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Never Again

It was the beginning.

And I knew this.

Only the beginning.

Of a journey that would be filled with both the deepest sorrow and the deepest joy.

Yet still I chose to go.

I knowingly took each step.

I knowingly put myself on this path.

Because something bigger than me told me to.

And really, I didn't have much of a choice.

Something bigger than me took over.

And I wasn't scared.

But so much of it was unknown to me.

So much of it brought back memories.

Pain that I had yet to confront.

So when my heart was ready, things slowly found their way to me.

And one by one, I sat with them.

The rage.

The tears.

The hurt.

The mistrust.

The not being cared for how I needed to be.

The not knowing what was happening while it was happening.

Not until much later could I see all that they did to me.

The way they took advantage of what was supposed to be most tender to me.

When they walked into the room they felt like ruthless vultures.

Cackling with their uninvited intentions.

And me.

I just sat there.

Mostly in shock.

Later in disgust.

And I vowed, never again.

Never again.

Texas 6 am

Julie Morrow

Julie Morrow

I tried to get inspiration from reality today. Today my reality consisted of speculation. Complete interpretation. From your head came mine and therefore vice versus, completely mistaken. I take it to be a sign. Signals blinking from atop my bedroom door. Door's ajar. Gimme, give me time to undress my head of the names its been fed. Try to see myself through the thick of it. Get a fix instead. Taking up two seats with Your pillow, Here in Texas. The news speaks Of death again. Nothing Was changed. Should be Writing a song, but Feel destroyed and sad. Realize the truth of Me when the quiet Seeps in. Settled And such. No one to Talk to and no way For sleep. Oh sleep So safe and away. Dallas air is hot And thick, outside at 6am. Wish I was there, wish you were here. Both of them loved again, how strange and guilt inducing. I will never understand.

Julie Morrow

Aimee Lowenstern

Originally published in 45th Parallel

Heartflesh

Every organ in my body is a heart. It is only their relentless twitching that causes me to move. I am sorry to break this to you, darling, but I am not a person. Just blood, vein-tossed, my hydroponic puppet strings. No lungs in my chest, just a pair of pulses that earthquake the air into sound. Sounds like breathing, sounds like "I love you". You can hear my heart, you can hear every one of my hearts. or have you tuned me out, my sweet? Have you tuned me out, have you turned me inside-out, seen my innards hang like ripe tomatoes from my arteries? It's nothing to worry about, it happens all the time. At night my skin slips off like rough old silk, and birds gather to scavenge treats collected in my stomachless gut. They tell me they miss you. I ask them how they learned to speak. They open their beaks and swallow another one of my hearts whole.

Cigarette tightens grip of sane lost in shadows bit off by God Can't go to sleep today gonna stay awake Contemplate life's goodness and then fast away Never eat again until I rot away Vindicate my lessons teacher. Told her of his ways.. never make much sense but kinda like it that way. Wonder what I missed by not being there. Never really known by anybody's brain even mine own.

My Mother In the Morning

Aimee Lowenstern

, Winter's Dream

Scott Green

While I slept, dreamt, nightmare-bound, still and still searching (frantically) for my mother's dismembered limbs, she was six feet below me, in the kitchen downstairs. intact and pouring blood orange juice into a cup. She is worried about me. I am worried too. about everything; hence the nightmares, and hence her efforts (sweetheart that she is) to "start my morning off right". I wake with a jolt to the sound of a teacup set on my bedside table. I hug my mom, cry, hug the dog who has trotted her little legs upstairs to see what all the fuss is about. In the glass cup, a liquid ruby. It is at once too tart and too sweet, too real for someone like me who lives in muddled and malnourished suppositions. But my mother juiced an orange because she loves me, and because it looks nothing like blood. There she is in the clean sunshine. alive and able to do things about her worry and her love. Here I am. too: awake at last.

A love supreme, a love supreme, a love supreme, a love supreme... A love supreme, a love supreme, a love supreme...

In the winter I dream of the southern coast of Spain with it's gold sand beaches

In Kiev, they mourn the young commander killed in battle He was a famous soldier as a boy and now a martyr as a man who fell in the field.

Heavy snow on cedar and pine Lake waves crash on boulder after boulder Water spits into the sky and returns as ice.

Emerald Bay has frozen over The eagle counts are high The drilling in the arctic has begun The young caribou stops The old hunter takes his aim and sets his sights A monk blows into a conch and calls in an extinct wolf The Thrush knocks on the door The fantasy begins.

You don't need a boat, just a friend with a boat. You don't have to be faster than the bear, just faster than the other guy. Take it slow on ice and snow, know before you go.

