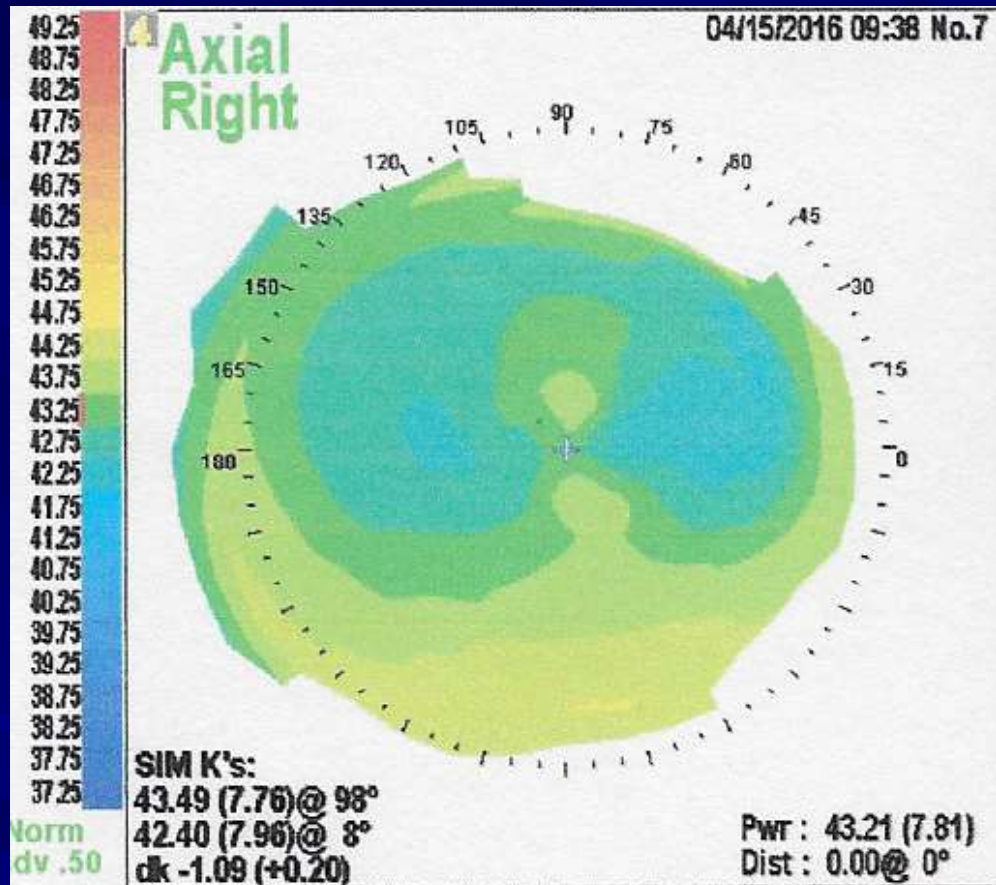




Spring 2016

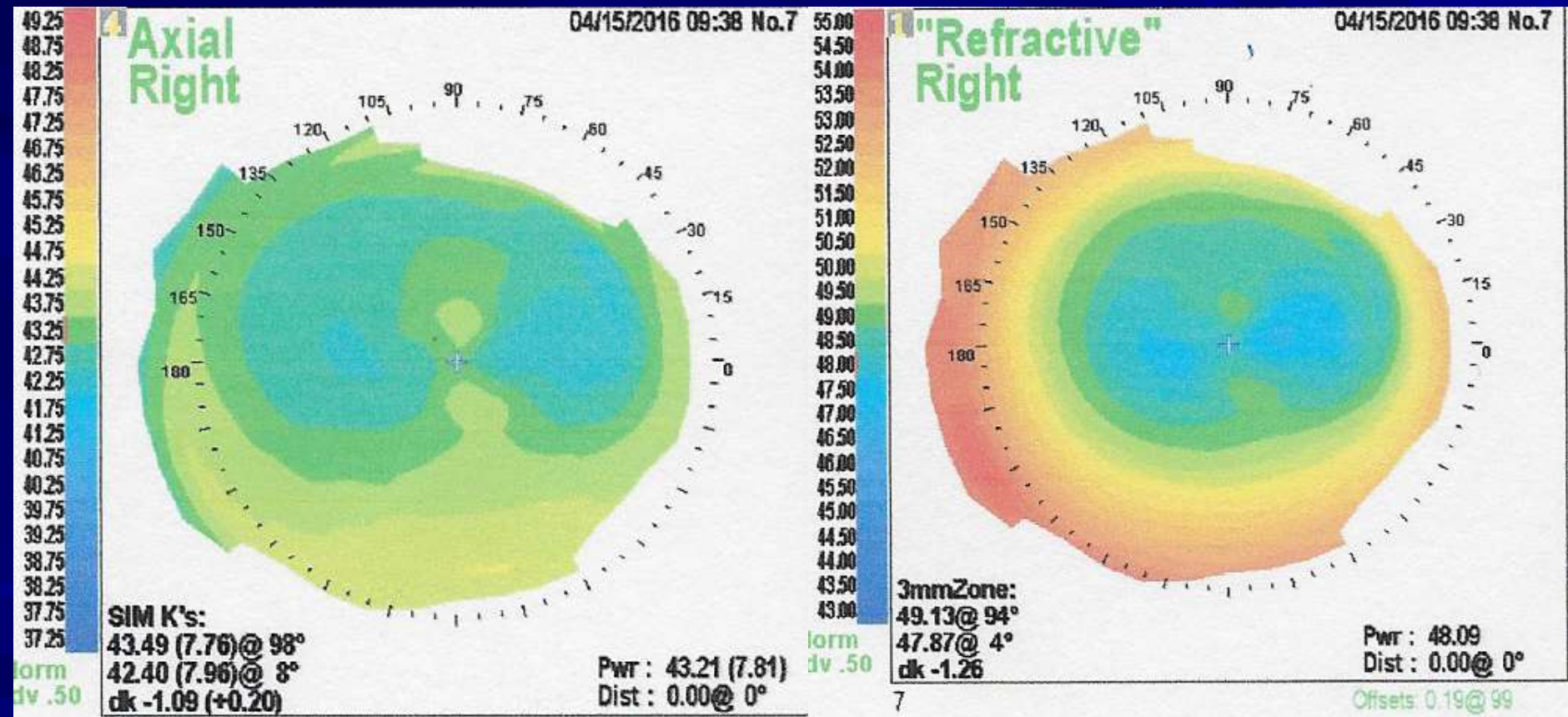
Nebraska Laser Eye
Associates

Enhancement surgery



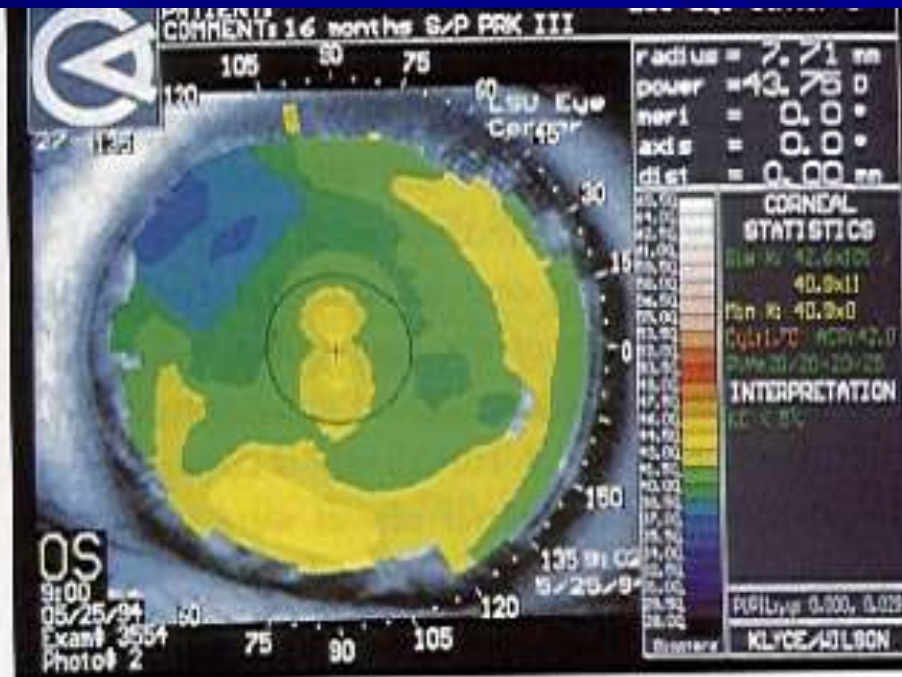
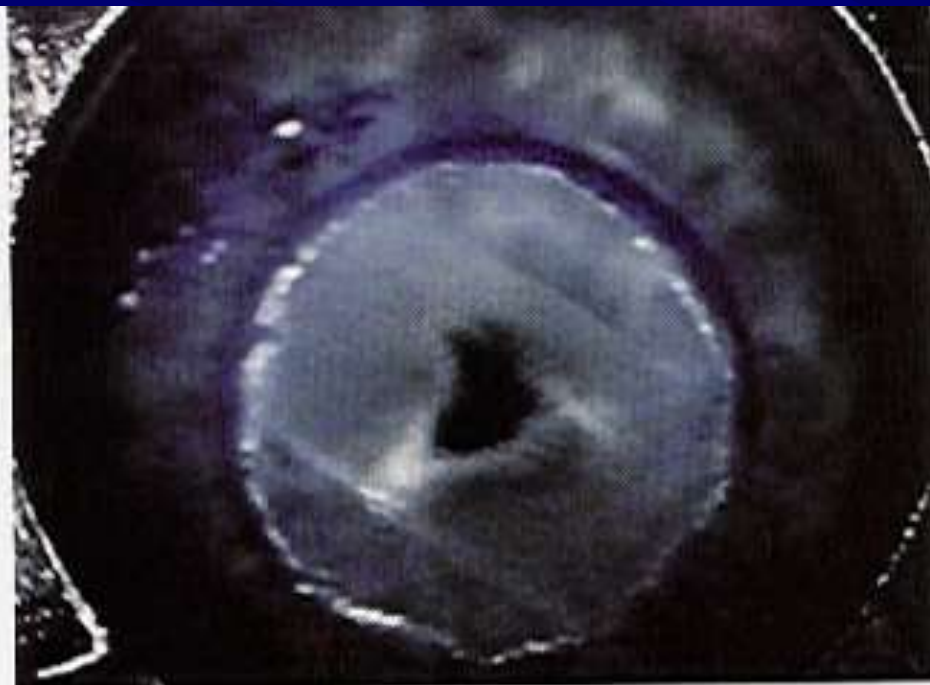
Axial Map

Refractive Map



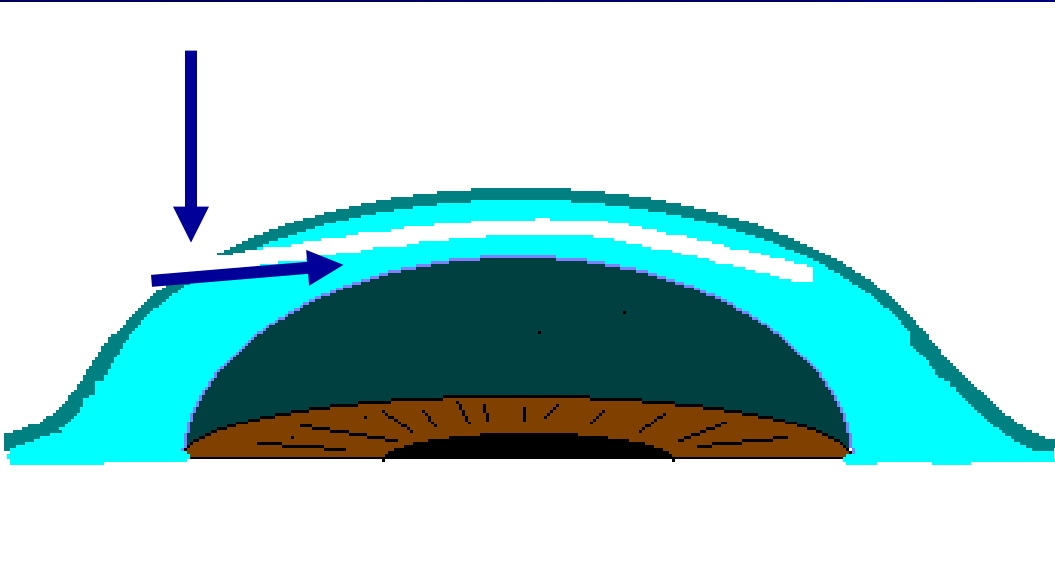
Laser-induced central island

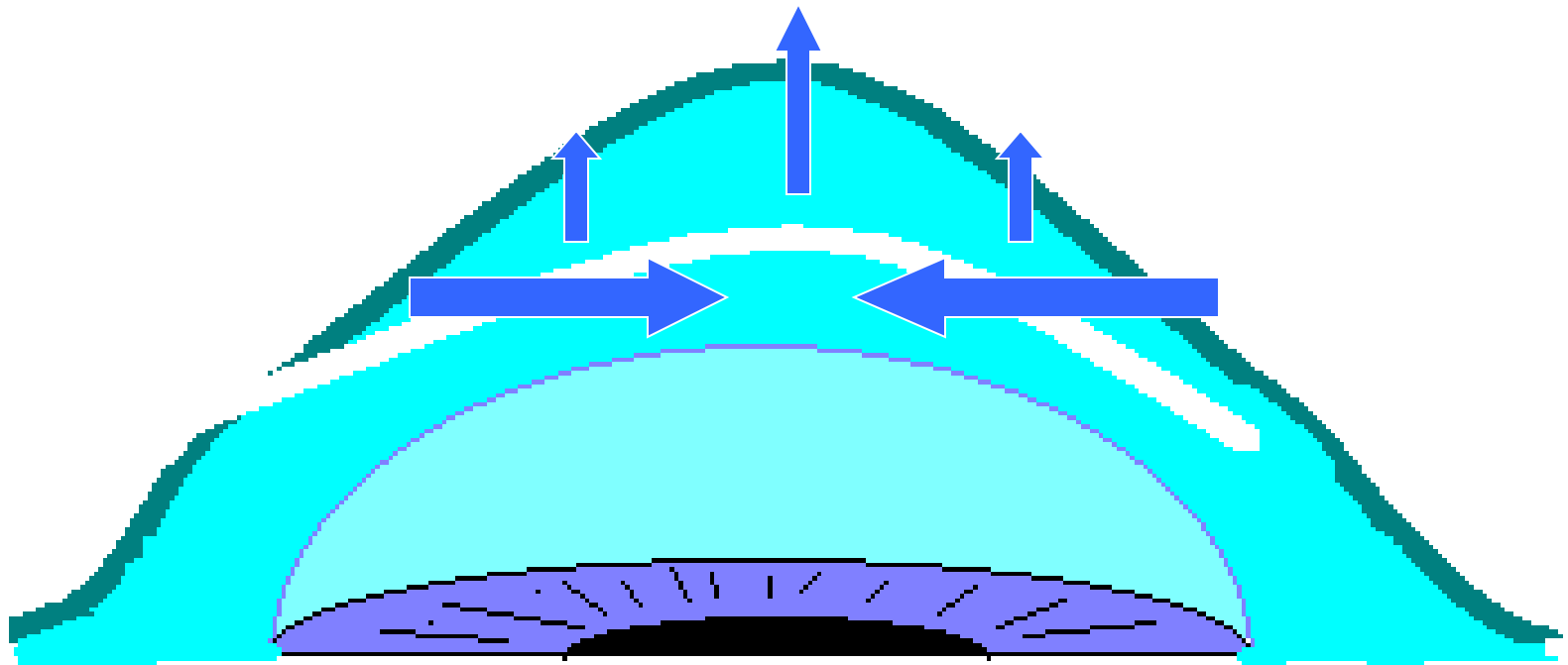
Very common with early lasers
Partly topographic artifact



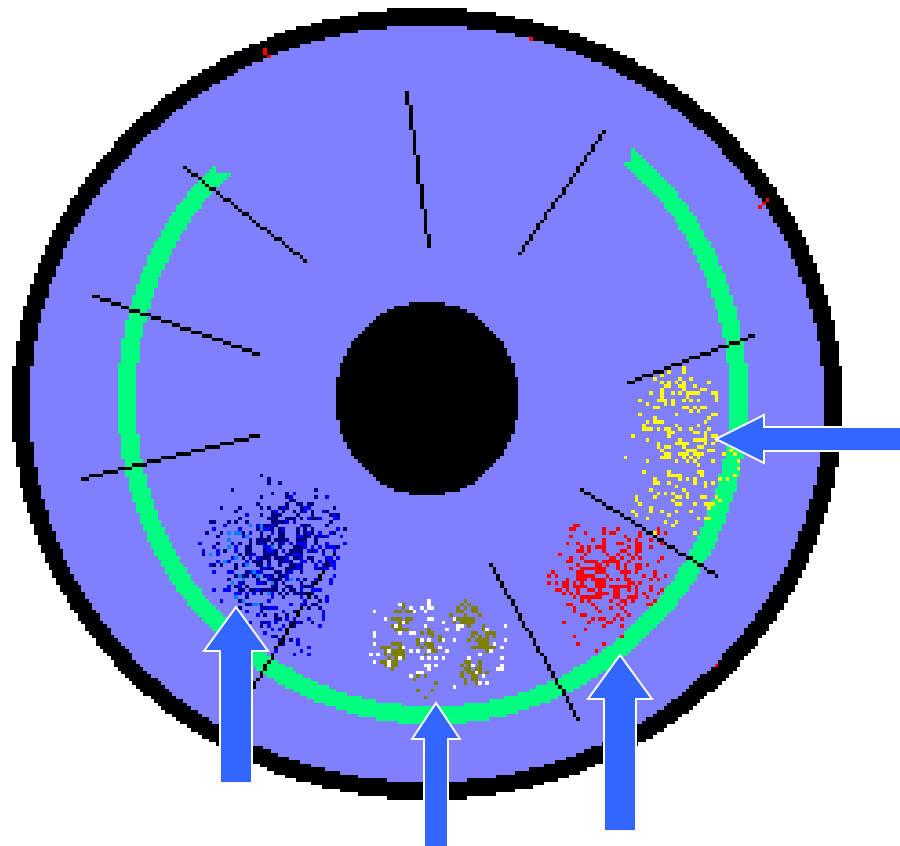
Epithelial Defect

- Lasik creates a circular epithelial defect (gutter) confluent with the **potential space** in the Lasik interface





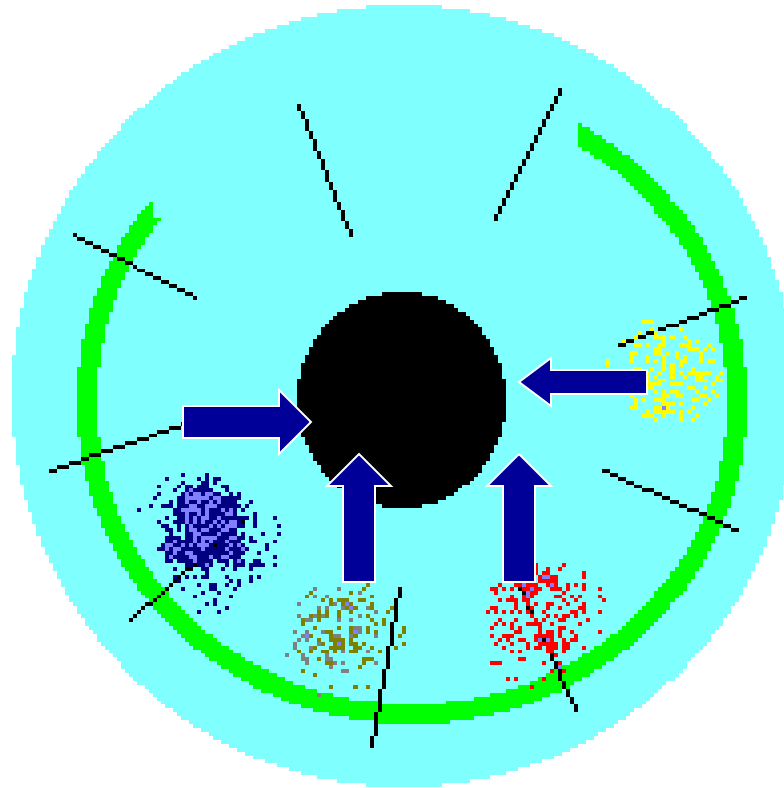
The corneal swelling pressure draws fluid and debris into the Lasik interface. The swelling pressure is greatest centrally and draws fluid and debris into the central cornea (thereby creating central islands).



Until the epithelium is intact debris and fluid are actively aspirated into LASIK gutter and the potential space in the LASIK interface

DLK

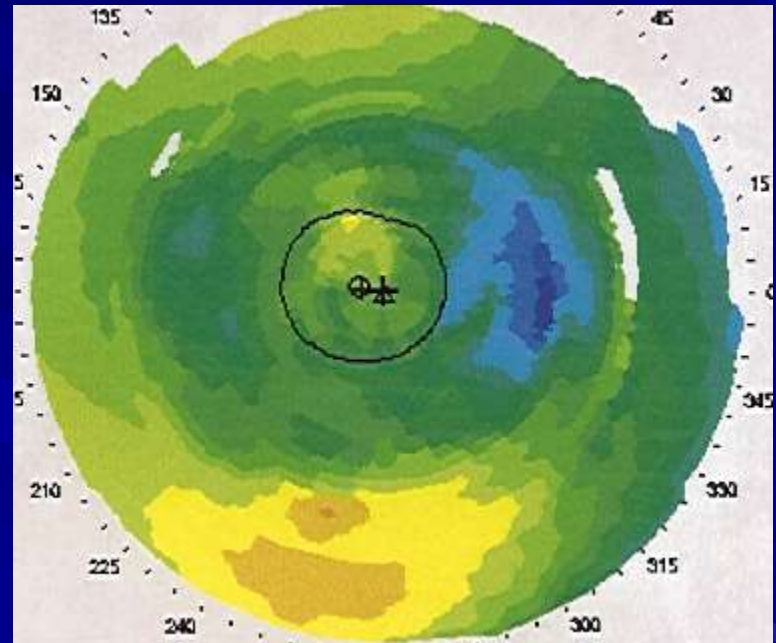
- White cells enter through gutter and are drawn towards the center
 - May be nonspecific aspiration of white cells from the tear film
 - atopic patient with conjunctival reaction
 - May have toxic factor in interface pulling in cells
 - Endotoxin on keratome or blade



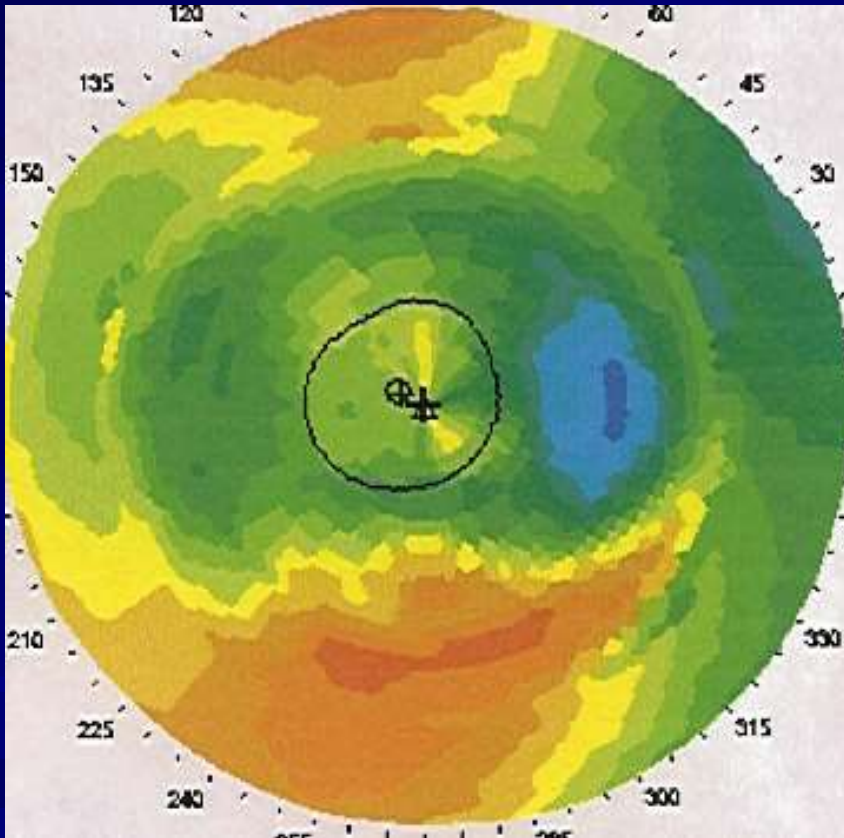
Peripheral debris and fluid are drawn towards the central cornea by the higher central corneal swelling pressure.

Case 4- Day 1- AM

- Vision 20/20
- **Fine granular material** in the inferior **LASIK** interface
 - Material consistent with desquamated corneal epithelial cells

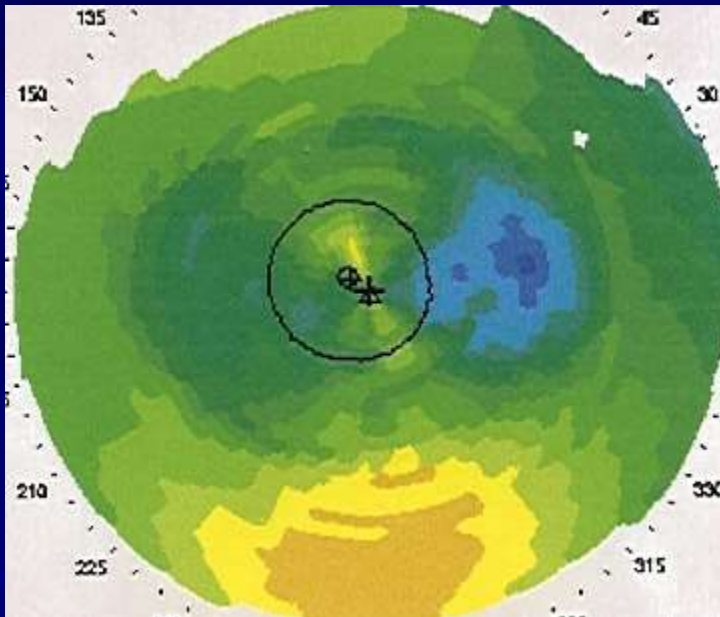


Case 4- Day 1 -PM



- Vision 20/30
- **Migration** of the interface **debris** into the inferior mid-peripheral interface
- **Topography** showed increased corneal thickness in the area of the shifting debris

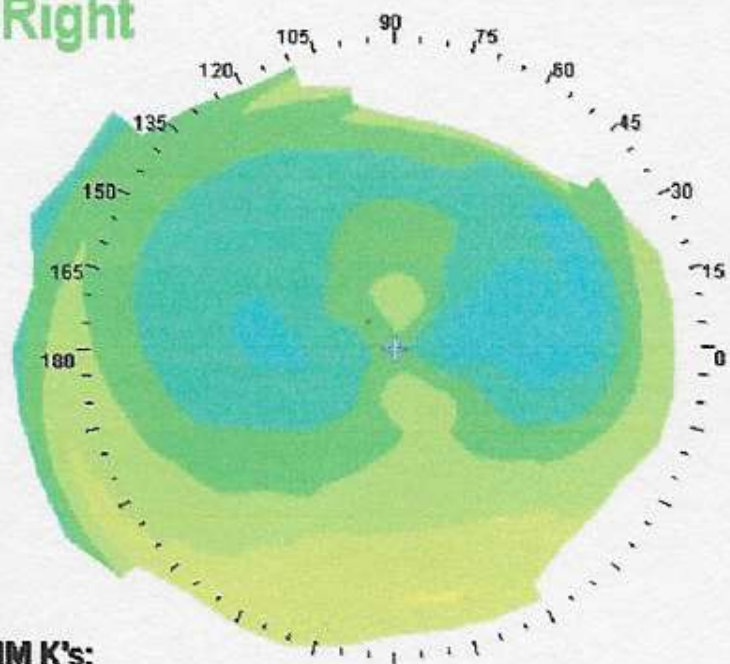
Case 4- day 4



- The island is resolved
- Further migration noted
- Vision has improved to 20/25

04/15/2016 09:38 No.7

Axial Right



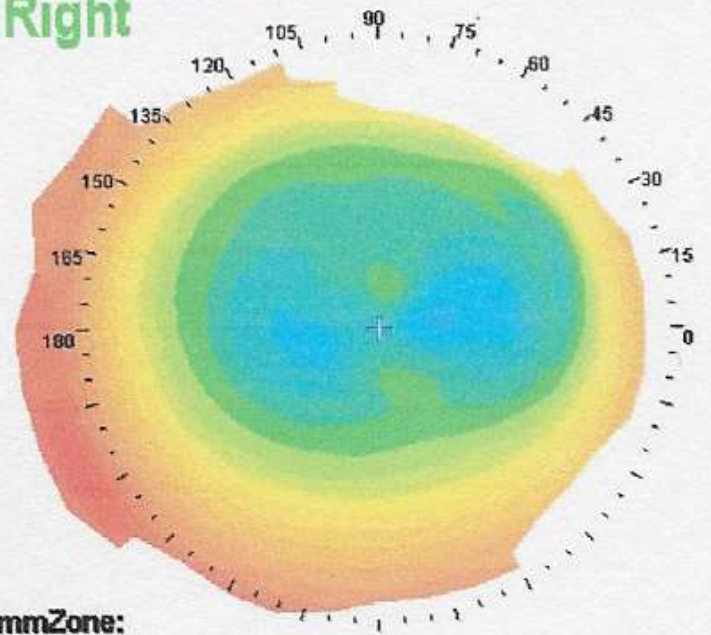
SIM K's:
43.49 (7.76) @ 98°
42.40 (7.96) @ 8°
dk -1.09 (+0.20)

