



SHERI FLANDERS

Sheri_allender@hotmail.com	HEIGHT: 5'4
www.sheriflanders.com	
773-895-0134	WEIGHT: 100 Lbs
Representation: NV Talent Brett Sechrist (312) 563-0136	HAIR: Black
NON UNION	EYES: Brown

THEATER

Flanders Holiday Show
 Nasty Brutish and Short
 Corey Has Friends Too
 That Sunday Show
 Jumping Off A Clef
 One-Minute Play Festival
 The Beehive
 Our Perspective
 Cherry Storytelling
 M Scruggs Festival
 The Musical Armando
 Choice The Musical
 Flanders Sketch Show
 Infinite Sundaes
 Rhinoceros
 Girl Gang
 Cabal
 Flamingo
 Improvised Comic Book
 BAPS
 SMILE Jazz Improv
 Say Yes to the Mess
 Big Short End the Stick
 Pow(d)er Room
 Project Broadway
 Underachievers
 Barack All Night
 This Is Art
 Sketch Cast
 Fake Believe, Writing 6
 Monday Night Live
 Pop Soda
 Flanders Duo
 La-Di-Dah
 Coached Ensembles
 Coached Ensembles
 Coached Ensembles
 The Tempest
 JTF/Cheap Trills
 Balloon Cocoon
 Improvised Bible
 Little Shop of Horrors
 Showboat

Writer/Actor
 Puppet Maker/Actor
 Improviser
 Improviser
 Improviser
 Actor
 Host
 Actor
 Storyteller
 Writer/Actor
 Monologist
 Writer/Actor/Vocalist
 Actor/Writer/Vocalist
 Actor/Writer/Vocalist
 Housewife/Firefighter
 Improviser
 Improviser
 Improviser
 Actor
 Actor/Vocalist
 Improviser/Vocalist
 Actor/Writer/Vocalist
 Actor/Writer/Vocalist
 Improviser
 Actor/Vocalist
 Assistant Director
 Michelle Obama
 Actor
 Actor/Writer
 Actor
 Actor
 Improviser/Vocalist
 Improviser
 Improviser/Vocalist
 Improviser
 Improviser
 Improviser
 Antonio
 Director/Vocalist
 YoungerSelf
 Improviser
 Chiffon
 Chorus

Sheri & Josh Flanders
 Nik Witcomb
 Corey Caldwell
 Michah Philbrook
 Jeff Bouthiette
 Jonald Jude Reyes
 Sheri Flanders
 Mia Park
 Catherine Savage
 Winter Davis
 Dave Asher
 Jeff Bouthiette
 Anthony LeBlanc
 Tyler Dean Kempf
 Bryce Read
 Ensemble
 Sean Sullivan
 Bethany Remly
 Sam Super
 Jillian Ebanks
 Jim Holman
 Norm Holly
 Anthony LeBlanc
 Ensemble
 Courtney Fontaine
 Jay Sukow
 Patrick Rowland
 Jay Sukow
 Zachery Stevens
 Writing 6 Class
 Patrick Newsom
 Dave Asher
 Flanders
 Dave Asher
 David Montgomery
 Jay Sukow
 Annie Taylor
 Colleen Stovall
 Tom Neile
 Nicole Stoddard
 Jessica Miloto
 Starlite Productions
 Starlite Productions

The SC Blackout Cab
 Links Hall
 Laugh Out Loud
 SC Beat Lounge
 SC Beat Lounge
 The Den
 The Revival
 Goodman Theater
 iO Chicago
 Second City TC
 iO Chicago
 MCL Theater
 SC Beat Lounge
 Second City Training Ctr.
 Public House Theater
 iO Theater
 ComedySportz
 ComedySportz
 Various Theaters
 The Crowd Theater
 Blackout Cabaret
 Sec City Grad Revue
 Sec City MI Grad Revue
 Second City Training Ctr.
 MCL
 Second City Training Ctr.
 The Revival
 Stage 773
 Second City Training Ctr.
 Second City Training Ctr.
 iO Theater
 Crowd/Playground/SC
 Playground/MCL
 iO Theater
 Second City Training Ctr.
 Second City Training Ctr.
 Second City Training Ctr.
 Shakespeare Miami
 Just The Funny
 The Vanguard
 Gorilla Tango
 The Headback Theater
 The Headback Theater

COMMERCIAL/FILM

Injury Network USA
 Antony and Cleopatra
 Infiniti Cars of Coconut Creek
 Ransom

Actor
 Actor
 Principal
 Reporter

Esau Melendez
 Amber Washington
 Infiniti
 Tim Parentau

Clandestino Films
 Harold Ramis Film
 Boca Talent
 Independent Film

VOICEOVER

Bloody April Fools
 Story of a Life
 Once Upon a Time in Vietnam
 Donde Esta Elisa?

Principal
 Jade/Principal
 Ahn/Principal
 Various

Cedrik Boyer
 Cedrick Boyer
 Cedrick Boyer
 Cedrick Boyer

The Kitchen
 The Kitchen
 The Kitchen
 TheKitchen

Education

The Second City Chicago - Conservatory Program Graduate, Music Conservatory Graduate, Improvisational Acting A-E, Stand Up 1, So You Think You Can Uke?, Process Week Intensive, Yes, Yes, Y'all

Instructors: Anne Libera, Kevin Reome, Micah Philbrook, Norm Holly, Jeff Bouthiette, Andrew Roy Ritter, Jonathan Wagoner, Stephanie Mc Cullough, Rachel Mason, Matthew Von Colton, Jeff Griggs, Peter Kim, Anthony LeBlanc, Reena Calm, Jimmy Tomasello, Michael Gellman, Rene Duquesnoy

iO Chicago Improvisational Acting Levels 1 – 5, Music Improv Levels 1 - 3

Instructors: Dave Asher, Seth Weitberg, Christy Bonstell, Susan Messing, Shane Wilson, Matt Higbee, Craig Uhler

Links Hall, Puppeteers of Color Incubator – Nik Whitcomb & Jamilah Henson

Onion/DaF Writing Workshop, The Onion, Chicago

Presenting Your POV CDCC Workshop, ComedySportz – Anthony LeBlanc

Late Night Writing Packet, The Crowd Theatre- Zackery Stephens

Improvised Shakespeare Workshop – Just the Funny, Miami

Acting Master Class, Just the Funny, Miami - Tom Toddoroff

Protecting the Freak Workshop, Just the Funny, Miami – Susan Messing

Instant Characters and Positive Choices Workshop, David Razowsky – Sick Puppies, Miami

iO Weeklong Intensive in Miami, Just the Funny Miami, Charna Halpern, Lyndsay Hailey, Tara De Francisco

Sketch Writing Workshop, Kevin MacDonald – SAK Comedy Lab, Orlando

Jeanette Hopkins Vocal Instruction - Voice Range: Soprano & Alto, jazz and blues

Skills

Shortform and longform improvisation, writer, vocalist, rapper, freestyle and basic dance, marathon runner, scuba diver, basic handgun, stage combat, golf, fashion design and fine arts, puppet maker and puppeteer, Fits In Suitcase (please don't kidnap me)

Accents

Southern, British, Jamaican, Wicked Witch Cackle, Vulture