

THE UNAPOLOGETIC TRUTH

A new vision to reclaim our lives

THE SYTEM MUST BE FOUGHT IN ITS ENTIRETY

Our society is falling apart at the seams. One of the central reasons is because we are completely divorcing ourselves from our natural surroundings where true spirituality and healing is found. It is a main reason for physical and mental ailments in people. It is the deeper reason why so many individuals in Amesbury are distraught on a deeper, almost subconscious level regarding the plans to develop in and around Woodsom Farm and its surrounding open space. It is a key reason why so many have fought so hard to encourage our community to take a much broader and alternative look at the elementary school plan.

I am truly frightened for the type of society my kids are starting to live in based on a whole series of seemingly out-of-control macro trends taking place: overreliance on technology; the toxic political system; the complete destruction of our environment that goes way beyond the simplistic climate change narrative; our declining health; big brother; loss of freedoms, among many others. At the core of all the troubling trends we are experiencing is the narcissistic culture that has completely taken hold of every single segment of society, including all the traditional institutions that are supposed to be protecting citizens. The good forces of trust, honesty, and integrity have essentially been criminalized.

WE WILL ALL GO DOWN IN HISTORY
AS THE AMERICAN GENERATION
THAT LET TRUTH, DIGNITY AND REAL
FREEDOM DIE UNLESS WE ACT NOW.

It is easy to get side-tracked by looking at problems and solutions one issue at a time. Pick your cause and focus on that specific issue to try and make a difference, right? We are all bombarded daily with things we should be concerned about and perhaps fight for. However, the only way to truly make lasting change for any specific cause is to look at how everything is connected on a broader level. The route of all the problems we face go back to the oldest battles mankind has always faced,

centered on the battle for the soul and our legacy. In other words, the only way to fight corruption in government, improve our schools, save the environment, or improve our health, is by stepping back and seeing how all of the above-mentioned topics are ruled by the same corrupt mindset and under control by the same, small-minded elite way of thinking.

The good news is that when viewed from this angle, you can see how sweeping and radical change that greatly improves our lives and the prospects for future generations, can actually occur suddenly.

I feel strongly that good people need to stop being afraid to take a stand and do what is right. There is no other point to being here during our time on earth and in this dimension. There are truly a lot of good people locally and beyond. The first step is for folks to stop being artificially divided. It's no one individual's fault that we have gotten to this point...it is systematic. If you want to live a good and honest life, the system is rigged against you at every level. It will only get much worse for our children if we do not finally confront these evil forces and call it out at every corner before it is too late. The souls of everyone are intentionally being destroyed. While controlled technology and "rational" thought can be a wonderful thing for humanity, modern technology and the thought police driven by the corporate way of business and the lawyer-driven culture, are anything but under control. These forces, in fact, are very quickly taking complete control over our lives in real time.

We must face this stark reality first before we can take the necessary steps to reclaim our lives and provide a clear vision and path to a better future for our children. This must and can be done via the collective drive to do what is needed to be done, no matter what.

KNOW YOUR ENEMY

The vast majority of people are good in their hearts, but we are all held hostage by the lies and games of the establishment elite on both the democratic and republican sides, who work together to maintain control for their benefit first and foremost.

Amesbury politics is a microcosm of this national situation. It took every trick in the playbook to get the school vote passed, including an 11th hour full

endorsement by the surrogates on the Democratic side. Still, even with 100% of the establishment behind it, the vote barely passed. Predictably, establishment liberals are trying to have it both ways. They are rightly pointing out the school plan was a significant reason we had the sweeping change in this year's local election but are now trying to erase their own role in the plan's formation 1984-style. In short, we've been played.

There is a reason people are leaving both the Democratic and Republican parties in droves. Both abandoned the average person and common good a long time ago. No real change is possible via either route, as both parties work together to maintain the status quo and power structure. Your preference depends on whether you would rather get stabbed directly in the chest Republican-style, or in the back when turning around from the carefully crafted smile of the Democratic-party agent.

We absolutely need to make radical changes to ensure a healthy life for future generations. It should be low-hanging fruit to decide against building a \$60 million+ oversized school for six and seven-year-olds that severely disrupts our already damaged natural habit and greatly adds financial risk for taxpayers for decades. Also, the last thing six-year-olds need is more technology!

The big propaganda is that politics is a straight line, with moderates, aka, mainstream Democrats and Republicans occupying the middle. These moderates are supposedly the "adults in the room" who know best. Conveniently, this model makes it easy to paint many as "fringe" players because they are too far from that great, rational center. This is *THE HUGE* deception that keeps the commoners in check, creates artificial divisions, and keeps the oppressive mindset in charge.

