

# Health Protocols for Students and Staff

The health and safety of our students, staff and entire school community is our highest priority as we plan for the reopening of school. It is absolutely critical that students and staff who show any signs of illness stay home and not report to school. If you have questions about the health of your child/yourself, or the health of anyone in your family, please contact your school directly and speak with the school nurse or principal. In collaboration with the Central CT Health Department, the following information is provided as guidance for navigating the complexities of COVID-19.

## COVID-19 SELF-CHECKLIST

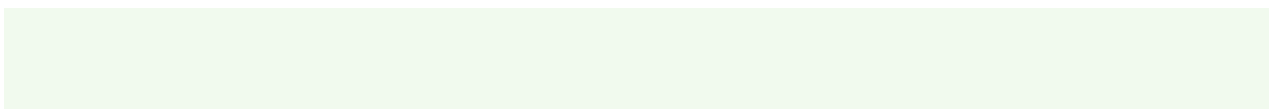
Every morning before you go to school, please check the following:



A temperature greater than 100.4 without taking fever-reducing medications	<input type="checkbox"/> Yes	<input type="checkbox"/> No
New loss of taste or smell	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Shortness of breath	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cough	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sore throat	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Chills	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Headache	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Muscle Aches	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Nausea, vomiting, diarrhea, loss of appetite	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you tested positive for COVID-19 or been in close contact with any individuals who have tested positive for COVID-19?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been asked to self-isolate or quarantine by your doctor or local public health officials?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**If the answer is YES to any of these questions, please continue to review the next sections.**

**If the answer is NO to all of these questions, your self-check indicates you can go to school or work.**



**PLEASE CLICK HERE FOR DPH Interim Guidance for Responding to COVID 19 Scenarios in CT School Districts:**

<https://portal.ct.gov/-/media/SDE/COVID-19/Addendum-5-Interim-Guidance-for-Responding-to-COVID-19-Scenarios-in-CT-School-Districts.pdf>

**Wethersfield School District has shifted to the CDC approved 7 day quarantine with a test on day 5. If families choose not to test then quarantine will be 10 days. The CDC Guidance for this quarantine process is:**

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>