

New Life Fellowship Church
Annual Corporate Fast
21-Day Fast, January 5th-25th, 2026

Church Fast & Prayer

Definition of fasting: abstaining from food
Type of Fast: Partial fast, the DANIEL FAST model

Start: Monday morning, January 5, 2026, 6am
End: Sunday, January 25, 2026, following church

Purpose of Our Fast:

- For personal, spiritual discipline
- For God's blessings on the church family
- For seeking God concerning His direction for '26
- For fruitful soul-winning and Christian discipleship
- For success in all church projects throughout '26
- To be more sensitive to God's will and purpose, personally and corporately

Scripture References For Fasting:

Matthew 6:16-18, Matt. 9:14-15, Luke 18:9-14

For Corporate Fasting:

1 Samuel 7:5-6, Ezra 8:21-23, Nehemiah 9:1-3,
Joel 2:15-16, Jonah 3:5-10, Acts 27:33-37

To Pray and Read the Word:

1 Samuel 1:6-8, 17-18, Nehemiah 1:4, Daniel 9:3, 20,
Joel 2:12, Luke 2:37, Acts 10:30, Acts 13:2

If you get off track, jump back in the fast, ASAP.
Do not approach this fast in a legalistic manner.

Important Notes

- **Accompany your fasting with** daily prayer, meditation, and Bible reading.
- If you are **taking medication**, please be sure to make the necessary adjustments.
- Exempt **one day off** from fasting for a birthday, anniversary, or other significant occasion.

For those who work night shifts
or other, adjust accordingly.
For those who are are vegetarian
/ vegan, adjust accordingly.

Follow on Social Media
platforms for online
prayer times and
moments of inspiration.

Church Monthly Fast Days are Every Third:
*Wednesday (McComb)
*Thursday (Silver Creek)
*Friday (Columbia)

Daniel 10:2, 3 "In those days I, Daniel, was mourning three full weeks. I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled."

STARTING 2026 IN THE PRESENCE OF THE KING

WEEK ONE

Monday, January 5th - End of Fast

- Remove artificial sweeteners, candies, junk food.
- For Beverages: Water, natural and organic juices, etc.

Mon. & Tues.: Eat between the hours of 12 p.m. noon - 9 p.m.

Wed.-Sat.: Eat between the hours of 6 a.m. - 9 p.m.

WEEK TWO

Monday, January 12th - End of Fast

- Continue Week One's fasting.
- Remove pork meat until the end of the fast.

Mon. & Tues.: Eat between the hours of 12 p.m. noon - 9 p.m.

Wed.-Sat.: Eat between the hours of 6 a.m. - 9 p.m.

WEEK THREE

Monday, January 19th - End of Fast

- Continue Week One and Week Two's fasting.
- Remove all meats from your diet.
- Eat fruits, salads, beans, vegetables.

Mon.-Wed.: Eat between the hours of 12 p.m. noon - 9 p.m.

Thursday & Friday: Eat between the hours of 3 p.m. - 9 p.m.

Saturday: Eat between the hours of 12 p.m. noon - 9 p.m.

Sunday, January 25th Special Service

During the Sunday morning church service will be Prayers for Healing and Deliverance. After church, BREAK THE FAST!

ANNUAL CORPORATE FAST

JANUARY 5 - 25

New Life Fellowship Church * Columbia, McComb, Silver Creek

download at www.NLFChurches.org



FAITH
MOVES
MOUNTAINS
Matthew 17:20