



## 2022 ADVANCED HORSEMANSHIP CLINICS

Thank you for your interest in our advanced summer programs here at Ironstone Farm! Our farm offers both therapeutic and recreational riding year around. For our recreational and independent therapeutic clients, we strive to provide as many horsemanship topics as possible as they grow. These clinics are designed for our advanced clientele, to try new things, and add to their skillset, in hopes they become a well-rounded horseman. In order to participate in these clinics, riders must be at the walk, trot, canter level in their weekly riding lessons.

Participants may take as many clinics as desired, however, there is a limit as to how many can participate at once. There are also 1HR lesson slots available throughout the summer that are limited to 4 riders. To sign up, please email this registration form to **SummerPrograms@IronstoneFarm.org**. Attached is a calendar of the clinics offered this summer. These will run between June 20th and August 25th, 2022. *Please see the last page for a list of clinic descriptions.*

### REGISTRATION FORM

Rider's Name: \_\_\_\_\_ Age\*: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
\*must be 7 or older to participate

Parent Phone: \_\_\_\_\_ Parent Email: \_\_\_\_\_

*Please highlight or circle the desired clinics for each month that you wish to participate in on the calendars attached. Those pages along with this form can be sent to [SummerPrograms@IronstoneFarm.org](mailto:SummerPrograms@IronstoneFarm.org) or dropped off to Renee or Jess at Ironstone Farm - 450 Lowell Street, Andover, MA 01810.*

**Clinic Cost: \$60 per Clinic; \$55 per 1 HR group lesson**

*Clinics are paid for one month in advance. Participants may not participate unless paid for by due date.*

MONTH (Payment due)	TOTAL CLINICS	TOTAL LESSONS	TOTAL COST
<b>JUNE</b> (Due May 31st)			\$
<b>JULY</b> (Due June 30th)			\$
<b>AUGUST</b> (Due July 31st)			\$

**Payment Type:**      Online Payment      Check (made out to Challenge Unlimited)

**Assumption Of Risks & Liability Release Agreement  
Ironstone Farm; Challenge Unlimited, Inc.; & Ironstone Therapy, Inc.**

**PLEASE READ BOTH SIDES OF THIS AGREEMENT  
SIGNATURE REQUIRED ON THE REVERSE**

\*Client Name: \_\_\_\_\_ \*Gender: M \_\_ F \_\_ \*DOB: \_\_\_\_\_ \*Height: \_\_\_\_\_ \*Weight: \_\_\_\_\_

The Client (myself, child/ward) DOES \_\_ or DOES NOT \_\_ have a (physical or other) diagnosis or disability. \*Required Fields

Client Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Best Phone: \_\_\_\_\_

\*Best Email: \_\_\_\_\_ CC Email: \_\_\_\_\_

Parent/Spouse/Guardian 1 Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parent/Spouse/Guardian 2 Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Group Home Contact Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name & Phone# of Employer (Client): \_\_\_\_\_

Name & Phone# of Employer (Parent/Spouse 1): \_\_\_\_\_

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**EMERGENCY CONTACT INFORMATION**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

Primary Care Physician Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Person(s) responsible for payment arrangements: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Third party payer contact name: \_\_\_\_\_ Phone#: \_\_\_\_\_

Describe any medical condition or allergy requiring special precautions, and any medication and dosage: \_\_\_\_\_

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**PLEASE READ THE FOLLOWING THREE PARAGRAPHS CAREFULLY**

**Inherent Risk/Assumption of Risks.** I/We acknowledge that: Risks, conditions and dangers are inherent in (meaning an integral part of) horse/equine/animal activities, regardless of all feasible safety measures which can be taken, and I agree to assume them. The inherent risks include, but are not limited to any of the following: the propensity of an animal to behave in ways that may result in injury, harm, death or loss to persons on or around the animal; the unpredictability of an equine's reaction to sounds, sudden movement, unfamiliar objects, persons or other animals; hazards, including but not limited to, surface or subsurface conditions, a collision, encounter and/or confrontation with another equine, another animal, a person or an object; the potential of an equine activity participant to act in a negligent manner that may contribute to injury, harm, death, or loss to the participant or to other persons, including but not limited to, failing to maintain control over an equine and or failing to act within the ability of the participant. If a horse is frightened or provoked it may divert from its training and act according to its natural survival instincts which may include, but are not limited to, stopping short; spinning around; changing directions and or speed at will; shifting its weight; bucking; rearing; kicking; biting; and or running from danger. I/We also acknowledge that these are just some of the risks

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and I/We agree to assume others not mentioned above. I/We am (are) not relying on Challenge Unlimited, Inc., Ironstone Therapy, Inc. and/or Ironstone Farm to list all possible risks for me.