Close your eyes and visualize that straight political line. Now, visualize that line turning into a circle. What happens? Within the realm of democracy, progressive-liberals on the so-called far-left and conservative-libertarians on the so-called far-right come together. This plays out perfectly when going back to the Amesbury school fight. Still, you could sit down and see how this plays out in issue after issue nationally. Progressives argue most vehemently against the school plan for environmental, as well as holistic education reasons. The so-called far-right would argue most vehemently against the plan mainly for tax reasons. The center Democrat/Republican axis works together to get the plan passed against the sensibleness of the masses. Sadly, the big picture gets lost in that both the "left" and "right" ultimately wanted the same thing, which was to reject the overpriced, oversized, and ecologically wasteful plan.

I will never join the "Party." A new, viable alternative is a must. Politics is a circle, not the straight line that

artificially divides most of us. If enough motivated people are willing to call out this never-ending game, prospects for real reform can instantly improve.

LOCAL BEAT

Amesbury's school system is at a crossroads, with many significant decisions that need to be made by the community in order to better support our amazing teacher staff. Clearly, one of the most pressing is addressing the condition of Amesbury Elementary, which can no longer be left as is. Still, what has yet to be discussed openly with the community is the future of the current school site if a new school is to be built near Cashman Elementary.

Rumors are being floated of additional grand schemes, with the school currently planned to move to the Woodsom Farm neighborhood; unfortunately, as is often the case, there is no open discussion taking place. As we continue to experience, Amesbury is hush hush about important decisions that we, as the people who live here, should be a part of via comprehensive community planning. The conception of an idea, the process behind the major decisions, and the full end game. There are countless questions that many still have on the details of this major decision, yet the full picture is lacking. We were actively coerced into pushing a deal through with no concrete grasp on its full ramifications.

We all encourage our children to reduce, reuse and recycle whenever they can, right? Taking positive actions that reap positive consequences. Helping our Mother Earth stay as healthy as we can, should be every generation's goal. What is building a new school and further damaging our already dwindling available open space instead of restoring a site that is already existing, teaching our children? The art of hypocrisy. Do as I say, not as I do, mentality and how to be wasteful and careless.

So many of us want change in our lives, or in the world itself, yet find it hard to take the first step towards that change. To make change, though, sometimes you must be the change yourself. You must send a small ripple out that gathers others to form the tidal wave.

We all have the ability to openly communicate and collaborate, which are major components in creating a strong team. One that stands together against adversity, power players, and those who are complacent. As Dr. Martin Luther King, Jr. stated, "The time is always right to do what is right." So, do not be afraid to step away from the sidelines of life and walk onto the field even if you think it means you might be the only one on it. Others will gather and see that they too, so long for change but did not know how to create it, find it or support it. You have more of a voice than you realize.

ARTIST'S CORNER

Fields of Green

I search and search for the remedy,

The one that broke the melody.

Not made of three, which we all leave be

The one made of four, we cannot ignore, for that was it, it is what we came here for.

That extra leaf, the one for luck, it brings forth infinite possibilities

Train the eyes to look deep, in those fields of green and in the minds we keep.

As tomorrow begins, sift through the weeds and leaves of three, nothing but monotonous commonality,

Who would want that when you are a dove set free?

GLOBAL WATCH

It is one thing to talk about issues such as climate change, sovereignty, and basic survival in the abstract. It is another thing when you have no choice but to live with these issues because they are in your face all the time. The Wet'suwet'en First Nation in British Columbia, Canada is one such group. They are one of an endless list of indigenous groups and localities around the world that are on the front lines of these challenging issues. They are fighting on multiple fronts, but at the core is a desire to work towards living as self-reliantly as possible.

As stated on their website and Facebook pages:

“Wet'suwet'en First Nation is a dynamic, knowledgeable, unified community that will continue to progress towards self-sufficiency through mutual respect, strong leadership, progressive, proactive and strategic activities that advance the social, economic and cultural values of the community.”

Typical battles are occurring, such as dealing with multiple proposals to build fossil fuel pipelines through and around their territory. There are no simple answers, however, one thing is for certain. They are taking a proactive stance, not just with the corporations and Canadian government in dealing with the pipeline issues, but attempting to take things much further by simultaneously building up networks, infrastructure, housing etc. to reclaim their way of life and become as self-reliant as possible. It is quite an inspiration. There are certainly many ways for inspired people who want to help

this particular nation. I would encourage individuals to reach out to the Nation to learn about their efforts and ways to help.

