

CAPE COD FAMILY RESOURCE CENTER

August 2021



29 Bassett Lane, Hyannis MA 02601
 Monday 9 am - 5 pm, Tuesday - Thursday 10 am - 7 pm, Friday 9 am - 5 pm
 1st and 3rd Saturdays 9 am - 11 am

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 School Q & A 11:00-12:00 pm Family Fun Night Game Night 4:00-5:00 pm Active Parenting Fourth Edition 2:00-3:30 pm	3 Active Parenting First Five Years 11:30-1:00 pm Summer Speaker Series 5:30 - 6:30 pm	4 Little Artists 11:00 - 12:00 pm Housing Resource Table Talk 12:00 - 1:00 pm	5 Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm	6 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm	7 Open 9 - 11 am Dads' Squad 10:15 - 11:00 am
9 School Q & A 11:00-12:00 pm Family Fun Night Paint Night 4:00-5:00 pm Active Parenting Fourth Edition 2:00-3:30 pm	10 Active Parenting First Five Years 11:30-1:00 pm Dads' Talk 6:30 - 7:30 pm Summer Speaker Series 5:30 - 6:30 pm	11 Little Artists 11:00 - 12:00 pm Housing Resource Table Talk 12:00 - 1:00 pm	12 Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm Active Parenting of Teens 5:00 - 6:30 pm	13 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm	1 
16 School Q & A 11:00-12:00 pm Family Fun Night Movie Night 4:00-5:00 pm	17 Active Parenting First Five Years 11:30-1:00 pm Summer Speaker Series 5:30 - 6:30 pm Grandparents Raising Grandchildren 5:00 - 7:00 pm	18 Little Artists 11:00 - 12:00 pm Housing Resource Table Talk 12:00 - 1:00 pm Single Parenting Support Group 5:30 - 6:30 pm	19 Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm Active Parenting of Teens 5:00 - 6:30 pm	20 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm	21 Open 9 - 11 am Mom and Me Playtime Drop-in 9:30 - 10:30 am
23 School Q & A 11:00-12:00 pm Family Fun Night Bingo Night 4:00-5:00 pm Sweet Creations DIY Kit Pick-up 9:30 - 4:30 pm	24 Active Parenting First Five Years 11:30-1:00 pm Summer Speaker Series 5:30 - 6:30 pm	25 Little Artists 11:00 - 12:00 pm Housing Resource Table Talk 12:00 - 1:00 pm Sweet Creations Ice Cream Social 5:45 - 6:45 pm	26 Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm Active Parenting of Teens 5:00 - 6:30 pm	27 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm	28 For additional information on any of our programs, please see the reverse side, or contact us at 508-815-5100.

Back to School Fair: Backpack and School Supply Giveaway August 23rd-27th. Call 508-815-5100 to schedule a pick-up

30 School Q & A 11:00-12:00 pm Family Fun Night Carnival Night 4:00-5:00 pm	31 Active Parenting First Five Years 11:30-1:00 pm Summer Speaker Series 5:30 - 7:00 pm				
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**Back to School Fair
 Backpack and School Supply Giveaway
 August 23rd-27th
 Pre-registration Required
 Call 508-815-5100 to Schedule a Time**



Cape Cod Family Resource Center – August 2021

All programs and classes are FREE! Check out all our GREAT new programs!

Dads' Squad

Fathers, father figures, and caregivers are welcome to pick up a Fun Activity Kit for this month's Dads' Squad. Please feel welcome to pick up the kits at your convenience. For more information, and to register, please contact us at 508-815-5100.

Single Parenting Support Group

Join our monthly group, in a supportive environment, for single moms and dads to share successes, challenges, and resources. All single parents are welcome at this non-therapeutic gathering, regardless of child(ren)'s age(s) and parenting situation. This will be offered in-person and in an online platform. For additional information, and to register, please contact us at 508-815-5100.

Dads' Talk

Join us on the second Tuesday of the month for Dads' Talk. This group is designed for dads and father figures at a time when stress can be high, life is unpredictable, and there is less social time in our lives. This will be offered in an online platform. For more information, and to register, please contact us at 508-815-5100.

Back to School Fair

We are excited to offer free backpacks full of school supplies and more. Pre-registration is required. For more information, and to register, please contact us at 508-815-5100.

Grandparents Raising Grandchildren Group

Join our grandparents group on Tuesday, August 17th from 5:00 – 7:00 pm. This is an in person event facilitated by Kerry Bickford of Cape Cod Neighborhood Support Coalition. To inquire about the group, or to register, please contact us at 508-815-5100.

Family Cafe

Join us in-person for conversation and light refreshments. We will discuss a variety of topics relevant to families living on the Cape. Drop-ins welcome. Call 508-815-5100 for more information.

Little Artists

Join us virtually to create fun art projects designed for children ages 2-8 years old. These are hands-on activities to teach basic art skills. This is being offered in person. For more information, and to register, please contact us at 508-815-5100.

Sweet Creations

Join us for an ice cream social on August 25th at the Cape Cod Family Resource Center. We will provide the ingredients for you and your family to create a sweet family memory together. If you would prefer to pick up the supplies to bring home, we will provide these items on August 23rd from 9:30 - 4:30 pm. Registration is required. Please indicate if you would like to join in person or pick up the supplies. For more information, and to register please contact us at 508-815-5100.

Family Fun Night

Create lasting memories with these free family night activities. Join us each week for a themed activity the whole family will enjoy. These will be held in person. Register by calling 508-815-5100.

Housing Resource Table Talk

If you are in need of housing resources join us in-person Wednesdays to learn more about help available or to file for housing assistance. For more information, and to register, please contact us at 508-815-5100.

Nature Crafts

Come and join us for an interactive craft class. Families are encouraged to go outside and participate in a scavenger hunt for materials to use during the class. With guidance, imagination, and a few items, fun crafts can be accomplished. For more information, and to register, please contact us at 508-815-5100.

Summer Speaker Series

Join us each week for a guest speaker presentation on a variety of topics. We are excited to have you join these discussions through our online platform. For more information on the discussion topics, and to register for them, please contact us at 508-815-5100.

Reading Fun and Family Activities

Join us in person as we read a story aloud, enjoy a healthy snack, and provide some fun family activities. Parents will be provided with coordinated family activity resources from our Cape Cod community. For more information, and to register, please contact us at 508-815-5100.

Teen Talks

Join us in person each week for a stimulating discussion on topics of interest such as money management, nutrition, social etiquette, and life skills. This program is for teens 12-17 years old. For more information, and to register, please contact us at 508-815-5100.



**Please visit us at our New Facebook Page!
Visit us on Facebook at [Facebook.com/Capecodfamilyresourcecenterofbarnstable](https://www.facebook.com/Capecodfamilyresourcecenterofbarnstable)**