

BACAPH Bulletin
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This month's theme is NHS: The Next 10 Years



**British Association for
Child & Adolescent
Public Health**

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NHS 10-Year Plan

- **RCPCH: 10 Year Health Plan for England - member briefing on the published plan** Covering those elements particular interest for services relating to children and families [Read More](#)
- **Health Foundation Analysis: Dazed and confused? Policy ideas behind the 10-Year Health Plan** A review of the five policy ideas that seem to guide key proposals in the 10-year plan, which draws on evidence about their potential impact and stands back to see what it all adds up to for the NHS. [Read More](#)
- **King's Fund Blog: Same Cycle – Different Bike?** “The explicit inclusion of population health in the ICB blueprint is a welcome development”, but “public health leadership is not just about the technical capabilities; it is integral to whole-system leadership”. [Read More](#)
- **Nuffield Trust: Has the 10 Year Plan failed to learn lessons from history?** A touch of 10-year plan realism from Nigel Edwards. [Read More](#)
- **King's Fund Blog: Doing With - Reinventing Public Services in a Time of Crisis** This long read argues that to avoid this scenario, the public sector must stop behaving as though we still live in a period of post-war stability and instead adapt to our new era of crisis and move to a system shaped by ‘withism’ rather than ‘toism’. [Read More](#)
- **NHS Providers: Sources of productivity from technology in the NHS** The sources of productivity in the NHS are well-rehearsed, but here are a few examples. [Read More](#)
- **NHS Providers: Digital transformation and the productivity and efficiency challenge** Fundamentally productivity will not just be driven by technology alone - the key is in reimagining processes and care models, not just digitising them, and empowering skilled staff with the right training and a supportive, outcome-driven culture. [Read More](#)
- **HoC Research Briefing: NHS Productivity** This briefing focuses on productivity in the NHS in England, which has become an issue of increasing importance for policy-makers and NHS leaders. It details the methods used to measure NHS productivity, recent trends, and proposed strategies to increase productivity. [Read More](#)
- **Policy Exchange: The NHS – a Suitable Case for Treatment?** The fifth part of Policy Exchange's Policy Programme for Prosperity. [Read More](#)
- **Nuffield Trust: Shifting care from hospital to communities - what are the challenges to achieving this for children and young people?** Examines the main challenges to bettering community services for those under 25. [Read More](#)
- **Health Foundation Blog: Dash Review - seven considerations for local NHS leaders** This blog shares seven key considerations for leaders of NHS organisations. Message: invest in quality improvement. [Read More](#)

- **Health Foundation Analysis: Leading NHS groups** Findings from interviews with group leaders in England. [Read More](#)
- **NHS Providers: Navigating AI – practical questions and for NHS leaders to ask** A toolkit to understand the role of artificial intelligence within the NHS 10-year Plan. [Read More](#)

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Public Health: Prevention

- **Scotland’s Population Health Framework 2025-2035** The Framework is based on five key interconnected prevention drivers of health and wellbeing: Prevention Focused System; Social and Economic Factors; Places and Communities; Enabling Healthy Living; and Equitable Access to Health and Care. [Read More](#)
- **King’s Fund: What can English health policy learn from Scotland? A coherent policy approach to population health** Scotland’s framework condenses down to a concerted focus on and across social and economic factors, places and communities, enabling healthy living, equitable health and care, and an overall system based on prevention. Useful references. [Read More](#)
- **NEF: The Universal Family Childcare Promise - Guaranteeing support for parents and children** This briefing proposes an alternative system which would help families afford more hours of childcare. It is built around two elements: a universal core provision of 15 hours a week, free for all children from nine months to four years old, and for working families, a cap on childcare costs as a percentage of family earnings to enable them to work. [Read More](#)
- **WHO: From Loneliness to Social Connection - charting a path to healthier societies** This landmark report from the [WHO Commission on Social Connection](#) highlights that social isolation and loneliness are widespread, with serious but under-recognized impacts on health, well-being, and society. Drawing on the latest evidence, the report makes a compelling case for urgent action. [Read More](#)
- **King’s Fund: Shifting to prevention - how integrated care systems can tackle cardiovascular disease** States “without significant improvement in CVD prevention, the UK risks worsening health inequalities, increased economic burden, and continued underperformance relative to other G7 nations”. [Read More](#)
- **DoE: Giving Every Child the Best Start in Life** The government's strategy for improving child development and meeting the ambition that 75% of 5-year-olds in England have a good level of development by 2028. [Read More](#)
- **Lancet: Social Prescribing - Bringing Community Back to Health?** There must be efforts to drive high-quality research that includes standardised and validated outcome measures to ensure recommendations are evidence-based and equitable, particularly for children and young people. [Read More](#)