One clan within the Wet'suwet'en First Nation that has been extremely proactive, especially as it relates to land reclamation is the Likhts'amisyu Clan. Go research the brave battles this First Nation is fighting. But do not stop there. Keep seeking and learning, such as the Zapatista movement in Mexico.

Then think about how and what ways these seemingly distant struggles are different, but also where the similarities are compared to your particular neck of the woods.

MULTIMEDIA

I love to watch a good movie. Who doesn't? Sometimes, you just want a good comedy or action flick to be able to shut off your brain and escape for a while. We all need that on occasion and movies are certainly a way to take that needed break from life. However, sometimes a movie can open our eyes to critical issues. I cannot think of a more critical movie that I wish everyone would see and that is the recently released **Dark Waters**.

There are two key reasons for this. One is the main issue the movie exposes, which is the issue of toxic chemicals in our environment, specifically in our water supply. The movie focuses on one corporation and one class of toxic chemical. The thing that worries me about issues like this is that people are all too willing to believe that a story like this is an isolated incident. In this movie's case, one city and especially one specific farmer suffering from the devastating side effects of our industrial and corporate-based society. However, this is not the case at all. In other words, as scary as the thought of this specific cancer-causing chemical in the water supply that this movie discusses, it only scratches the surface on the broader issue and ramifications of the fact that we have **tens of thousands** of man-made chemicals that have been introduced into our lives, the overwhelming majority of which have never been independently tested for their safety on humans and the environment.

Right in our backyard is a hero working to improve our world in this realm. John Warner is one of the founders of the field of Green Chemistry and established the Warner Babcock Institute for Green Chemistry in Wilmington, MA. Society needs to follow and trust people like Dr. John Warner. I have seen him speak multiple times, but I would love to have an in-depth conversation on a whole host of issues with him.

STEM is all the rage in education these days. If you have a son or daughter thinking of working in the area of

biology/chemistry, push them to look to get an education and degree specifically in green chemistry. There is a critical shortage of workers here and we desperately need an army of scientists who know how to create materials that are non-toxic and safe from the get-go!

The other key issue *Dark Waters* brilliantly exposes is how the system works to cover up abuses by the powerful, at all cost via institutions such as the court system. Another recent must-see movie that has exposed this as well is **Just Mercy**. Do yourself a favor and watch both films. Yes, they can be difficult to watch and make us feel uncomfortable, but society needs more people willing to take the “red pill” and step out of their comfort zones. Yes, it takes an emotional toll and you will need time for self-healing once you wean yourself off the “blue pill” of denial. But, if you are willing to do this, you will gain an eternal prize for your being, which is no better feeling

HEROES

There are endless paths to making positive changes, depending on each person’s individual circumstances and point of view. The point is wherever you are in your life, whenever you see an injustice, a wrong, or have a good idea that should be implemented, get in the ring and work to make that change. There is no single, correct path to take. Trust your instincts and your gut and everything will work out the way it is supposed to if you keep pushing forward and fighting despite the inevitable long line of setbacks.

Those who work within the system often give themselves an excuse to not make waves. Leave it to those poor souls on the outside looking in to fight and struggle for a better life. Or, we tell ourselves that once we retire, the kids are out of the house, and our finances secure, then we promise ourselves we will work to become an activist once we have the time. Well, that rarely if ever works out. The best time to be an activist is now, right now, whatever stage you are in your life and no matter how many responsibilities you have.

Take the case of Dr. Jonathan Lundgren and the critically important foundation he has created called the Ecdysis Foundation. Dr. Lundgren was an established success and a well-regarded scientist high up in the chain for the United States Department of Agriculture (USDA). He could have done the safe thing once securing this position in life and lived the rest of his existence, comfortable by riding along the establishment river. There was only one problem; his conscience wouldn’t allow him to do it.

Many people in his position perfectly realize the suicidal nature of our agricultural and environmental policies that our government and corporations have forced our society to follow. He became particularly attracted a few

years ago to studying the truly frightening phenomenon of bee colonies dying off suddenly seemingly everywhere. By the way, this is still very much happening, even though we don’t really hear about it much anymore in the general media.

Dr. Lundgren decided to make the life-altering decision to speak out about the issue knowing full well those around him would be offended and would not want to hear about it. Those around him predictably worked to silence and ostracize him, even though he was speaking the truth and trying to make a positive change for society.