Pwr : 43.21 (7.81)
Dist : 0.00 @ 0°

lorm
dv .50

04/15/2016 09:38 No.7

"Refractive" Right

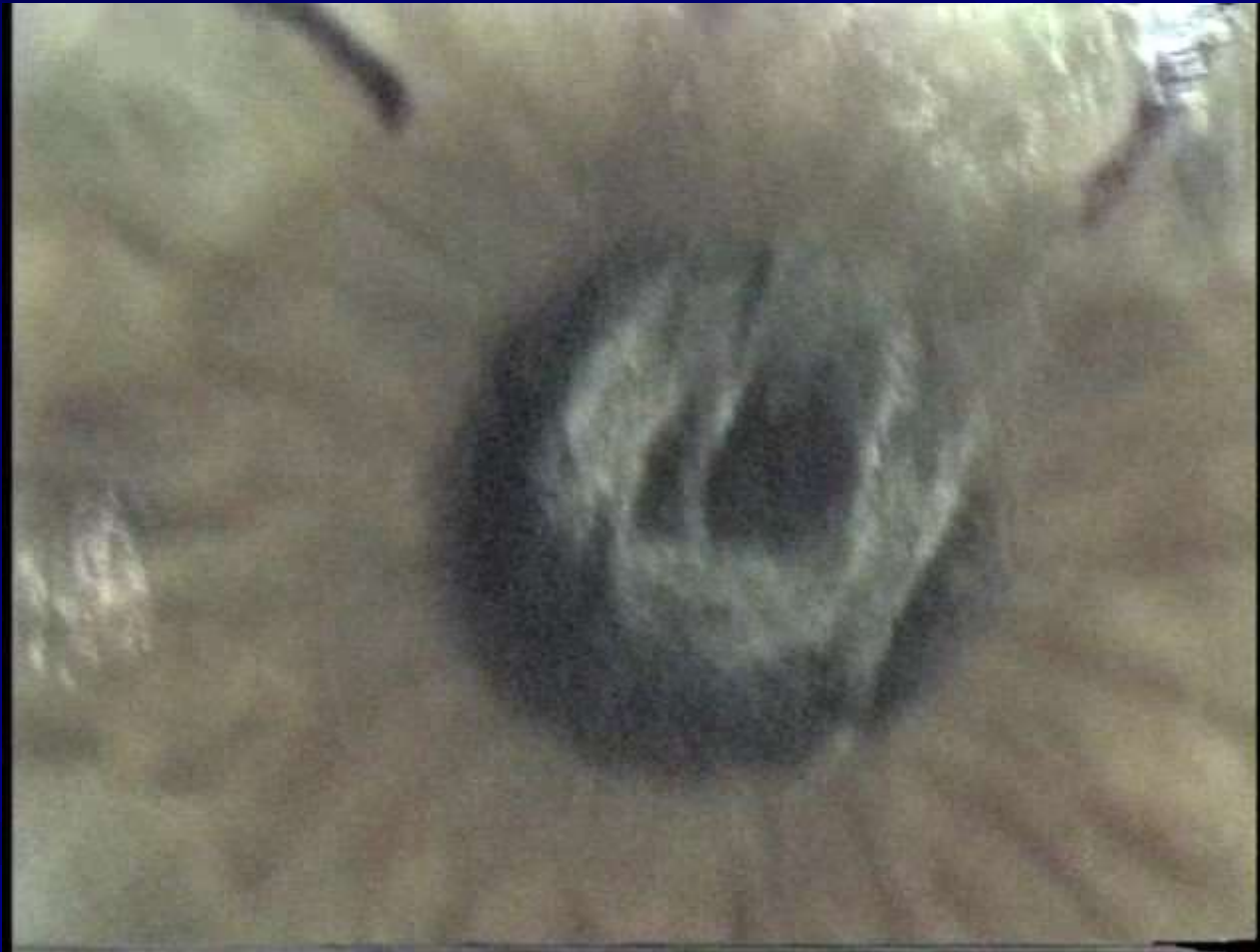


3mmZone:
49.13 @ 94°
47.87 @ 4°
dk -1.26

Pwr : 48.09
Dist : 0.00 @ 0°

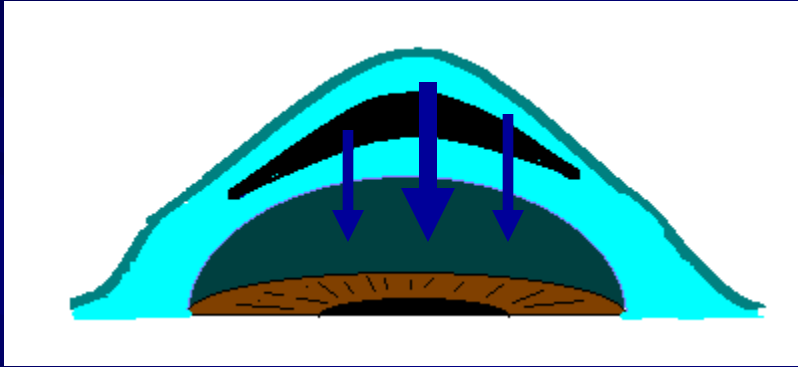
Offsets: 0.19 @ 99

Etiology of Microstriae



Microstriae

Related to Excess Tissue



- **Standard teaching:**
- **Excess tissue folds in on itself. Theory consistent with microstriae being more common after high corrections**

- **Does not explain the distribution in our patients (AV SE:-5.94+/-2.7D)**

Risk factors-Microstriae

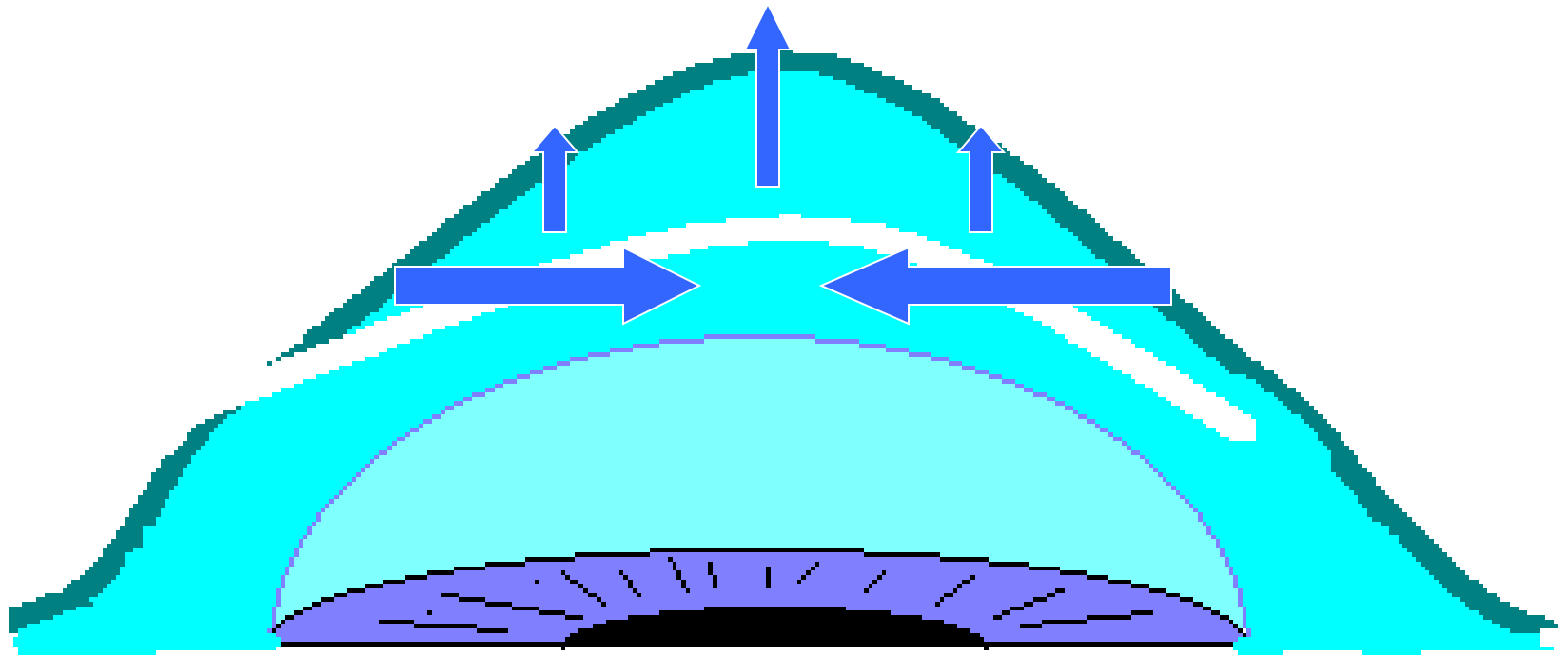
■ Thinner flap

- 160 Hansatome keratome head had a 3.12 risk ratio compared to the 180 head

■ Dry eye

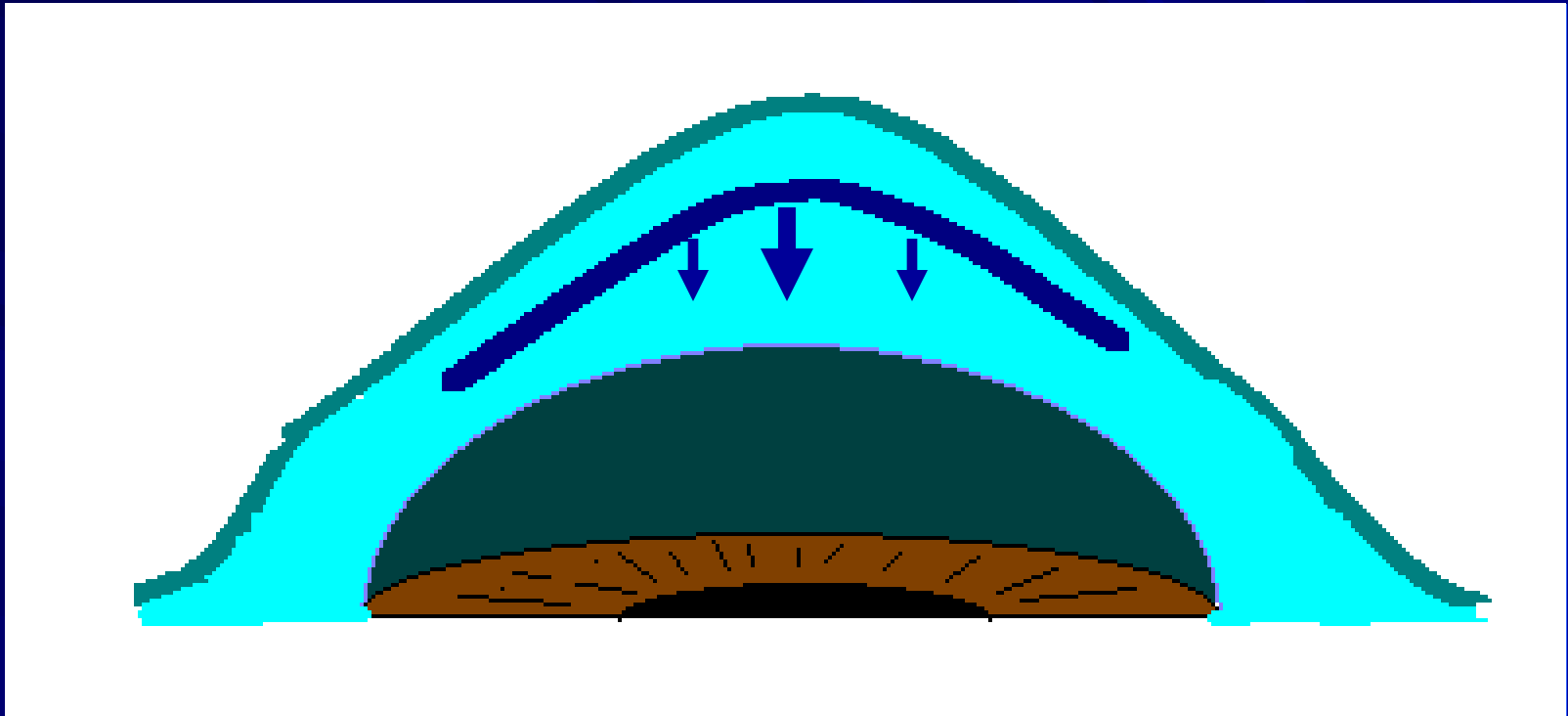
■ Above average correction

- AV SE: -5.94 +/- 2.7D



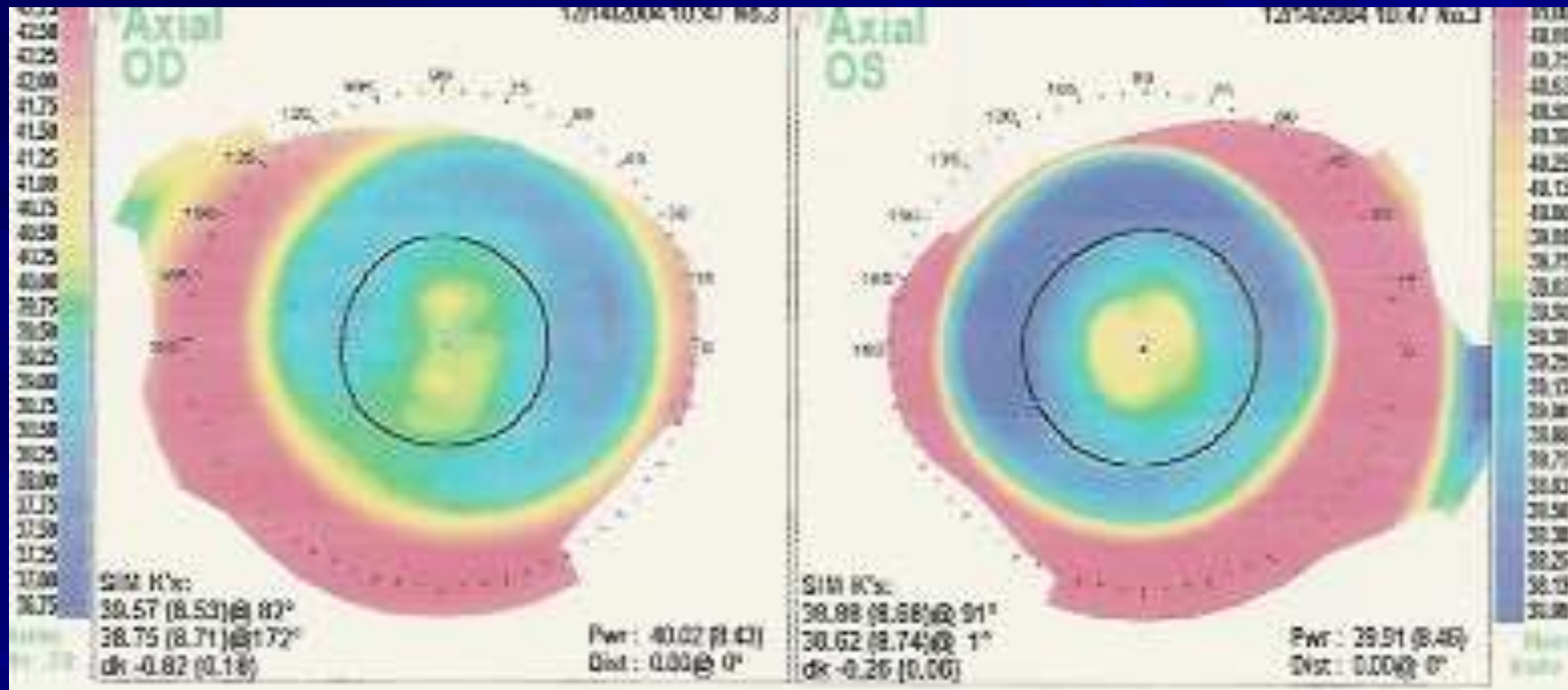
**Etiology of Microstriae:
excess corneal swelling**

Microstria Formation

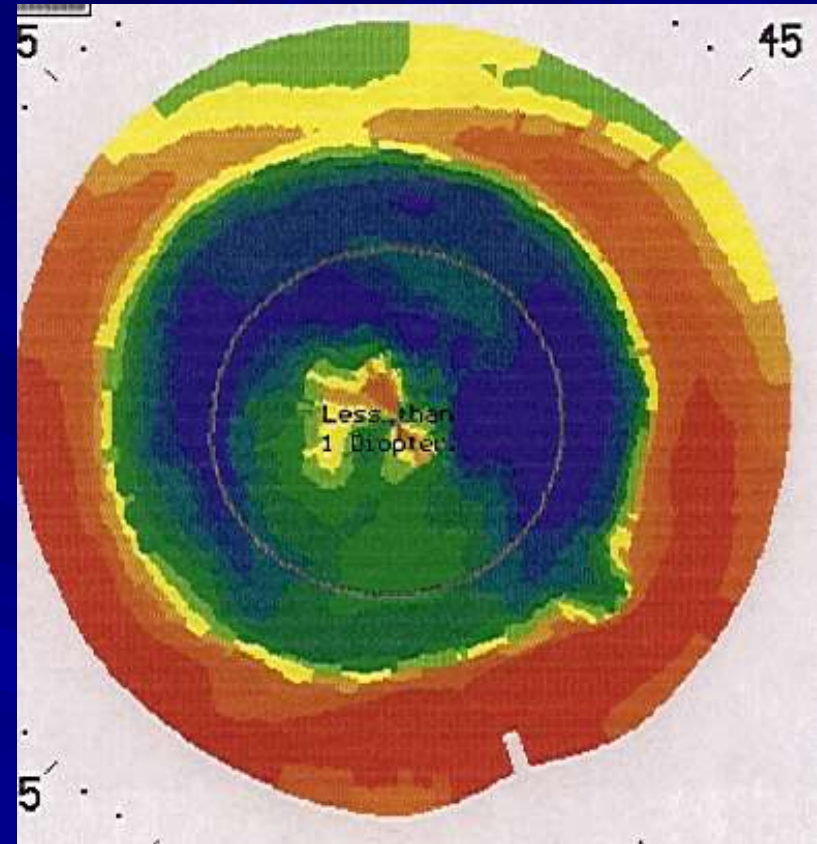
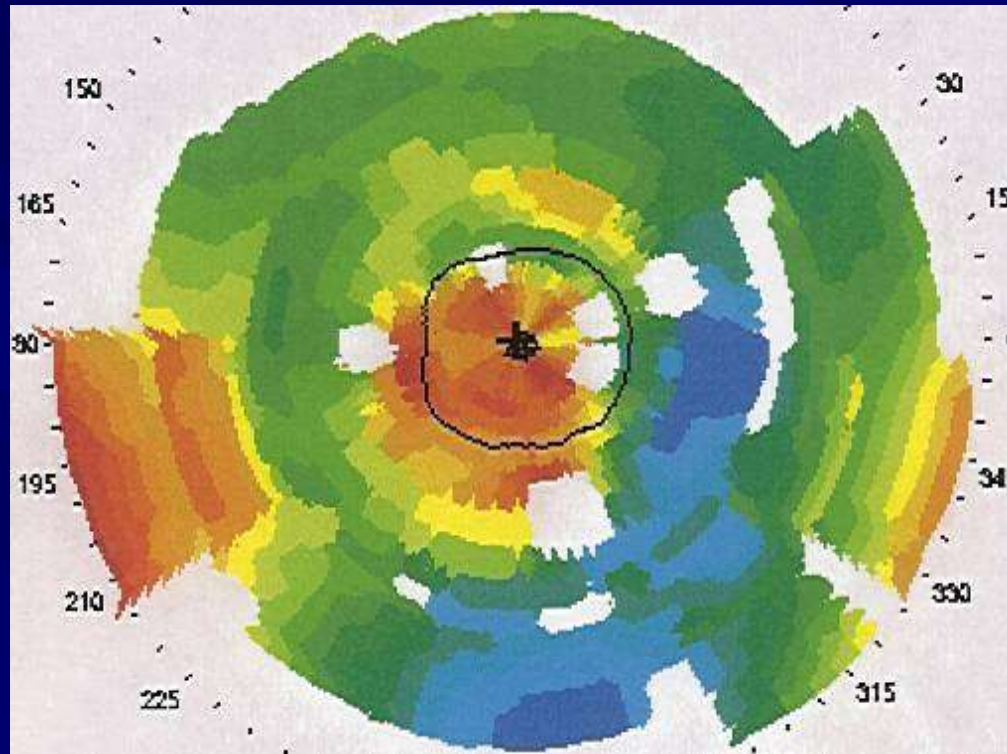


After surgery, the cornea dehydrates and the excess flap tissue infolds with secondary microstria of the cornea.

Other causes of Central islands – Elevated IOP



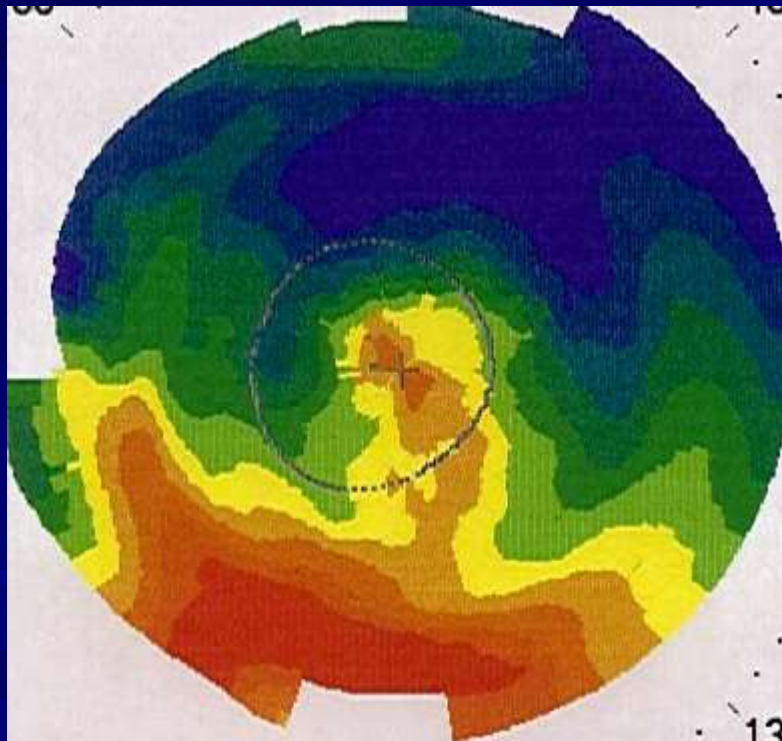
Central Island formation



Case 5. A. Left: Thirty minutes after surgery a central island and moderate flap and deep stromal edema are noted. B. Right: Six weeks after surgery a central island persists.

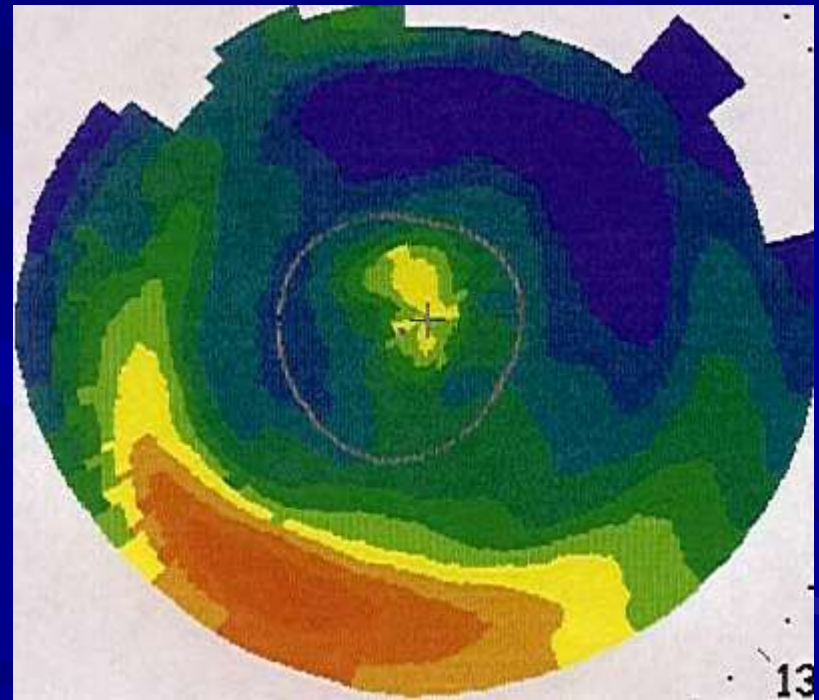
One day after surgery diffuse lipid is noted under the flap.

Topography shows a central island and an inferior peninsula;



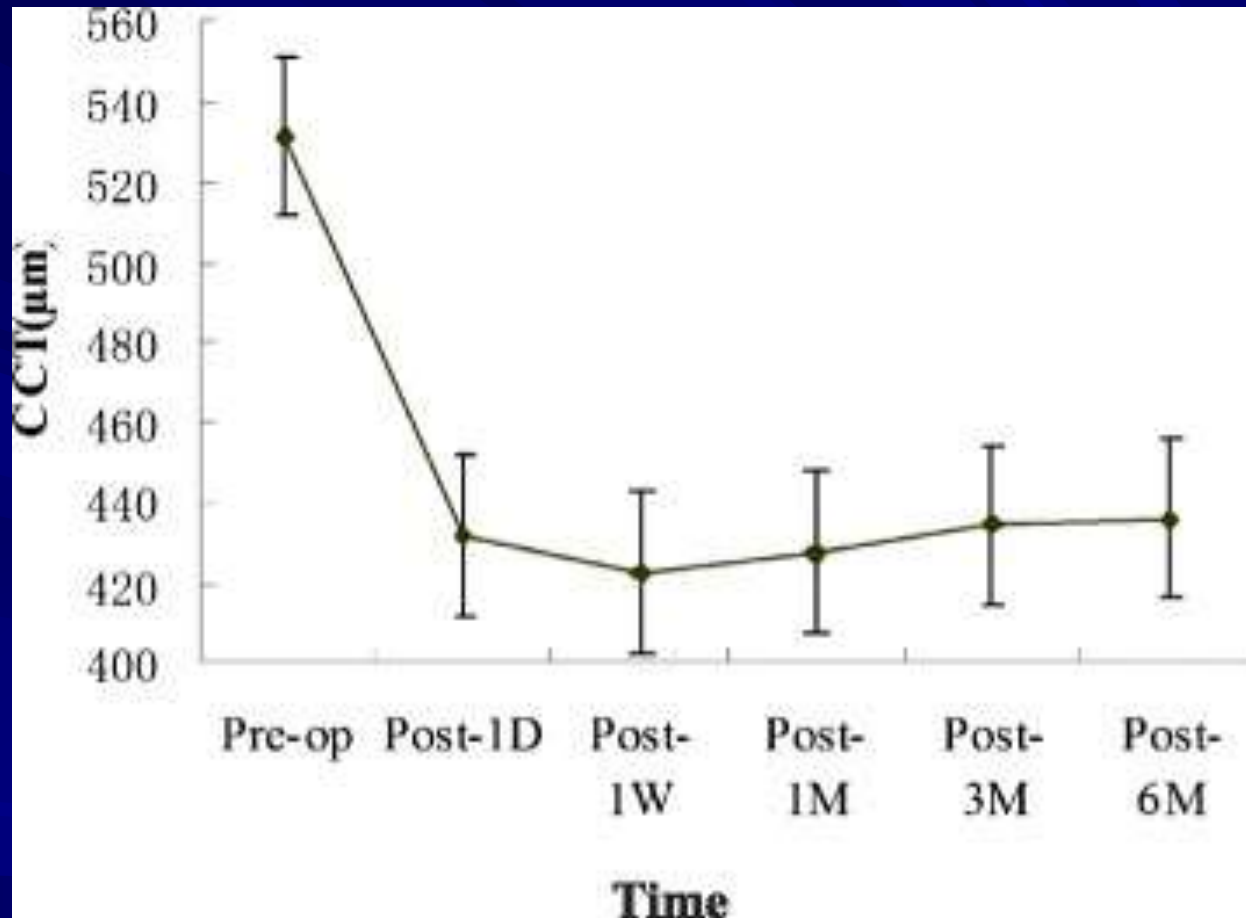
Three days after surgery less lipid is noted under the flap

Topography shows significant resolution





Myopia: Corneal thickness over time Presumed Epithelial

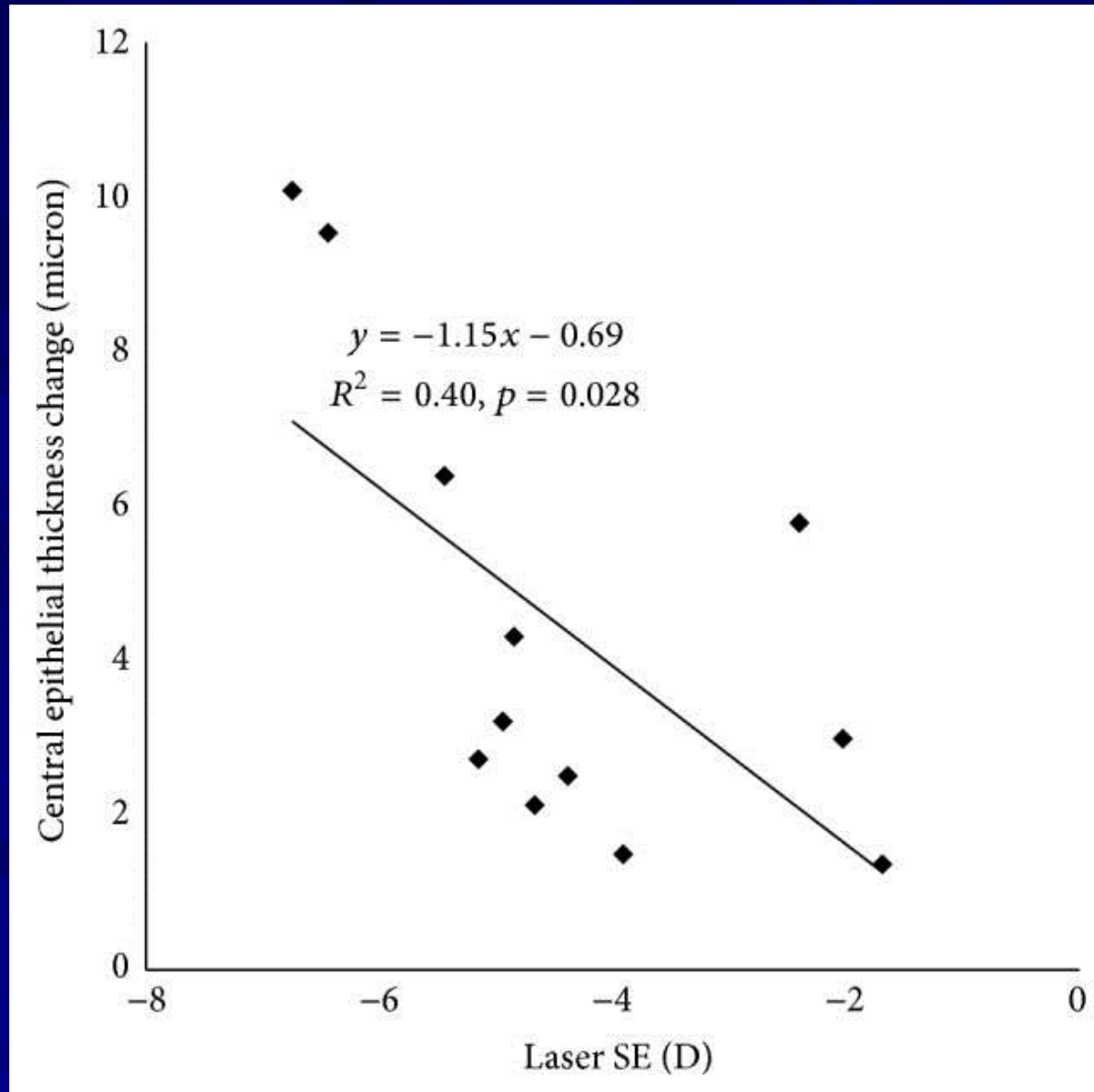


BMC Ophthalmol. 2015 Jul 29;15:86. doi: 10.1186/s12886-015-0083-2.

Changes in central corneal thickness and refractive error after thin-flap laser in situ keratomileusis in Chinese eyes.

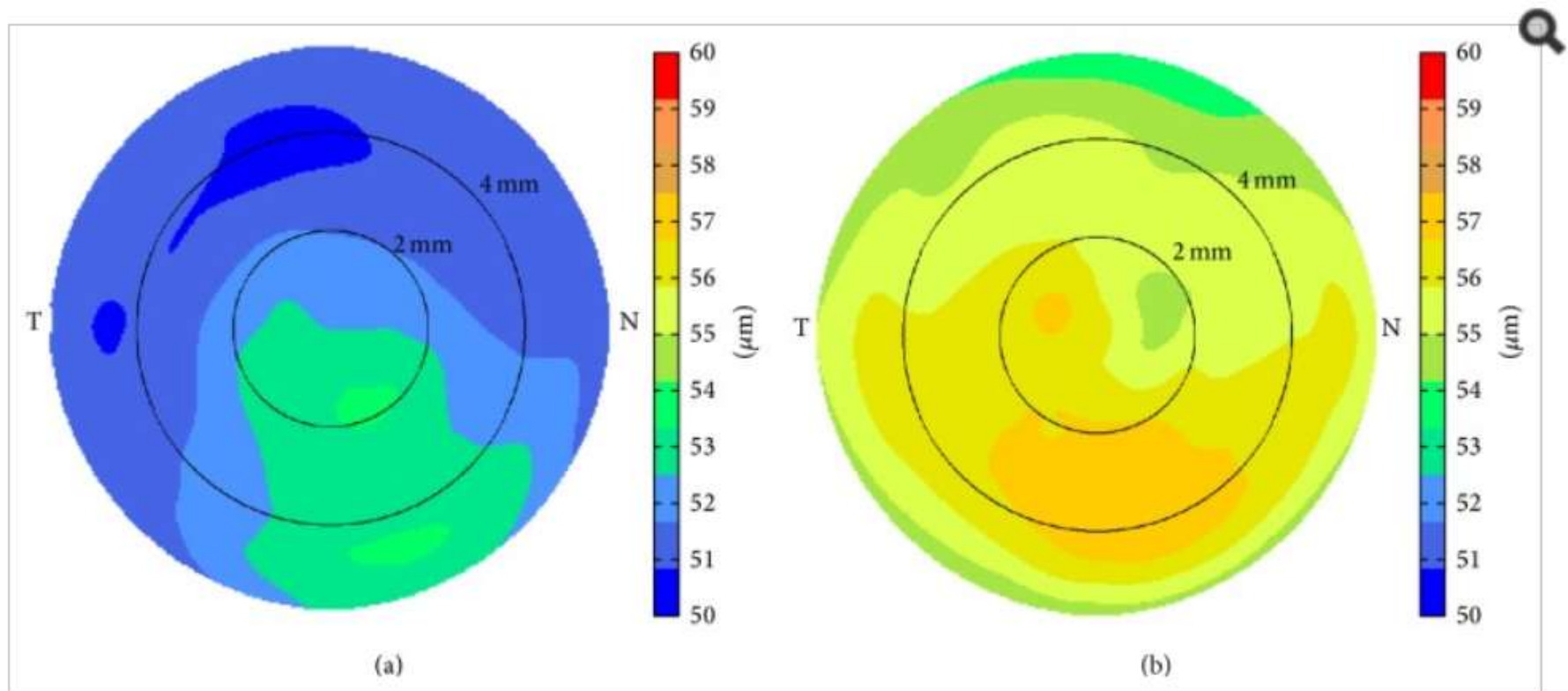
Zhao MH1, Wu Q2, Jia LL3, Hu P4.