- **Lancet: Outreach health-care services for people experiencing exclusion in high-income countries** A realist synthesis approach to understand how multicomponent outreach health-care services can be optimised for socially excluded populations by answering the following questions: under what circumstances, for whom, how, and why does outreach work for socially excluded populations. [Read More](#)
- **JAMA: Alcohol and Cancer Risk** A review of the data and clinical implications. [Read More](#)
- **HoC Library: Statistics on Smoking** This note includes statistics on smoking and e-cigarette use among adults and children and young people. Data on the health impacts of smoking in terms of smoking-related hospital admissions and deaths is also provided, as well as recent estimate of the economic costs associated with smoking. [Read More](#)

Poverty, Equity and Inequalities

- **UKP Horizon scanning: Public health inequalities and prevention** How can we address growing public health challenges? How can we mitigate health inequalities and ensure fair and timely access to healthcare? Well referenced article. [Read More](#)
- **Geographic inequalities in premature mortality: Exploring the role of socioeconomic factors and ethnicity** The analysis also looks at four of the leading causes of death – cancer, cardiovascular disease, diabetes and respiratory conditions. The gap in premature mortality rates is widest for deaths associated with diabetes and deaths due to respiratory conditions. [Read More](#)
- **HoC Library: Food Banks in the UK** Food parcel distribution has increased in the UK over the last 15 years. Find out more about food banks and who they help, and some of the main reasons why people have been referred to food banks. [Read More](#)
- **Nutrition North: Food, Health and Nutrition in the North of England - Inequalities and opportunities** Poor diets in the North go hand-in-hand with the highest rates of cancer, diabetes, heart disease and food insecurity in the country. [Read More](#)
- **Public Health Scotland, the Faculty of Public Health, the Royal Society for Public Health and the Scottish Directors of Public Health Statement:** Reducing child poverty is essential for the health of the population, our economy and public services. [Read More](#)
- **CPAG: Child poverty on the front line of the NHS** This briefing describes how rising levels of child poverty are impacting professionals working on the front line of children's health, based on a survey of 371 paediatricians. [Read More](#)
- **Lancet: Outreach health-care services for people experiencing exclusion in high-income countries** Key components of effective outreach include person-centred

services and appointments, staff expertise, high-quality communication, and close partnership with people experiencing exclusion and relevant organisations. [Read More](#)

- **Lancet: The effect of climate mitigation and adaptation policies on health and health inequalities: a systematic review** This systematic review focuses on the effects of climate adaptation and mitigation actions in high-income countries on health inequality. [Read More](#)
- **Heseltine Institute Policy Briefing 3(23): Tackling child and family poverty through a place-based lens: insights from Cheshire and Merseyside** This policy briefing demonstrates how place-based innovation can inform a coherent national strategy to reduce child and family poverty and deliver long-term structural change. [Read More](#)
- **Lancet: The effect of climate mitigation and adaptation policies on health and health inequalities: a systematic review** This systematic review focuses on the effects of climate adaptation and mitigation actions in high-income countries on health inequality. [Read More](#)

Children's Social Care and Education

- **DfE: Children's Social Care** This inquiry was launched in 2023 and aimed to take a broad look at the system as a whole, assessing the current state of children's social care and making recommendations for reform. The Government must address the factors outside the care system which are contributing to the rise in need and take action in its forthcoming in Child Poverty Strategy. [Read More](#)
- **HoC Library: Special Educational Needs Support in England** An overview of the current system of support for children and young people with special educational needs, and pressure on the system. Updated with new 2024-25 SEND incidence and EHC plan data. [Read More](#)
- **Scotland Care Inspectorate: Summary report 2025 - Learning reviews for children and adults in Scotland** This report provides an overview of national learning review data to support partnerships to improve their local learning review processes. [Read More](#)

Climate Change

- **Lancet: The effect of climate mitigation and adaptation policies on health and health inequalities: a systematic review** The paper reviews existing evidence (158 studies) on the potential of climate actions to narrow or widen health inequalities and identifies mechanisms via which these effects could occur. [Read More](#)
- **Lancet: Bioethics for the planet** The conventional fields of bioethics and biomedical ethics are poorly equipped to offer health professionals and policy makers the action-based guidance necessary to confront these planetary-scale drivers of ill health. Bioethics would prioritise the "bios" component of bioethics, thereby

encompassing the biosphere and offering a compelling ethical framework to support people working at the intersection of medical and environmental practices. [Read More](#)