Nothing is more dangerous to those in power and those that live to “go-along to get-along”, than someone who sees a different path forward. And what did he uncover and what message did he try to spread? That the constant bombardment of pesticides we are spraying all over the place, is, surprise, surprise, reckless on multiple levels. However, toxic pesticide spraying alone is not the only issue. The entire giant monoculture farming system that is firmly entrenched is suicidal for our planet. This should be obvious to absolutely everyone by now, but it is not.

Keep on fighting Dr. Lundgren and best of luck to you and your growing foundation. I’d love to talk and meet with you some day, look you in the eye, and say “thank you.” His foundation is working to shift us toward a regenerative agriculture system via hands-on research and education. The Foundation website is <https://www.ecdysis.bio>

All humanity owes a debt of gratitude to people like him. His soul will be at peace for all eternity. Those that purposely sabotage good people and movements will have to deal with that toxic sludge on their souls forever. Those dark souls may “escape” for a time being, but all bad blood turns to stone eventually (thank you Pink Floyd), sinking all dark forces in the end.

HEALTH MATTERS

The devastating public health impact caused by the court system’s betrayal

Stress and anxiety are the leading cause of modern man’s ailments, much of it artificially generated by the relentless demands of our global economy and deceitful rules and regulations imposed by our ruling elites. In a state such as Texas, the fossil fuel corporations rule the show and dominate political life. In Massachusetts, the top ruling class is the high-powered Boston-based law firms. It is the ultimate insider’s club, with zero accountability for preferred members.

The reforms that are desperately needed to improve our lives cannot occur via the route of establishment Democrats or Republicans. Thus, both political parties

need to be relentlessly exposed for their insider games and hypocrisy. However, on an even deeper level, it is even more important to fully expose how the lawyer-driven culture has completely taken over society, with immense consequences. There really is only one political party in Massachusetts, with attorneys significantly overrepresented in the Statehouse, as well as other state institutions. The devil has found the perfect playground, as the law allows him to quietly have his hands on every single facet of life for adults and children.

As everyone knows, divorce rates have skyrocketed the last couple of decades, with significantly more children now being raised in split households. Divorce in and of itself is not necessarily a problem, especially if we lived in a world where common sense and decency ruled. However, this is not the world we live in. The business of divorce is huge and whenever money is the driving force for decision-making, look out.

There has rightly been growing awareness about the negative consequences regarding the medical-industrial complex on our health. Our health care system has essentially become one giant drug dealer. In addition, it has been good to see the hard work that has been put into raising awareness by many outstanding organizations about the problem of domestic violence. As a result, the courts and attorney-class are more aware of this issue. However, whether willfully or because of institutional ignorance, our court system is woefully unprepared in dealing with mental abuse, which is not as obvious to detect compared to physical abuse.

Not only is our system tragically unprepared with dealing with our growing, more white-collar style of narcissistic and sociopathic mental abuse, the court system, as it is set up, actively encourages this type of behavior, which is devastating families and children. If you have never experienced the court system and you go into the process naively thinking that there is an actual common set of basic rules—rules in which doing what is just and morally right are followed—you will experience the mother of all slaps to the face. Even further, if you are principally a heart-driven person who has not been trained since birth that life is one constant game of screwing over your fellow man, here comes another monster slap across your other cheek.

The unfortunate truth is that there is a growing population and epidemic of robotic-like, head-driven people who cannot be reasoned with and have quickly realized that the courts are on their side. In a dog and pony show such as family and probate courts, there is a complex labyrinth of completely contradictory rules and regulations that an army of high-powered judges, attorneys, GALS, parenting coordinators, psychologists, sociologists, etc. are all tripping over themselves trying to

decipher and enforce. It is a nightmare world for the typical person who must enter.

Then, when all is said and done, after years of battles and tens of thousands of dollars spent, most, if not all the actual evidence, is not even looked through or considered in a final ruling. This is because the judge, who is facing a mile-high pile of cases and is months behind on making an actual decision on each case, makes sweeping rulings based on a completely random and innocuous strand of information. True justice is not really the goal of this system, but rather the implementation of a robot-like way of thinking for life.

Thus, at the end of the day, after a parent has been absolutely raked over the coals by everyone involved, drained of life savings, and is then left with a judgement that only makes things worse for them and their children, you are left powerless and with no recourse. All the professionals involved, many who are public servants who are supposed to be accountable to taxpayers, are completely insulated from their decision-making. There is an incestuous relationship between the lawyers, GALS, parenting coordinators, and judges, with even the judges hamstrung and dictated to by the most powerful attorneys and law firms in the state.