Do your homework, study your maps Excavate your memories Separate artifacts from false positives and burnt wood from "the campfires of youth where I once saw fire cities, towns, palaces, wars, heroic adventures. Now, I see only fire".

The Creative Process

Mail your responses to me in a letter from earth, in the voice of Hades In the spirit of Bilbao, through the peace of Patrick

And from within the heart of the sunflower blooming from the rotting pocket of the soldier

who dies on the battlefield today for a reason he didn't understand.

Tell it to me in a whisper, say it into the ear of the dying soldier.

- Dig your own trenches and rise from your own ashes.
- Because the boat will sink and the bear will catch you both! Compose your suite in four parts, chant your acknowledgments and resolutions!

State your pursuance and read you psalm as you struggle for purity. Do I express gratitude to a higher power?

Do I bang the tam-tam and hit the cymbal to wash me clean?

Do I baptize myself in the waters of my children's streams of consciousness where they fish with hook and line for dreams of their own? Repeat the solo, sing the chorus, learn the chords.

These are giant steps for heroes, but small leaps for boys and girls. Listen to the bear as she growls, a love supreme, a love supreme and wakes you from a boat called winter's dream. There are no limits to the creative process.

Slap on another coat of paint.

Mix in enough pigment.

Darken the lines and adjust the brightness a bit.

Throw in some flowers and a splatter of blood.

Your blood, of course spilled from pruning the rose bushes in the community garden for your annual service hours just so you can water the weeds in a less than sacred place.

Throw a pot on a wheel of porous stone. Fire the kiln with the bones of ancestors. Your ancestors, of course until the temperature will melt glass and forge iron.

Look for it at the exorcism of the family ghosts with a spell from the old man at the campsite whose cabin burned down in the fire. Who dances with Dylan and cries to presidents.

Receive it from the babbling boy in the bleachers of the baseball game who carves wooden signs and speaks in rhyming juxtapositions.

Find it in the painting above the piano in the blue branches and the tulip magnolias painted by the artist that loves too much.

Locate it in the willows without leaves buried in snow by the creek side of childhood, your childhood of course.

For it will be found in the last patch of snow when the Evening grosbeaks come to play.

JULY FOOD TRUCKS

7/8 (Sat) Mountain Lotus 7/12 (Wed) Big Blue Q BBQ 7/22 (Sat) Mountain Lotus





Pegasus and Patsy Cline

Scott Green

Pegasus rises above Jupiter Eastern stead Leaping over Round Valley Crossing Casa Diablo Mahogany obsidian Ancient caldera.

Pine cone campfire Patsy Cline sings I go out searching After midnight I fall to pieces.

Pegasus laughs And snorts Stamps his hoof He wants to go He wants to ride With haste To tomorrow To the sunrise.

To the Warm sun To be walked in front of the grandstands To wear the roses I want to see the horse win And strike the bell for his final lap To take my ticket to the window And cash in my winnings She thought I'd be interested to learn That poetry was the medicine The magic To stop the sorrow To return the smile

To make her see the lights To dance to sing To love To feel what was lost To find it and put it back where it belongs.

The wayward winds is a restless wind Until it settles in the valley Softly and with peace.

Pegasus laughs again.

Your stars twinkle Your stars shine: Markab Alpherantz Algenib Sheat

The four horseman Ride till the break of dawn When I saw your stars shine! Each time I became more star struck. Each time I cupped your light And held it fast to save for a Cowboy dance on a winter's night.

I'm crazy for trying. And I'm crazy for crying. And I'm crazy for loving you.

The Lightning Bug Refuses to Glow

Kirsten Casey

Nevada County Poet Laureate

It's not that I can't glow, I refuse to—the stars are too bright tonight, and why would I want to compete with patterns-I am only one fly in a field of hundredswe blink off and on like some kind of county fair billboard---I am tired of the attention. The children come at dusk with their jam jars and metal flashlightstiny hunters with no measurable remorse. Behind the glass, a green short glow of mortality. The last light trapped for show. I watch them get into their cars and drive away-their small faces shine in the backseat, with triumph. I want none of it. It's much simpler to be a dull bug---a spider in a barn corner, full of thread and hunger, spinning fly traps and laying eggs, such unassuming simplicity. Is anonymity too much to ask for? If only instinct was a choice-I would chose darkness.