**Liability Release.** I/We agree that: in consideration of allowing my participation in the activities of Challenge Unlimited, Ironstone Therapy and/or Ironstone Farm, I, the student, client or volunteer, for myself and on behalf of my child and/or legal ward, heirs, administrators, personal representatives or assigns, do agree to release, hold harmless, and discharge Challenge Unlimited, Inc., Ironstone Therapy, Inc. and Ironstone Farm, its employees, agents, independent contractors, officers, directors, claims, demands, causes of action and legal liability, whether the same be known or unknown, anticipated or unanticipated, due to ordinary negligence or legal liability; and I do agree to release any claims, demands, legal actions and causes of action, against Challenge Unlimited, Inc., Ironstone Therapy, Inc. or Ironstone Farm, and its employees, agents, independent contractors, officers, directors, representatives, assigns, members, and insurers, for any damages due to bodily injury and/or death and/or property damage, sustained by me and or my minor child or legal ward in relation to the premises and operations herein, including, but not limited to, riding, driving, training, handling or otherwise being near or around horses owned, leased or boarded by Challenge Unlimited, Inc., Ironstone Therapy, Inc., or Ironstone Farm.

**WARNING**

**Under Massachusetts law, an equine professional is not liable for injury to, or death of, a participant in equine activities resulting from the inherent risks of equine activities, pursuant to Section 2D of Chapter 128 of the Massachusetts General Laws.**

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**In case of a medical emergency, efforts will be made to notify parent(s)/guardian(s). In the event that parent(s)/guardian(s) cannot be reached, the undersigned authorizes Challenge Unlimited, Inc., Ironstone Therapy, Inc., and/or Ironstone Farm, to provide such medical assistance as they determine to be necessary.**

The undersigned authorizes any licensed physician and/or medical facility to provide any medical/surgical care and/or hospitalization for the client, including anesthetic, which they determine necessary or advisable, pending a receipt of specific consent from the undersigned.

**Weight Limits.** Weight limits are important for the safety and well-being of both horses and riders. Please be accurate when disclosing the client's current weight on our registration form. Limits are: 200 lbs. for ponies and smaller horses and 225 lbs. for larger horses. Notwithstanding the above, Management reserves the right to adjust program options and/or to restrict client participation based on weight and weight distribution.

**Photo Release:** I hereby consent to and authorize the use and reproduction by Challenge Unlimited, Inc., Ironstone Therapy, Inc., and/or Ironstone Farm of any and all photographs and any other audiovisual materials taken of me/my child/my ward for promotional material, educational activities, and exhibitions or for any other use for the benefit of the program.

➡ Opt out: **No, I do not consent.** \_\_\_\_\_

I would \_\_\_ would not \_\_\_ be willing/able to assist with my child's/ward's lesson if additional staff/volunteers are not available.  
(Please check one)

<p><b>I/We represent that I/We have read this entire agreement (consisting of two pages) and in particular the sections labeled Inherent Risk/Assumption of Risks, Liability Release and Warning. I/We also represent that I/We have read and understand the Policies, Procedures and Safety Regulations for the Programs held at Ironstone Farm.</b></p>
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\_\_\_\_\_  
Signature

