and Health Inequity.** A failure to address childhood inequality creates a conveyor belt of disadvantage. The downstream costs of inaction during childhood are far too high for individuals, families, and society- [APPG-REPORT-SEPT-23.pdf \(thenhsa.co.uk\)](#)
- **A national framework for NHS – action on inclusion health-** [NHS England » A national framework for NHS – action on inclusion health](#)
- **Health inequalities: improving accountability in the NHS.** This report examines current and past mechanisms and levers that enable and hinder accountability for health inequalities and analyses whether they are sufficient to reduce health inequalities- [read-the-report.pdf \(instituteofhealthequity.org\)](#)
- **Health Foundation. Targeting health inequalities: realising the potential of targets in reducing health inequalities.** This report makes clear the value of targets and metrics as a central component of a wider mission to galvanise action across government to address the health inequalities that are holding the country back- [Targeting Health Inequalities Report Health Equity North 0.pdf](#)
- **Addressing the leading risk factors for ill health – a framework for local government action.** This paper sets out a framework for population-level actions, including examples of approaches taken by different councils and linking to relevant legislation- [Addressing the leading risk factors for ill health – a framework for local government action - The Health Foundation](#)
- **Nuffield Trust. QualityWatch indicators of inequalities.** 200 quality indicators where you can select what you need- [Indicators | Nuffield Trust](#)

- **Institute for Public Policy Research. The smarter state between the ‘magic money tree’ and the ‘reform fairy’.** The smarter state means consistently delivering the three p’s of public service reform: prevention, personalisation and productivity. As the saying goes: ‘the future is here - it’s just not evenly distributed’, the challenge is how to spread innovation, so that all citizens have access to the best preventative, personalised and productive services- [the-smarter-state-oct23.pdf \(ippr.org\)](#)

### **Smoking:**

- **Policy paper. Stopping the start: our new plan to create a smokefree generation-** [Stopping the start: our new plan to create a smokefree generation - GOV.UK \(www.gov.uk\)](#)
- **Statistics on Smoking.** In 2022, around 12.9% of people aged 18 years and over in the UK were current smokers, equating to around 6.4 million people. Figures for 2022 also show that around 8.7% of those aged 16 and over in Great Britain were daily or occasional users of e-cigarettes. There were 506,100 hospital admissions due to smoking in 2019/20, and in 2019 there were 74,800 deaths attributed to smoking among adults aged 35 and over- [Statistics on Smoking - House of Commons Library \(parliament.uk\)](#)
- **Open consultation. Creating a smokefree generation and tackling youth vaping: your views-** [Creating a smokefree generation and tackling youth vaping: your views - GOV.UK \(www.gov.uk\)](#)
- **Air quality: policies, proposals and concerns.** A briefing on evolving air quality policies and legislation across the UK, targets, statistics and health and inequality concerns- [Air quality: policies, proposals and concerns - House of Commons Library \(parliament.uk\)](#)
- **Shop displays of tobacco and vaping products.** This briefing considers the scope and extent of the prohibition of tobacco displays in shops and the treatment of specialist tobacconists- [Shop displays of tobacco and vaping products - House of Commons Library \(parliament.uk\)](#)

### **Sustainable development:**

- **Time to Treat the Climate and Nature Crisis as One Indivisible Global Health Emergency.** Essential reading. Over 200 health journals call on the United Nations, political leaders, and health professionals to recognize that climate change and biodiversity loss are one indivisible crisis and must be tackled together to preserve health and avoid catastrophe- [Time to Treat the Climate and Nature Crisis as One Indivisible Global Health Emergency | Global Health | JAMA Pediatrics | JAMA Network](#)
- **Biodiversity, climate change and health September 2023 policy report from the UK Health Alliance on Climate Change.** The harms to health from the destruction of nature are similar to those caused by climate change: water and food insecurity, loss of lives and livelihoods, the spread of infectious diseases, increases in non-communicable diseases and mental health problems, and reduced capacity to develop new medicines derived from nature. 7 sensible recommendations- [Biodiversity-Report-v6d.pdf \(pcdn.co\)](#)