If you are a good parent, you will constantly be made to look like a criminal. The biggest lie you will continually hear is that the decisions are being done in the best interest of the children. Nothing can be further from the truth. The decisions are being done in the best interests of the unaccountable law firms and GALS that are making out like bandits. In addition, power in the divorcing relationship will be given to the individuals who know how to work the system. Also, it is heavily tilted to the side that has the financial means to more fully satisfy the hungry appetite of the court system. This is not a male vs. female situation. Loving mothers and fathers are both being throttled by a system that is enabling nonsensical bullying behavior by ex's (male and female alike). It does not reward those parents who are concerned with being the best possible parents first and foremost and raising healthy-minded children, but instead emboldens a type of parenting that uses the children as mere pawns in a game.

In a lot of ways, this is reflective of our society in general beyond the court system. In the world that is now dominated by heartless, bottom-line corporate style thinking, it should be no surprise that this type of philosophy is being forced into our home lives, with devastating consequences on our mental well-being. More than ever, our children's sphere is being surrounded and crashed by the cold adult world. This rapidly growing trend, aided by rising divorce rates, is coming down on kids and adding much undue stress to

them and their families. Entities like the Massachusetts Probate and Family Court are leading the charge.

IF YOU VISION IT, IT WILL COME

Every single community in America should be working towards having some sort of regularly scheduled community farmer's market. There is not much more beneficial endeavor than this when it comes to a whole host of needed reforms; whether it be fighting climate change; preserving open space; spurring economic development; increasing a community's local self-reliance and resilience; encouraging growth in people's hands-on skill set; and of course, improving physical and mental health. A robust local food development program is just about the best way to lead the charge toward an improved and healthier local-based economic system, as well as planting the seeds for a more vigorous and successful fight against climate change.

Imagine a weekly farmer's market taking place near Amesbury's library, where both established farms, as well as backyard growers sell side-by-side. Even deeper, here's a crazy concept. How about using a portion of Woodsom Farm for...farming! I've heard many ideas for the use of this space over the years. Of course, there are the usual development ideas of a golf course or cookie cutter housing development. Now, we have plans in place for the obtrusive k-2 school and sports complex.

Just like the successful and popular caretaker program at Battis Farm, what if we were to take a portion of our resources to establish a Woodsom Farm caretaker program. Perhaps an ambitious and budding young farmer could begin establishing a plot of land for food growth and eventual return of an appropriate amount of livestock. It could become a public training program for best practices in organic farming, as well as ecologically beneficial land management in general, as we would want to maintain portions of the farm for birding, as well as maintain general open space for wildlife. The food grown could help stock the pantries in our schools and perhaps be sold on the open market to help support the budding local food movement in restaurants.

I know, crazy thought to use our public Woodsom Farm for something that was done for hundreds of years. One thing is for sure though. Food growth is a guaranteed business. People will always need to eat. Plus, we would

absolutely be thankful we preserved something real and tangible, especially when the next Great Recession hits and puts the final nail in the coffin for our current economic system and entrenched ways of thinking.

YOU ARE NEEDED AND LOVED (WHAT YOU CAN DO)

Don't be afraid to break away from your preconceived notions. Stand up and step out for what is right. The battle for a better future needs to be fought all the way to the base level, which is the battle for the soul. It is the oldest fight for humanity and every challenge we face, whether it be inequality, climate change, health, etc. must be fought at the level of the human spirit. That everyday person you think is your enemy probably has a lot more in common with you than you realize. If you get to know them, that person across the aisle will have more similar personal and community goals with you than the members of the political class would have you believe.

We will all go down in history as the American generation that let truth, dignity, and freedom die unless we act now with the urgency that is needed on all fronts. It is easy to forget that every privilege we as a people currently get to experience only came about via massive sacrifice, effort, and fight by generations before us.

We are staring at the edge of the cliff of freedom and truth right now. Step one is to remind ourselves that every freedom and privilege we enjoy today required a significant fight. This fight rights must be continuous because they can be lost at a moment's notice.

For the most part, our current generation has succumbed to the false notion that freedom is free and requires no sacrifice, or only sacrifice by a select few. That unlike past periods in America's history, we only need to spend our days in our own daily bubble and that we can completely rely on our political and economic leaders to do the right thing for us. This is a reckless idea. Our leaders need to be monitored and held accountable every step of the way. More importantly, though, it is critical that individuals at the ground level take matters into our own hands to ensure our own health and well-being. This means being constantly active, informed, and organized to take action when our leaders and society in general start to head down the wrong path. We can do this. It can be done. It must be done.

“THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT.” DR.
MARTIN LUTHER KING JR.

REAL FREEDOM AND TRUTH ARE ONLY FOUND IN THE UNDERGROUND