



# INDEPENDENCE HOUSE, INC.

Cape Cod's leading resource, counseling and advocacy center to address and prevent domestic and sexual violence  
*Promoting Safe and Healthy Relationships*

INDEPENDENCE  
HOUSE  
TEENS

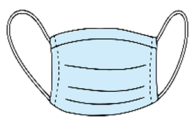
## INDEPENDENCE HOUSE TEENS in collaboration with



# HEALTHY RELATIONSHIP TEENS GROUP (AGES 14-17)

This group will explore healthy relationships with teens focusing on various parts of their lives including with family members, friends, and dating. Teens will identify red flags and green flags of relationships by using an **evidence-based curriculum for 9 sessions with a focus of "Safe Dates"** that targets attitudes and behaviors associated with dating violence.

After this group teens will have gained knowledge that they can apply to their own lives to enhance their current and future relationships with others. Group participants will also learn how to be supportive to a friend who may be experiencing dating violence.



**Snacks provided in each session.  
MASKS REQUIRED.**

**WHEN: ON-GOING ON TUESDAYS AT 3:00PM (Beginning Sept. 6, 2022)**

**WHERE: IN-PERSON at Family Continuity Cape Cod FRC  
29 Bassett Ln., Hyannis, MA**

**REGISTRATION: Contact 508-771-6507 (Carolyn x222) or (Molly x229)**

The Teen Program of Independence House provides assistance to teenagers State-wide who have been impacted by domestic or sexual violence or who have questions about their intimate partner relationships.

Independence House, Inc. | [independencehouse.org](http://independencehouse.org) | [IHteens.org](http://IHteens.org)

The Family Resource Center is supported by the Massachusetts Executive Office of Health and Human Services.

Family Resource Centers | [frcma.org/locations/cape-cod-family-resource-center](http://frcma.org/locations/cape-cod-family-resource-center)