Thickening and regression greater with high corrections



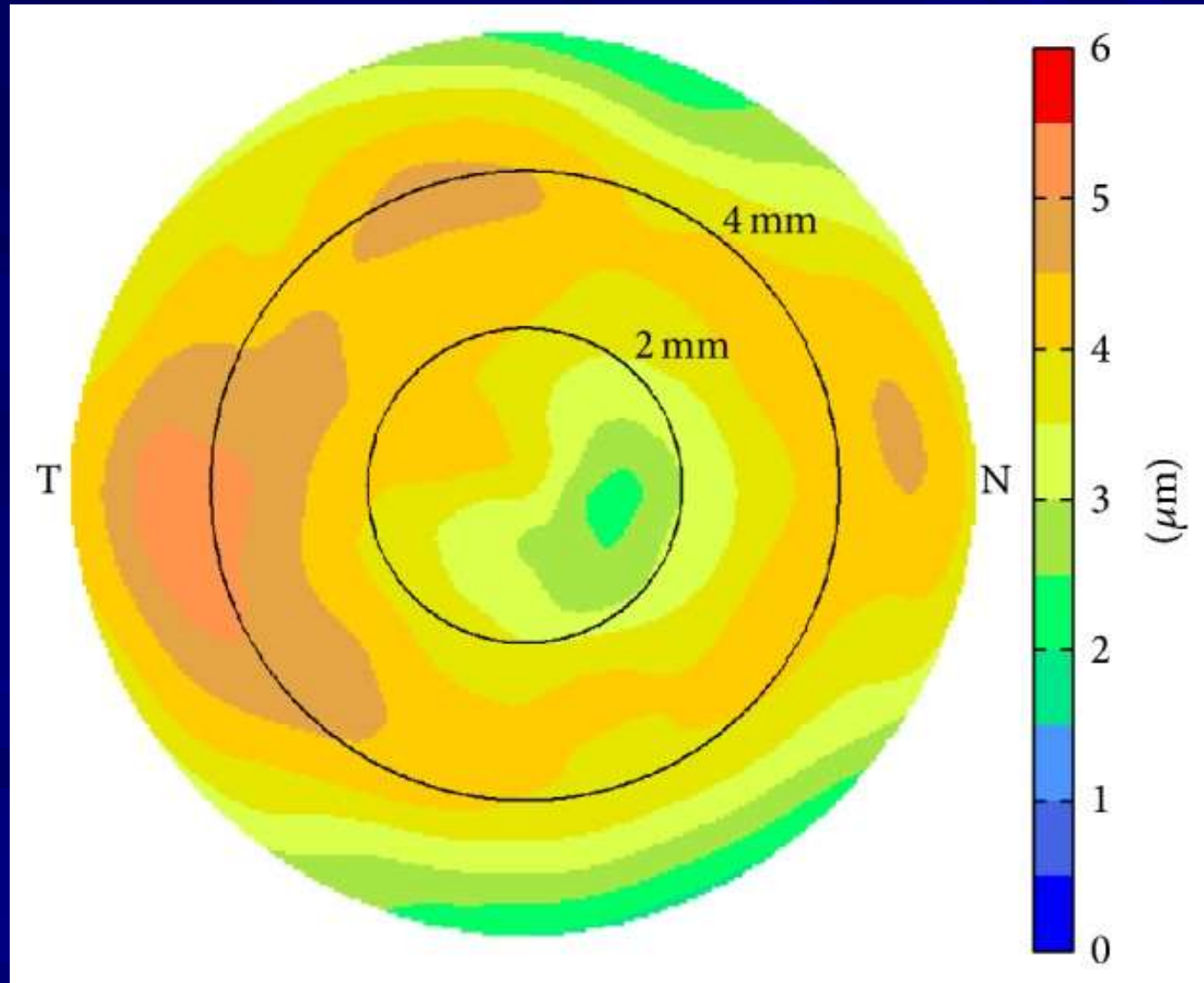
Pre-Post Lasik Epithelium

Figure 1

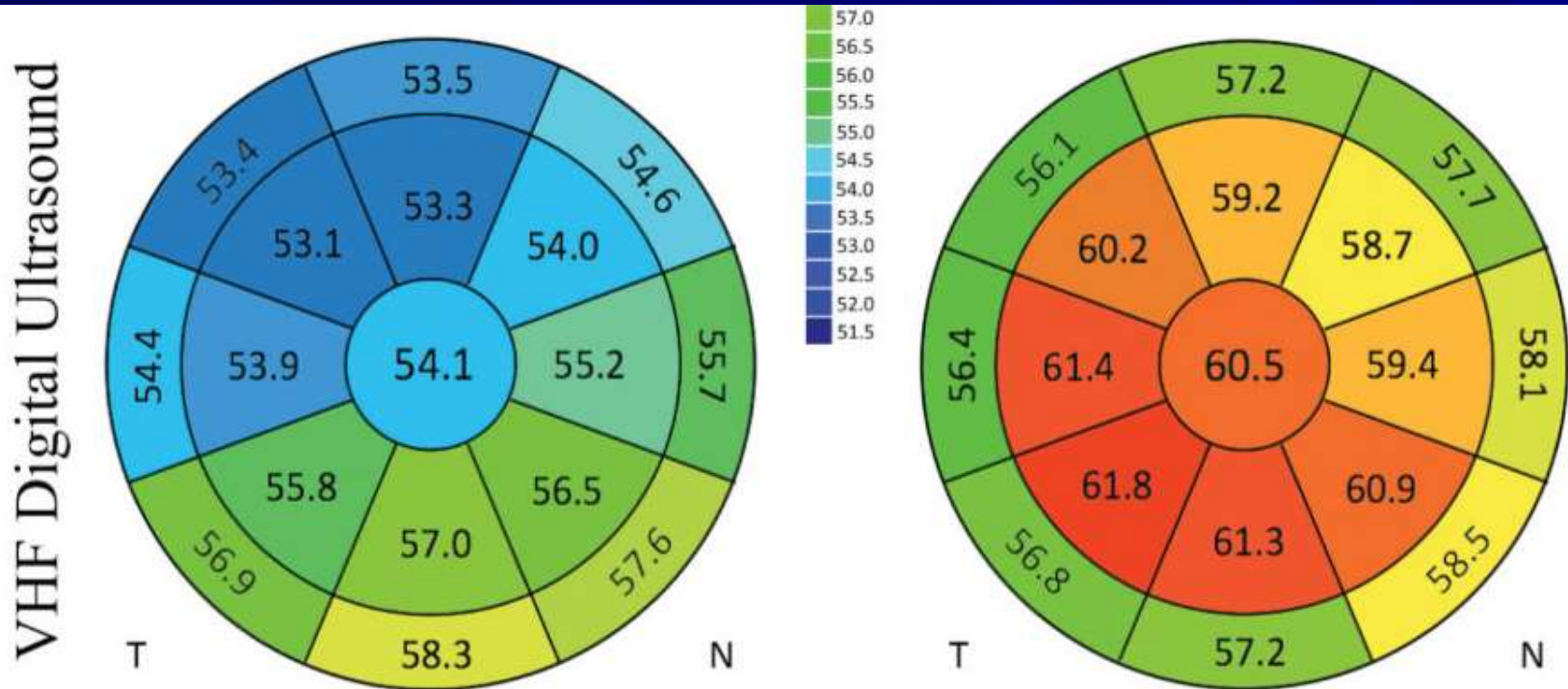


Average epithelial thickness map (a) before LASIK and (b) 3 months after LASIK measured by a Fourier-domain OCT system.

Average epithelial thickness change map after myopic LASIK



Pre-post Lasik Epithelium



J Refract Surg. 2015 Jul;31(7):438-45. doi: 10.3928/1081597X-20150623-01.

Comparison of Corneal Epithelial Thickness Measurement Between Fourier-Domain OCT and Very High-Frequency Digital Ultrasound.

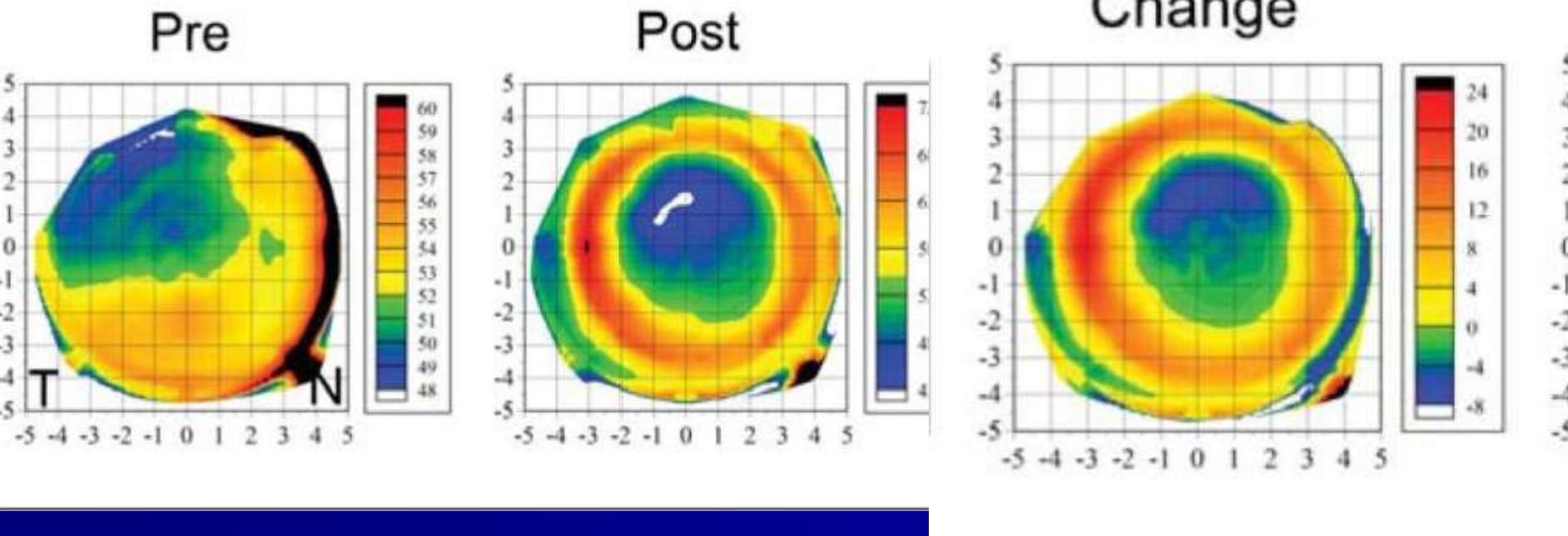
Reinstein DZ, Yap TE, Archer TJ, Gobbe M, Silverman RH.

J Refract Surg. 2010 Aug;26(8):555-64. doi: 10.3928/1081597X-20091105-02.

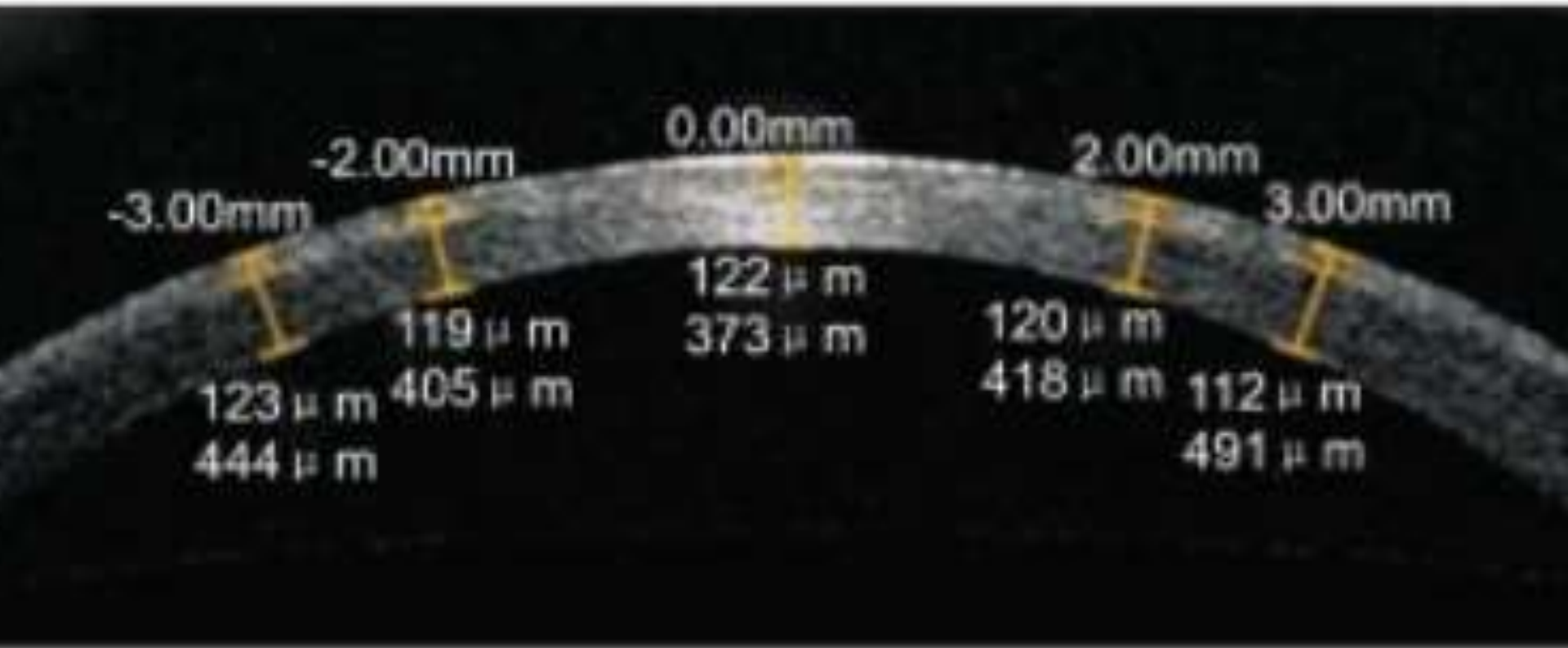
Epithelial thickness after hyperopic LASIK.

three-dimensional display with Artemis very high-frequency digital ultrasound.

Reinstein DZ1, Archer TJ, Gobbe M, Silverman RH, Coleman DJ.



Flap thickness



Int J Ophthalmol. 2012; 5(3): 338–342.

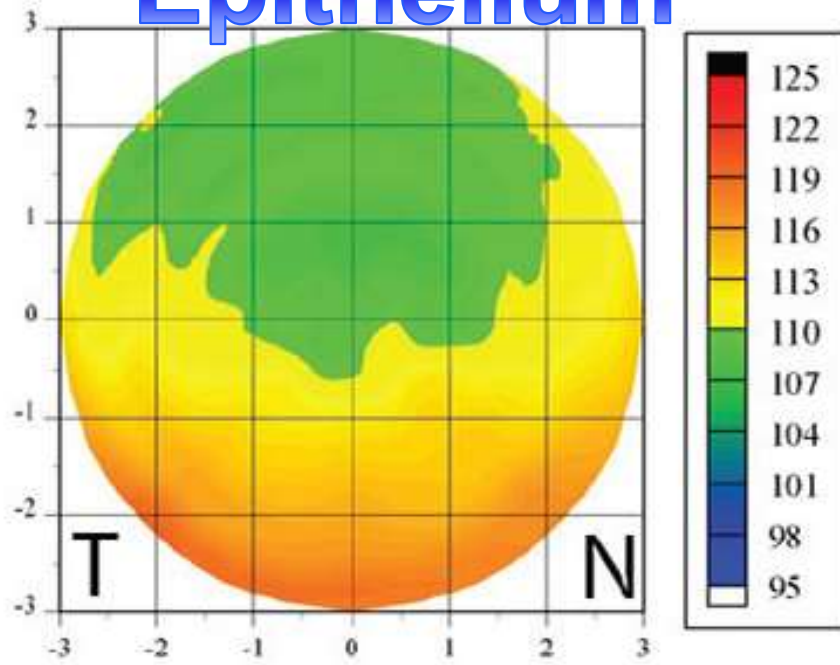
Comparisons of morphologic characteristics between thin-flap LASIK and SBK

Yi Sun, Ying-Ping Deng, Lin Wang, Yong-Zhi Huang, and Le-Mei Qiu

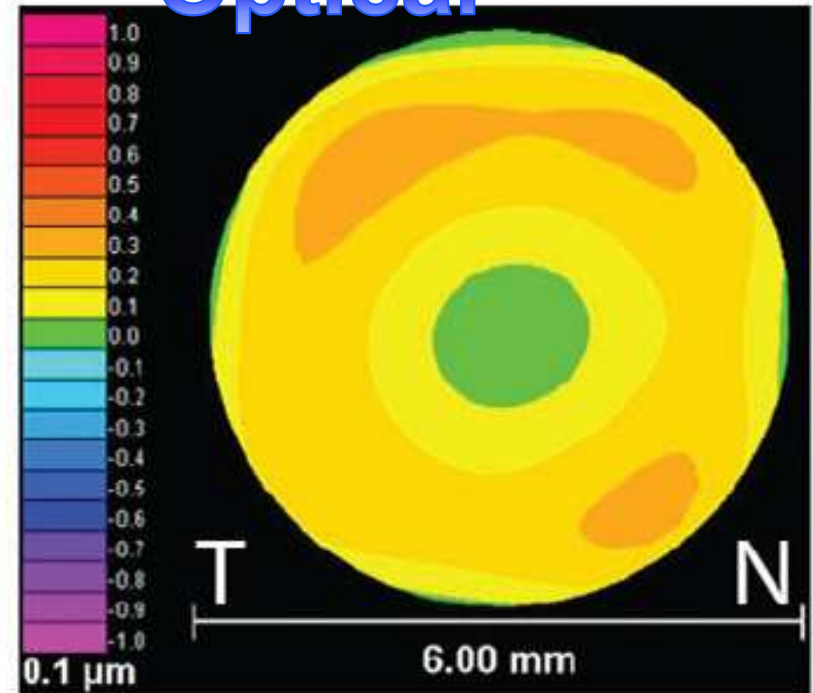
Thickness Profile Map

Higher Order Aberrations Map

Epithelium

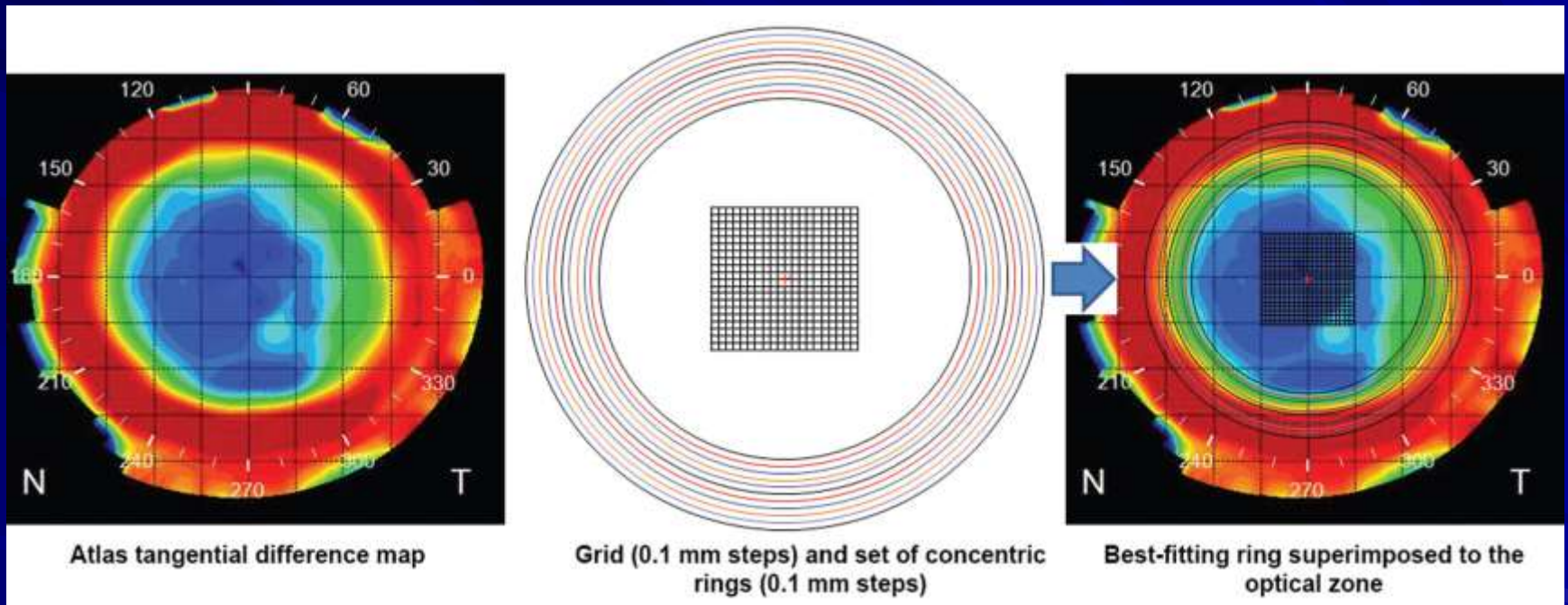


Optical



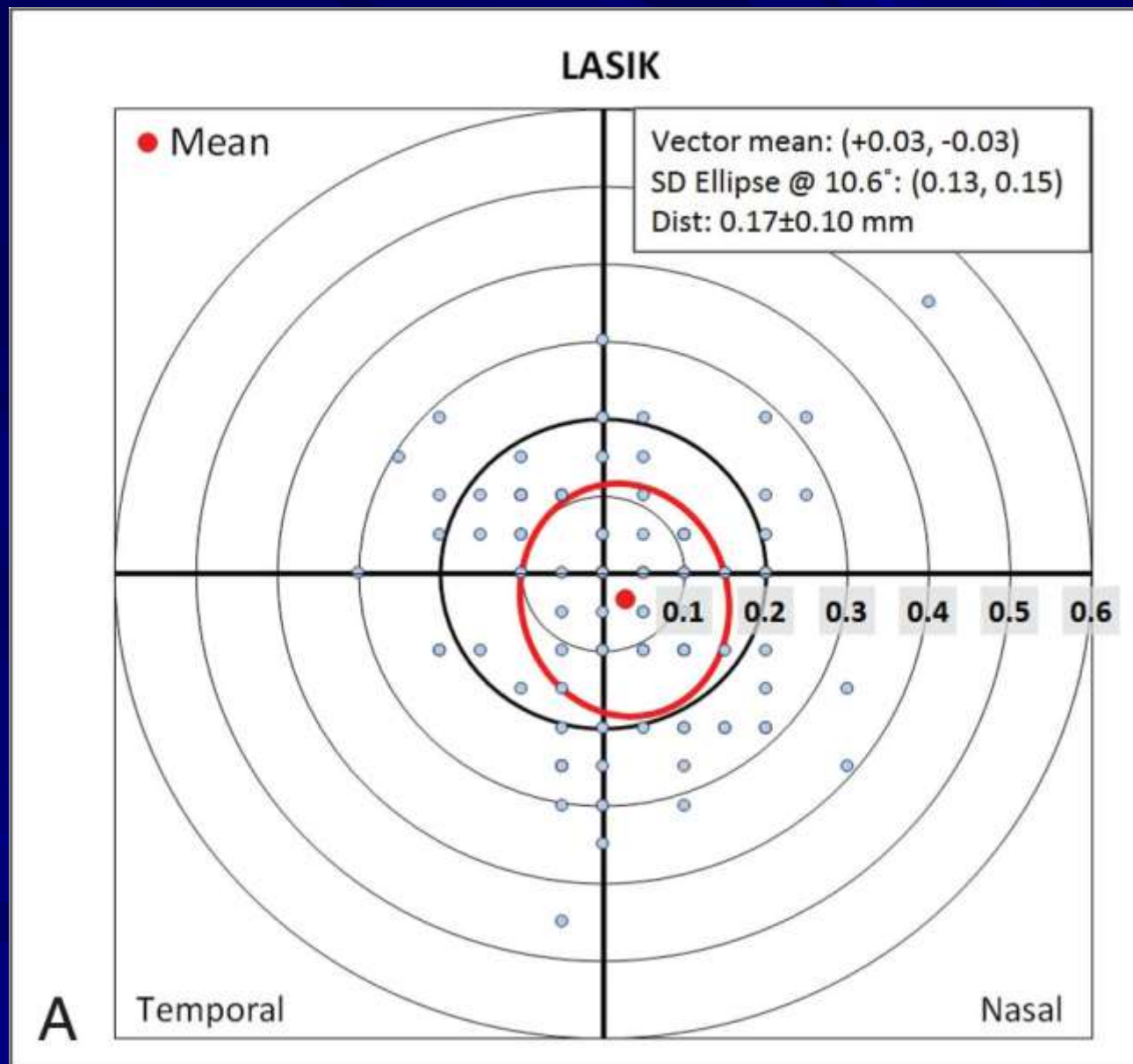
J Refract Surg. 2015 Feb;31(2):130-5. doi: 10.3928/1081597X-20150122-09.
Comparison of higher-order aberration induction between ..
Yvon C, Archer TJ, Gobbe M, Reinstein DZ.

Centration Evaluation

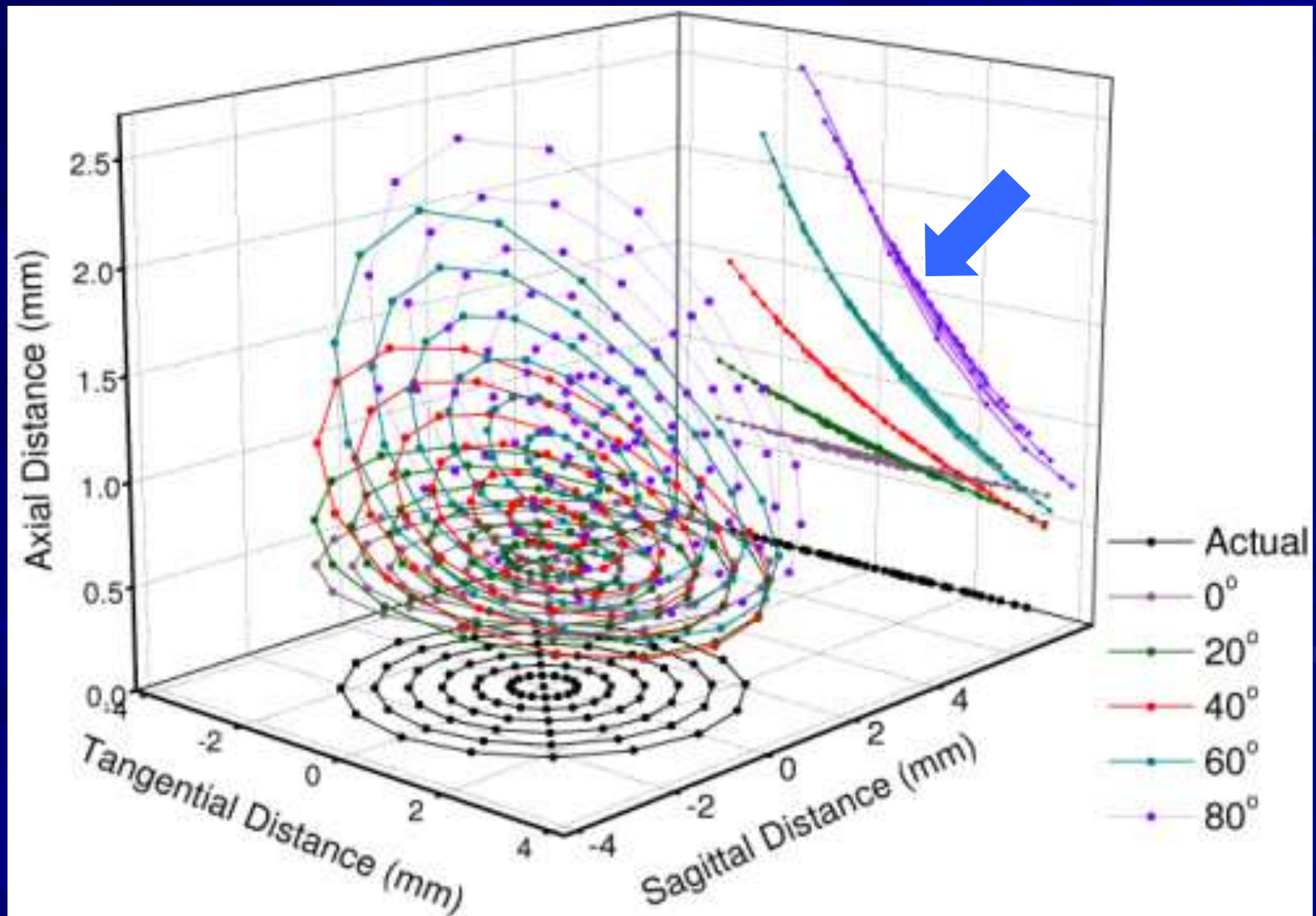


Dan Z. Reinstein, MD, MA(Cantab), FRCOphth; Marine Gobbe, PhD, MSTOptom; Louis Gobbe; Timothy J. Archer, MA(Oxon DipCompSci(Cantab)); Glenn I. Carp, MBBCh, FCOphth(SA)
Optical Zone Centration Accuracy Using Corneal Fixation-based SMILE Compared to Eye Tracker-based Femtosecond Laser-assisted LASIK for Myopia
Journal of Refractive Surgery
September 2015 - Volume 31 · Issue 9: 586-592

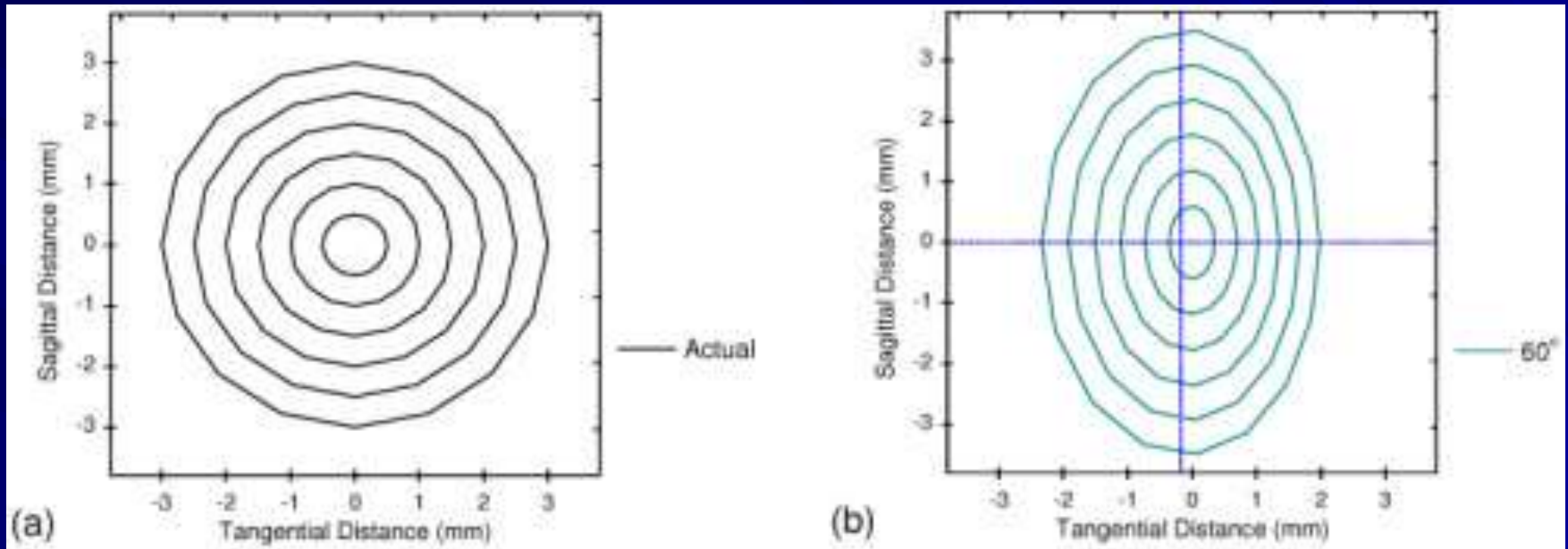
Centration offset between the center of the ablation zone and the corneal vertex



