



ANNUAL MEMBERSHIP

**Best
deal**

Single payment of
\$2,000 per year

=

UNLIMITED CLASSES



MONTHLY MEMBERSHIP

\$50 per month

+

PAY AS YOU GO

OR

\$185 per month

=

UNLIMITED CLASSES

Monthly Memberships are month-to-month;
cancel at any time.

**Family
Discounts
Available**

**Limited
Memberships
Available**



WHAT IS PAY AS YOU GO?

**Savings +
Flexibility**

Monthly membership classes
cost between \$10- \$15.

Members will be invoiced
monthly based on personal
attendance.

After you reach a max value of
\$135 / mo in classes the rest
are NO CHARGE!



CLASS PRICING

CrossFit & CrossFit XPRESS
\$15 / class

COBE LIFT
\$15 / class

Open Gym
\$10 / class

Non Member Drop In
\$22 per class
Based on space availability

Due to limited memberships, there is no guarantee of future availability after cancellation. No holds or pauses. Prices are subject to HST.

MEMBERSHIP BENEFITS

- Access to a limited membership community
- Priority access to CrossFit and Open Gym classes
- Access to community garden (Spring 2025), member events, and private member community Facebook group
- Belonging to a small gym with a big heart that provides transformative results.
- Free admission to COBE clinics and workshops
- Eligible for COBE Rewards Program: Members Badge, COBE t-shirt / WOD book / complimentary registration into CrossFit Open, and more.