

CAPE COD FAMILY RESOURCE CENTER

29 Bassett Lane, Hyannis MA 02601

Monday 9am – 5pm, Tuesday – Thursday 10am – 7pm, Friday 9am – 5pm

First and Third Saturday 9am – 12pm

AUGUST 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Kindness ROCKS! 2-3pm	2 Dads' Talk 6:30-7:30p	3 Housing Application Workshop 11a-12p	4 Coffee and Conversation 10:30-11:30a	5 Kidz' Gettin' Crafty 11a-12p DIY Activity Pick up 1-4p	6 Open 9a-12p National Root Beer Float Day 
8 Kindness ROCKS! 2-3pm	9 Active Parenting 1 st Five Years 11a-12:30p Virtual	10 Closed for All Staff Day	11 Coffee and Conversation 10:30-11:30a Family Movie Night – <i>Jumanji</i> 5-7p	12 Kidz' Gettin' Crafty 11a-1p *extended DIY Activity Pick up 1-4p	13
15 Kindness ROCKS! 2-3pm	16 Active Parenting 1 st Five Years 11a-12:30p Virtual Grandparents Raising Grandchildren 5-7p	17 Housing Application Workshop 11a-12p All Day Facebook Event – Nature Photos	18 Coffee and Conversation 10:30-11:30a	19 Kidz' Gettin' Crafty 11a-1p *extended DIY Activity Pick up 1-4p	20 Open 9a-12p
22 <i>Back to School Special Events – All Week</i> <i>*Dental Health*</i> <i>Back Pack Pick-Up</i>	23 <i>Back to School *Hair Cuts*</i> <i>Back Pack Pick-Up</i> Active Parenting 1 st Five Years 11a-12:30p Virtual	24 <i>Back to School *Healthy Lunches*</i> <i>Back Pack Pick-Up</i>	25 <i>Back to School *Good Sleeping Habits*</i> <i>Back Pack Pick-Up</i>	26 <i>Back to School *Parking Lot Party and Popsicles*</i> <i>Back Pack Pick-Up</i> DIY Activity Pick Up 1-4p	27
29	30 Active Parenting 1 st Five Years 11a-12:30p Virtual	31 Housing Application Workshop 11a-12p	Monthly Theme: The Great Outdoors 	 www.CapeCodFamilyResourceCenter.org	 Supporting family success in every community

For Information about any of the programs listed or to register, please call

508-815-5100.

Visit us online at www.capecodfamilyresourcecenter.org

Follow us on Facebook: [Facebook.com/CapeCodFamilyResourceCenterofBarnstable](https://www.facebook.com/CapeCodFamilyResourceCenterofBarnstable)

CAPE COD FAMILY RESOURCE CENTER – August 2022

All programs and classes are FREE! Check out our GREAT new programs!

Active Parenting 1st Five Years - In this class you will gain the skills to positively parent your child and foster healthy growth and development from birth to five years old. This class will be offered on an online platform. To register, call 508-815-5100.

Coffee and Conversation – Join us for a drop-in hour of coffee and conversation with other members of our community. In-person.

Dads' Talk – Join us on the second Tuesday of every month for Dads' Talk. This group is designed for dads and father figures in a time where stress can be high, life is unpredictable, and there is less social time in our lives. Offered Virtually. Registration Required (508)815-5100.

DIY Activity Kits – Pick up a fun, free, family friendly activity to do at home with the kiddos this summer (ages 2-12). **August's theme – The Great Outdoors ** Registration required (508)815-5100.

Family Movie Night – Bring the family for a movie night and refreshments, shown outside (weather permitting). August Movie- *Jumanji*. Registration required (508)815-5100.

Grandparents Raising Grandchildren – Join our grandparents' group on the third Tuesday of every month. This is an in-person event facilitated by Kerry Bickford. Childcare provided. Registration required (508)815-5100.

Housing Application Workshop – Join us the 1st and 3rd Wednesday of every month for help navigating and completing applications for housing. In-person. Registration required (508)815-5100.

Kidz' Gettin' Crafty – Join us every Friday for fun and free crafts for kids (ages 2-12). August Theme – The Great Outdoors. Registration required (508)815-5100.

Kindness ROCKS! - Join us for a 3-week course on kindness and inclusivity while we learn important lessons and decorate our own Kindness rocks to spread throughout the community. Ages 8 – 12. Registration required (508)815-5100.

Monthly Facebook Challenge – Post your best Nature Photo on our Facebook page and enter to win a prize. All day event on Facebook.
<https://www.facebook.com/Capecodfamilyresourcecenterofbarnstable>

****August Special Event** Back to School Week August 22nd – 26th** - Daily events, backpack pick-up, and a Parking Lot Party Friday. Registration for a backpack is required (508)815-5100