- **Halfway to 2030: The Sustainable Development Goals-** [Halfway to 2030: The Sustainable Development Goals \(parliament.uk\)](#)
- **UN Global Compact. Measuring Up 2.0.** How the UK is performing on the Sustainable Development Goals- [UN Global Compact Network UK – Measuring Up 2.0](#)
- **Climate Change and Public Health Indicators: scoping review.** This report reviews the current sets of environmental and public health indicators that can be used to monitor progress in climate change adaptation and mitigation in the United Kingdom (UK), with a focus on England and priorities for the UK Health Security Agency (UKHSA)- [Main Climate Change and Public Health Indicators: scoping review \(publishing.service.gov.uk\)](#)
- **Biodiversity, climate change and health.**  
A policy report from the UK Health Alliance on Climate Change- [Biodiversity-Report-v6d.pdf \(pcdn.co\)](#)

### **Integrated care system related:**

- **Shared outcomes toolkit for integrated care systems.** A toolkit designed to share experience and insights across the health and care system so that places can develop an approach to shared outcomes that builds on what others have done while also customising and adapting for local circumstances- [Shared outcomes toolkit for integrated care systems - GOV.UK \(www.gov.uk\)](#)
- **NHS Confederation. Empowered, connected and respected. A vision for general practice at scale and primary care networks.** This paper sets out a vision for general practice in the context of the three core principles of the Fuller stocktake- [Empowered-connected-respected-general-practice-at-scale-PCNs.pdf \(nhsconfed.org\)](#)
- **Unlocking the power of health beyond the hospital: supporting communities to prosper.** Exploring how investment in community care can improve system productivity. The first national attempt at quantifying the positive relationship between increasing NHS spending, health outcomes and economic activity- [Unlocking the power of health beyond the hospital | NHS Confederation](#)
- **The IFS Green Budget: October 2023.** Implications of the NHS workforce plan .pages 311-328- [IFS Green Budget 2023](#)
- **CQC. State of Care 2022/23. The annual assessment of health care and social care in England-** [State of Care 2022/23 - Care Quality Commission \(cqg.org.uk\)](#)



### National policy:

- **DEMOS. The preventative state rebuilding local, social and civic foundations.** This essay argues that focusing on a new model for public services is necessary but insufficient, we need a state which is more expansive in how it sees the challenge of reforming public services- [the-preventative-state.pdf \(demos.co.uk\)](#)
- **Institute for Govt. Funding health care in England. Has the case been made for changing the NHS model?** A review of the options- [funding-health-care-england.pdf \(instituteforgovernment.org.uk\)](#)

### More clinically orientated:

- **Health Foundation. Health in 2040: projected patterns of illness in England.** "The number of people living with major illness is projected to increase by 37% – over a third – by 2040, nine times the rate at which the working age population (20–69-year-olds) is expected to grow (4%)"- <https://www.health.org.uk/publications/health-in-2040>
- **The investigation of stillbirth.** In 2022, there were 2,433 stillbirths recorded in England and Wales, a 28% reduction on the 2002 figure of 3,372. When stillbirths are expressed as a rate per 1,000 births, the 2022 rate of 4.0 per 1,000 births was 29% lower than the 2002 rate of 5.6- [CBP-8167.pdf \(parliament.uk\)](#)
- **Duties to report child abuse in England.** A briefing on reporting child abuse in England, including Government plans to introduce a mandatory reporting duty- [Duties to report child abuse in England - House of Commons Library \(parliament.uk\)](#)
- **GIRFT. Closing the gap: actions to reduce waiting times for children and young people.** This document provides a concise set of actions to reduce waiting times for children, with links to quick essential data, resources and case studies- [Closing-the-gap-Actions-to-reduce-waiting-times-for-children-and-young-people-FINAL-V2-September-2023.pdf \(gettingitrightfirsttime.co.uk\)](#)