



CAPE COD FAMILY RESOURCE
CENTER

MOMS¹ TIME OUT

Are you a mom who could use a break?
Join us for a mom-led peer support group
while the kids enjoy a fun activity in a
separate room! Dinner provided.

Wednesday November 9 and 30, 2022 5-6:30pm.

Registration required. 508-815-5100

28 Bassett Lane

Hyannis

508-815-5100

www.capecodfamilyresourcecenter.org





KIDS' CORNER

- Crafts
- Games
- Movies
- Socialization

Fun activities for kids while
Mom attends Moms' Time Out

