

June

CrossFit COBE

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9 am COMMUNITY LED
2 CLOSED	3 6am CROSSFIT 12pm Community Led Xpress 515pm CROSSFIT	4 6am CROSSFIT 5:15 pm COBE LIFT	5 6 am CROSSFIT 515pm CROSSFIT	6 6am COMMUNITY LED 5:15 pm OPEN GYM - LIFT	7 6 am CROSSFIT 12pm Community Led Xpress	8 9 am CROSSFIT
9 CLOSED	10 6am CROSSFIT 12pm Community Led Xpress 515pm CROSSFIT	11 6am CROSSFIT 5:15 pm COBE LIFT	12 6am CROSSFIT 515pm CROSSFIT	13 6am COMMUNITY LED 5:15 pm OPEN GYM - LIFT	14 6 am CROSSFIT 12pm Community Led Xpress	15 9:00 am - 12:00 pm Members WOD Event
16 CLOSED	17 6am CROSSFIT 12pm Community Led Xpress 515pm CROSSFIT	18 6am CROSSFIT 5:15 pm COBE LIFT	19 6am CROSSFIT 515pm CROSSFIT	20 6am COMMUNITY LED 5:15 pm OPEN GYM - LIFT	21 6 am CROSSFIT 12pm Community Led Xpress	22 9 am CROSSFIT 10 am OPEN GYM
23 CLOSED	24 6am CROSSFIT 12pm Community Led Xpress 515pm CROSSFIT	25 6am CROSSFIT 5:15 pm COBE LIFT	26 6am CROSSFIT 515pm CROSSFIT	27 6am COMMUNITY LED 5:15 pm OPEN GYM - LIFT	28 6 am CROSSFIT 12pm Community Led Xpress	29 9 am CROSSFIT 10 am OPEN GYM
30 CLOSED						