- **Lancet One Health Commission: harnessing our interconnectedness for equitable, sustainable, and healthy socioecological systems** The Lancet One Health Commission provides a cutting-edge appraisal of where One Health has come from, where it is now, and what a viable future should be. A deep read. [Read More](#)
- **The Lancet: Countdown on health and plastics** A review of the “grave, growing, and under-recognised danger to human and planetary health”. [Read More](#)
- **Lancet Personal View: Climate-smart public health for global health resilience** Introduces the concept of Climate Smart Public Health [CSPH], a data-driven framework designed to monitor, assess, and adapt to climate-related health impacts. [Read More](#)

Child Health

- **Children in Wales: Champions for Children - A Manifesto for Babies, Children and Young People** Manifesto prior to elections. [Read More](#)
- **NCMD: Children with Life-Limiting Conditions and Palliative and End-of-Life Care Needs** This NCMD thematic report aims to analyse deaths of infants, children, and young people with life-limiting conditions and palliative and end of life care needs. [Read More](#)
- **JAHA: Screen Time Is Associated with Cardiometabolic and Cardiovascular Disease Risk in Childhood and Adolescence** Each additional hour of screen time was associated with higher cardiometabolic risk in both children with these associations being stronger among children and adolescents with shorter sleep duration. [Read More](#)
- **NSPCC: Child deaths due to abuse or neglect: statistics briefing** This briefing looks at what data and statistics are available about child deaths due to abuse or neglect since at least one child is killed a week in the UK. [Read More](#)
- **RSPH: Playground Rules** Promoting physical activity in school. [Read More](#)
- **Bite Back: Fuel Us, Don't Fool Us - An Investigation into Big Food in Schools** A snapshot of how food and drink companies market and sell to children and young people through schools. [Read More](#)
- **Healthcare Safety Investigation Branch (HSIB) Summary Report: An exploratory review of maternity and neonatal services** This exploratory review involved meetings with 17 stakeholders and a review of 35 safety concerns submitted to HSSIB. [Read More](#)

Mental Health

- **NCB: Evaluating the Implementation of the Transforming Children and Young People's Mental Health Provision Green Paper programme** This report provides the findings from the first package of research of the national evaluation of the programme. [Read More](#)
- **Youth Futures Foundation Briefing: Understanding drivers of recent trends in young people's mental health** An overview of research exploring reasons for the decline in mental health among 14 to 24-year-olds in England. [Read More](#)

Communicable Disease

- **WHO: Recommendations on the delivery of health services for the prevention and care of sexually transmitted infections** These guidelines promote the delivery of people-centred health services for STIs by providing evidence-based recommendations related to decentralization, integration, task sharing and digital health. [Read More](#)
- **Lancet Personal View: Identifying the climate sensitivity of infectious diseases: a conceptual framework** A review of evidence from ecological and modelling studies showing the non-linear and delayed effects of climate variability and change on pathogen, vector, and host traits, highlighting the importance of both climatic and non-climatic factors, such as population immunity, globalisation, and poverty, in identifying disease distribution and driving transmission patterns. [Read More](#)
- **UKHSA News: UKSHA launches development programme for wastewater monitoring techniques which could catch pandemic threats early** A new programme to evaluate how wastewater monitoring could be used to detect a wider range of dangerous pathogens has been launched today by the UK Health Security Agency (UKHSA). [Read More](#)

Devolution

- **HoC Library: English Devolution and Community Empowerment Bill 2024-25** A briefing on the English Devolution and Community Empowerment Bill 2024-25. [Read More](#)

Guidance and Training

- **UKHSA Quality and Methodology Information: COVER programme** This QMI report explains the quality and methodology information (QMI) for the Cover of vaccination evaluated rapidly programme official/accredited official statistics published by the UK Health Security Agency (UKHSA). [Read More](#)
- **University Hospitals Plymouth: AI guides by University Hospitals Plymouth NHS Trust** These guides are part of a developing series Each guide has a general or basic version and one aimed at clinicians or specifically focussed on clinical setting. All you need to know in 5 sessions. [Read More](#)



- **Guidance Training and events: UKHSA Knowledge and Library Services** Knowledge and Library Services (KLS) provide a range of information skills training for eligible staff. Training is available in group or one-to-one settings. [Read More](#)
- **Gov.UK Collection: Airborne allergens** Indoor and outdoor, including thunderstorm asthma. [Read More](#)
- **Health Care Without Harm:** Health advocacy toolkit [Read More](#)
- **Featured Website** Investing early in children yields the greatest returns. The Heckman Curve demonstrates that the highest economic and social benefits come from early skill development. This investment leads to lifelong success, increased productivity, and reduced societal costs. [Read More](#)
- **Working from home?** Advice for working with display screen equipment at home. [Read More](#)
- **NHS: 6 simple tips to tackle working from home** Some useful tips. [Read More](#)

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