

SMART SNACKING

Tasty bites to help you power through the day!

Corpus Christi School Lunch

September 2022

Just a reminder, thanks to state funding -, ALL MEALS for ALL STUDENTS are ABSOLUTELY FREE until otherwise noted! so save yourself some time, and have us make your lunch!! Please find full menu at wethersfield.nutrislice.com for the most up to date options and allergy information

REMINDER BREAKFAST SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: Muffin Fun Lunch				
5	6	7	8	9
Labor Day No School	WELCOME BACK HALF DAY NO LUNCH	Mac & Cheese Seasoned Peas Dinner Roll	Popcorn Chicken Mashed Potato Bowl Breadstick	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Week 2: Nacho Fun Lunch				
12	13	14	15	16
Chicken Alfredo Rotini Roll	Chicken Nugget Breadstick Seasoned Green Beans	Beef & Bean Burrito Seasoned Corn	Grilled Cheese Potato Smiles	French Bread Cheese Pizza Mixed Veggies
Week 3: Bagel Fun Lunch				
19	20	21	22	23
Pasta & Meatballs Marinara Sauce	Chicken Nugget Breadstick Seasoned Carrots	Beef Tacos Corn Salsa	Pizza Dunkers Marinara Sauce	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Week 4: Cereal Fun Lunch				
26	27	28	29	30
Philly Cheese Steak Peppers and Onions Fries	Chicken Nugget Breadstick Seasoned Green Beans	French Toast Sticks Turkey Sausage Patty Tater Tots	Chef's Salad Romaine, Ham, Turkey, Cheese, Cucumber, Carrot, Roll	Cheese Pizza Pepperoni Pizza Mixed Vegetables
Fruit and Vegetable Bar (Available Daily)				
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad	Chilled Fruit Salad
Carrot Sticks	Celery Sticks	Fresh Broccoli Florets	Corn & Black Bean Salsa	Red Pepper Slices
Sweet Corn Salad	Chick Peas	Fresh Baby Carrots	Sliced Cucumbers	Power Peas
Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

Please contact me with any questions, comments or concerns.

Bobby Schultz, Director of Dining Services: Robert.Schultz@compass-usa.com

chartwells
serving up happy & healthy