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Ashley Eakland

## Strengths Insight Guide

SURVEY COMPLETION DATE: 11-19-2020



DON CLIFTON

Father of Strengths Psychology and  
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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

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## Your Top 5 Themes

1. Input
2. Restorative
3. Intellection
4. Positivity
5. Learner

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## Input

### SHARED THEME DESCRIPTION

People who are especially talented in the Input theme have a craving to know more. Often they like to collect and archive all kinds of information.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Instinctively, you insert intricate or theoretical words into your everyday, academic, or professional conversations and writings. Your natural interest in language explains why you enjoy mastering unusual words and their multiple meanings. While others struggle to memorize new terms in classes or seminars, you tend to commit words to memory with relative ease. You probably find this process is both natural and pleasurable. By nature, you can simplify the most complex, convoluted, or intricate procedure. People usually rely on you to offer clear and easy-to-comprehend explanations. Driven by your talents, you might enjoy acquiring certain types of knowledge and/or skills. You might want to build on particular abilities you know you already have. When you meet people who value education like you do, perhaps you are interested in hearing about a few of their personal or professional ambitions, intentions, or goals. Understanding what they aim to accomplish may be the beginning of a practical partnership or an enduring friendship. Chances are good that you relish conversations with people whose vocabulary is as sophisticated as their thinking. Discussing philosophies, theories, or concepts is exhilarating. You do not have to translate this or that word or explain the basic points of a complex thought. You love to ask questions and be readily understood. As engaged as you are in the dialogue, you still make a point of pulling together insights so you can use this knowledge later. It's very likely that you frequently use academic-sounding words to talk about your ideas or areas of expertise. You intentionally spend time broadening your vocabulary by looking up words in the dictionary and committing their meanings to memory.

#### Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

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## Restorative

### SHARED THEME DESCRIPTION

People who are especially talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

By nature, you sometimes dwell on your shortcomings when you have delivered a second-rate performance. Perhaps it is easier for you to recognize the things you need to do better when your results are compared to those of others. Maybe you have difficulty naming your talents and strengths. It's very likely that you often capture and maintain interest by telling stories. You actively search for ways to improve your delivery. You probably practice incorporating interesting details into your descriptions of events, settings, or characters. Chances are good that you are eager to upgrade your skills and broaden your knowledge base. You seek to minimize or eliminate your deficiencies. You are keenly aware of your flaws. You work hard to correct them. You continually look for things you can do much better. Because of your strengths, you periodically address personal shortcomings by confronting them. You might aim to minimize or eliminate some of them. Once in a while, you go on a quest to enhance your skills, polish your style, revamp your appearance, or expand your knowledge. Driven by your talents, you intentionally keep abreast of current events. You study areas of special interest to you either personally or professionally. You consistently acquire new information to make needed upgrades. You seek to understand things that most people do not comprehend. You want to make things better tomorrow than they were today.

#### Questions

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## Intellection

### SHARED THEME DESCRIPTION

People who are especially talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Driven by your talents, you may reserve several hours a week to ponder what you have read, seen or heard. Perhaps you set aside one-hour blocks of time just to think or use smaller blocks of time to your advantage. For example, you might reflect on certain ideas as you walk, bicycle, drive or otherwise commute to and from your job or classes. It's very likely that you eagerly welcome opportunities to think out loud about ideas, theories, or philosophies. You derive pleasure from conversations that force you to ponder matters that exist only in the realm of thought, not in reality. Because of your strengths, you have a rich vocabulary upon which to draw. The words you choose often expand and challenge your listeners' or readers' thinking. Chances are good that you wade into the middle of thought-provoking conversations. You speak theoretically — that is, you talk about things that have not been invented, proved, produced, or put into practice. Your vocabulary is as complicated as your thinking. This explains why you consider at length an array of insights, concepts, or philosophies. You prefer talking with individuals who instantly grasp the meaning of your sophisticated words. By nature, you relish the nuances and intricacies of language. Your sophisticated or specialized vocabulary allows you to choose words for their power and clarity. Whether speaking or writing, you convey what you are thinking and feeling in a forceful, matter-of-fact manner. Usually no one has to second-guess — that is, wonder about — the true meaning of your intentions, messages, expectations, or orders.

#### Questions

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2. Out of all the talents in this insight, what would you like for others to see most in you?

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## Positivity

### SHARED THEME DESCRIPTION

People who are especially talented in the Positivity theme have an enthusiasm that is contagious. They are upbeat and can get others excited about what they are going to do.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### **What makes you stand out?**

Chances are good that you might inspire different sorts of people by welcoming each individual just as he or she is. Perhaps your words of approval fill some individuals with courage, a renewed spirit, or a sense of hope. Driven by your talents, you may be motivated to vie against people for the top award or the best score. Winning sometimes makes you eager to repeatedly test your knowledge, skills, or talents. Perhaps knowing that scores, ratings, or rankings are being tallied keeps you interested in selected activities. If these measurements are missing, you might struggle to stay fully interested. Because of your strengths, you may be regarded by some people as a big-hearted person. Perhaps this is one way you transform strangers into friends. Perhaps out of kindness you share your time, knowledge, or possessions with selected individuals. Instinctively, you may open yourself to a wide range of people by admitting them into your circle of friends, classmates, coworkers, family members, or teammates. Perhaps your upbeat attitude helps individuals feel they have found someone who might value their unique talents, education, skills, or experiences. It's very likely that you may embolden some people so they begin believing in themselves. Perhaps you help them realize certain things they can accomplish in the future. Sometimes you remind them about certain things they already do well.

#### **Questions**

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2. Out of all the talents in this insight, what would you like for others to see most in you?

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## Learner

### SHARED THEME DESCRIPTION

People who are especially talented in the Learner theme have a great desire to learn and want to continuously improve. In particular, the process of learning, rather than the outcome, excites them.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

By nature, you might not allow many distractions to interrupt your intense thinking when you are working on tasks that match your expertise or pique — that is, arouse or excite — your curiosity. Instinctively, you sometimes enroll in difficult or demanding classes. You might aim to expand your knowledge or challenge your thinking about certain things. Chances are good that you occasionally direct your attention toward ideas, issues, situations, or opportunities that stir your curiosity. You might devote more time than others do to exploring topics, problems, prospects, possibilities, or techniques that pique — that is, arouse or excite — your interest. When something has to be completed, you may be eager to acquire the necessary knowledge, experiences, or skills needed to meet the challenge. Because of your strengths, you may aspire to hold the topmost position, particularly in a big organization. This lofty goal occasionally motivates you to broaden your knowledge base, enhance skills you already possess, or acquire new ones. When opportunities to advance your career present themselves, you might be determined to be the best prepared and most knowledgeable candidate interviewed. You may welcome the chance to vie with certain people for important positions. It's very likely that you attempt to gauge how much information you have acquired compared to the amount someone else has gathered. Your rivalries may be actual or merely contests you have conceived in your mind. You might be motivated to accumulate additional knowledge to increase your advantage over specific individuals. Moreover, you might want to be acclaimed as the smartest or most informed person in a particular group.

#### Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?