Calculated position of virtual pupil
With off axis appears up to 0.4 mm closer

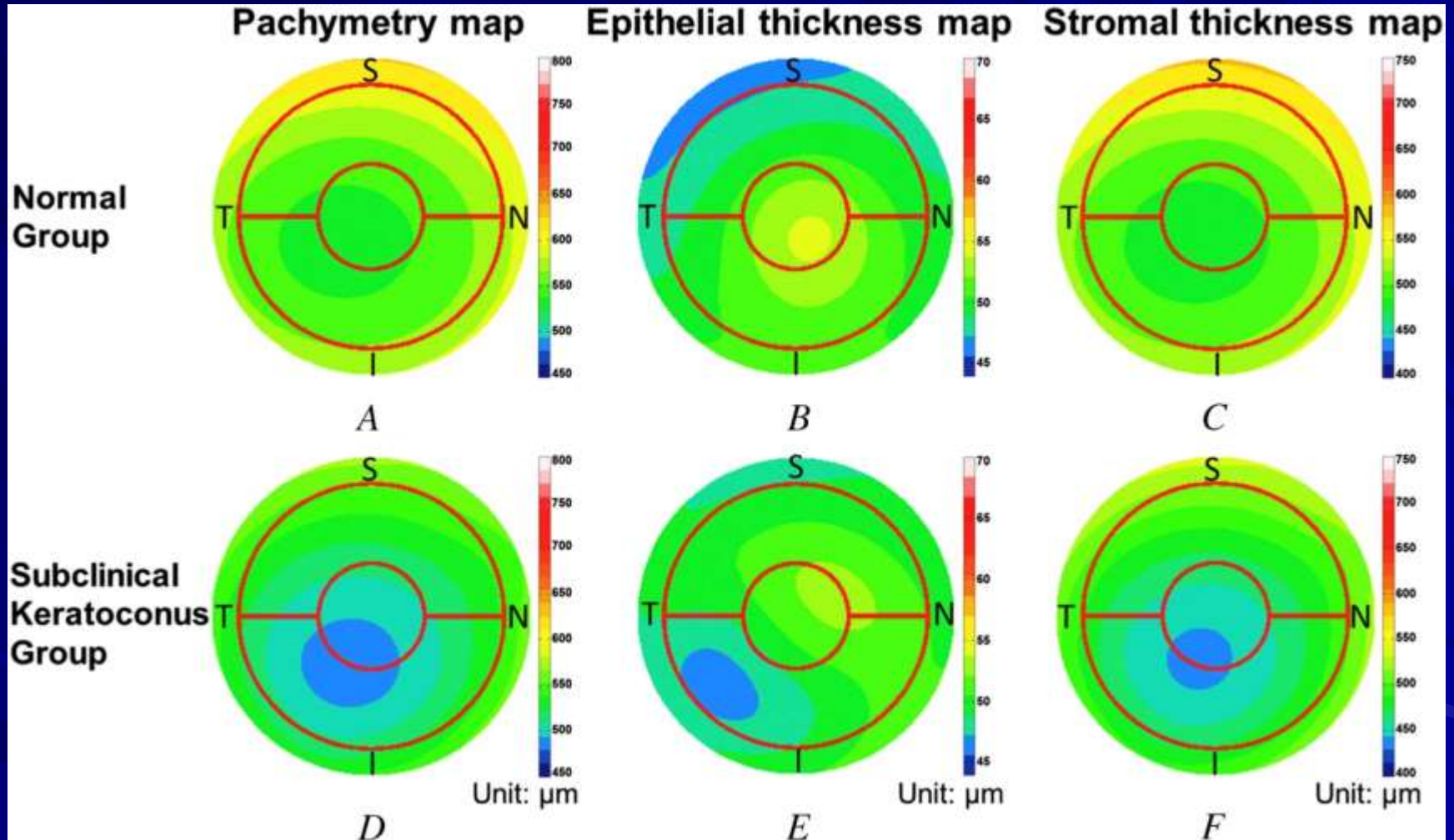


Pupil shifts when viewed off axis



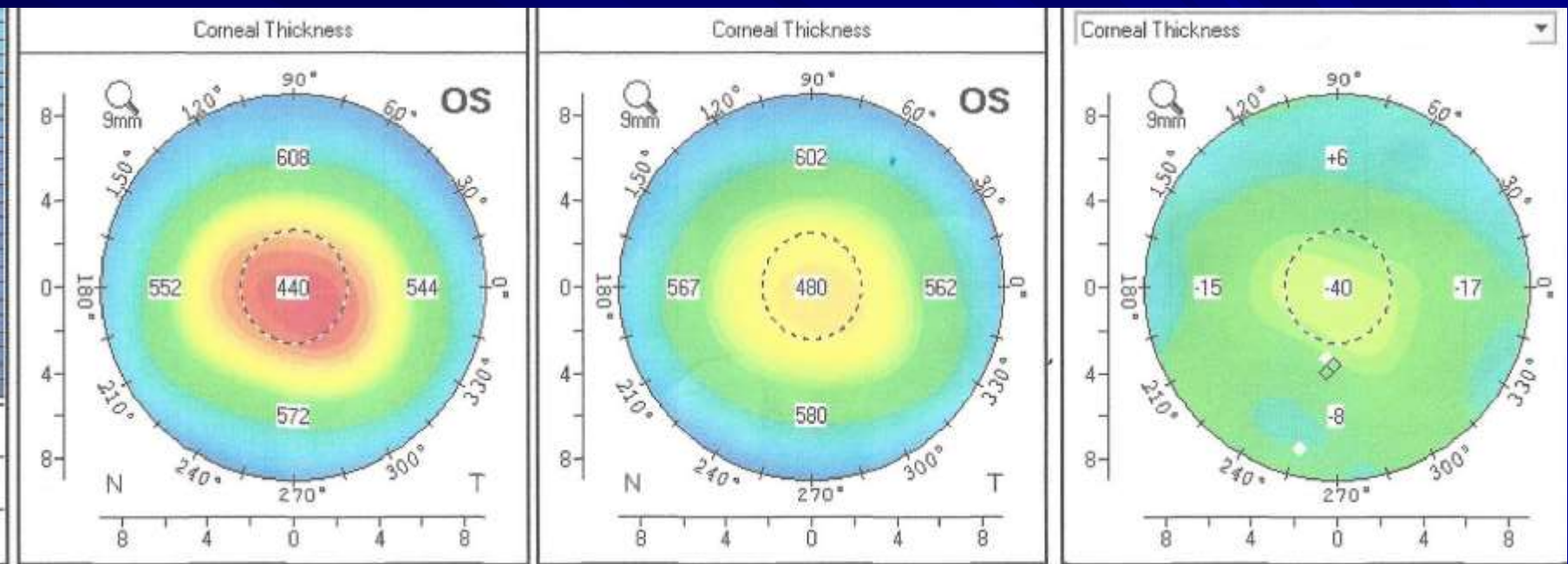
<http://www.opticsinfobase.org/oe/fulltext.cfm?uri=oe-18-21-22364#&slider2=1>

Thinnest area usually less than 1 mm IT from the apex



■ Average pachymetric, corneal epithelial, and stromal thickness maps of normal eyes (A to C) and subclinical keratoconus eyes (D to F). Maps of the left eyes that were included were mirrored before averaging. The red circles overlaid on the map had diameters of 2.0 mm and 5.0 mm. The color scale represents the thickness in microns (I = inferior; N = nasal; S = superior; T = temporal).

