



Monday Tuesday Wednesday Thursday Friday	Monday Tuesday Week 1: Cereal Fun Lunch	*** REMINDER BREAKFAST SERVED DAILY!****						
Classic Cheese Burger or Hamburger NO SCHOOL Whole Grain Chicken Nuggets Seasoned Peas Whole Grain Chicken Nuggets Whole Grain Biscuit Week 2: Pretzel Fun Lunch Seasoned Peas Whole Grain Chicken Nuggets Classic Cheese Pizza Classic Cheese Pizza Whole Grain Chicken Nuggets Seasoned Broccoli Classic Cheese Pizza Classic Cheese Pizza Whole Grain Chicken Nuggets Fresh Whole Fruit Fresh whole Fruit Chilled Fruit salad Carot Sticks Coord Black Bean Salad Mixed Bean Salad Mi	Classic Cheese Burger or Hamburger No SCHOOL Whole Grain Chicken Nuggers Mashed Potatoes Whole Grain Biscuit Seasoned Broccoli Seasoned Broccoli Classic Cheese Pizza Colorful Tossed Salad	Monday						
Classic Cheese Burger or Hamburger Waffle Fries Seasoned Peas Whole Grain Biscuit Week 2: Pretzel Fun Lunch 7-Oct 8-Oct French Bread Cheese Pizza Whole Grain Chicken Nuggets Whole Grain Biscuit Week 3: Pretzel Fun Lunch 7-Oct 8-Oct French Bread Cheese Pizza Whole Grain Chicken Nuggets Seasoned Peas Whole Grain Biscuit Week 3: Pretzel Fun Lunch 7-Oct French Bread Cheese Pizza Whole Grain Chicken Nuggets Seasoned Carrots Whole Grain Biscuit Week 3: Eqq and Cheese Sandwich Fun Lunch 15-Oct Whole Grain Chicken Nuggets Whole Grain Biscuit Week 3: Eqq and Cheese Sandwich Fun Lunch 15-Oct Whole Grain Chicken Nuggets Whole Grain Biscuit Whole Grain Biscuit Whole Grain Biscuit Whole Grain Chicken Nuggets Whole Grain Biscuit Week 4: Muffin Fun Lunch 21-Oct Italian Meatball Sub Whole Grain Biscuit Whole Grain Chicken Nuggets Whole Grain Biscuit Seasoned Corn Seasoned Carrots Whole Grain Biscuit Seasoned Corn Seasoned Carrots Seasoned Carrots Classic Cheese Pizza Seasoned Carrots Classic Cheese Pizza Seasoned Carrots Classic Cheese Pizza Classic Cheese Pizza Classic Cheese Pizza Classic Cheese Pizza Seasoned Spinach Whole Grain Chicken Nuggets Seasoned Green Beans Whole Grain Biscuit Seasoned Green Beans Seasoned Spinach Week S: Minit Bagel Fun Lunch Seasoned Spinach Fresh Whole Grain Biscuit Fresh Whole Grain Biscuit Fresh Whole Grain Chicken Nuggets Seasoned Bage Seasoned Bage Seasoned Bage Seasoned Spinach Seasoned Spi	Classic Cheese Burger or Hamburger Waffle Fries Seasoned Peas Whole Grain Biscuit Week 3: Huffin Fun Lunch 21-Oct 10-Oct 11-Oct 11-Oct Classic Cheese Pizza Classic Pepperoni Pizza Colorful Tossed Salad Classic Pepperoni Pizza Classic Cheese Pizza Whole Grain Biscuit Week 5: Muffin Fun Lunch 21-Oct 22-Oct 23-Oct Pizza Dunkers Cheese Filed Bread Sicks W Marinara Sauce Seasoned Carrots Seasoned Carrots Seasoned Carrots Seasoned Carrots Seasoned Carrots Classic Cheese Pizza C	Week 1: Cereal Fun Lunch						
Hamburger Waffle Fries Mashed Potatoes Brown Rice Classic Pepperoni Pizza	Marger M	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct		
Mashed Potatoes Seasoned Peas Mashed Potatoes Whole Grain Biscuit Seasoned Broccoli Colorful Tossed Salad	Mashed Potatoes Brown Rice Seasoned Broccoli Classic Pepperoni Pizza Week 2: Pretzel Fun Lunch	Classic Cheese Burger or	NO SCHOOL	Whole Grain Chicken	Asian Orange Chicken	Classic Cheese Pizza		
Seasoned Peas Whole Grain Biscuit Seasoned Broccoli Colorful Tossed Salad	Seasoned Peas Whole Grain Biscuit Seasoned Broccoli Colorful Tossed Salad	Hamburger		Nuggets				
Seasoned Peas Whole Grain Biscuit Seasoned Broccoli Colorful Tossed Salad	Seasoned Peas Whole Grain Biscuit Seasoned Broccoli Colorful Tossed Salad	Waffle Fries		Mashed Potatoes	Brown Rice	Classic Pepperoni Pizza		
