


March 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 AA 12-1pm	2 Tax Lab 2-4pm Active Parenting First Five Years 4:30-6:30pm Nurturing Fathers' 6-8pm	3 Story Hour and Lending Library 11a-12p	4 Open 9a-12pm St. Patrick's Day Craft Hour 10-11am
6 Tot Time 9:30-10:30am Thrive! - At Bread and Roses 2:30- 4:15pm	7 Parenting Journey 1 5-7pm	8 AA 12-1pm	9 Tax Lab 2-4pm Active Parenting First Five Years 4:30-6:30pm Nurturing Fathers' 6-8pm	10 Story Hour and Lending Library 11a-12p	11 Closed
13 Tot Time 9:30-10:30am Thrive! - 3:30-5:30pm	14 Parenting Journey 1 5-7pm Dads' Talk 6:30-7:30pm	15 AA 12-1pm M.E. My Empowerment 4-5pm Moms' Time Out (English) 5 – 6:30pm	16 Tax Lab 2-4pm Active Parenting First Five Years 4:30-6:30pm Nurturing Fathers' 6-8pm	17 Story Hour and Lending Library 11a-12p 	18 Open 9a-12pm College Prep Workshop 10am-12pm
20 Tot Time 9:30-10:30am Thrive! - 3:30-5:30pm	21 GRG 5-7pm Parenting Journey 1 5-7pm	22 AA 12-1pm M.E. My Empowerment 4-5pm Moms' Time Out (Portuguese) 5 – 6:30pm	23 Tax Lab 2-4pm Active Parenting First Five Years 4:30-6:30pm Nurturing Fathers' 6-8pm	24 Story Time and Craft Hour (Portuguese) 10:30-11:30am	25 Closed
27 Tot Time 9:30-10:30am Thrive! - 3:30-5:30pm	28 Parenting Journey 1 5-7pm	29 AA 12-1pm M.E. My Empowerment 4-5pm Moms' Time Out (English) 5 – 6:30pm	30 Tax Lab 2-4pm Nurturing Fathers' 6-8pm	31 Story Time and Craft Hour (English) 10:30-11:30am	

March 2023

[Dads' Talk](#) – Join us on the second Tuesday of every month for Dads' Talk. This group is designed for dads and father figures in a time where stress can be high, life is unpredictable, and there is less social time in our lives. Offered Virtually. Registration Required (508)815-5100.

[Grandparents Raising Grandchildren](#) – Join our grandparents' group on the third Tuesday of every month. This is an in-person event facilitated by Kerry Bickford. Childcare provided. Registration required (508) 815-5100.

[Moms' Time Out \(English and Portuguese rotating weeks\)](#) – Are you a mom? Do you need a break? Come join us for a peer support group for moms while your kids enjoy a fun craft in a separate room! Dinner provided. Registration required (508) 815-5100.

[Story Hour and Lending Library](#) – Join us for story hour and then browse our lending Library.

[Story Time and Craft Hour \(English and Portuguese rotating weeks\)](#) – Join us for story time and craft for ages 2 – 5. Registration required (508)-815-5100.

[Active Parenting First 5 Years](#) – Support the growth and development of children through the family structure by providing parents and other caregivers with the information and skills necessary to prepare children to survive and thrive in a democratic society. Thursday's 4:30-6:30pm for four weeks. Provided in a hybrid model. Registration required (508) 815-5100.

[Parenting Journey One](#)– 12-week parenting class offered in-person. Uncover your inner strengths and learn to achieve your goals as a parent. Seats limited. Please call to register (508) 815-5100.

[Tot Time](#) – Infant/toddler play group Monday's 9:30-10:30 am. Please call Cape Cod Children's Place to register (508) 240-3310.

[Tax Lab](#) – Need help organizing for the 2022 tax season? Come join us for Tax Lab, Thursdays from 2-4pm through April 15th. Printing, Faxing, computer stations.

[Thrive!](#) – In-person LGBTQ Youth support group in collaboration with We Thrive – Cape and Islands Gay & Straight Youth Alliance. Please call We Thrive to register (508) 778-7744.

[College Prep Workshop](#) – Interactive workshop where students and parents can explore options, goals, and priorities for after high school. Facilitated by Candy Fox, MA Ed. Curriculum and Instruction, English Professor, Castleton State College. In-person. Registration required (508) 815-5100.

[Nurturing Father's](#) - Join us in-person on Thursday evenings for a 13-week interactive class that offers all dads an opportunity to enhance their fatherhood skills. Registration is required, (508) 815-5100.

[St. Patrick's Day Craft Hour](#) – Join us for a fun craft hour centered around St. Patrick's Day. Saturday March 4, 2023, from 10-11am. Call to register (508) 815-5100.

[M.E. My Empowerment](#) – Weekly adolescent support group centered around health relationship building. Ages 12-15. Every Wednesday beginning March 15th from 4-5pm. Please call to register.

For information about any of our programs listed or to register, please call 508-815-5100.

Visit us online at www.capecodfamilyresourcecenter.org

Follow us on Facebook: Facebook.com/CapeCodFamilyResourceCenterofBarnstable