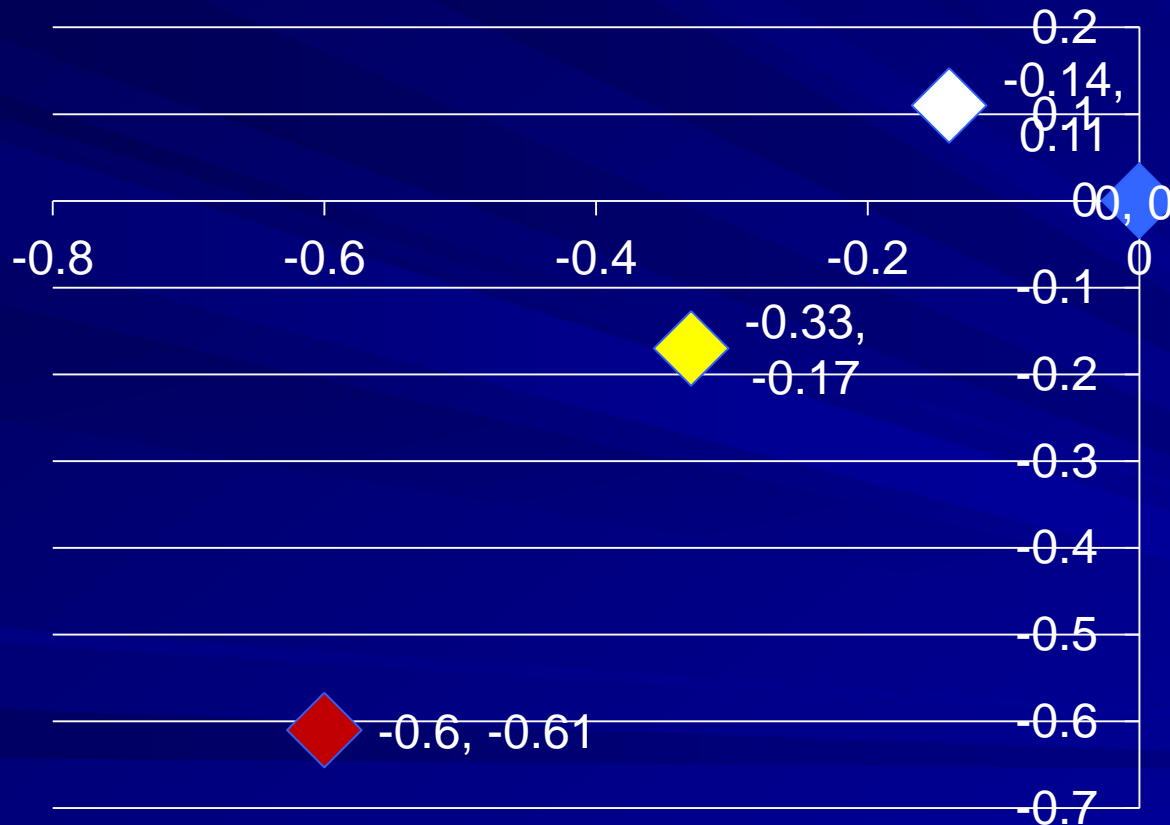
Pre-post Thickness



NLEA: Ablation moves the Thinnest Area, Inferior-Temporal, towards the

Apex

Right Eye



Pupil center

Apex

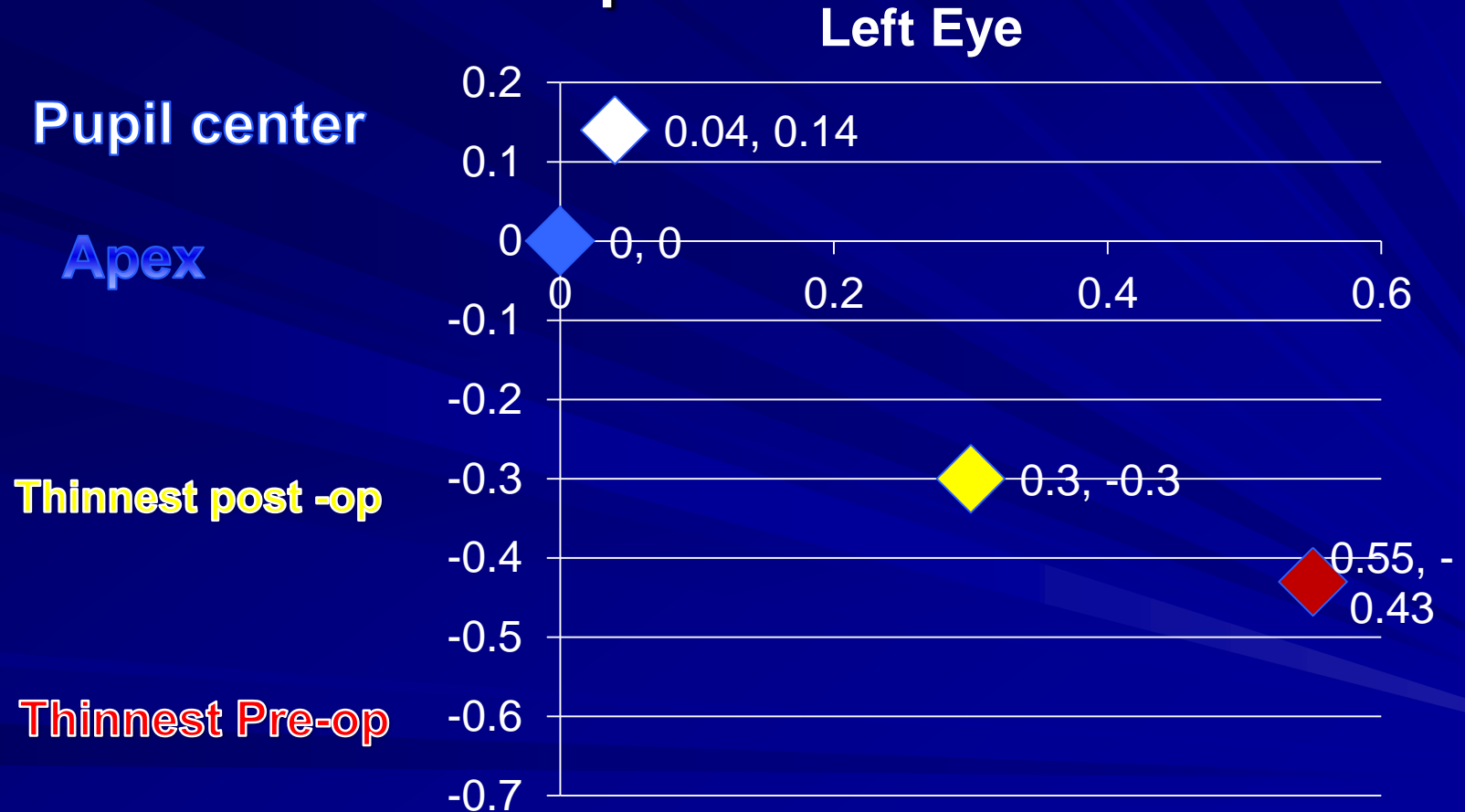
Thinnest post -op

Thinnest Pre-op

Distances from Apex in mm

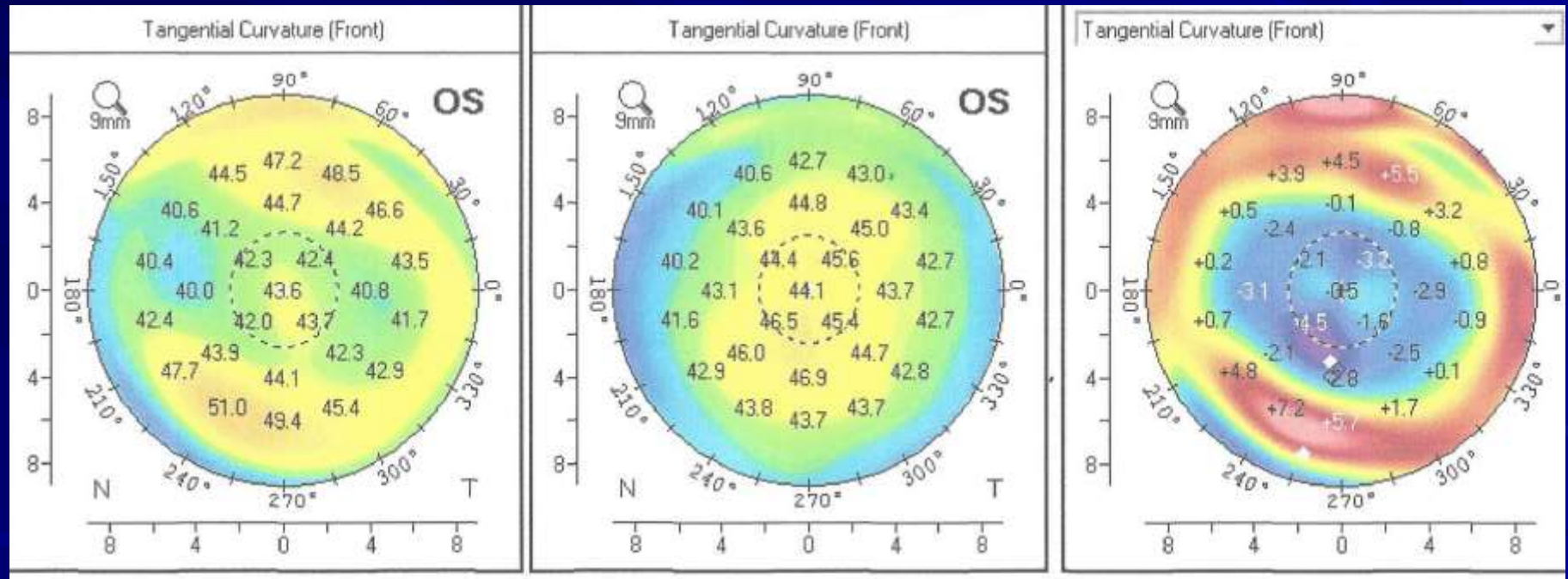
N : Rt 15 / Lt 12

NLEA: Ablation moves the Thinnest Area, Inferior-Temporal, towards the Apex

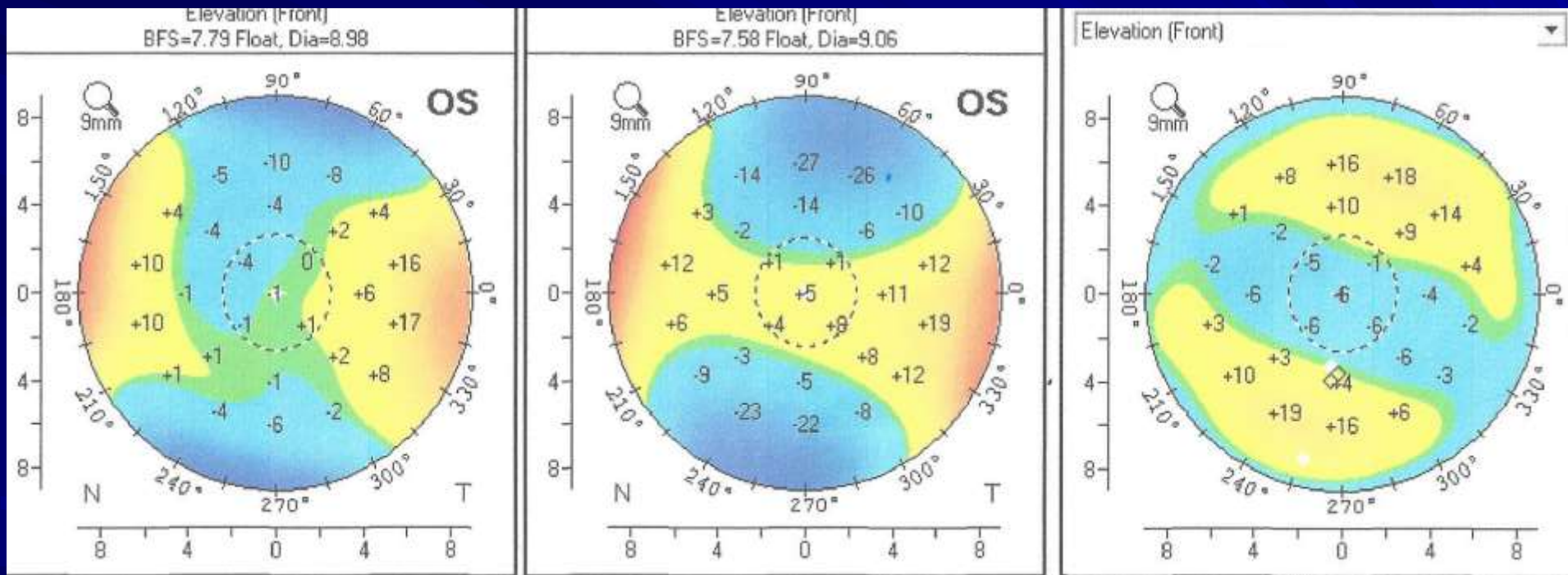


Distances from Apex in mm

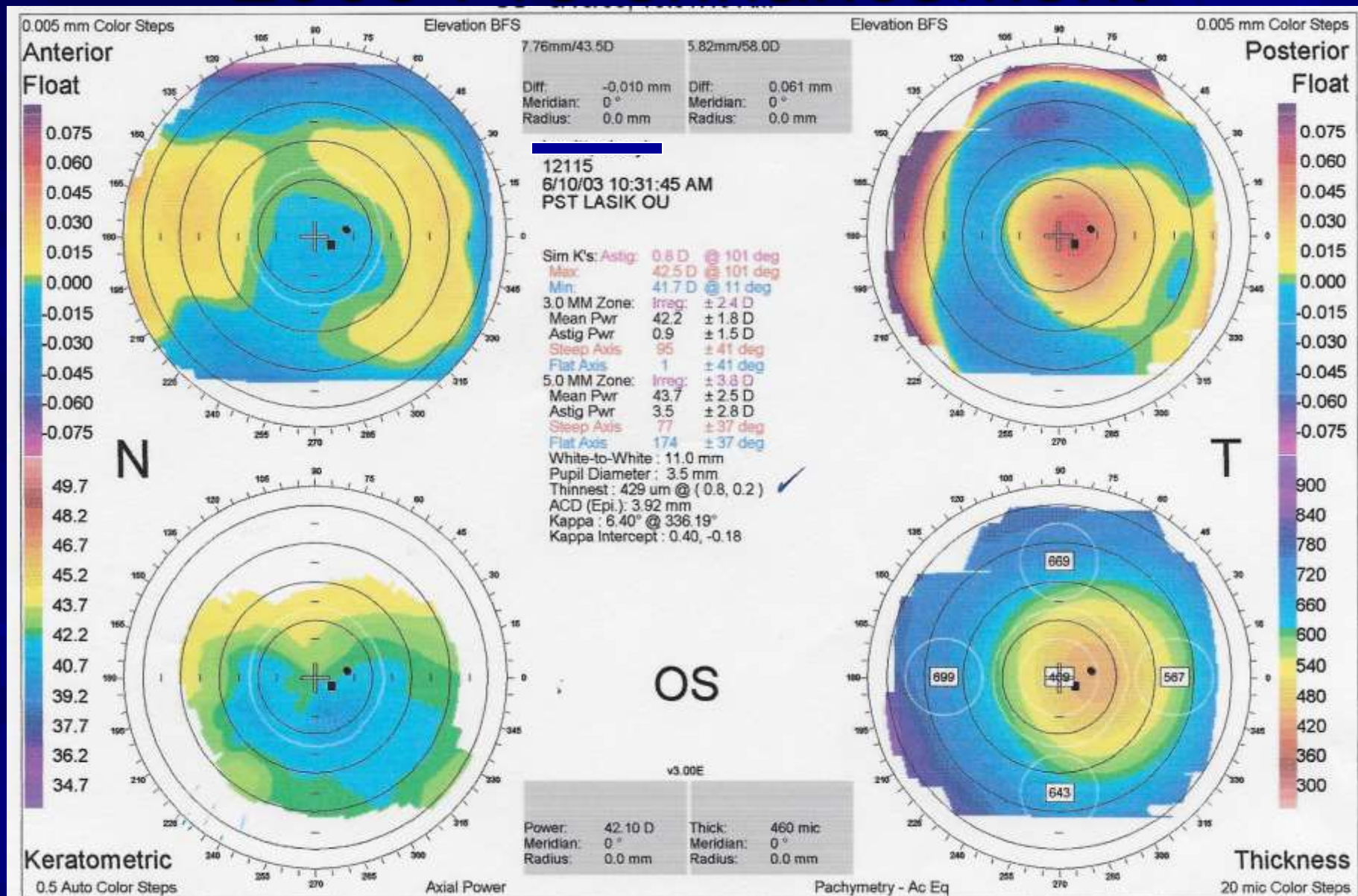
Pre-post Topography



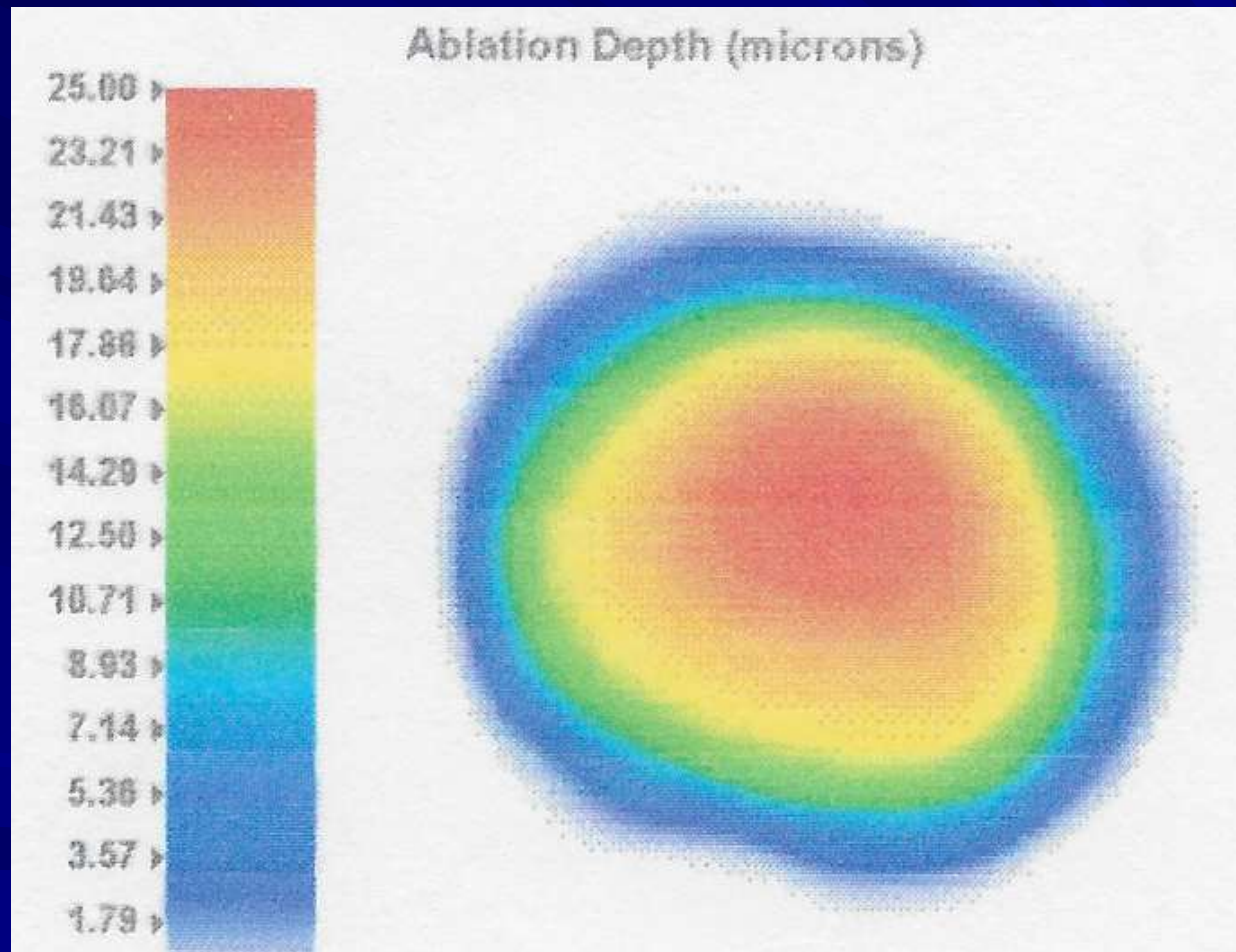
Pre-Post Elevation



2003 Pre-enhancement



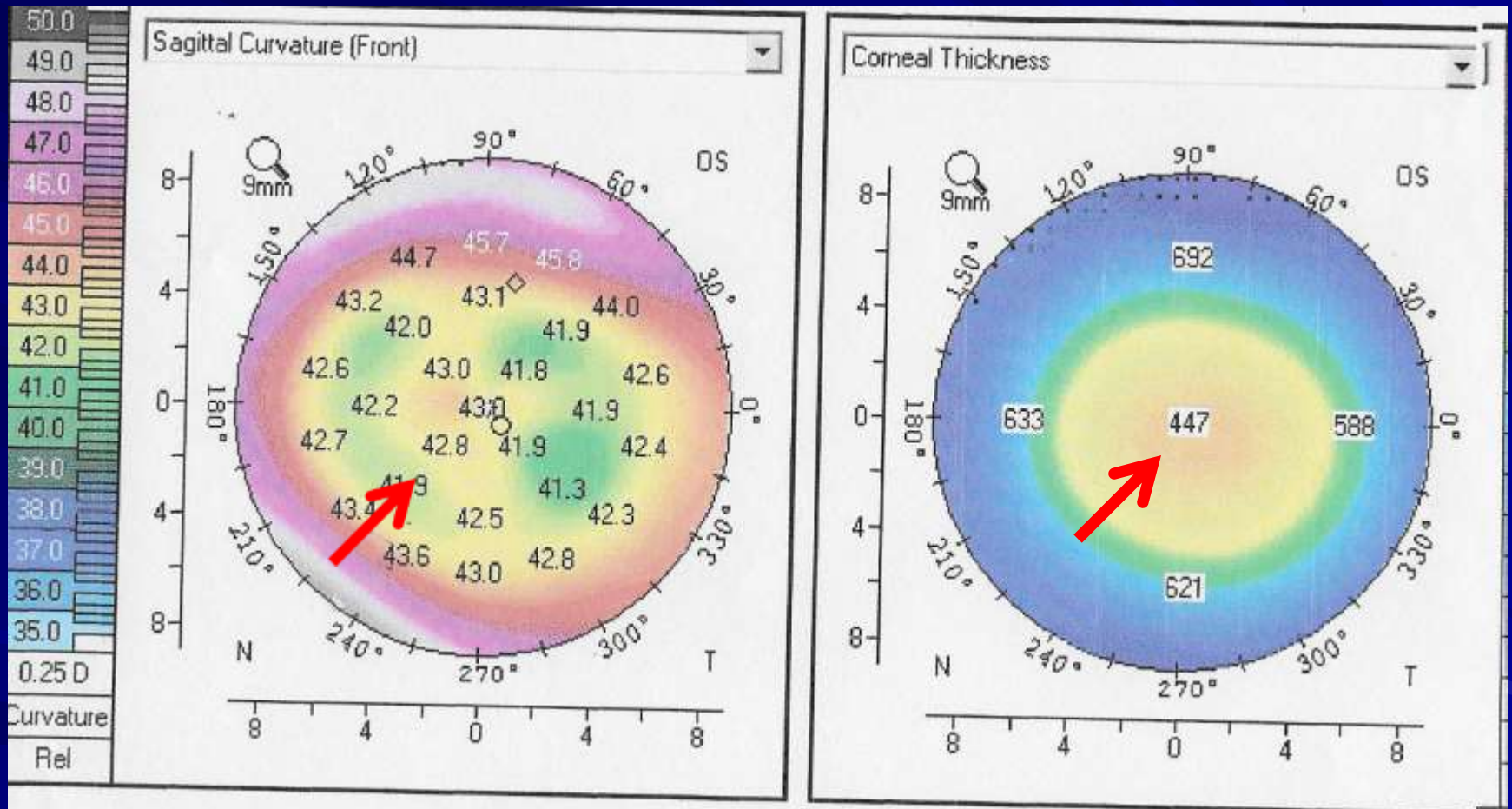
2003 Wavefront Enhancement





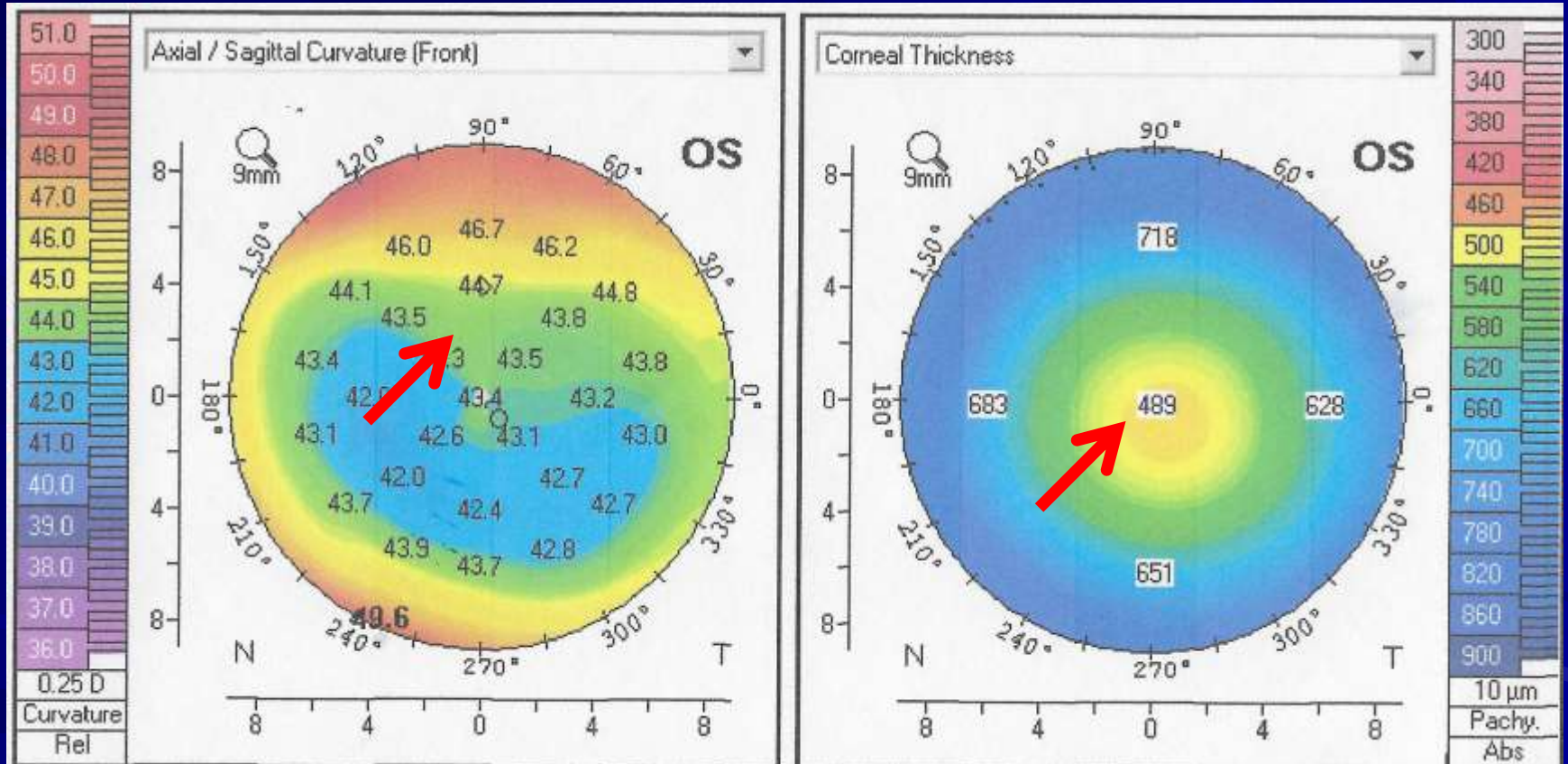
2007

Pre-op enhancement



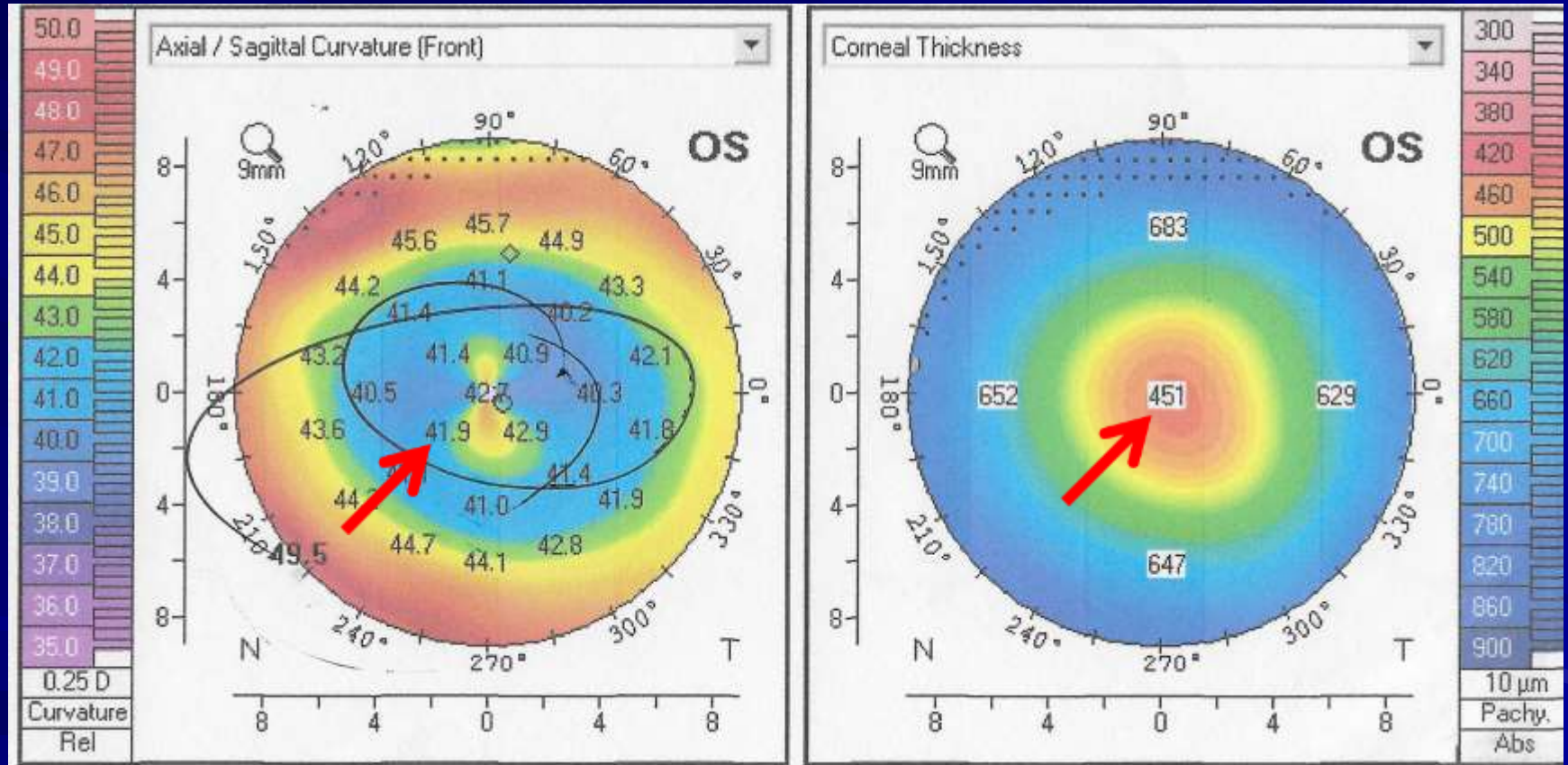
2014

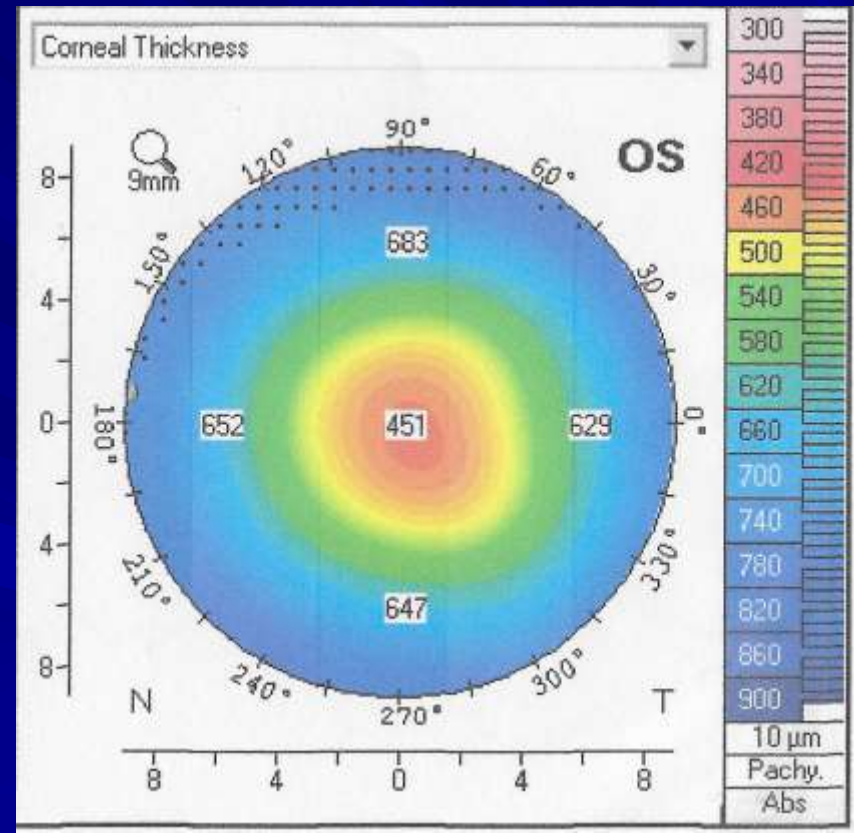
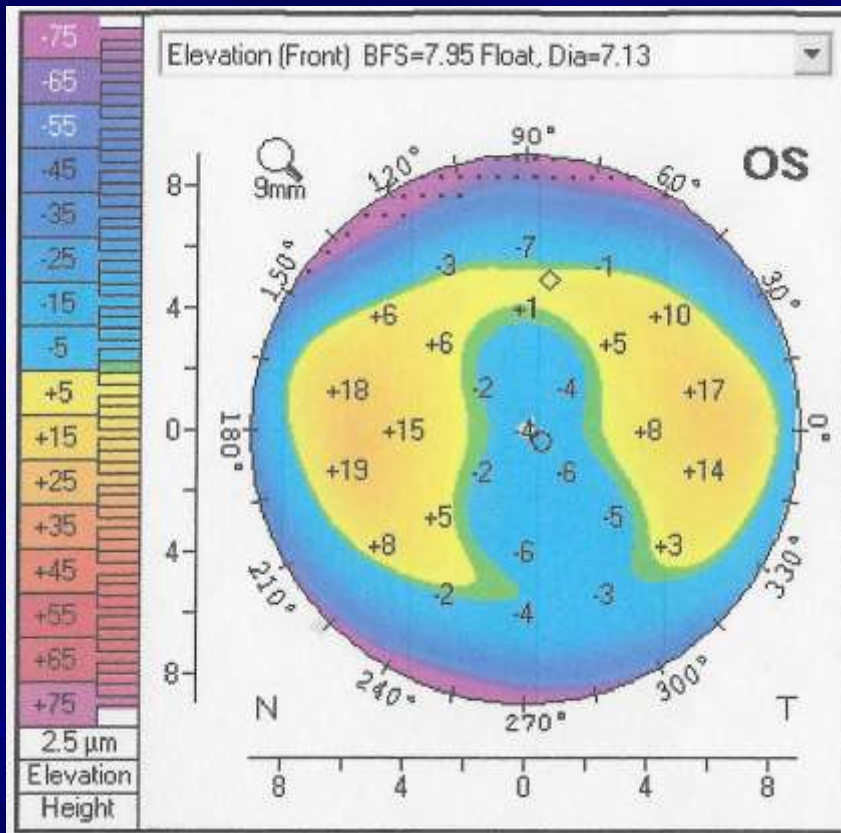
Pre-Op PRK Enhancement



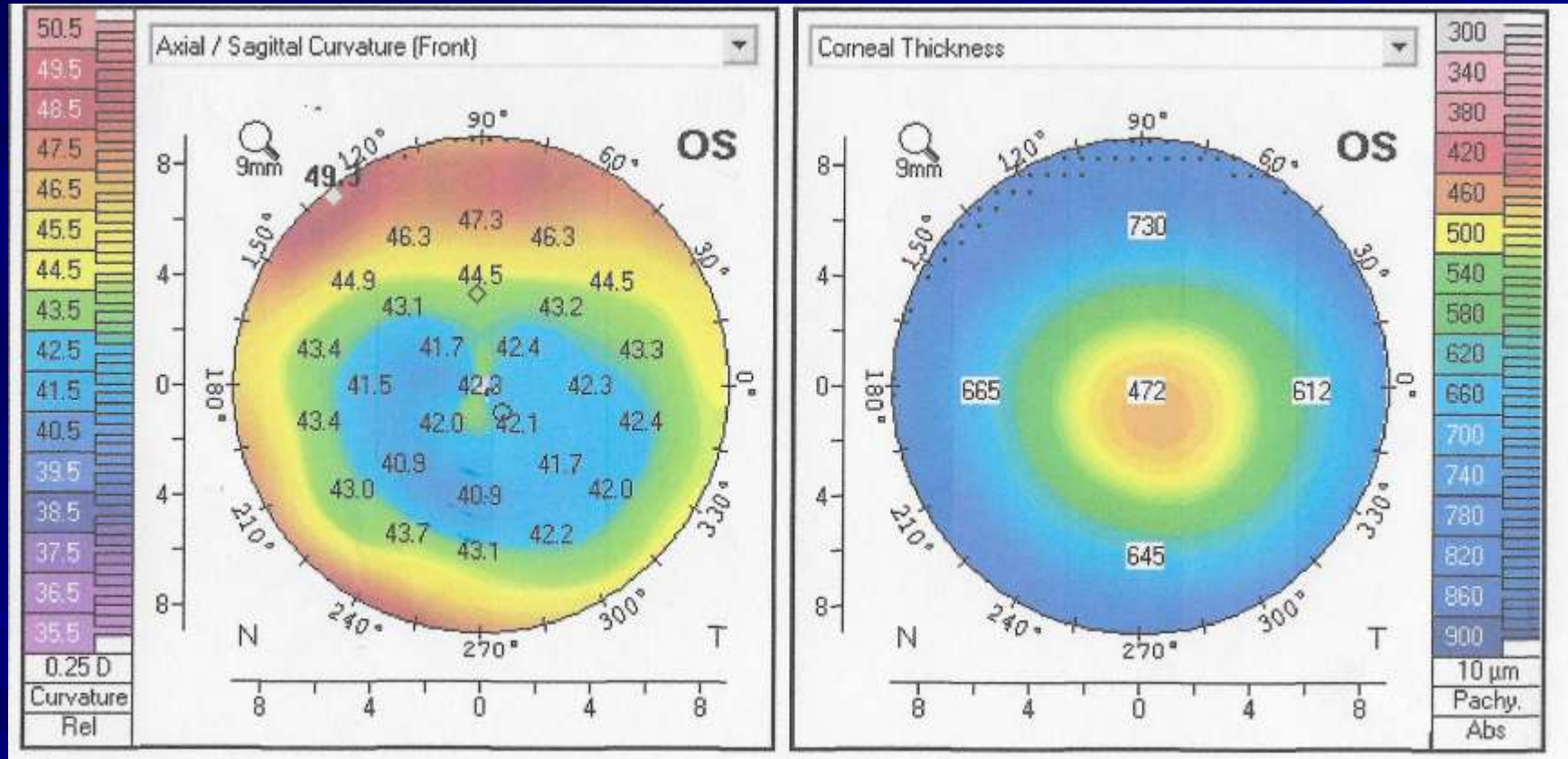
6 weeks

Post-Op PRK Enhancement

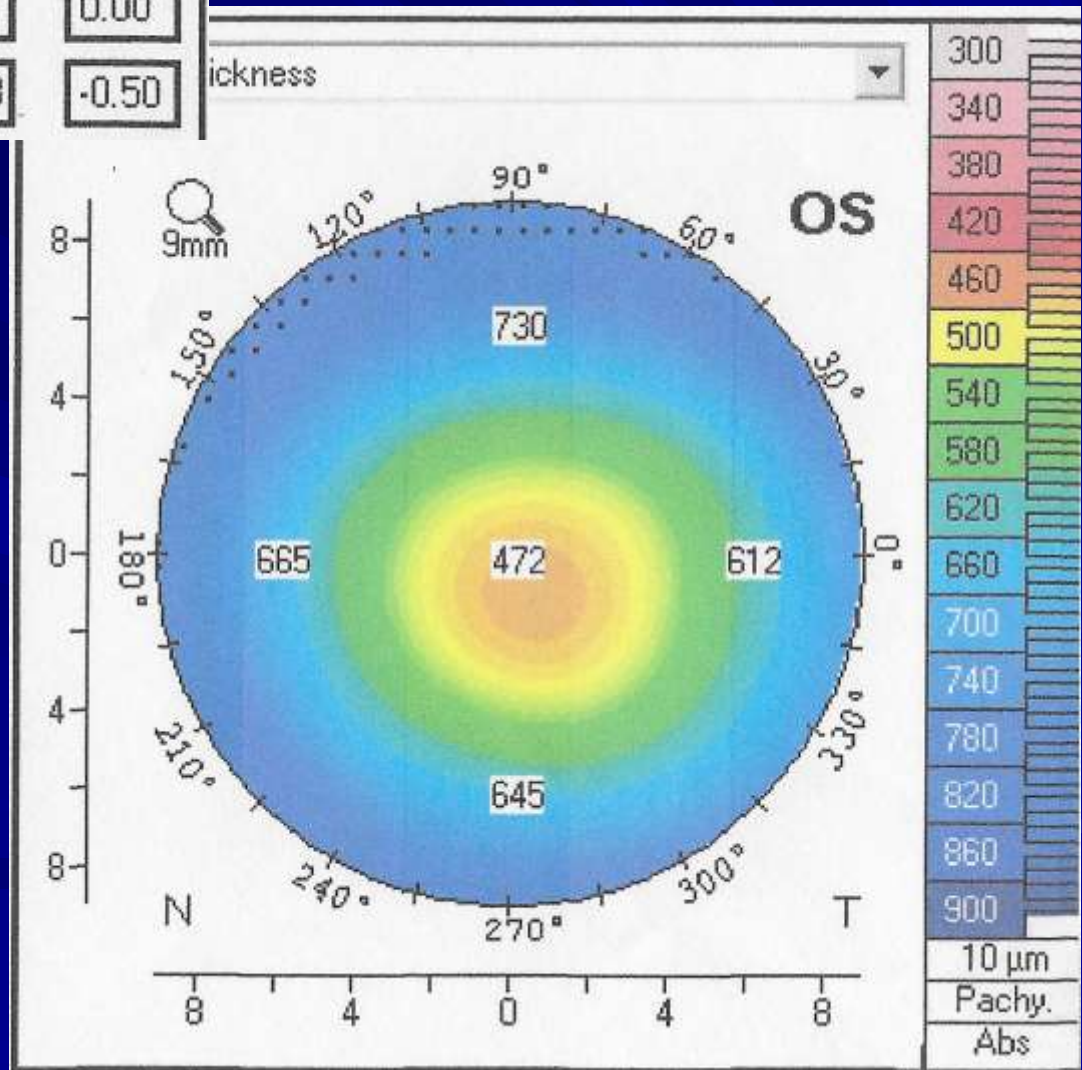




10 months Post-Op PRK Enhancement



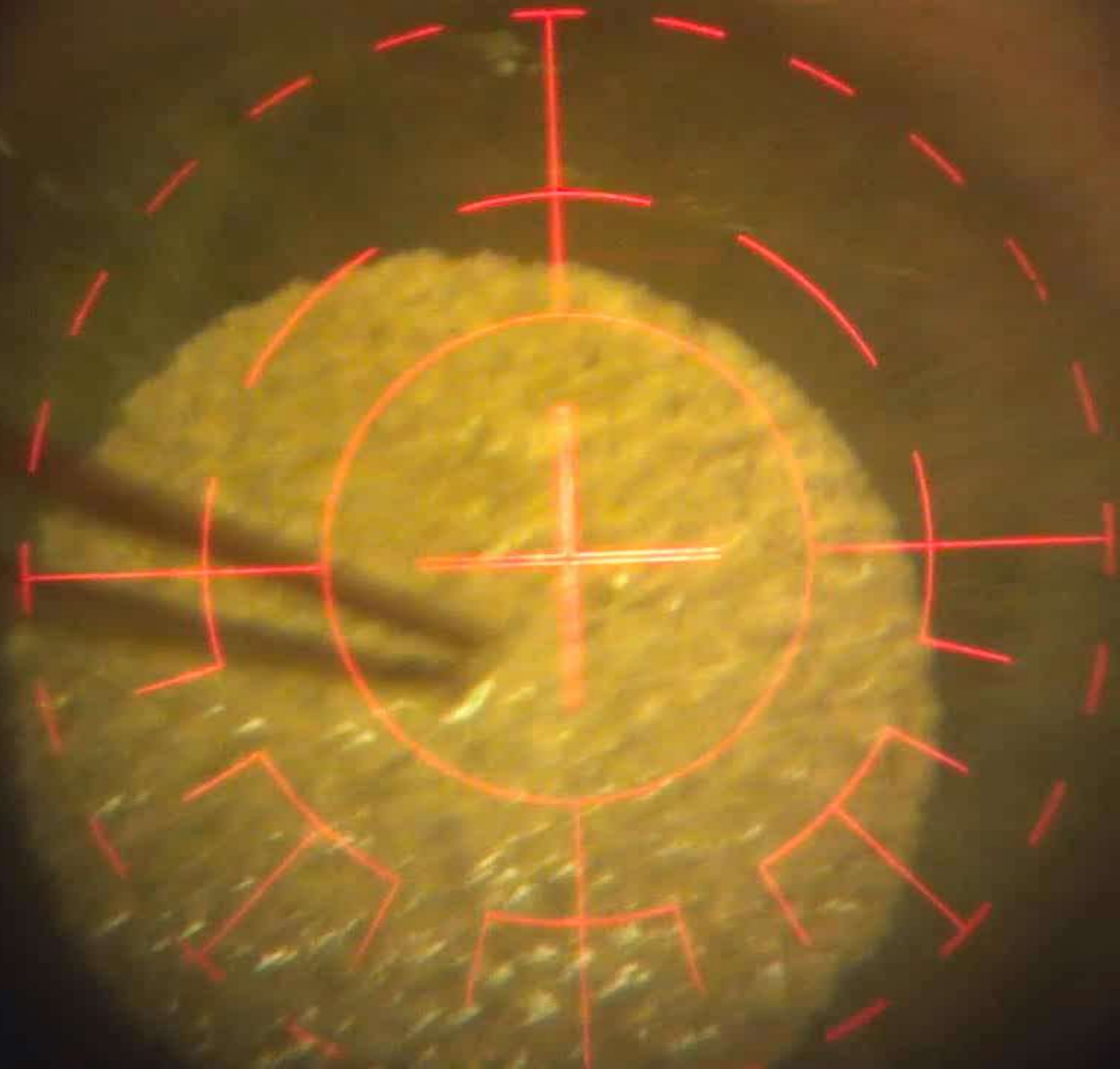
		Pachy:	x[mm]	y[mm]
Pupil Center:	+	472 μm	+0.13	-0.08
Pachy Apex:	•	474 μm	0.00	0.00
Thinnest Locat.:	○	467 μm	+0.38	-0.50

