

SMART SNACKING

Tasty bites to help you power through the day!

Corpus Christi School Lunch

January 2023

Just a reminder, state funds have been used up, and meals will now be paid for the remainder of the year. Find applications for free or reduced meals at WPS.wethersfield.me Please find full menu at wethersfield.nutrislice.com for the most up to date options and allergy information

REMINDER BREAKFAST SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: Muffin Fun Lunch or Peanut Butter & Jelly				
2	3	4	5	6
NO SCHOOL HAPPY NEW YEAR	Chicken Nugget Breadstick Seasoned Carrots	Pizza Dunkers Marinara Sauce	Macaroni and Cheese Breadstick Green Beans	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Week 2: Nacho Fun Lunch or Peanut Butter & Jelly				
9	10	11	12	13
Pasta & Meatballs Marinara Sauce Broccoli	Chicken Nugget Breadstick Seasoned Green Beans	Mini Pancakes Turkey Sausage Tots	Crispy Chicken Patty Sandwich Fries	Half Day No Lunch
Week 3: Bagel Fun Lunch or Peanut Butter & Jelly				
16	17	18	19	20
NO SCHOOL MLK jr DAY	Chicken Nugget Breadstick Seasoned Carrots	Grilled Cheese Fries	Beef Soft Tacos Salsa Corn	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Week 4: Cereal Fun Lunch or Peanut Butter & Jelly				
23	24	25	26	27
General Tso Chicken Rice Broccoli	Chicken Nugget Breadstick Seasoned Green Beans	Mini Waffles Turkey Sausage Tots	Beef Nachos Cheese Sauce Salsa	French Bread Pizza Mixed Veggies
Week 5: Muffin Fun Lunch				
30	31	Feb 1	2	3
Macaroni and Cheese Breadstick Broccoli	Chicken Nugget Breadstick Seasoned Carrots	Pizza Dunkers Marinara Sauce	Meatball Sub Fries	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Fruit and Vegetable Bar (Available Daily)				
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad
Carrot Sticks	Celery Sticks	Fresh Broccoli Florets	Corn & Black Bean Salsa	Red Pepper Slices
Sweet Corn Salad	Chick Peas	Fresh Baby Carrots	Sliced Cucumbers	Power Peas
Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

Please contact me with any questions, comments or concerns.

Bobby Schultz, Director of Dining Services: Robert.Schultz@compass-usa.com