Prench Bread Cheese Pizza	Property	Seasoned Peas		Whole Grain Biscuit	Seasoned Broccoli	Colorful Tossed Salad		
French Bread Cheese Pizza Whole Grain Chicken Nuggets Seasoned Peas Whole Grain Biscuit Whole Grain Chicken Nuggets Turkey Sausage Whole Grain Biscuit Whole Grain Chicken Nuggets Turkey Sausage Whole Grain Discuit Whole Grain Chicken Nuggets Mixed Vegetables Whole Grain Chicken Nuggets Mixed Bean Salad Whole Grain Chicken Nuggets Whole Grain Chicken Nuggets Mixed Bean Salad Whole Grain Chicken Nuggets Whole Grain Chicken Nuggets Whole Grain Chicken Nuggets Whole Grain Biscuit Week 4: Muffin Fun Lunch 22-Oct 22-Oct 23-Oct 24-Oct 25-Oct Classic Cheese Pizza Colorful Tossed Salad Week 4: Muffin Fun Lunch 22-Oct Seasoned Corro Seasoned Carrots Colorful Tossed Salad Classic Cheese Pizza Colorful Tossed Salad Classic Cheese Pizza Classic Cheese Pizza Whole Grain Chicken Nuggets Seasoned Spinach Week 5: Mini Bagel Fun Lunch 28-Oct Seasoned Spinach Week 5: Mini Bagel Fun Lunch 28-Oct Seasoned Peas Whole Grain Chicken Nuggets Seasoned Peas Whole Grain Chicken Nuggets Fresh whole Fruit Chilled Fruit salad Carrot Sticks Celery Sticks Fresh whole Fruit Chilled Fruit salad Chilled Fruit salad Carrot Sticks Cheese Sander Mixed Bean Salad	French Bread Cheese Pizza Whole Grain Chicken Nuggets Seasoned Peas Whole Grain Biscuit Whole Grain Biscuit Whole Grain Biscuit Whole Grain Chicken Nuggets Mini Hash browns Corn on the cob Colorful Tossed Salad Week 3: Egg and Cheese Sandwich Fun Lunch 15-Oct 16-Oct 17-Oct 18-Oct Whole Grain Chicken Nuggets Mixed Vegetables Whole Grain Biscuit Week 4: Muffin Fun Lunch 21-Oct Italian Mealball Sub Whole Grain Chicken Nuggets Seasoned Corn Whole Grain Chicken Nuggets Whole Grain Chicken Nuggets Seasoned Spinach Veek 4: Muffin Fun Lunch 21-Oct Italian Mealball Sub Whole Grain Biscuit Seasoned Green Beans Week 5: Mini Bagel Fun Lunch 28-Oct Classic Cheese Pizza Whole Grain Chicken Nuggets Waffle Fries Mashed Potatoes Seasoned Green Beans Whole Grain Chicken Nuggets Seasoned Peas Whole Grain Chicken Nuggets Waffle Fries Mashed Potatoes Seasoned Broccoli Seasoned Broccoli Classic Cheese Pizza Colorful Tossed Salad Whole Grain Siscuit Fresh whole Fruit Chilled Fruit salad Mixed Bean Sala	Week 2: Pretzel Fun Lunch						
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	2-Turkey and Cheese on 2- Chef Salad w/ Bread Stick 2- Crispy Chicken Caesar 2-Turkey and Cheese Wrap 2-Mixed Green Salad w/	28-Oct Classic Cheese Burger or Hamburger Waffle Fries Seasoned Peas Fresh whole Fruit Chilled Fruit salad Carrot Sticks Sweet Corn Salad Mixed Bean Salad	Seasoned Spinach Whole Grain Biscuit 29-Oct Whole Grain Chicken Nuggets Mashed Potatoes Whole Grain Biscuit Fruit a Fresh whole Fruit Chilled Fruit salad Celery Sticks Chick Peas Mixed Bean Salad	w/ Marinara Sauce Seasoned Green Beans Veek 5: Mini Bagel Fun Lunc 30-Oct Grilled Cheese Tomato Soup and Vegetable Bar (Available Fresh whole Fruit Chilled Fruit salad Fresh Broccoli Florets Fresh Baby Carrots Mixed Bean Salad Daily Alternate Meals	Bread Stick h 31-Oct Asian Orange Chicken Brown Rice Seasoned Broccoli Daily) Fresh whole Fruit Chilled Fruit salad Corn & Black Bean Salsa Sliced Cucumbers Mixed Bean Salad	1-Nov Classic Cheese Pizza Classic Pepperoni Pizza Colorful Tossed Salad Fresh whole Fruit Chilled Fruit salad Red Pepper Slices Power Peas Mixed Bean Salad		

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

Please contact me with any questions, comments or concerns.

Jamie Davies, Director of Dining Services: jamie.davies@compass-usa.com

