

Schedule subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9am - 12pm OPEN GYM	2 6 am COBEFIT 12 pm COBEFIT 515pm COBEFIT	3 6 am COBEFIT 12 pm COBEFIT 515pm COBEFIT	4 6 am COBEFIT 9am - 2pm OPEN GYM 515pm COBEFIT	5 6am - 10am OPEN GYM 4pm CF OPEN THURS NIGHT LIGHTS 630pm PRIVATE TRAINING	6 6 am COBEFIT 12 pm COBEFIT	7 9am HYROX DOUBLES
8 9am - 12pm OPEN GYM	9 6 am COBEFIT 12 pm COBEFIT 515pm COBEFIT	10 6 am COBEFIT 12 pm COBEFIT 515pm COBEFIT	11 6 am COBEFIT 9am - 2pm OPEN GYM 515pm COBEFIT	12 6am - 10am OPEN GYM 4pm CF OPEN THURS NIGHT LIGHTS 630pm PRIVATE TRAINING	13 6 am COBEFIT 12 pm COBEFIT	14 9am HYROX DOUBLES
15 9am - 12pm OPEN GYM	16 6 am COBEFIT 12 pm COBEFIT 515pm COBEFIT	17 6 am HYROX 12pm HYROX 515pm HYROX	18 6 am COBEFIT 9am - 2pm OPEN GYM 515pm COBEFIT	19 6am - 6pm OPEN GYM 630pm PRIVATE TRAINING	20 6 am COBEFIT 12 pm COBEFIT	21 9am HYROX DOUBLES
22 CLOSED	23 6 am COBEFIT 12 pm COBEFIT 515pm COBEFIT	24 6 am HYROX 12pm HYROX 515pm HYROX	25 6 am COBEFIT 9am - 2pm OPEN GYM 515pm COBEFIT	26 6am - 6pm OPEN GYM 630pm PRIVATE TRAINING	27 6 am COBEFIT 12 pm COBEFIT	28 9am HYROX DOUBLES
29 CLOSED	30 6 am COBEFIT 12 pm COBEFIT 515pm COBEFIT	31 6 am HYROX 12pm HYROX 515pm HYROX				