*(Parent/Guardian must sign for all clients under the age of 18)*

\_\_\_\_\_  
Print name

Date: \_\_\_ / \_\_\_ / \_\_\_



## 2022 CLINIC SCHEDULE

JUNE 2022									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
20		21		22		23		24	
9:30-11:00 Groundwork Clinic	11:00 - 12:30 Western Dressage	9:30-11:00 Farrier's Clinic	11:00 - 12:30 Mounted Desensitizing	9:30-11:00 Gymkhana	11:00 - 12:30 Farm/Trail Walk	9:30-11:00 English Apprentice Clinic		9:30-11:00 Intro to Jumping (Part One)	
27		28		29		30			
9:30-11:00 Groundwork Clinic	11:00 - 12:30 Corrective Riding	9:30-11:00 Western Dressage	11:00 - 12:30 Western Apprentice Clinic	9:30-11:00 Gymkhana	11:00 - 12:30 Pond Clinic	9:30-11:00 Farrier's Clinic	11:00 - 12:30 Mounted Desensitizing		
				1:00 - 2:00pm 1HR Lesson		1:00 - 2:00pm 1HR Lesson			

See next pages for July and August schedule

## JULY 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	
								9:30-11:00 English Apprentice Clinic	
4		5		6		7		8	
<b>FARM CLOSED</b>		9:30-11:00 Groundwork Clinic	11:00 - 12:30 Mounted Desensitizing	9:30-11:00 Gymkhana	11:00 - 12:30 Farm/Trail Walk	9:30-11:00 English Dressage	11:00 - 12:30 Farrier's Clinic	9:30-11:00 Jumping Clinic (Part 2)	11:00 - 12:30 Pond Clinic
				1:00 - 2:00pm 1HR Lesson		9:30 - 11:00 Drill Clinic		1:00 - 2:00pm 1HR Lesson	
11		12		13		14		15	
9:30-11:00 Gymkhana	11:00 - 12:30 Corrective Riding	9:30 - 11:00 Drill Clinic	11:00 - 12:30 Western Dressage	9:30-11:00 Groundwork Clinic	11:00 - 12:30 Mounted Desensitizing	9:30-11:00 English Apprentice Clinic	11:00 - 12:30 Farrier's Clinic	9:30-11:00 English Dressage	11:00 - 12:30 Pond Clinic
1:00 - 2:00pm 1HR Lesson						1:00 - 2:00pm 1HR Lesson			
18		19		20		21		22	
<b>NO CLINICS</b>		<b>NO CLINICS</b>		<b>NO CLINICS</b>		9:30-11:00 English Apprentice Clinic	11:00 - 12:30 Roping	9:30-11:00 Jumping Clinic (Part 3)	
25		26		27		28		29	
<b>NO CLINICS</b>		9:30-11:00 Mounted Desensitizing	11:00 - 12:30 Farm/Trail Walk	9:30-11:00 Gymkhana	11:00 - 12:30 Western Dressage	9:30-11:00 English Apprentice Clinic	11:00 - 12:30 Roping	9:30-11:00 English Dressage	
		1:00 - 2:00pm 1HR Lesson				1:00 - 2:00pm 1HR Lesson			

## AUGUST 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
9:30-11:00 Gymkhana	11:00 - 12:30 Farm/Trail Walk	9:30-11:00 Western Apprentice Clinic	11:00 - 12:30 Western Dressage		11:00 - 12:30 Groundwork Clinic	9:30-11:00 English Dressage	11:00 - 12:30 Roping	9:30-11:00 Jumping Clinic (Part 4)	11:00 - 12:30 Pond Clinic
				1:00 - 2:00pm 1HR Lesson				9:30-10:30am 1 HR Lesson	
8		9		10		11		12	
9:30-11:00 Groundwork Clinic	11:00 - 12:30 Gymkhana	9:30 - 11:00 Farrier's Clinic	11:00 - 12:30 Farm/Trail Walk	9:30-11:00 Mounted Desensitizing	11:00 - 12:30 Western Dressage	9:30-11:00 English Apprentice Clinic	11:00 - 12:30 Drill Clinic	9:30-11:00 Jumping Clinic (Part 5)	11:00 - 12:30 Pond Clinic
		1:00 - 2:00pm 1HR Lesson				1:00 - 2:00pm 1HR Lesson		9:30-10:30am 1 HR Lesson	
15		16		17		18		19	
9:30-11:00 Groundwork Clinic	11:00 - 12:30 Corrective Riding	9:30-11:00 Gymkhana	11:00 - 12:30 Pond Ride	9:30-11:00 Western Apprentice Clinic	11:00 - 12:30 Mounted Desensitizing	9:30-11:00 Farrier's Clinic	11:00 - 12:30 Western Dressage	9:30-11:00 Jumping Clinic (Part 6)	11:00 - 12:30 Farm/Trail Walk
								9:30-10:30am 1 HR Lesson	
22		23		24		25		26	
9:30-11:00 Groundwork Clinic	11:00 - 12:30 Mounted Desensitizing	9:30-11:00 Farm/Trail Walk	11:00 - 12:30 Drill Clinic	9:30-11:00 Gymkhana	11:00 - 12:30 Western Dressage	9:30-11:00 English Dressage Clinic	11:00 - 12:30 Corrective Riding	<b><i>CLEAN UP DAY FOR SUMMER STAFF</i></b>	
		1:00 - 2:00pm 1HR Lesson				9:30- 10:30am 1 HR Lesson			



