


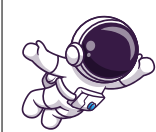












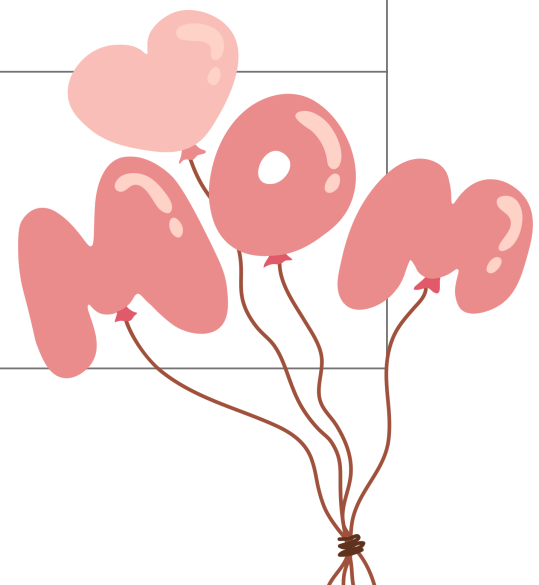




# MAY • 2024

Family Resource Center  
Cape Cod

SUN	MON	TUE	WED	THU	FRI	SAT
			AA 12-1pm <sup>1</sup> Mental Health Awareness Month  Active Parenting 4th Edition 12-1:30pm(virtual)	Parenting Journey I <sup>2</sup> 11:30am-1:30pm Virtual 	National Anxiety Disorder Screening Day <sup>3</sup>	<sup>4</sup>
Cinco de Mayo <sup>5</sup>  National Astronaut Day 	We Thrive! <sup>6</sup> 3:30-5:30pm Nurturing Father's 6-8pm	National Foster Care Day <sup>7</sup> National Teacher Appreciation Day 	AA 12-1pm <sup>8</sup> Active Parenting 4th Edition 12-1:30pm(virtual)	Parenting Journey I <sup>9</sup> 11:30am-1:30pm Virtual Mother's Day DIY Kit Distribution 	Play & Learn: Sleep PlayGroup 10:30 - 11:30am  Mother's Day DIY Kit Distribution	<sup>11</sup>
<sup>12</sup> 	We Thrive! <sup>13</sup> 3:30-5:30pm Nurturing Father's 6-8pm	Dads' Talk <sup>14</sup> 6:30-7:30 pm Virtual 	AA 12-1pm <sup>15</sup> Active Parenting 4th Edition 12-1:30pm(virtual)	Parenting Journey I <sup>16</sup> 11:30am-1:30pm Virtual	Coffee and Conversation <sup>17</sup> 11-12pm 	<sup>18</sup> Sharing Kindness Suicide Awareness Walk At Veterans Park Beach Hyannis 10am
<sup>19</sup> Community Baby Shower 12-2pm 	We Thrive! <sup>20</sup> 3:30-5:30pm Nurturing Father's 6-8pm	GRG <sup>21</sup> 5-7pm 	AA 12-1pm <sup>22</sup> Active Parenting 4th Edition 12-1:30pm(virtual) 	Parenting Journey I <sup>23</sup> 11:30am-1:30pm Virtual	Coffee and Conversation <sup>24</sup> 11-12pm	<sup>25</sup>
<sup>26</sup>	OFFICE CLOSED <sup>27</sup> MEMORIAL DAY 	National Hamburger Day <sup>28</sup> 	AA 12-1pm <sup>29</sup> Active Parenting 4th Edition 12-1:30pm(virtual)	Parenting Journey I <sup>30</sup> 11:30am-1:30pm Virtual	National Smile Day <sup>31</sup> 	







**Family  
Resource Centers**  
CAPE COD

Hours of Operation:  
Monday: 9am-6pm  
Tuesday: 8am-6pm  
Wednesday: 8am-6pm  
Thursday: 8am-5pm  
Friday: 9am-4pm  
Call for Weekend hours

CC Family Resource Center  
WhatsApp contact



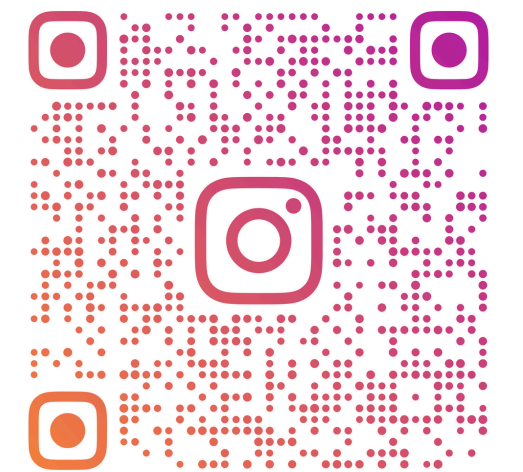
For information about any of our programs listed or to register, please call (508) 815-5100.

Visit us online at [www.capecodfamilyresourcecenter.org](http://www.capecodfamilyresourcecenter.org)

Follow us on Facebook: [Facebook.com/CapeCodFamilyResourceCenterofBarnstable](https://www.facebook.com/CapeCodFamilyResourceCenterofBarnstable)

Follow us on Instagram:

<https://www.instagram.com/capecodfamilyresourcecenter/>



CAPECODFAMILYRESOURCECENTER