

# MEMBERSHIP PLAN



## MONTHLY MEMBERSHIP

Monthly Membership Fee

+

CLASS FEES

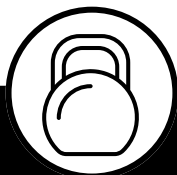
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ONLY PAY FOR WHEN  
YOU ATTEND

Pay  
Per  
Use

Family  
Discounts  
Available

Limited  
Memberships  
Available



## MONTHLY PRICING

\$55 per month

+

# Classes x \$ Per Class

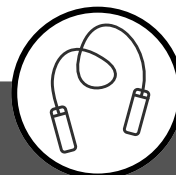
UP TO A MAX  
VALUE of \$140  
(approx 8 + classes)

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up to \$195 per month

FOR UNLIMITED CLASSES  
The more classes you attend,  
The better the deal!

Flexibility



## WHAT IS PAY PER USE?

With a Monthly membership,  
each class  
costs between \$12- \$18.

Members will be invoiced at  
the end of each month based  
on personal attendance.

After you reach a max value of  
\$140/ mo in classes, the rest  
are NO CHARGE!

SAVE



## MEMBER CLASS PRICING

CROSSFIT

Coach Led  
\$18 / class

HYROX

Community Led  
\$15 / class

Open Gym  
\$12 / class

Non Member Drop In  
\$24 per class

Based on space availability

I.e., if attending 5 Coach-led classes/month =  $\$55 + 3 \times \$18 = \$145$ . If you attend 15 Coach Led classes/mo =  $\$55 + 15 \times \$18 = \$195$  (SAVE \$130)  
Monthly Memberships are month-to-month and can be cancelled at any time. Due to limited memberships, there is no guarantee of future availability after cancellation. Ask about the holds policy. Prices are subject to HST.

## MEMBERSHIP BENEFITS

- Access to an exclusive, limited membership community
- Priority registration for all classes over non-member drop-ins
- Discounted rates for personal training, nutrition coaching, clinics, workshops, and special events
- Small group training with low coach-to-participant ratios
- Members-only newsletter featuring training resources, nutrition tips, and mental health & wellness guidance
- Exclusive access to a members-only social media page
- Presale opportunities for HYROX race tickets and other events
- Discounts on products and merchandise through the CrossFit Affiliate Partnership