## 2022 Advanced Summer Clinic Descriptions

Please be advised, *rider must be at the walk/trot/canter level in order to participate in these programs*

### Jumping Clinic (Parts 1 - 6)

This clinic will be offered on most Friday mornings, and will be a progression clinic. If you want to participate in the final 2 clinics, you must take at least 2 of the first parts, in order to make sure you progressed safely, and have all the tools necessary.

**Part One: Intro to Jumping** - Learning proper equitation in an english saddle, without the jump factor.

**Part Two: Single Fences** - Utilizing the proper equitation skills developed to go over a jump at the trot and canter

**Part Three: Intro to Lines & Bending Lines** - Learning how to appropriately approach a jump, where to start, finish, and aim for jumps that may have different lines, or changes in direction.

**Part Four: Jumping Gymnastics** - A series of consecutive poles or jumps in a straight line, of all heights, that encourage our horses to set into a rhythm and pick up their feet to a certain stride.

**Part Five & Six: Jump Course** - Combining every skill from prior clinics to successfully complete a jump course at the trot and then the canter.

### Gymkhana

Gymkhana is a speed game based class, where clients will be able to participate in all sorts of games that require focus, agility, and fundamentals of riding. Some of these games include barrel racing, pole bending, turn n' burn, keyhole, musical stalls, relay race, pony soccer, and more! Riders will participate in the games at the level in which the instructor deems appropriate. This will depend on horse assignment and is subject to vary each time a client participates.

### GroundWork Clinic

Groundwork is a foundation of how to train a horse, and a super important aspect of horsemanship when working on communication and confidence. Riders will start in the round pen using At Liberty as a way to communicate and train the horse. Once they have developed a strong foundation in the round pen, they will move on to lunging in the round pen, white ring, and arena. The last part of groundwork that will be focused on is flagging, and other desensitizing agents while riders are handwalking the horse. It is highly recommended that this course is taken multiple times in order to see improvement and build a strong bond and foundation with your project horse.

### Drill Team Clinic

Our Drill Team clinic is one the most popular activities we offer here at Ironstone. In this, we are teaching riders synchronized riding on horseback to high energy, upbeat music. This is a great way to improve your riding skills, as all fundamentals of riding are needed. Controlling speed, being spatially aware, pivoting, turning, weaving through other horses, while performing a complex routine.

### Farm/Trail Walk

This class will be a fun way to tour the farm. We will be taking a trail walk all over the property, in areas other than where we normally ride. These walks will be on and off horseback. We will learn how to confidently walk our horses into different/new situations as well as learn how to get them to trust us. Some of these off roading

adventures include climbing stairs/ramps, walking into the gazebo, off the path in front of the farm horse, behind and around the pond, up the driveway, through part of our rail trail/woods. Riders will have to be experienced and confident to handle possible high stress situations, a great skill to learn and carry with you into other classes!

### **Mounted Desensitizing**

This is our most advanced class that we will be offering this summer. All levels of the advanced HMS program are welcome to take it, but some will be participating more than others due to the advanced skill needed. This class will be all about desensitizing a horse to first party and third party noises, movements that are outside the norm while a rider is on their backs. This will be done with a flag and other outside factors. Riders will learn how to focus horses, and ride them through intimidating obstacles, that may include weird noises, sounds, movement, and smell. This class is also recommended to take multiple times in order to experience full progression.