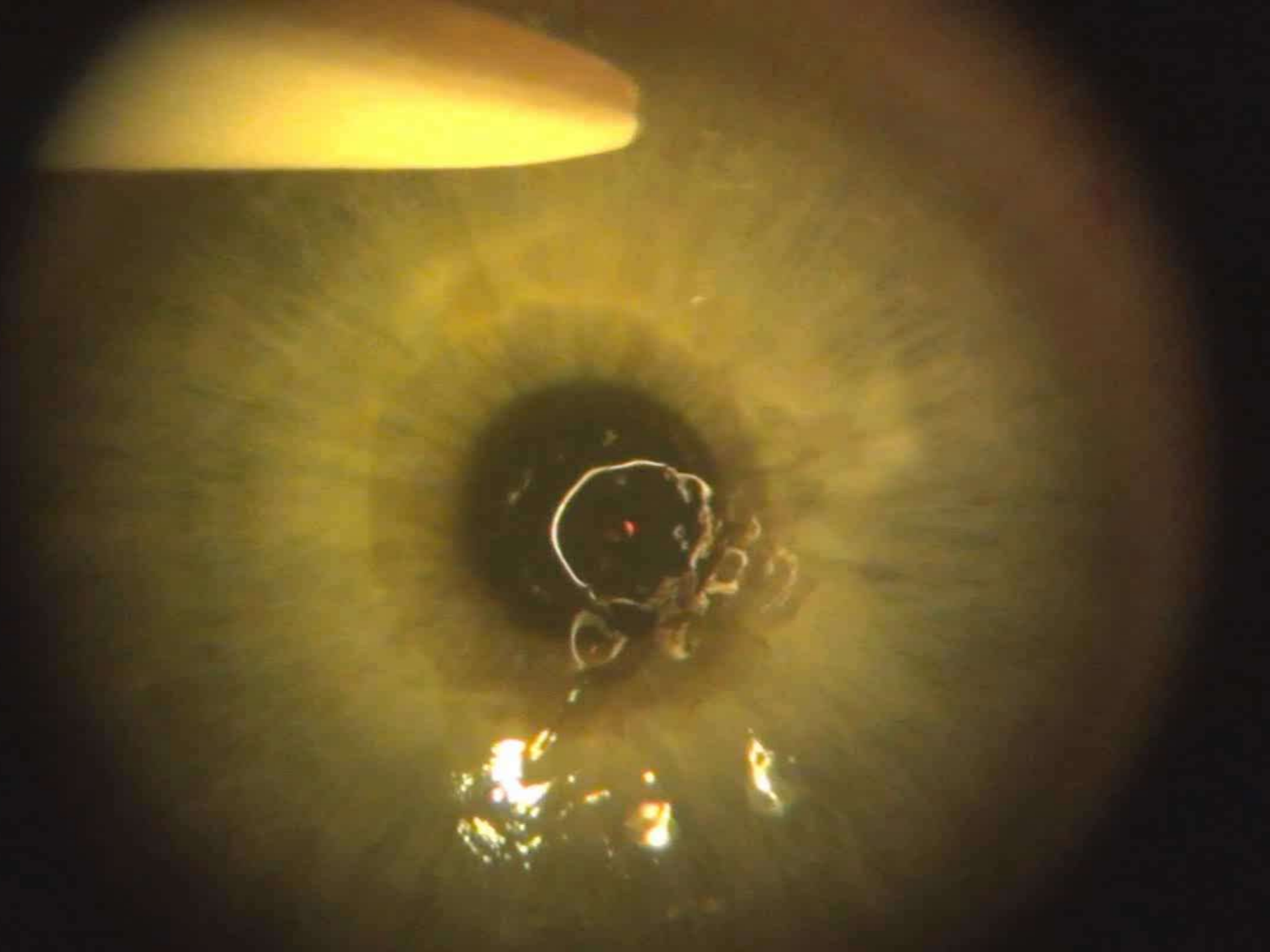


PRK enhancement

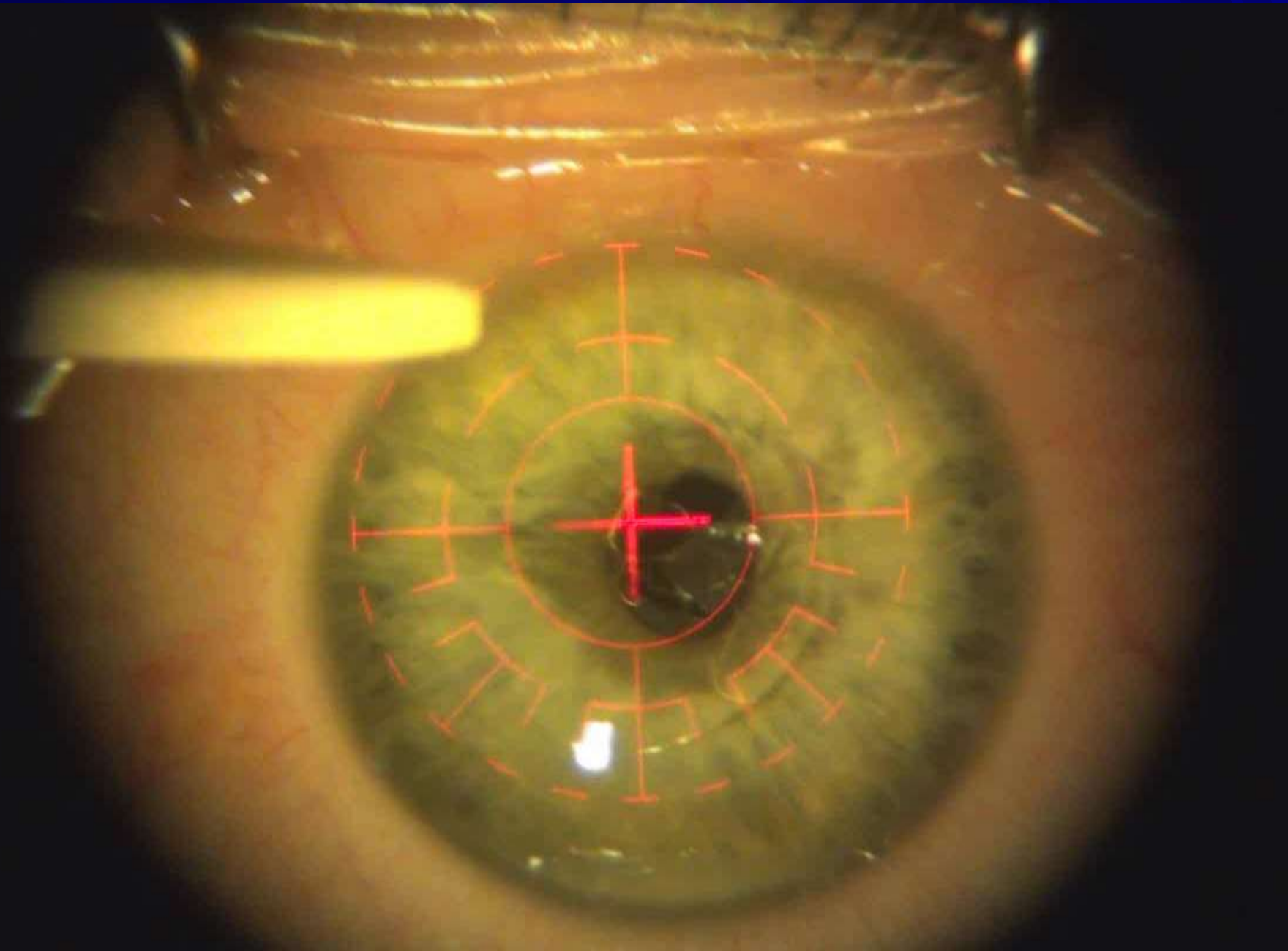
Alcohol sponge

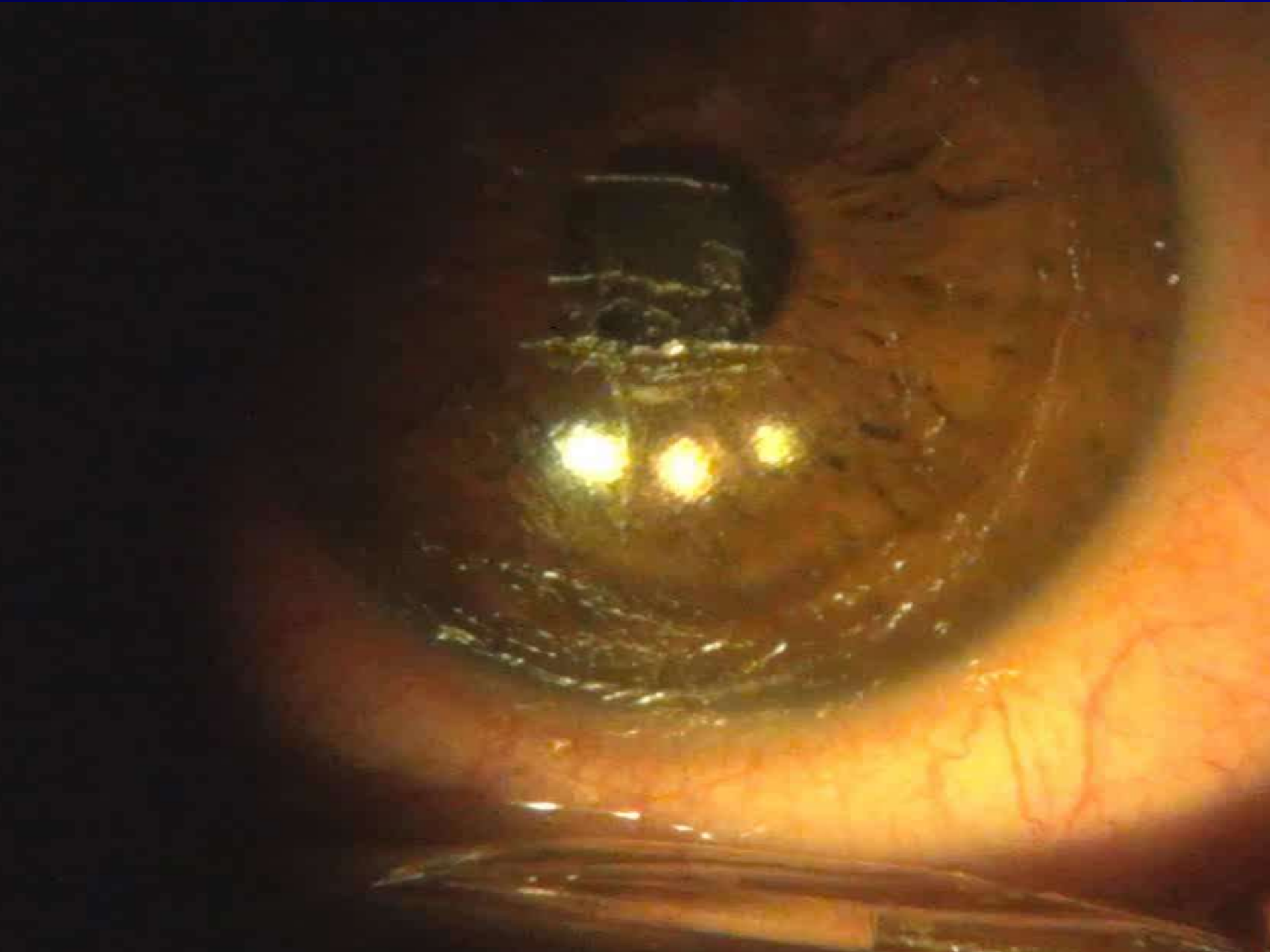




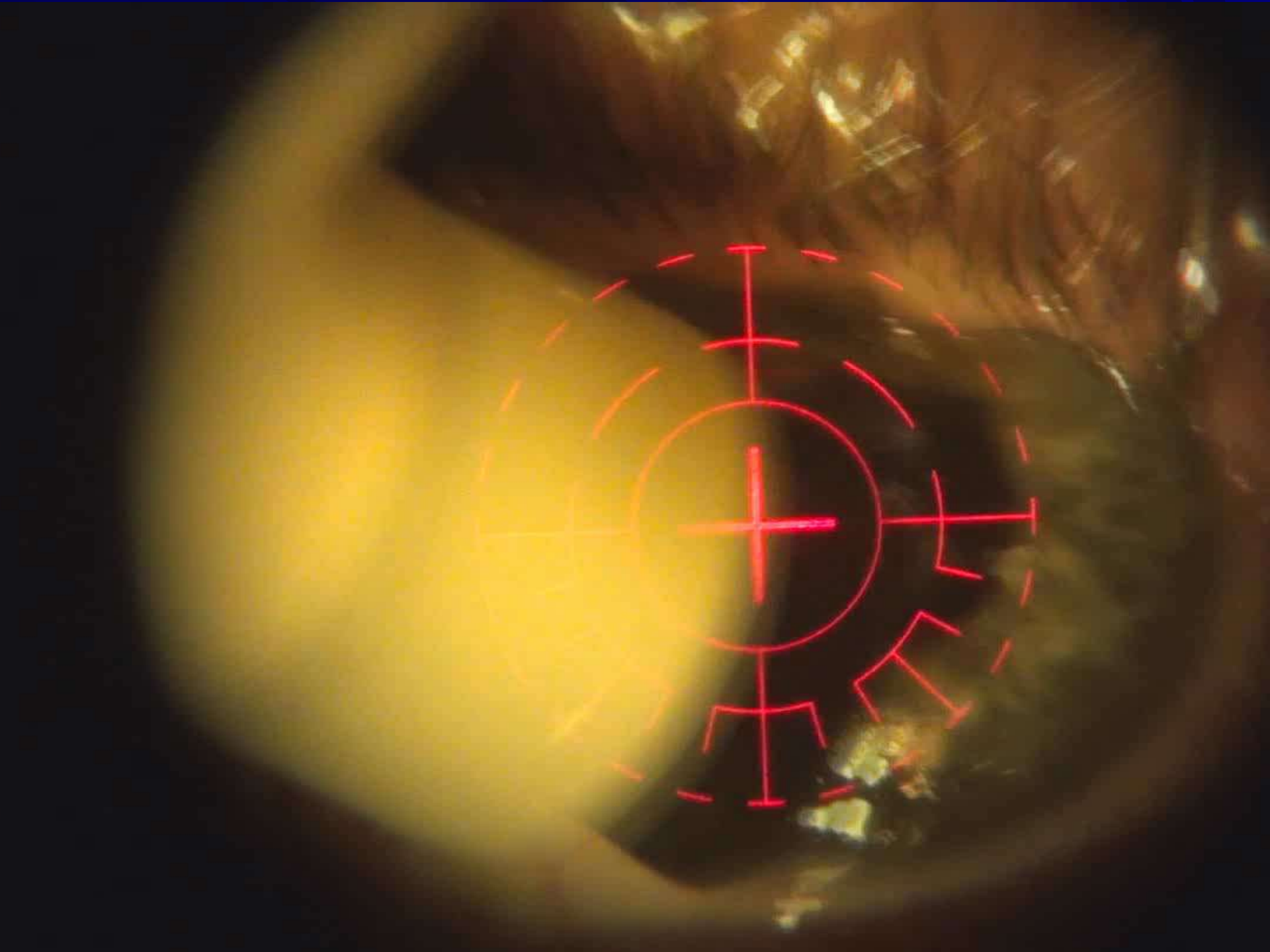


ABMD –no alcohol

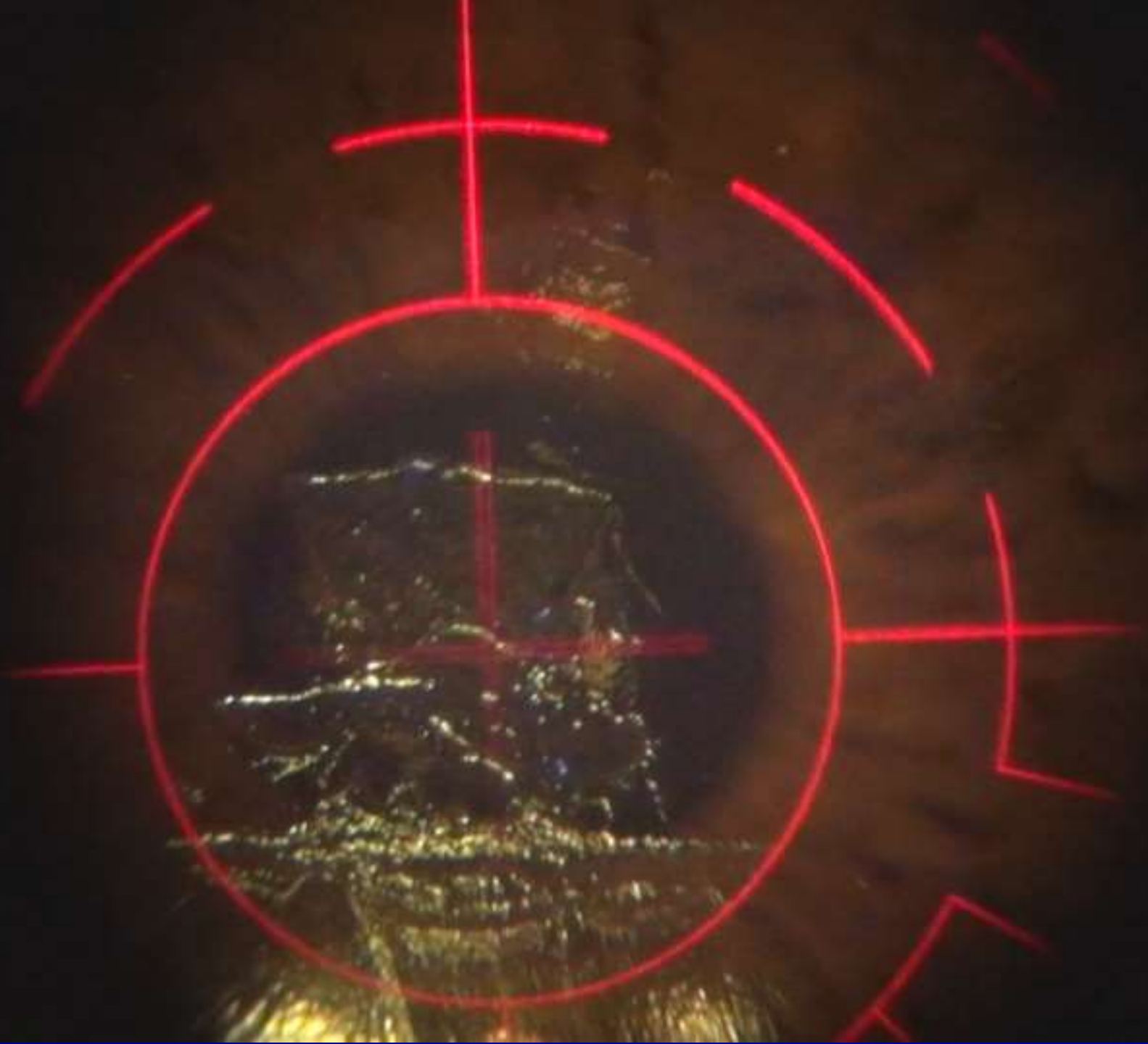












www.nebraskaeye.com
www.markjohnstonlasik.com

Our Doctors

Meet Dr. Johnston

Mark E. Johnston, MD, FRCSC is the most experienced LASIK surgeon in the region, having performed over 30,000 procedures. He is Medical Director and Chief Surgeon at Nebraska Laser Eye Associates.



- Undergraduate education: MIT (Massachusetts Institute of Technology)
- Medical degree: Dalhousie University, Halifax, Nova Scotia
- Residency, Ophthalmology: University of Western Ontario, London, Ontario
- Fellowship - Corneal and External Diseases: University of Michigan, Ann Arbor, Michigan
- Member of the American Academy of Ophthalmology, American Society of Cataract and Refractive Surgeons and International Society of Cataract and Refractive Surgeons

Honors:

- Diplomat - American Board of Ophthalmology
- Fellow - Royal College of Physicians and Surgeons of Canada

My Professional Website

For more information about Dr. Mark Johnston, please visit his [professional website](http://www.markjohnstonlasik.com).

Dr. Johnston has been performing refractive procedures since 1985. He performed corneal procedures since 1985. He underwent LASIK himself in 1998. His numerous scientific articles, papers and presentations can be found at [here](#).



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OUR DOCTORS

RESOURCES

FOR OUR PATIENTS

LOCATION / MAP









FOR DOCTORS

Mark E. Johnston MD, FRCSC



Presentations

Presentations

- ➔ **Lasik Outcomes with Ablation Centration on the Coaxially Sighted Corneal Light Reflex**  [DOWNLOAD](#)
Presented at ASCRS 2014, Boston
- ➔ **The Physics of Folding in Cataract Surgery**  [DOWNLOAD](#)
Presented at the 2014 ASCRS, Boston
- ➔ **Cause and Prevention of Microkeratome Jamming related to Lid Squeezing**  [DOWNLOAD](#)
Presented at ASCRS, Chicago, April 2012
See related materials on "Videos" on this webpage.
- ➔ **Diffuse Lamellar Keratitis related to intermittent blockage of a humidifier drain**  [DOWNLOAD](#)
Presented ASCRS Paper, San Diego 2011
- ➔ **Laser in Situ Keratomileusis Decentration With and Without Active Eye-Tracking System**  [DOWNLOAD](#)
Presented ASCRS Poster, San Diego, ASCRS, 2011
- ➔ **An outbreak of Diffuse Lamellar Keratitis (DLK) related to waste gas and an improperly mounted air conditioner**  [DOWNLOAD](#)
Presented ASCRS Boston 2010
- ➔ **Refractive outcome six months after LASIK with a mechanical microkeratome or femtosecond laser**  [DOWNLOAD](#)
Presented: San Francisco ASCRS 2009
- ➔ **Maximized Blend and Optical zone for astigmatism**  [DOWNLOAD](#)
Presented: Chicago ASCRS, April 2008

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Awards

Educational Seminars

Videos

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Co-Management Forms

Outcomes & Results

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Links



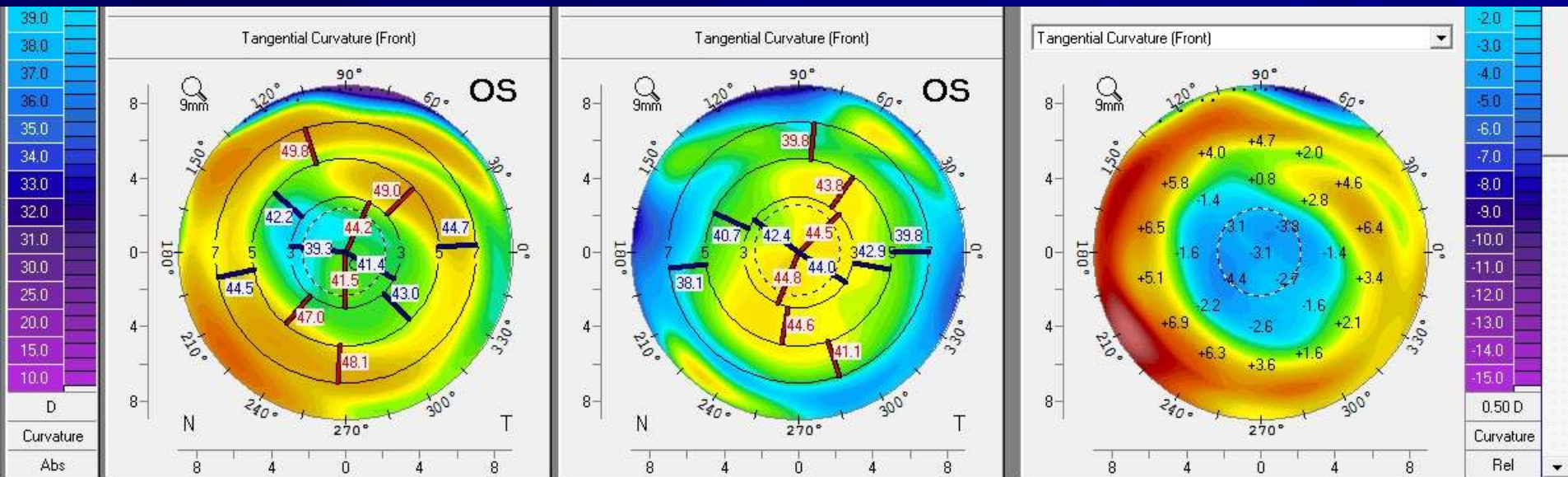


Enhancement overview 2016

Visx: Small residual cylinder

Tangential maps

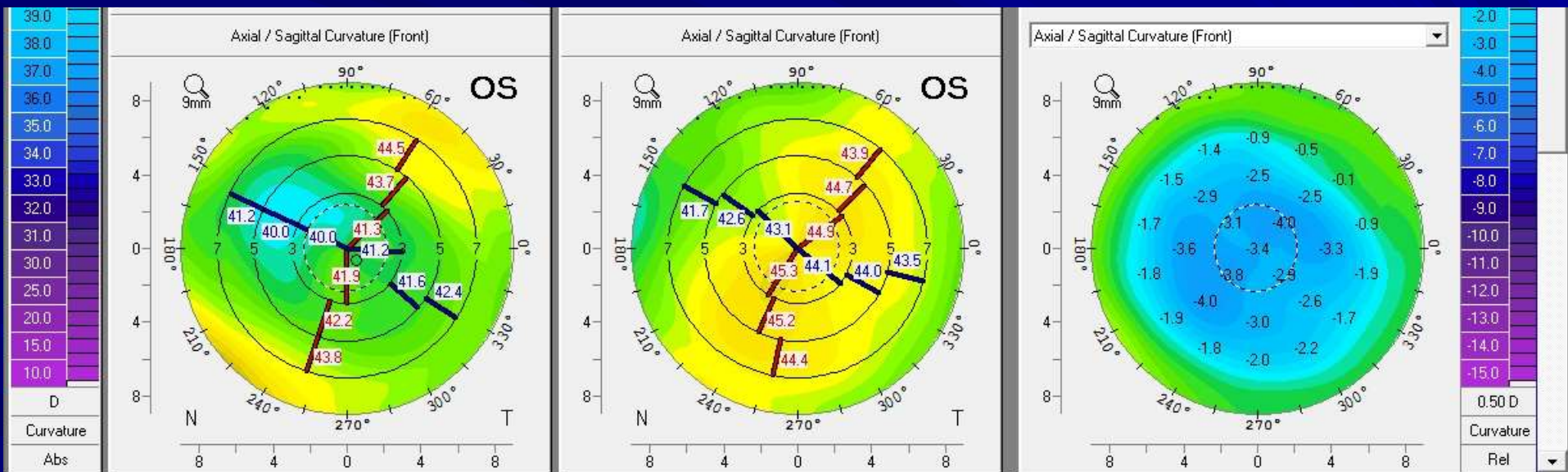
Post Pre Difference



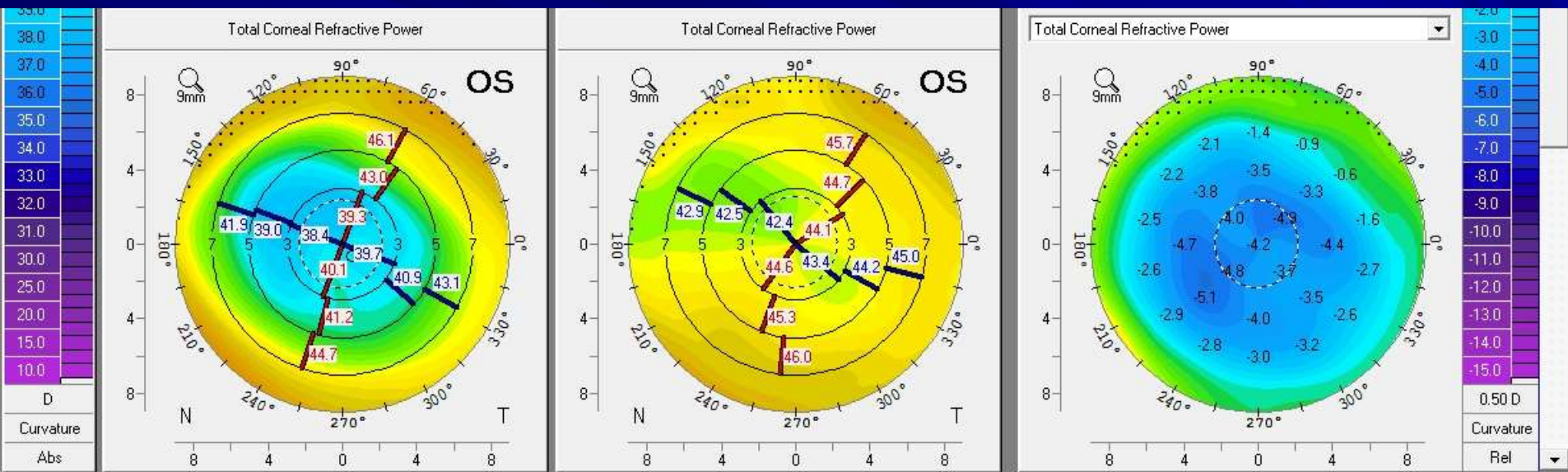
Visx: Small residual cylinder

Axial / Sagittal maps

Post Pre Difference

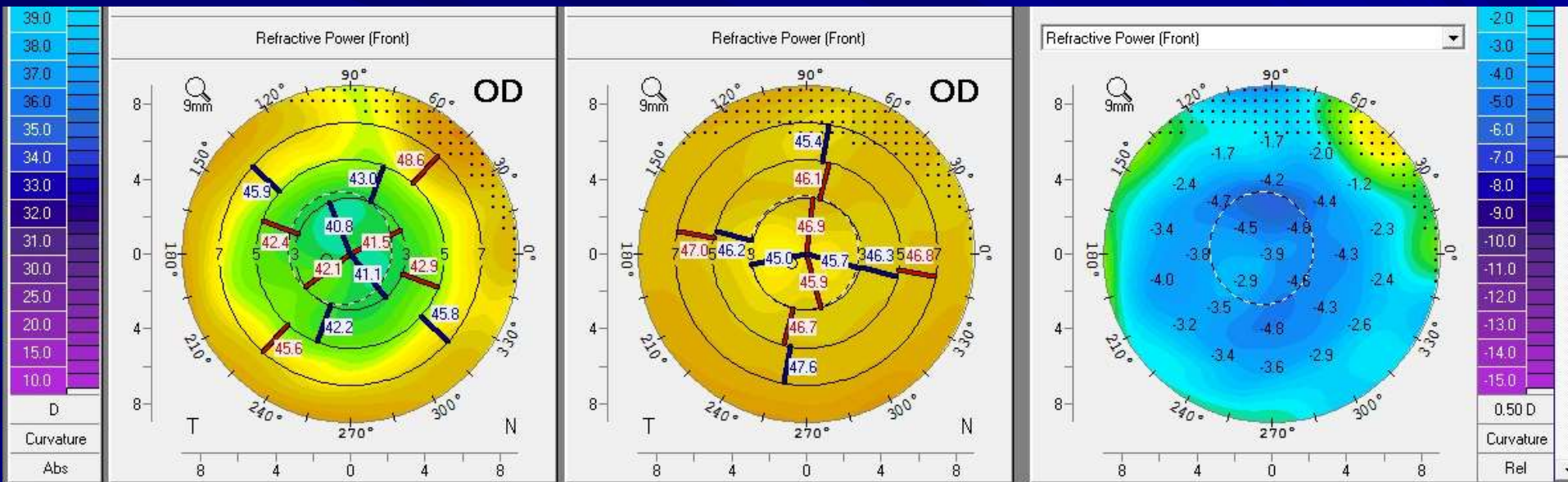


Visx: Small residual cylinder Total Corneal Refractive Maps Post Pre Difference

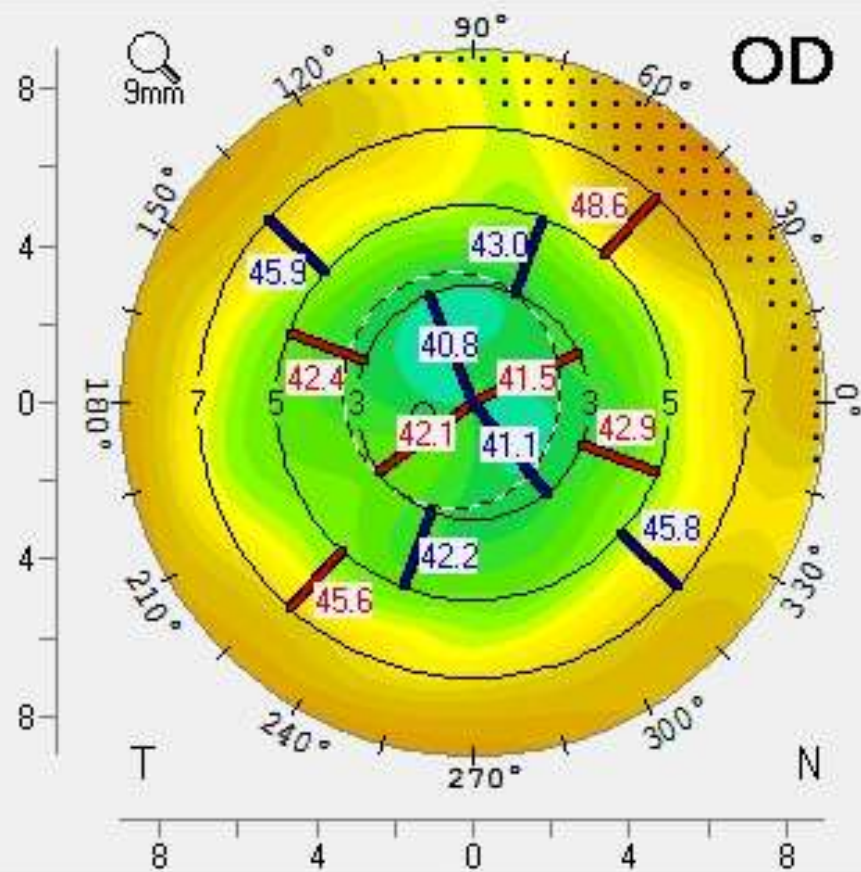


Visx: Residual Sphere Refractive Power Maps

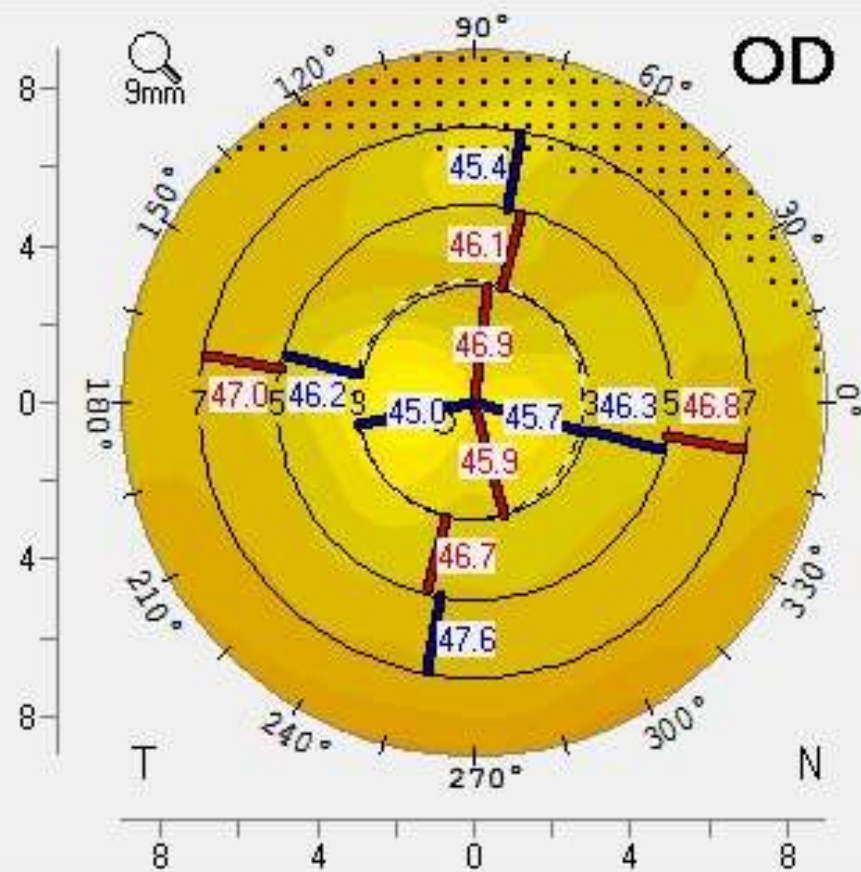
Post Pre Difference



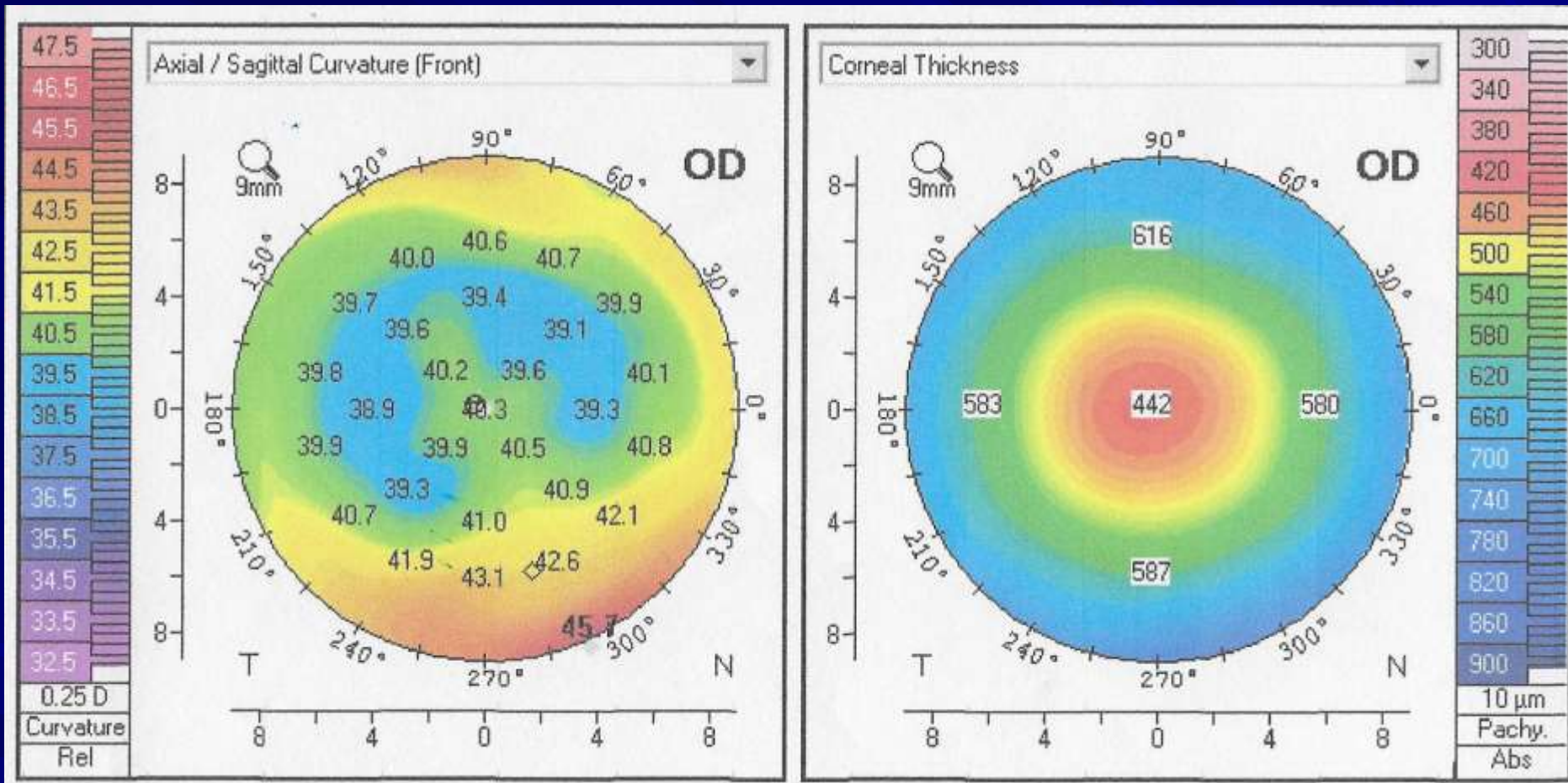
Refractive Power (Front)



Refractive Power (Front)



High myopia



Visx Wavefront

OD

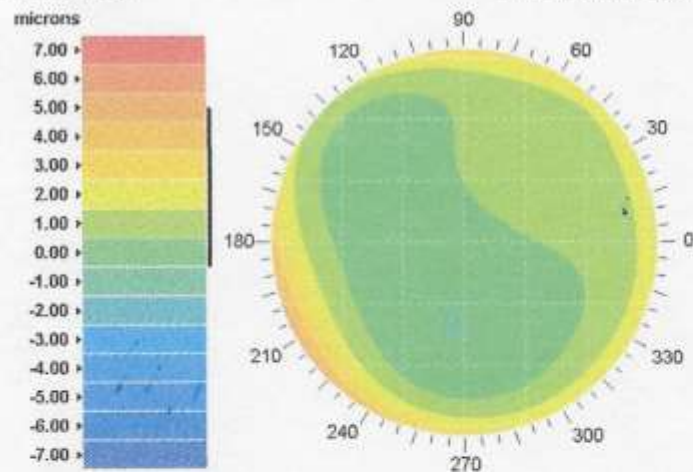
-0.06 DS -0.41 DC x 119° @12.5 mm (5.00 Rx Calc)