What Summer Knows

Kirsten Casey

Nevada County Poet Laureate

The summer sky remembers winter: the thickness of snowstorm clouds that blocked her view and helped her sleep, the cold blades of grass, frozen and painted in tips of white, the blank stillness of it all. Now, the summer stars flicker on and off, a series of unplanned power outages, a popular optical illusion of the cosmos. These aren't diamonds rolled out on black velvet, in the jeweler's locked display case. Please don't use the word twinkling in a poem about summer. The summer nights pass the time peeking in every open window, where the fans shake their heads slowly, always saying no, and the curtains sway in response. Summer watches over gated gardens of soon-to-be string beans, tomatoes, and cucumbers. Summer notices the deer pacing tracks through the yards, and the gentle way they sleep, curled in clover. Everywhere, the signs of June: closed poppies nod off, and short-lived sweet peas become a lighter shade of pink overnight, with petals that make the mountain misery reek with envy. At noon, summer's sun reflects off of white novel pages, burns shoulder skin, and warms the granite boulders along the Yuba River. Gravity interrupts the still pool's surface and pulls the willing jumpers below.

When the swimmers

reemerge, they climb the rocks with wet feet, and surrender on their stomachs, lying flat on the bare, heated stone, backs facing the cloudless blue above. Summer doesn't ever forget to shimmer there. Seeking relief, the summer afternoon visits the city pool, where the children in line carry striped towels over their shoulders. Once inside, they create colonies around the concrete deck, using back packs and snack bags to mark their borders.

This is the kingdom of childhood. Chlorine water drips from hair tips, leaving magical, fading trails wherever they walk. Their smiles, temporarily purple, are the same shade as the grape popsicles sold in the snack bar. By August, their fingertips will be stained a similar hue, from harvesting pails full of blackberries, off of barbed branches that snag on gathering wrists. But for now, at the edges of the crowded pool, hungry bees hover over all of the sweetness, confused that the sugar spilling around them isn't a single peony bloom. The summer knows that there is nothing quieter than an empty school, and at the end of another day, the ground will still be warm, holding the daylight.

Samuel Clemens reacts to seeing The Adventures of Huckleberry Finn on a Kindle

Kirsten Casey

Nevada County Poet Laureate

The thickness is gone from it, the handsome golden tooling on the leather cover, removed. This thin tin machine merely reproduces paper, without that whisper sound of a page turning, the comfort of air floating between chapters, a light wind caused by interest in the next half of a story. Where shall I lay my bookmark? The wide satin ribbon I use, a scarlet one that Clara wore, tied in her braids, will slide off of the screen, and my intention is to never lose it, or my place. There is something about the magic of pressing a flower in a good book and finding it later. Better than a photograph, to hold the flatness of the years in a honeysuckle, preserved more clearly than an old memory. I never imagined a book that could be turned on and off, shouldn't it always be on? Where does the story go when you've finished it? No need for a bookshelf with this contraption. If only the air could hold up words, the way the right wind can suspend a red paper kite. I was once a printer's devil, a typesetter's apprentice, arranging words in a dark, wood paneled newsroom that smelled of ink, machine oil, and cigars. I spent each day with metal letters, called sorts, marking my palms. These small pieces of language were light,

like the fattest honeybees landing on lavender, but each still held a singular, distinctive weight. Back then, there were so many sorts of things I wanted to write, but was convinced I never would. My ideas were like white streaks of shooting stars through the midnight sky. My thoughts kept time to the sound of the running press. Its rhythmic click and whoosh, the reset lever, the ink spread, each sheet of paper exhausted, beaten, bruised with pigment. After printing, the used pieces were discarded into a hellbox, left for me to sift through and rearrange to make new words out of all of the old ones. But this random pile was my salvation. The debris of stories strewn like they exploded. Their precious placement-all potential. I knew the physical weight of a word, what it meant to carry all of the right ones in my hands, and then leave them alone, and trust in their adventure, like unchaperoned children boarding a steamboat, all terror to the witness, all wonder to the children.

Kirsten Casey Nevada County Poet Laureate

We refuse to overprescribe antibiotics, which, did you know means "opposing life," a treatment that started simply from moldy bread in ancient times, covered in dusty green spores, a color the poet craves. Poems are not taken, but given by mouth, swallowed like the last word in one of Shakespeare's sonnets. Are you frightened of iambs, I am. Sometimes a poem is an intravenous affair, words travelling straight into a blue inner arm vein, suddenly a part of all of your hidden systemic maps, and when your finger is pricked, or you visit the phlebotomist for a draw, you will not need any testing for the tech to sense you are infected--this contagion of language, sometimes terminal, often a lonely, long sickness. Just ask Keats, blood on his lips, on his pillowcase, on every one of his ivory handkerchiefs, in that single Roman bedroom, where the nurse waited to burn all of his bedclothes. We can treat you, we can keep you comfortable, listing the shades of blue on an Indigo Bunting's breast feathers, or in the still pool of ink in a glass jar on a calligrapher's pine desk, or the poet's pale eyes, moments after seeing the Seine for the first time, unsure of which language to use for his metaphors. You will not feel any pain, unless you want to, and you will never be cured.





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