### **Western/ English Dressage**

This clinic will be based around the riding mechanics of Dressage, an eventing category in both the English and Western world. Dressage is all about body mechanics, and communication to your horse on how you would like their body to move. It's a style of riding that includes many transitions, lateral movement, as well as figures at the walk, trot, and sometimes canter. Riders in this clinic will work on accuracy and precision of the above categories, improving their overall riding equitation and communication to their horse. We have split up the clinics because there are some areas of western dressage that do not correlate with English aside from the saddle, so please make sure you sign up for the appropriate one.

### **Farrier's Clinic**

This new clinic will offer the opportunity for riders to learn all about hoof care, how to handle feet, and eventually how to shape, contour, and correct their feet using farrier tools. Someday's this clinic might work on manners of a horse while getting their feet done, other days may consist of going over how to clip off and round off a hoof with a chip in it.

### **English/Western Apprentice Clinic**

Riders will get the opportunity to experience what it is like to be an instructor in this simulated lesson clinic. Riders will take turns teaching a lesson plan to one another as if they were part of an apprenticeship program. This is a great clinic for anyone who is interested in pursuing horses as a career, or going to college. It is a great skill to have being able to read horse body language when another rider is mounted, as well as pointing out areas of equitation improvement, and coaching someone through an exercise.

### **Pond Excursion**

We are excited to be able to offer one of our biggest hits from last summer! Riders will get to experience walking horses through our pond, something that they never do. This experience will teach riders how to form trust and respect with horses, enough so that they are willing to carry them into a body of water, with funny footing in an unfamiliar area. It is a great confidence builder, and a great way to bond with our equine.





## IRONSTONE FARM SAFETY REGULATIONS

PLEASE READ CAREFULLY

The following regulations have been established for your safety and the safety of all involved in the activities at Ironstone Farm. Please make every effort to abide by them during your time on the premises.

**SMOKING:** There is **NO SMOKING** allowed on the property of Ironstone Farm.

**CHILDREN:** Ironstone is a working farm. We insist that all children, when not involved in a lesson, remain beside their accompanying adult. Running, yelling, or unaccompanied children can create hazardous situations – for themselves, riders, handlers, staff, and other visitors at the farm. Please observe (or ask about) designated areas for viewing lessons. If children behave in an unsafe manner, we may ask you to remove them from the premises.

**PETS & SERVICE ANIMALS:** The animals at Ironstone Farm live in harmony with one another and the introduction of a new animal is handled very carefully. Visiting pets will upset this harmony and can be very disruptive, creating an unsafe situation. Please leave your pet(s) at home. With regards to service animals, please check with the office before visiting the farm.

**TREATS:** Our animals are on a routine feeding schedule. Their daily intake is carefully monitored. Treats may be harmful to some animals, and hand-feeding encourages the animals to bite in search of treats and can be dangerous. Please do not feed the animals.

**PARKING: Please park in designated areas only.** Observe the "No Parking" signs and spaces allotted for the pick-up and drop-off of clients. Please do not sound your horn/car alarm while on Ironstone Farm property! Sudden loud noises may frighten the animals residing at the farm as well as clients participating in therapy.

**UMBRELLAS:** Please do not use umbrellas on the property. The odd shape and sudden movement of opening/closing an umbrella can startle our horses.

**THE BARN:** The upper barn is a staff-only area. If you need to reach someone in the barn office, please call us at 978-475-4056, or ask a present staff member to contact us for you.

**OBSERVATION:** Our instructors and therapists are trained professionals. Please remain outside the teaching area during lessons. You are invited to watch from designated areas.

**PADDOCK:** Only Staff, Working Students, and Feeders (all of whom must have Paddock Privileges) are allowed in the Paddocks. *Volunteers and visitors are not allowed to enter the Paddocks for any reason.*

We appreciate your patronage. We pledge to offer you the best in quality, horse-related and therapeutic programming. During your time spent with us, we ask that you have respect for the property, the animals, and the staff. -- Thank you!