12-Mar-2015 10:37:51 W.F. Diam (mm): 6.25 High Order: 54.8 %

Eff. Blur (D): 0.66 Rms Err. (μ): 0.93 Quality: ✓ ✓ ✗ ✓

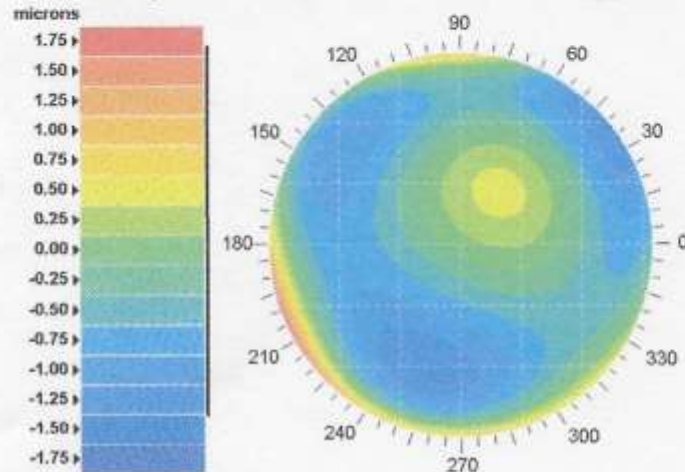
Acuity Map

Rms Error (μ): 0.93



Wavefront High Order Aberrations

Rms Error (μ): 0.50



Normalized Polar Zernike Coefficients (μ)

High Order Aberrations Graph

	Value	Name	0.0	0.35421	Axis
Z ₂₀	0.72117	Defocus			
Z ₂₂	0.31543 @ 34°	Astigmatism			
Z ₃₁	0.35421 @ 230°	Coma			
Z ₃₃	0.19829 @ 84°	Trefoil			
Z ₄₀	0.26801	Sph. Aberration			
Z ₄₂	0.05980 @ 104°				
Z ₄₄	0.07252 @ 11°				
Z ₅₁	0.03102 @ 107°				
Z ₅₃	0.04252 @ 110°				
Z ₅₅	0.00627 @ 17°				
Z ₆₀	0.06147				
Z ₆₂	0.02540 @ 71°				
Z ₆₄	0.02439 @ 89°				
Z ₆₆	0.01797 @ 25°				

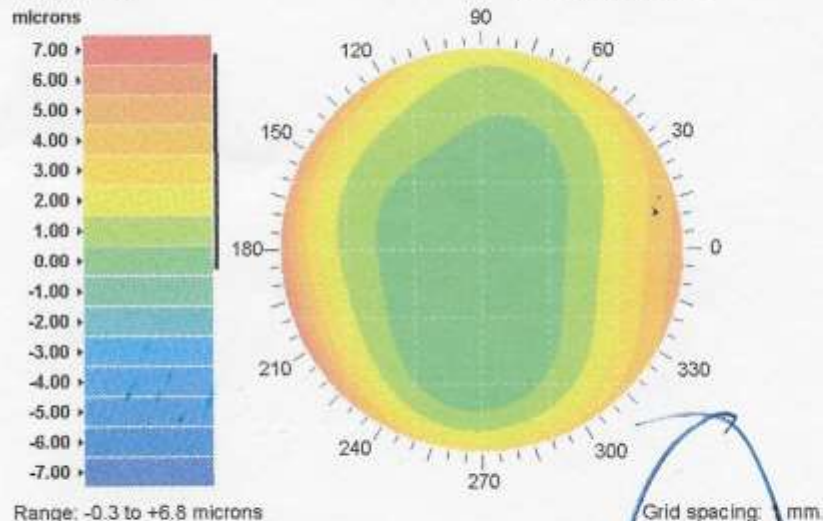
Eye Image Limbus Diam: 13.1 mm Pupil: 6.5 x 6.3 mm @101° (avg 6.4)



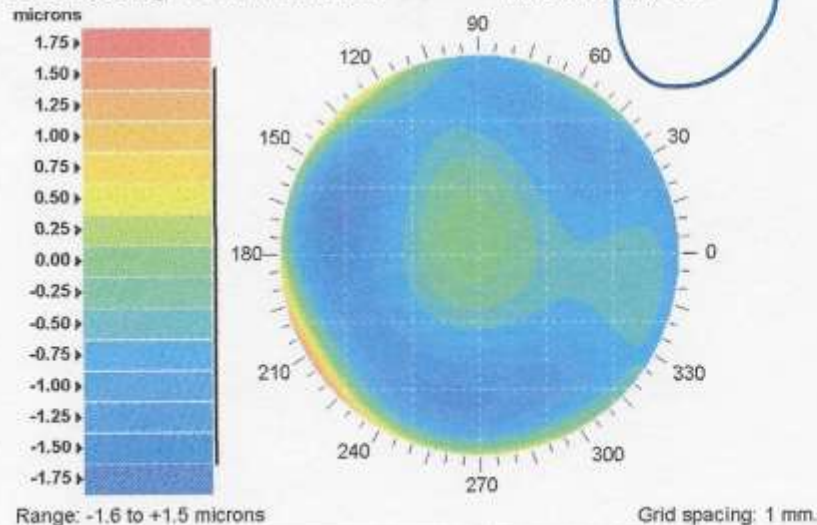
Technolas with Wavefront and Iris Registration

OD -0.31 DS -0.67 DC x 89° @ 12.5 mm (5.00 Rx Calc)
 13-Mar-2015 09:29:59 W.F. Diam (mm): 6.00 High Order: 34.7 %
 Eff. Blur (D): 1.15 Rms Err. (μ): 1.50 Quality: ✓✓✓✓

Acuity Map



Wavefront High Order Aberrations



Normalized Polar Zernike Coefficients (μ) High Order Aberrations Graph

	Value	Name	0.0	0.33672	Axis
Z ₂₀	1.27111	Defocus			
Z ₂₂	0.64351 @ 179°	Astigmatism			
Z ₃₁	0.19189 @ 218°	Coma			
Z ₃₃	0.11377 @ 102°	Trefoil			
Z ₄₀	0.33672 ✓	Sph. Aberration			
Z ₄₂	0.04672 @ 52°				
Z ₄₄	0.08092 @ 32°				
Z ₅₁	0.12889 @ 188°				
Z ₅₃	0.09132 @ 46°				
Z ₅₅	0.07055 @ 60°				
Z ₆₀	0.01656				
Z ₆₂	0.04208 @ 88°				
Z ₆₄	0.03928 @ 46°				
Z ₆₆	0.01514 @ 59°				

Eye Image Limbus Diam: 13.1 mm Pupil: 6.2 x 6.0 mm @ 115° (avg 6.1)



Secondary Cylinder

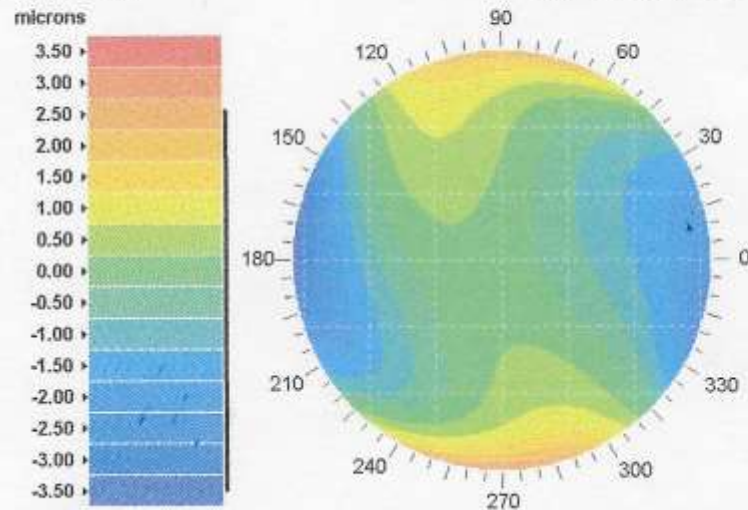
OS

+0.65 DS -0.90 DC x 15° @ 12.5 mm (5.00 Rx Calc)

24-Apr-2015 11:10:06 W.F. Diam (mm): 6.25 High Order: 25.2 %

Eff. Blur (D): 0.76 Rms Err. (μ): 1.07 Quality: ✓✓✓

Acuity Map

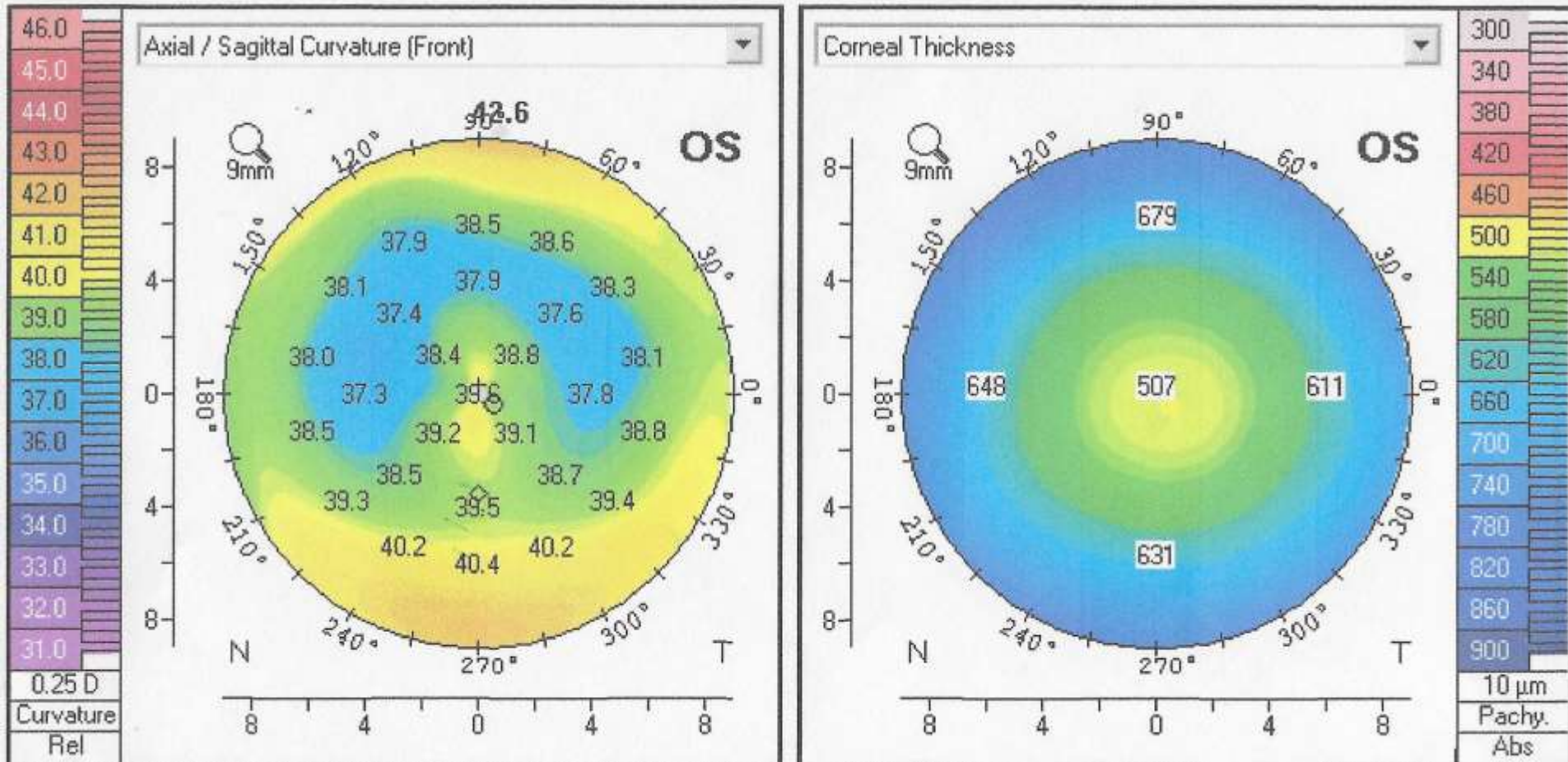


Normalized Polar Zernike Coefficients (μ)

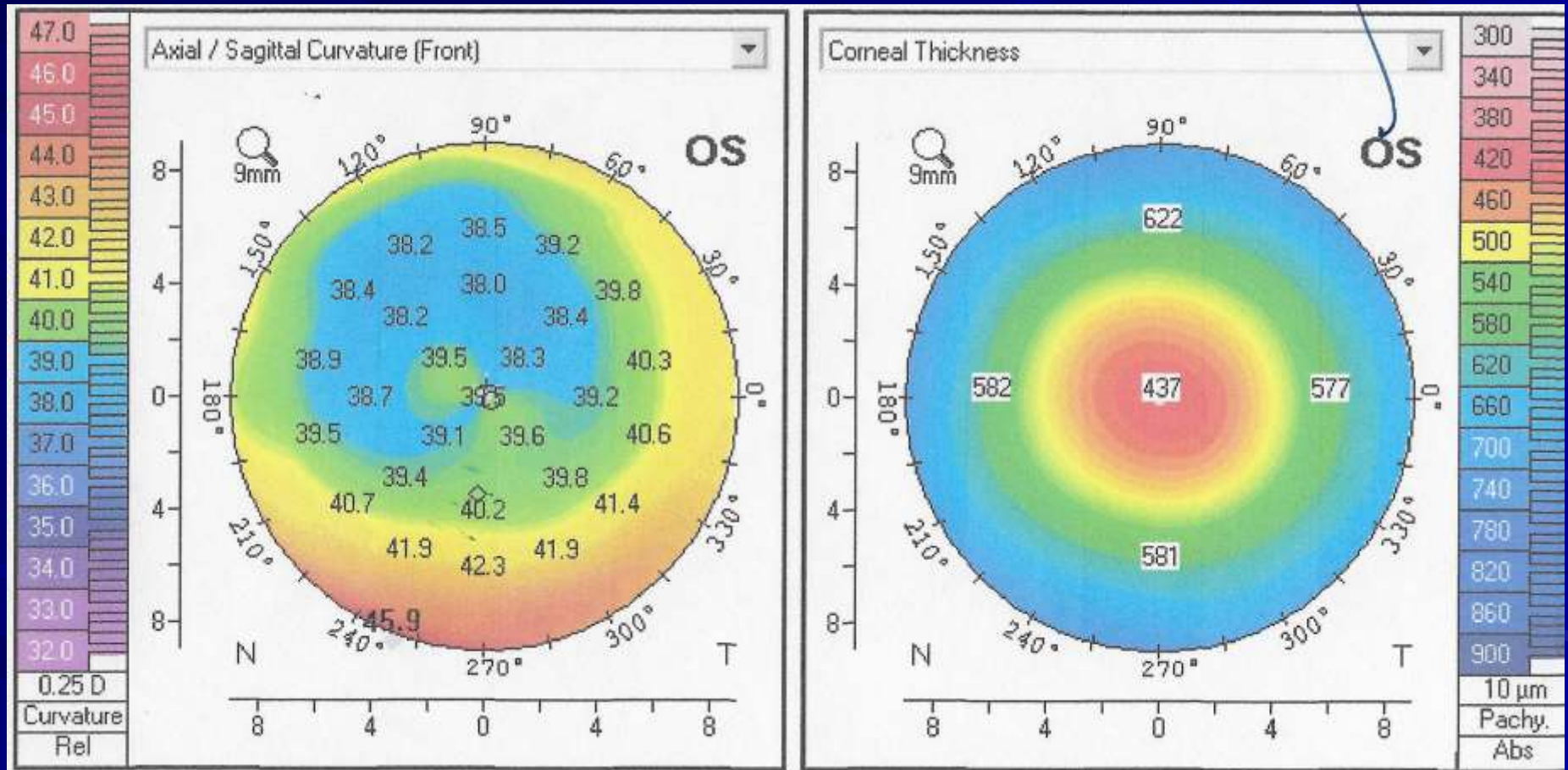
High Order Aberrations Graph

	Value	Name	0.0	0.24739	Axis
Z ₂₀	-0.13125	Defocus			
Z ₂₂	1.01076 @ 95°	Astigmatism			
Z ₃₁	0.13547 @ 346°	Coma			
Z ₃₂	0.05863 @ 18°	Trefoil			
Z ₄₀	0.09654	Sph. Aberration			
Z ₄₂	0.24739 @ 62°				
Z ₄₄	0.07639 @ 27°				
Z ₅₁	0.05194 @ 222°				
Z ₅₃	0.02469 @ 89°				
Z ₅₅	0.02719 @ 71°				
Z ₆₀	0.04103				
Z ₆₂	0.04892 @ 75°				
Z ₆₄	0.01926 @ 69°				
Z ₆₆	0.04809 @ 2°				

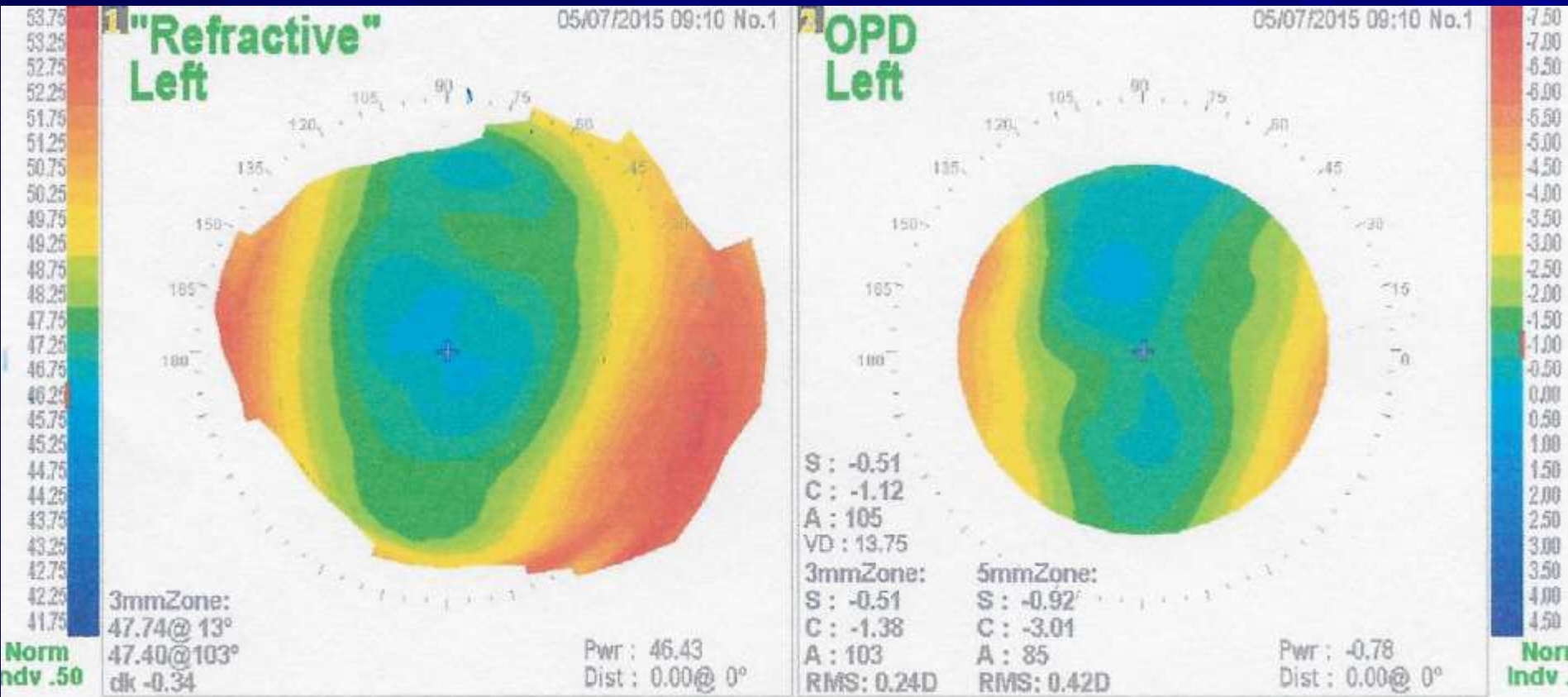
Inferior steepening Epithelium, Flap, or Ablation



Technolas iris registration

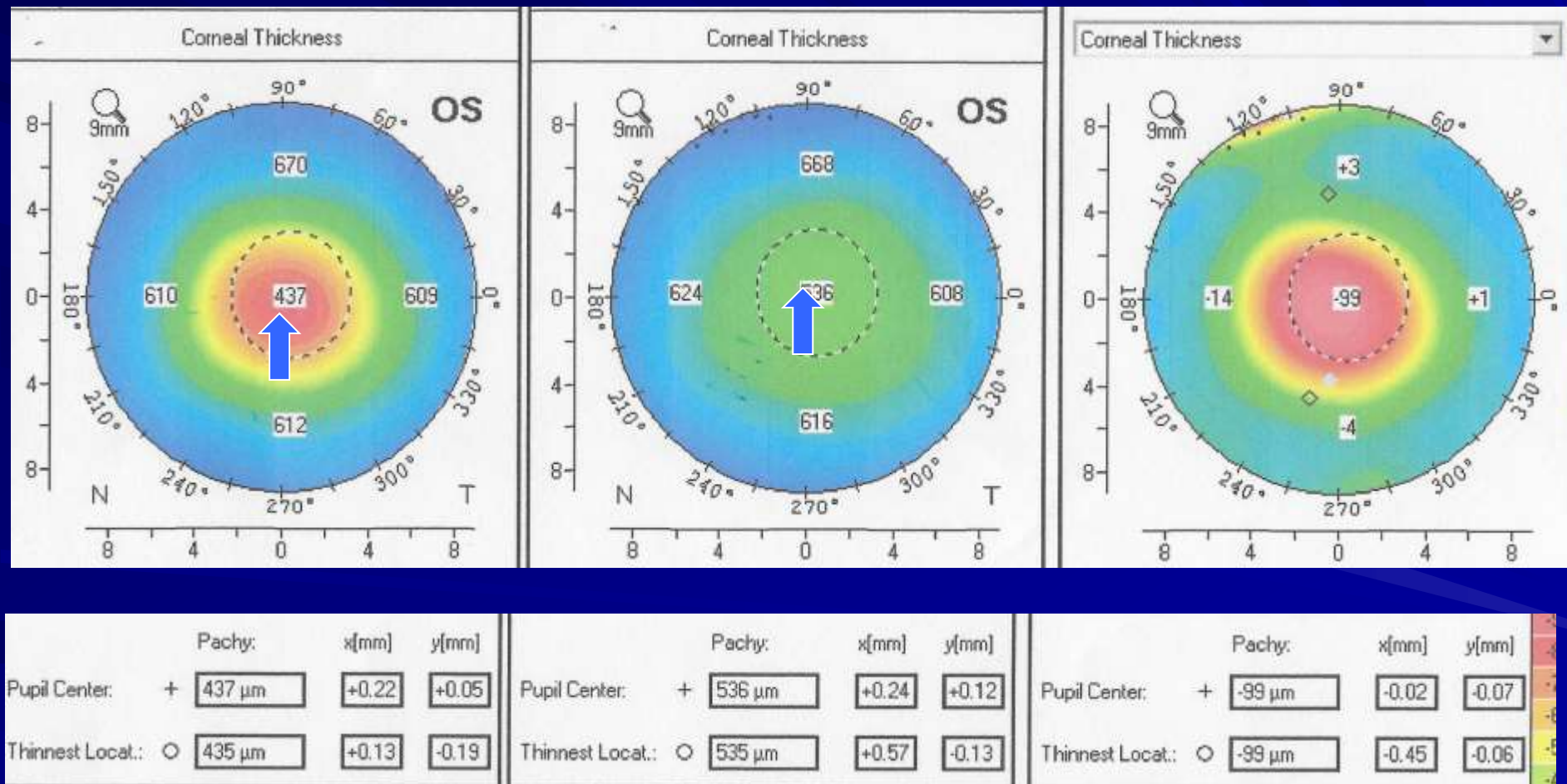


Against the Rule

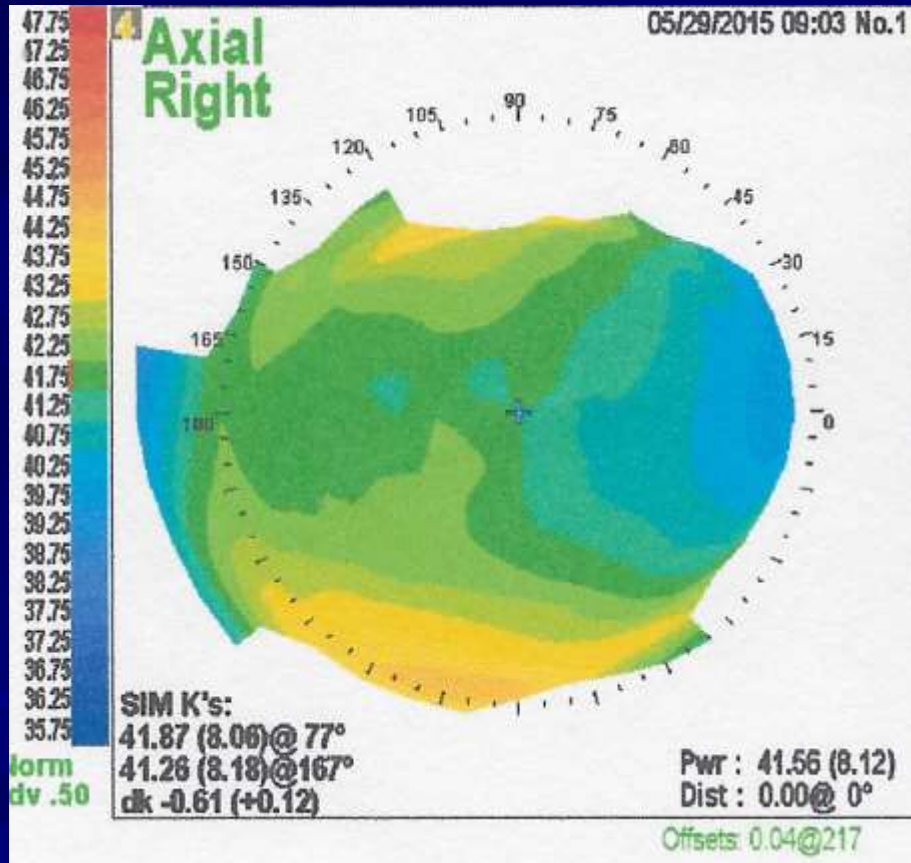


Apex Nasal / Inferior

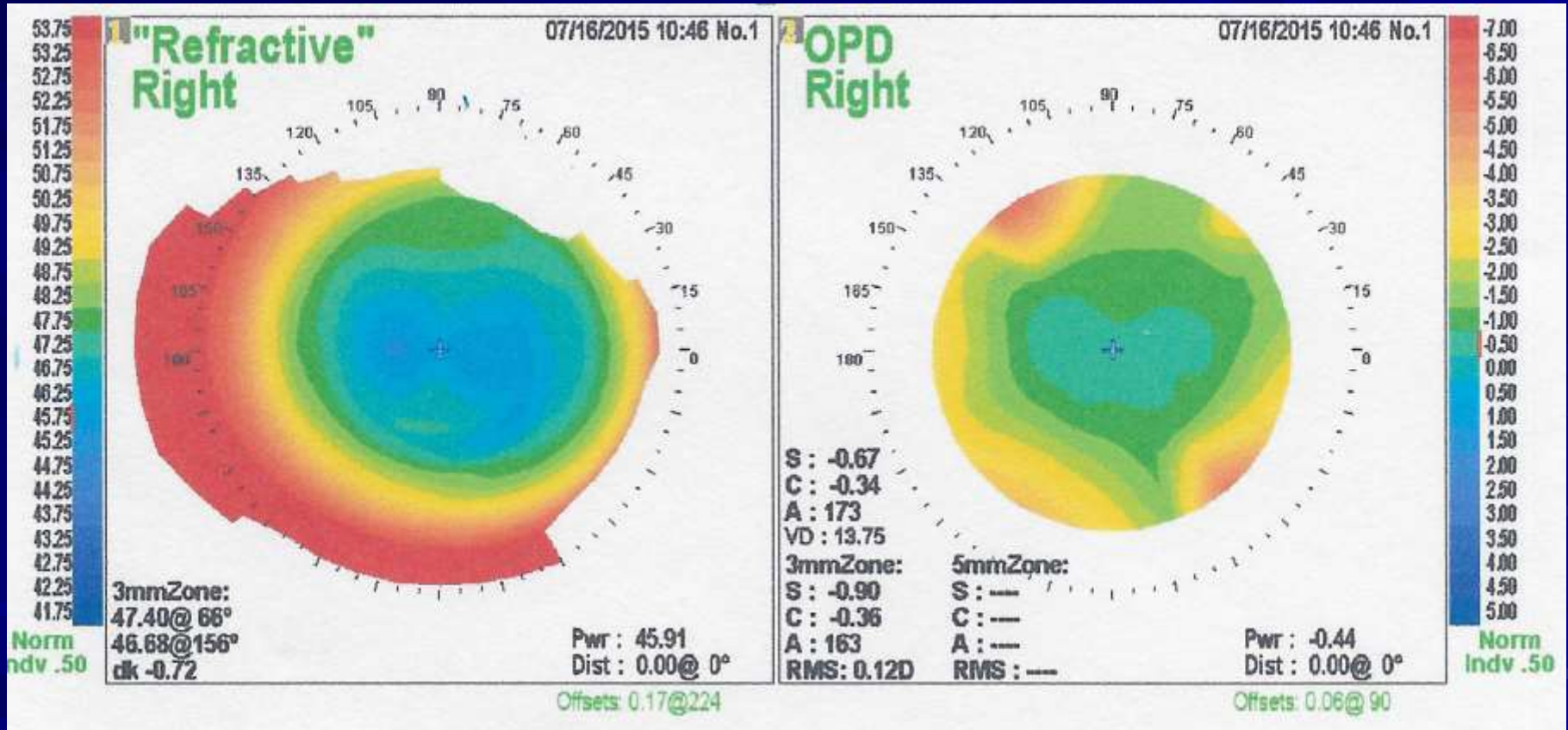
$x = -0.24, y = -0.12$



Technolas high cylinder



High Myopia



Minus SA

OD

+0.05 DS -0.54 DC x 9° @12.5 mm (3.25 Rx Calc)

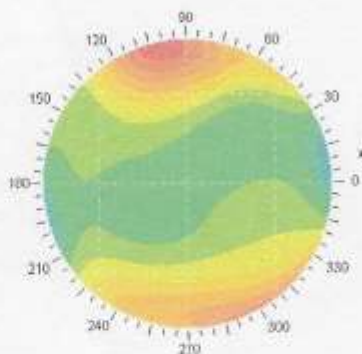
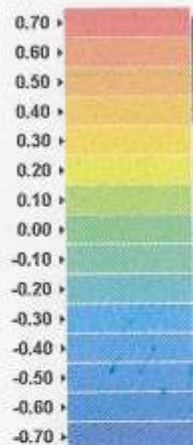
16-Jul-2015 10:46:49 W.F. Diam (mm): 3.25 High Order: 32.8 %

Eff. Blur (D): 0.46 Rms Err. (μ): 0.18 Quality: ✓✓✓✓

Acuity Map

Rms Error (μ): 0.18

microns



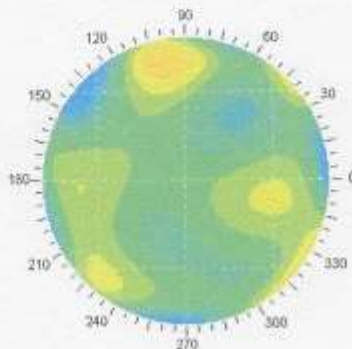
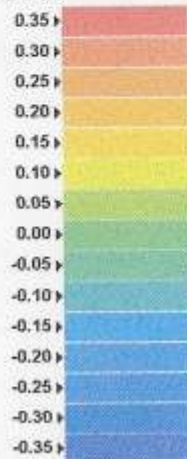
Range: -0.3 to +0.7 microns

Grid spacing: 1 mm.

