

## **Basketball Tactics & Training (BTT) Fall Work Out/Clinics**

**BTT Work Out Clinics** will help players take their shooting, offensive skills and confidence to the next level! Here's just some of what they can learn:

- **Make teams pay for leaving them open**
- Step into shots with confidence
- **Create more easy layups as defenders have to guard them close to stop their shot**
- Increase their scoring average
- **Shoot higher FG and FT %**
- **Finish at the basket through contact**
- **Have a “mental edge” when things get tough.**
- Love the game more than ever as they see themselves succeed

### **Why attend a fall Work Out/Clinics?**

Work Out/Clinics give players many benefits they can't get from team practices, open gyms or shooting in the driveway. In-season practices often focus mainly on team offensive and defensive strategies to get players operating as a unit.

Which means individual skill development takes a back seat. So if you want to stand out with your shooting and scoring this season...Their skill improvement needs to happen **BEFORE** the season starts.

**And heading to Work Out/Clinics this fall to get personalized instruction is one of the best ways to get there.**

Our workout/clinics will help players develop the shooting, offensive skills and confidence they need to make this their best season yet....Spots in each Work Out/Clinic are limited, so register as soon as possible to make sure you can attend!

**P.S. In addition to skill development, we incorporate training on the “mental & visualization game”. This prepares players for challenges and develops a strong resiliency that serves them on and off the court.**

The Work Out/Clinics will be at Corpus Christi School, 581 Silas Deane Hwy

Week Days (Mon/Wed or Tue/Thurs) 6:00 pm to 7:30 pm & Saturdays 11:00 am – 12:30 pm

The fee is 35.00 x session (siblings 15.00 each)

Instructor/Coach Tiny Cains - Email – [cains55@aol.com](mailto:cains55@aol.com) / Text – 860-922-3413