



Spina Bifida Family Camp at Center for Courageous Kids



SPINA BIFIDA
ASSOCIATION
OF KENTUCKY

2023 Annual Report

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Our Mission

Is to build a better and brighter future for all those impacted by Spina Bifida. We do this primarily by providing free programs and services for adults, children, and their families.

Our History

The Spina Bifida Association of Central Kentucky, Inc., was founded in Lexington in 1983 by two mothers of children with Spina Bifida and two physicians as a support and resource network for families dealing with Spina Bifida. In 1986 the name was changed to Spina Bifida Association of Kentucky, Inc. (SBAK) and the main offices moved to Louisville. SBAK is a registered 501(c)(3) nonprofit.

For 40 years, SBAK has focused solely on the needs of the children, adults, and families that are impacted by Spina Bifida in both Kentucky and Southern Indiana.

SBAK is an affiliated chapter of Spina Bifida Association of America.

Because of Your Support

There are approximately 1,800 people living with Spina Bifida in Kentucky and Southern Indiana. Our goal is provide them with community, educational, and advocacy resources through our free programs, services, and financial assistance. Because of your support in 2023 SBAK:

- Hosted three Park Hop Playdates at accessible parks and playgrounds in Kentucky and Southern Indiana
- Hosted the first Rise-N-Roll breakfast honoring pediatric neurosurgeon Dr. Thomas Moriarity as a Pivotal Master of Change in the Spina Bifida community
- Hosted three Walk-N-Roll for Spina Bifida Awareness Campaigns in Louisville, Lexington and Eddyville for more than 100 families and friends
- Hosted Adults and Teens at a Freezer Meal Workshop, Paint Night, and Ax Throwing events
- Hosted a Spring Eggstravaganza Picnic, 40th Anniversary Celebration, and partnered with A Kid Again for a December holiday adventure at the Kentucky Horse Park in Lexington
- Provided a gift and welcome packet to four families who welcomed a baby with Spina Bifida into their family
- Attended the annual Teal On The Hill event sponsored by the Spina Bifida Association of America and met with political leaders from across the country.
- Partnered with Critically Loved and FEAT of Louisville to present a medical binder workshop for parents and adults



40th Anniversary Celebration

4

Newborn Outreach Visits

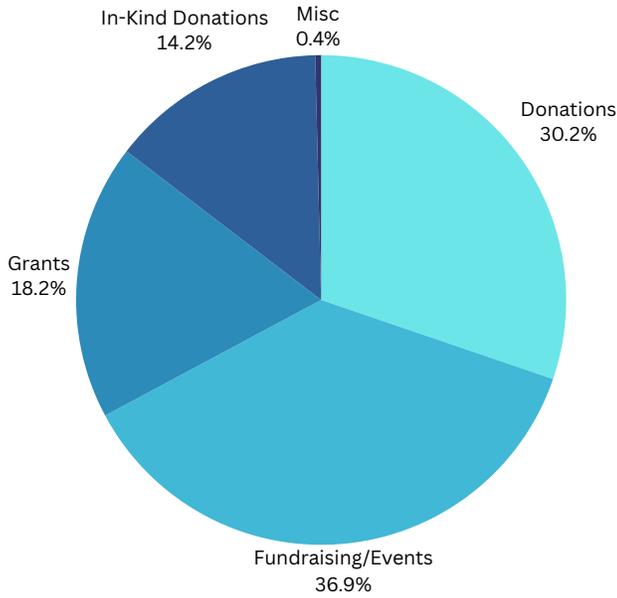
5

Families Helped by the
Financial Assistance Fund

29

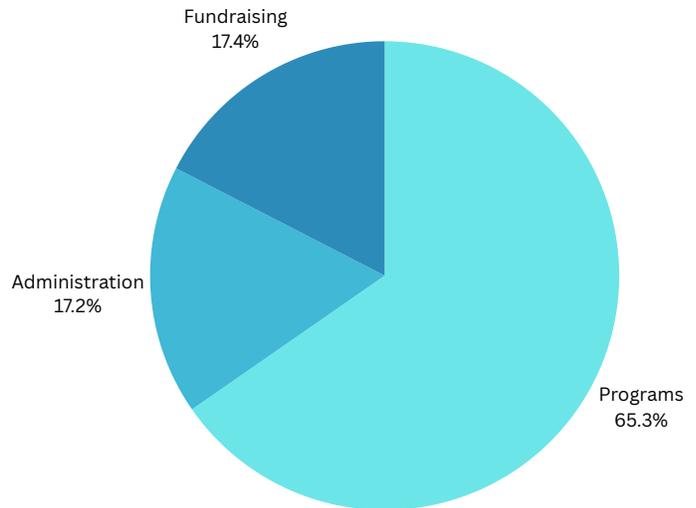
Families Sent to SB Family
Camp at CCK

2023 Financials (unaudited)



Revenue

Expenses



Creating a good impact report means being transparent with your audience. Back up your claims with relevant data. Keep your sentences concise w necessary, but dive into detail when it comes to qualitative and quantitative evidence. Remember: an impact report is a combination of understanding your mission, your work, and your audience, and communicating that clearly with the rest of the world.

Revenue	\$214,626
Expenses	\$225,372
Loss	\$ 10,746
Net Assets Dec 31, 2023	\$176,760

2023 Fundraising Events

- The **SBAK Golf Scramble** was held at Nevel Meade golf course on June 26 with 140 players.
- The **SBAK Bourbon & BBQ Bash** featuring music by J.D. Shelburne was held on September 14
- Three **Walk-N-Roll for SB** events were held in October in Louisville, Lexington, and Eddyville.

A very special thank you goes out to all of the wonderful volunteers from UPS who helped make our Rise-N-Roll, Golf Scramble, and Bourbon & BBQ Bash successful!

2024 Goals

- Increase Grant donations to allow expansion of programs and services
- Plan more multigenerational large events
- Expand the SB Connect volunteer program to reach more outlying areas in the state
- Broaden SBAK's reach across the state with collaborations/partnerships with related organizations that address the needs of individuals with Spina Bifida

OUR TEAM 2024

Board of Directors

Chair	Jonathan Evans BP, Inc.
Chair Elect	Samantha Miller MSN,RN Seven Counties Services
Treasurer	Sam Oliver, CPA Parent of a child with Spina Bifida
Secretary	Christi McKim OT/ATP National Seating & Mobility
Members	Jeffrey White, MD Norton Pediatric Urology
	Jessica Wilkerson Parent of a child with Spina Bifida
	Jeffrey Simonic UPS Worldport
	Elizabeth Bryant Adult with Spina Bifida
	Dakota Hilton, MHA Norton Pediatric Urology

Staff

Sarah Richardson – Interim Executive Director/Program Director

Maria Baker – Administrative Manger



Thank you for your ongoing support of our organization

SBAK is supported by generous individual donors, corporate sponsors, matching gifts, fundraising events and grants from organizations like:



To make a donation, please visit our website
www.sbak.org