Wavefront High Order Aberrations

Rms Error (μ): 0.06

microns



Range: -0.2 to +0.2 microns

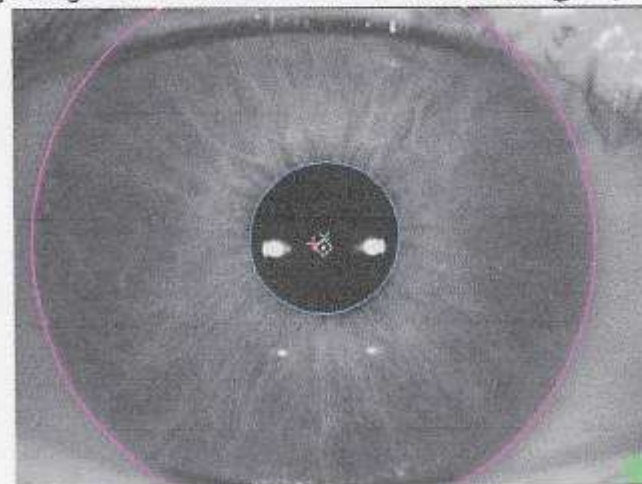
Grid spacing: 1 mm.

Normalized Polar Zernike Coefficients (μ)

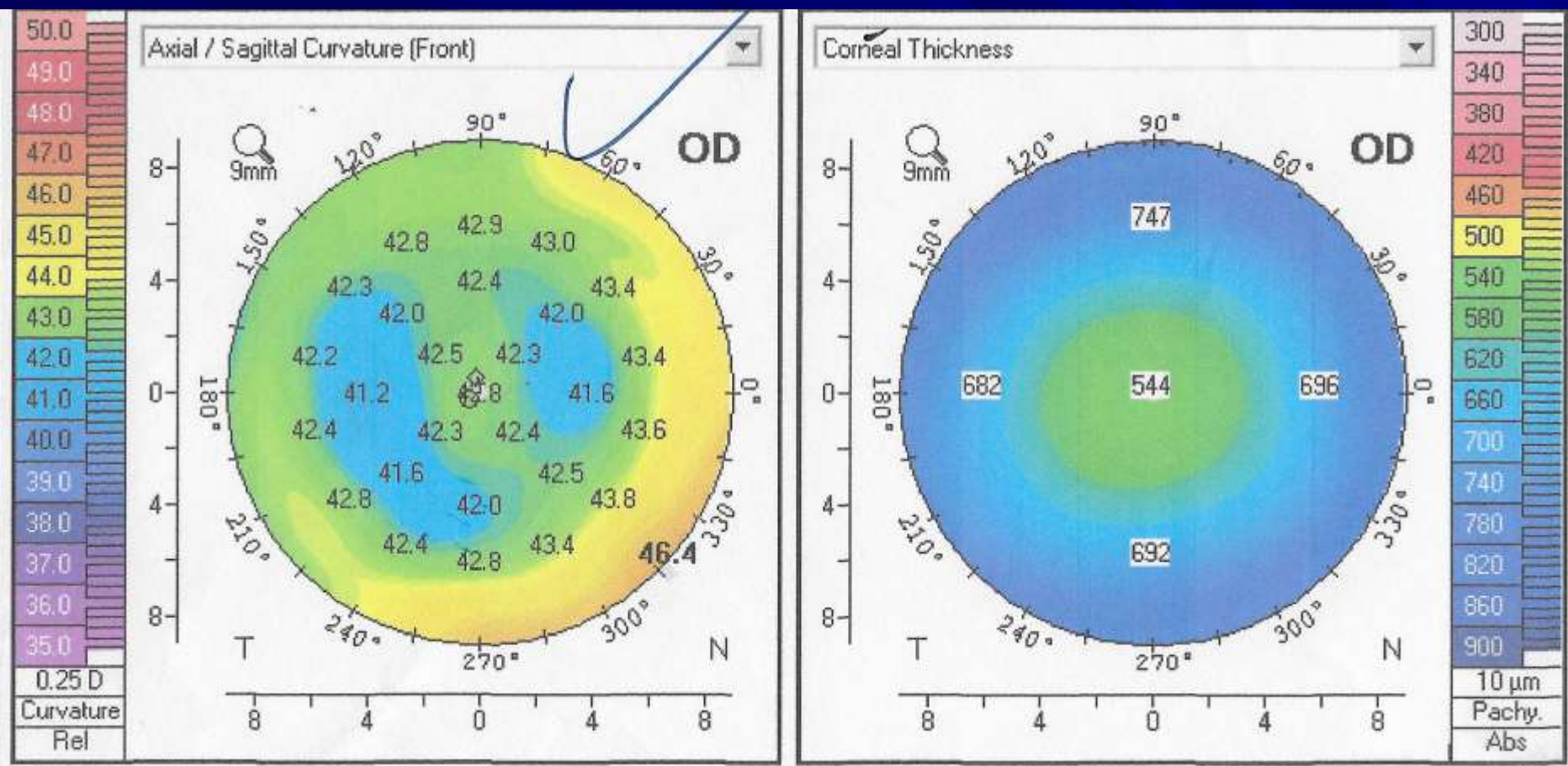
High Order Aberrations Graph

	Value	Name	0.0	0.03186	Axis
Z ₂₀	0.08234	Defocus			
Z ₂₂	0.14356 @ 99°	Astigmatism			
Z ₃₁	0.00683 @ 3°	Coma			
Z ₃₃	0.03186 @ 91°	Trefoil			
Z ₄₀	-0.01236	Sph. Aberration			
Z ₄₂	0.01521 @ 71°				
Z ₄₄	0.00214 @ 8°				
Z ₅₁	0.00960 @ 344°				
Z ₅₃	0.01567 @ 52°				
Z ₅₅	0.02163 @ 29°				
Z ₆₀	-0.00793				
Z ₆₂	0.01564 @ 155°				
Z ₆₄	0.01908 @ 47°				
Z ₆₆	0.01941 @ 45°				

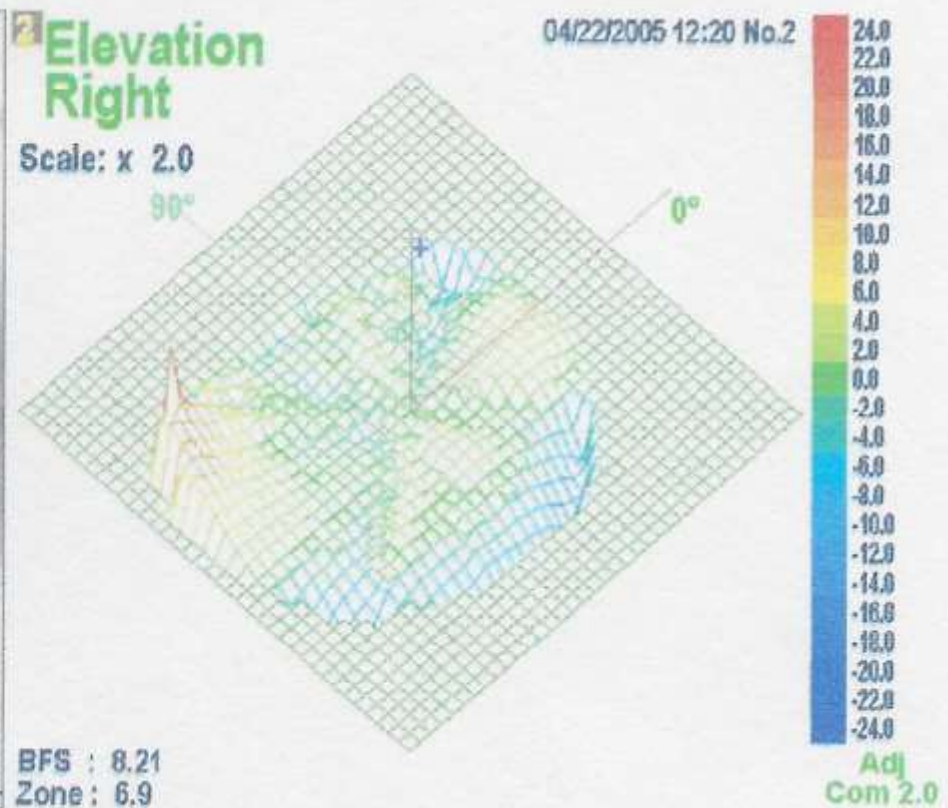
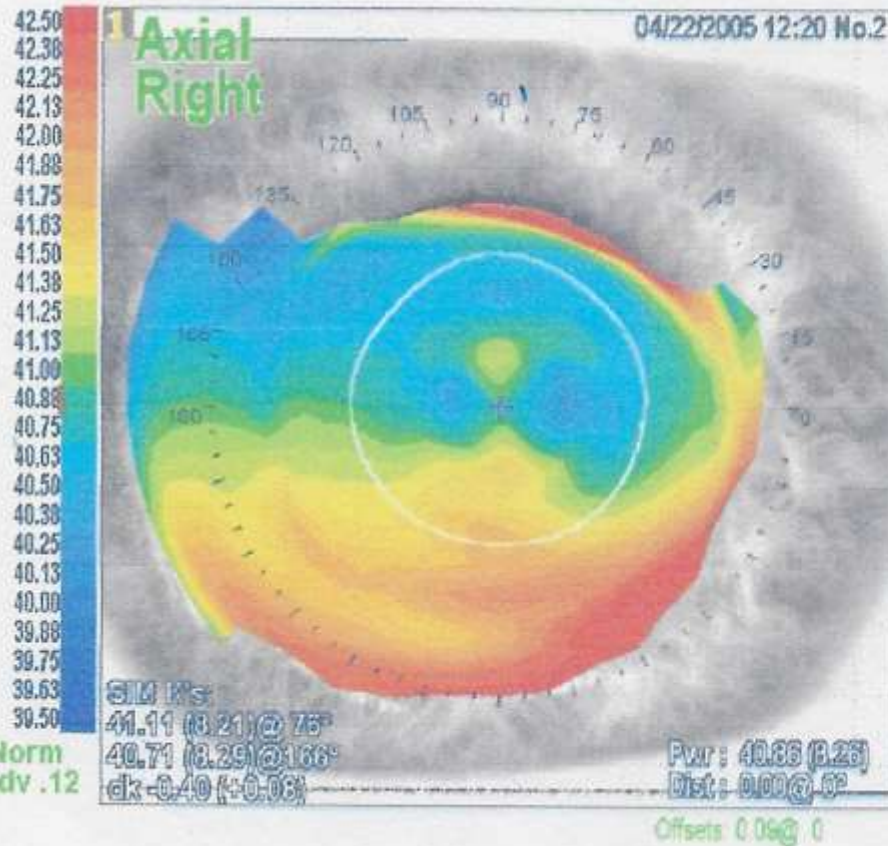
Eye Image Limbus Diam: 13.0 mm Pupil 3.5 x 3.4 mm @54° (avg 3.5)



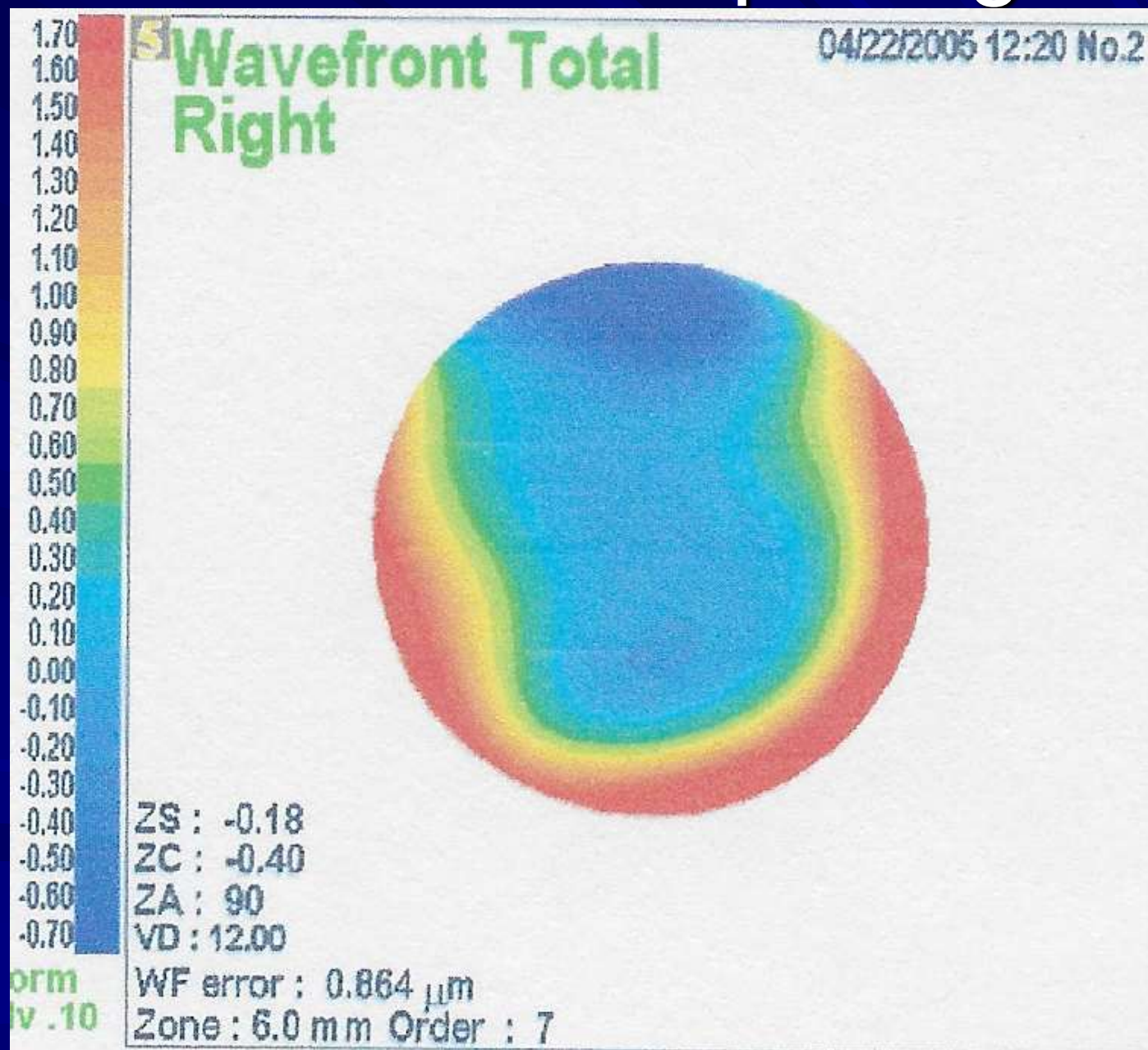
Island



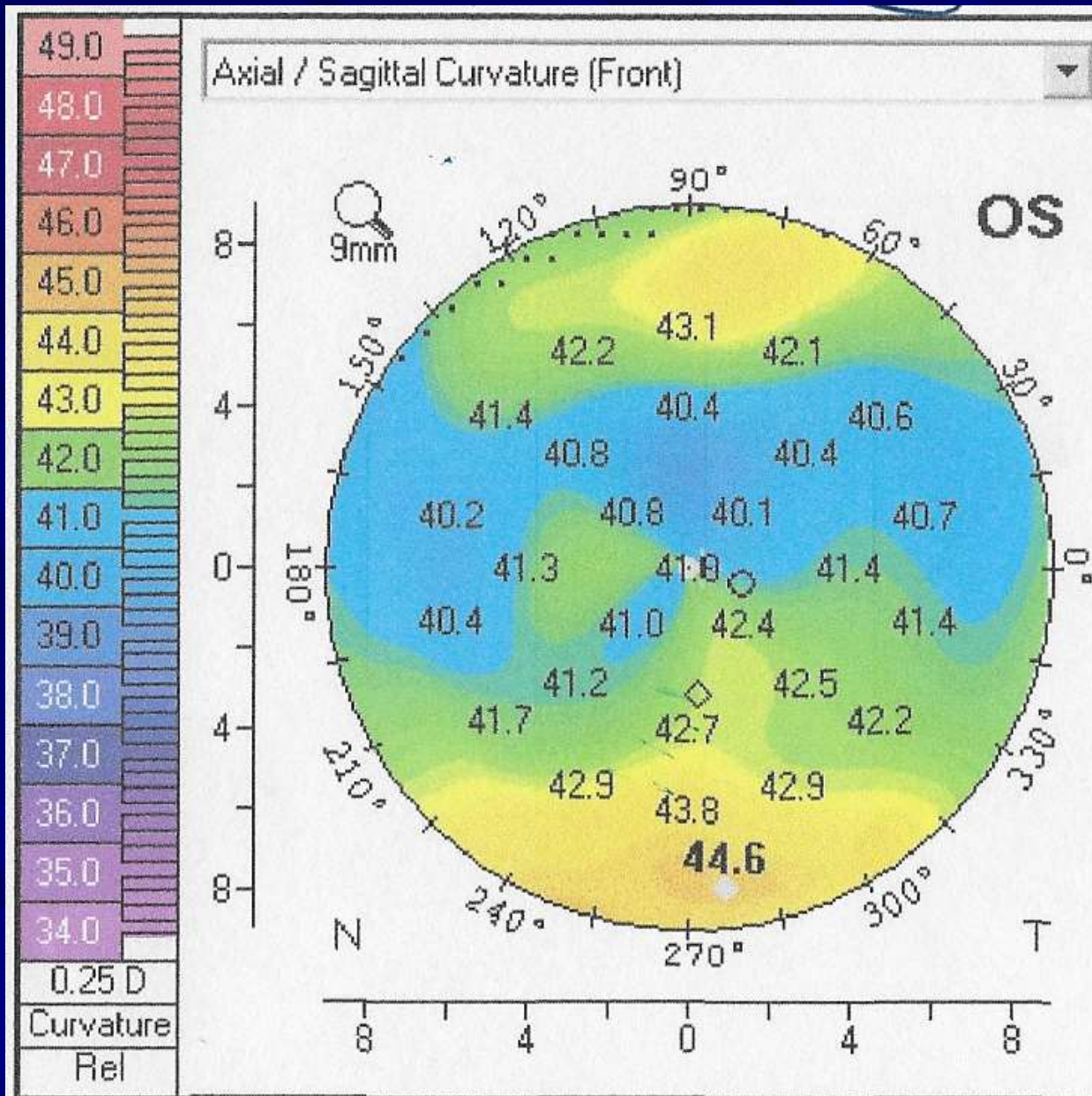
Inferior Steepening



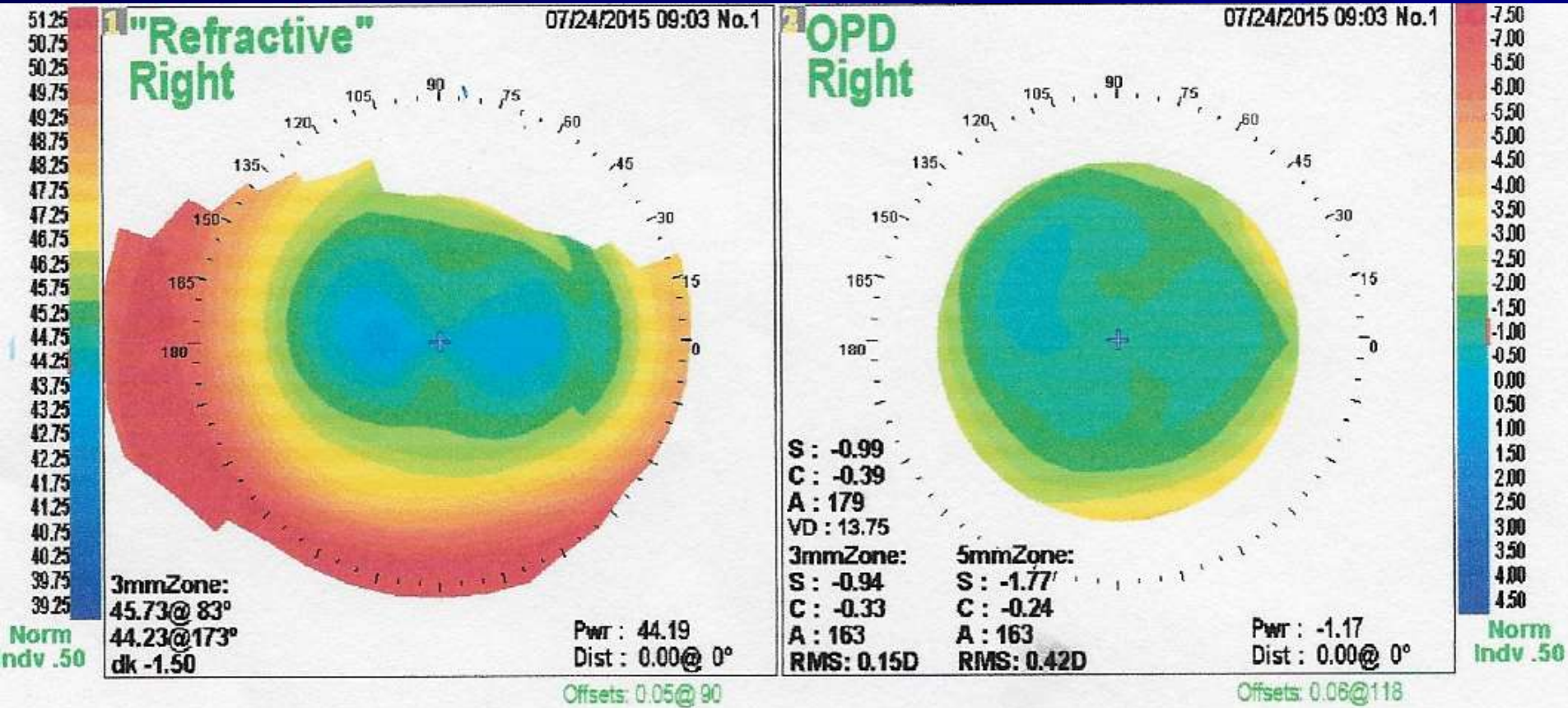
Inferior Steepening



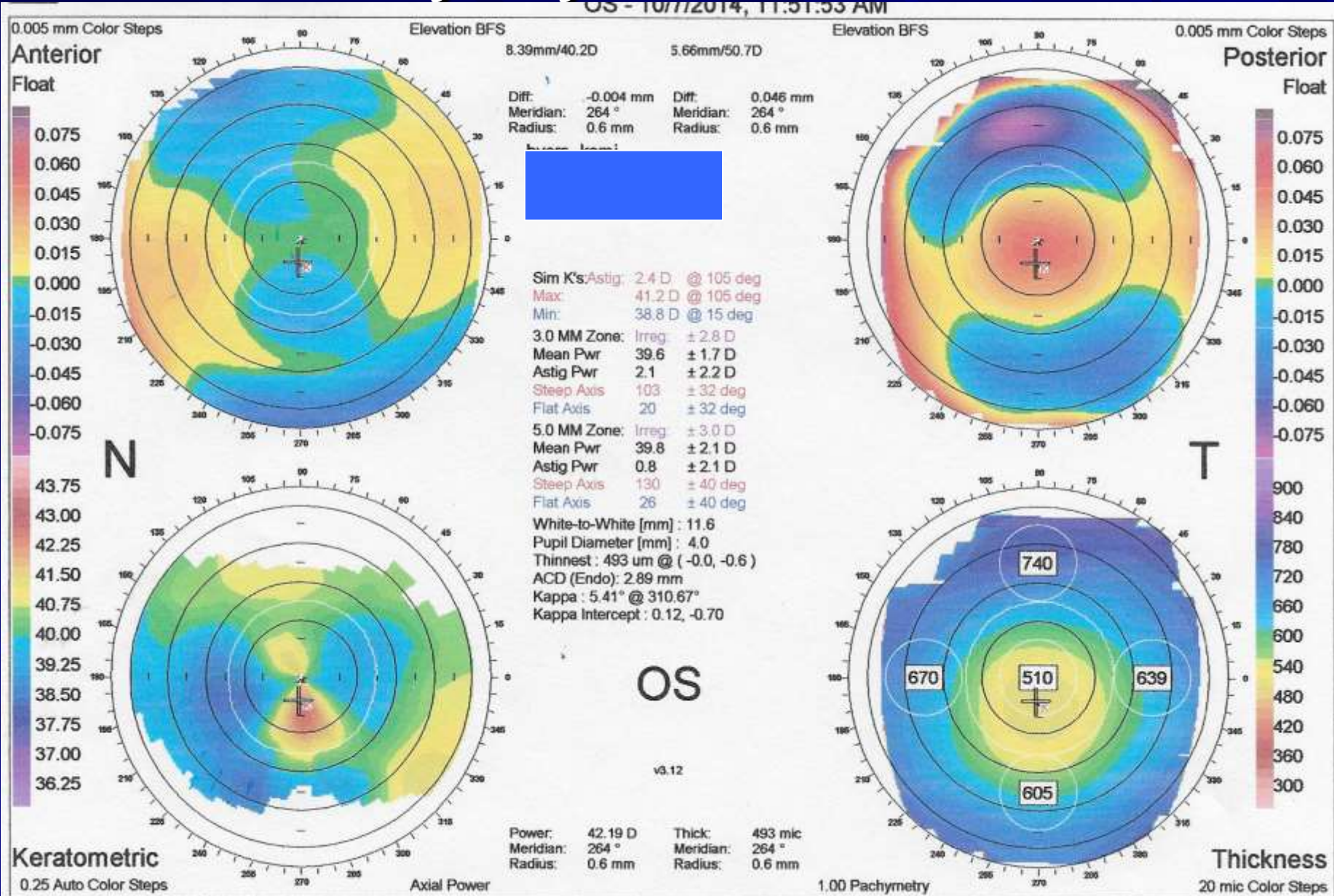
ABMD



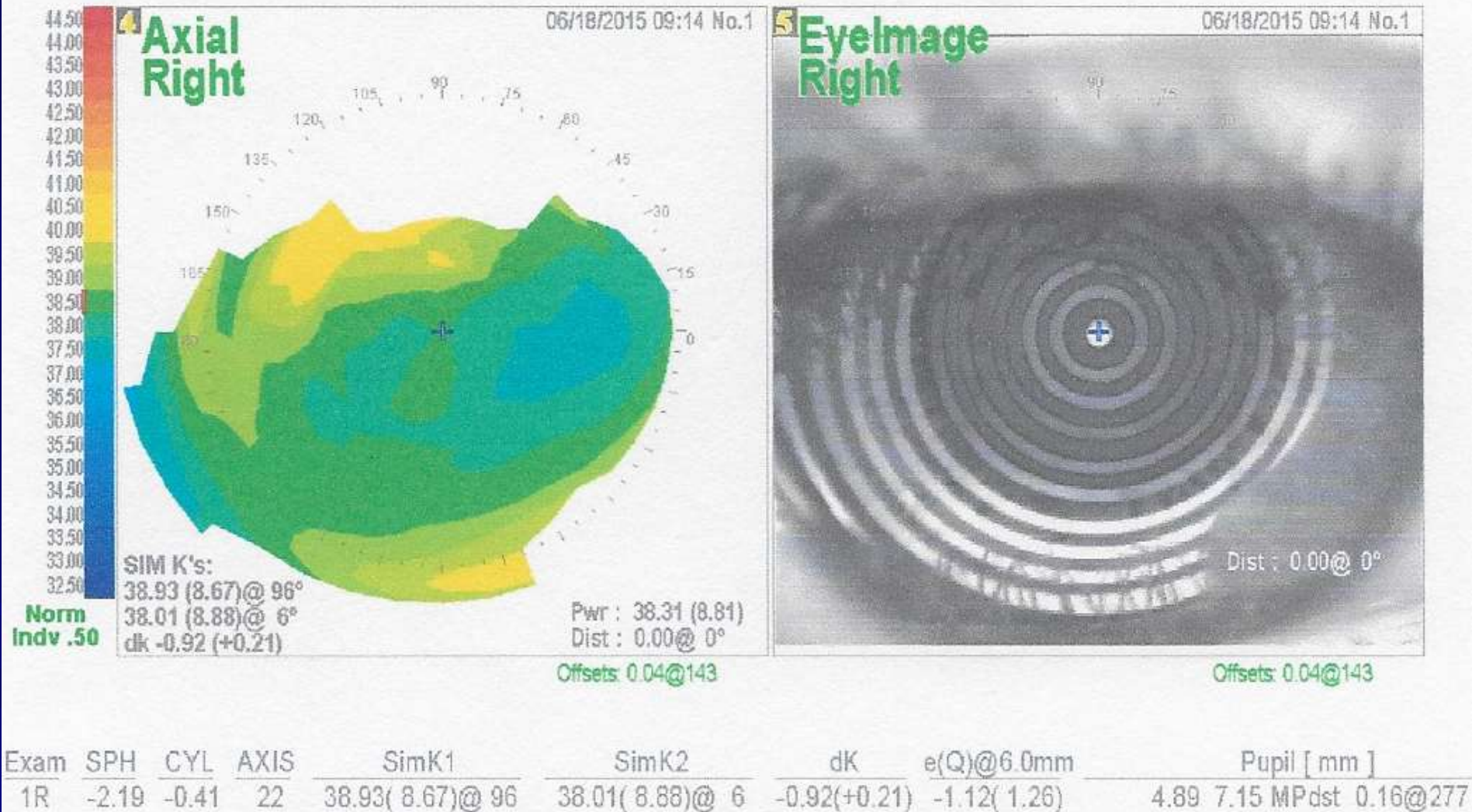
Technolas: Deep Ablation



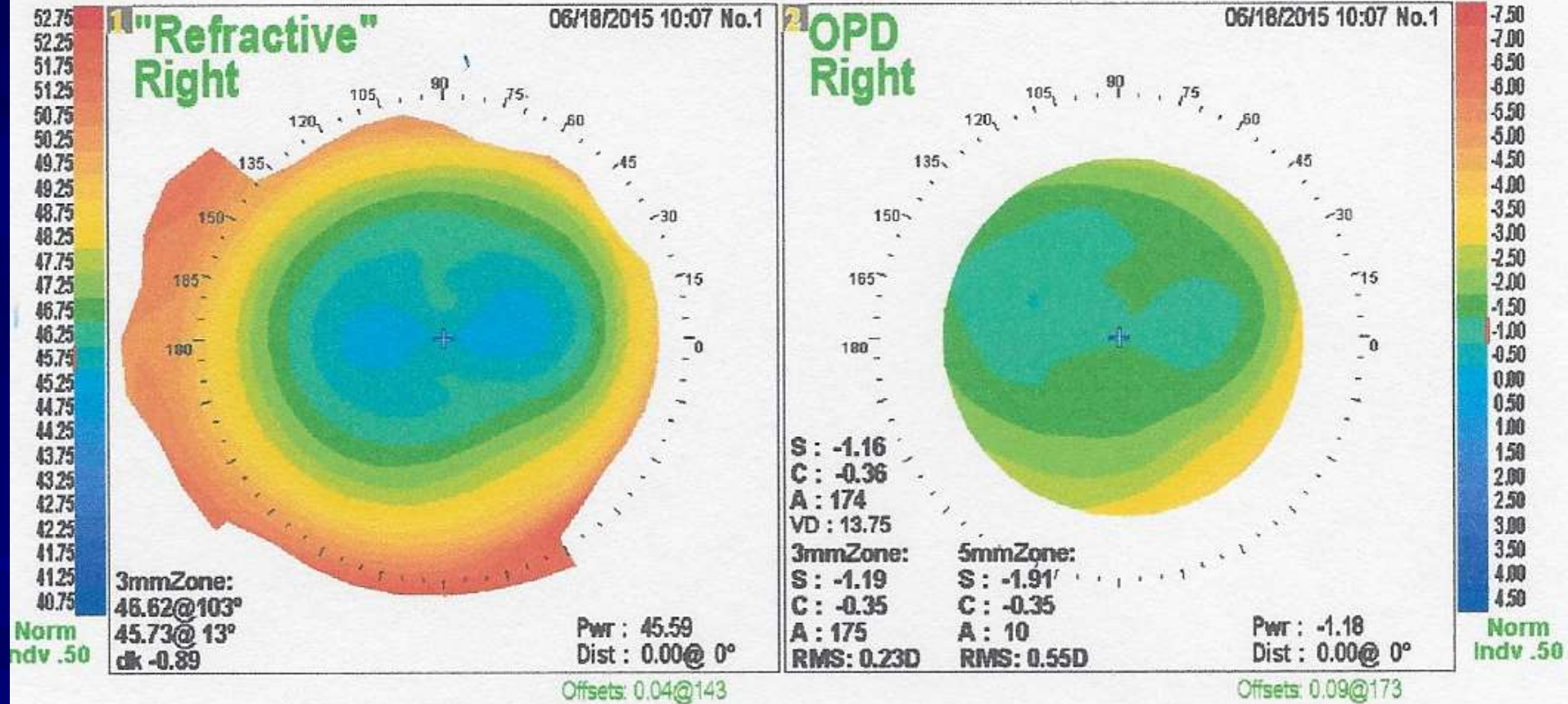
Early Cylinder island



Technolas



Technolas



Technolas high cyl

