

SMART SNACKING

Tasty bites to help you power through the day!

Corpus Christi School Lunch

October 2022

Just a reminder, thanks to state funding -, ALL MEALS for ALL STUDENTS are ABSOLUTELY FREE until otherwise noted! so save yourself some time, and have us make your lunch!! Please find full menu at wethersfield.nutrislice.com for the most up to date options and allergy information

REMINDER BREAKFAST SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: Muffin Fun Lunch				
3	4	5	6	7
Cheeseburger Fries	Chicken Nugget Breadstick Seasoned Green Beans	Mac & Cheese Seasoned Peas Breadstick	No School	No lunch Half Day
Week 2: Nacho Fun Lunch				
10	11	12	13	14
No School	Chicken Nugget Breadstick Seasoned Green Beans	Pasta and Meatballs Broccoli breadstick	Crispy Chicken Patty Sandwich Fries	French Bread Cheese Pizza Mixed Veggies
Week 3: Bagel Fun Lunch				
17	18	19	20	21
Mini chicken Corn Dogs Potato Smiles	Chicken Nugget Breadstick Seasoned Carrots	Pizza Dunkers Marinara Sauce	Half Day No Lunch	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Week 4: Cereal Fun Lunch				
24	25	26	27	28
Chicken Parmegiana Spaghetti Marinara Sauce	Chicken Nugget Breadstick Seasoned Green Beans	Mini Blueberry Waffles Turkey Sausage Patty Tater Tots	Grilled Cheese Sandwich Tomato Soup	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Week 1: Muffin Fun Lunch				
31	November 1	2	3	4
Beef Nachos Cheese Sauce Mexicali Corn	Chicken Nugget Breadstick Seasoned Carrots	Macaroni and Cheese Broccoli	Popcorn Chicken Mashed Potato Bowl Biscuit	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Fruit and Vegetable Bar (Available Daily)				
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad
Carrot Sticks	Celery Sticks	Fresh Broccoli Florets	Corn & Black Bean Salsa	Red Pepper Slices
Sweet Corn Salad	Chick Peas	Fresh Baby Carrots	Sliced Cucumbers	Power Peas
Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

Please contact me with any questions, comments or concerns.

Bobby Schultz, Director of Dining Services: Robert.Schultz@compass-usa.com