

THE UNAPOLOGETIC TRUTH

A new vision to reclaim our lives

THE EMPIRE STRIKES BACK

We are being attacked on all fronts. The war is on. During the past couple of years contributors to this newsletter had increasingly been warning about the crash that is now here. In seemingly a blink of an eye, we entered a wormhole into the Next Great Depression. However, Covid-19 simply accelerated the inevitable collapse.

On the national political front, we are once again being force fed to choose between two horrible options for president. As usual, the establishment is urging us to vote for the “lesser of two evils” this coming November. This phrase symbolizes all that is wrong with our political system. It is nonsensical and is as ridiculous as the “essential vs. nonessential” phrase that is suddenly now in our lexicon. The reality is if you are trying to feed your family, be a provider, and survive as a business and community, all business is essential.

In the universe, there is no such concept of “lesser evil.” Evil is evil, it is as simple as that. It is just an all too convenient false idea pushed by the political class to keep people in line and in fear at all times. In a stunningly quick fashion that even establishment types had to admit they have never seen before, the mainstream rallied around Joe Biden as the chosen candidate in record time and built an impenetrable wall against genuine grassroots energy.

Regarding the collapsing economy, the biggest response so far is what you would expect if you have been paying attention the past couple of decades. Massive bailouts first and foremost to industries that should be getting it the least, which is the exact same way the Great Recession played out 12 years ago.

Locally, political leaders are refusing and/or incapable of grasping the enormity of the situation. There will be a huge surge in personal bankruptcies and foreclosures. In Amesbury, our leaders are forging ahead with the new elementary school plan. It is a plan that was already massively flawed before the economic collapse. State leaders have already clearly indicated on the record that localities should expect big cutbacks in aid, including for promises such as assistance with new schools. This is no surprise and should be obvious, as state governments are facing fiscal insolvency. Thus, an already heavy additional

tax burden for Amesbury because of the flawed school project will only get heavier, due to higher project costs and a greater chance of less reimbursement from the state for local taxpayers. In the face of household financial devastation because of the economic collapse, pushing forward with a new school is the definition of rubbing salt in a huge wound. This does not even take into consideration the fact that the future of education is changing before our eyes. It was already a major talking point that building giant new school campuses on open spaces was a rapidly ageing education and built space model. This has become infinitely more obvious the past few weeks via the warp-speed shifts in thinking regarding what the future of education will look like. In other words, the massive bet Amesbury is placing on building a giant new school for K-2 children and channeling all our finite resources here will very likely put us in a much deeper hole that will be extremely difficult to get out of.

COVID-19 SIMPLY ACCELERATED THE
INEVITABLE COLLAPSE.

In 2020, the final veil of the establishment has come off and the long-expected crash has arrived. Given the scale of our current national crisis, major societal changes will be allowed to occur that in more normal times could not take place. That is how change typically happens. Evolution does not take place on a slow and steady pace. Major changes come in bunches in between periods of relative stability. In recent American history, the cycle is around every 30 years. Unprecedented evil forces are being unleashed; however, so are good forces. Which will win out in the end? Our children’s future will essentially be cemented within the next two years.

Despite the devastation and the great suffering for many to come, we remain optimistic that the Great Awakening will not only expand but accelerate. The bet here is that the events of the past few weeks will be the catalyst to finally wake up enough individuals to want to become proactive in working to see past and tear down the illusions placed in front of us. This would allow for the path to be laid for a better setup for society. There will never be a better time than over the next year or so, but it better be taken advantage of now. We have seen how quickly things can get shut down in a supposed

democratic society. The forces of oppression also realize we are in a once in a lifetime moment. They will look to take advantage of it as best as they can to put the final nail in the coffin of real dissent and true freedoms. This is the big underlying threat of modern times. The window for positive change will close quickly. The roots must be established now.

The Unapologetic Truth has been mostly staying at the general level to this point, including the current issue. Very soon, a much more detailed, but simple to follow guide will be published of a framework that could be pursued to put our economy on a much more sustainable and equitable path and to have a realistic chance at addressing the climate crisis. There are many brilliant people out there critiquing our problems as a society, but what is sorely lacking is a coherent vision for our modern times. The future needs us to move way past simply critiquing. Even protests on a massive scale would be inadequate, although masses of people taking over the streets would be helpful. The biggest thing that is missing is an actual framework of what a more sustainable and healthy future could like that people can envision. Critiquing and protesting are great but knowing exactly what we are fighting for and want to see implemented, as opposed to simply lamenting what we have become, is a much more powerful force. So much positive work to do, so little time.

KNOW YOUR ENEMY: Theory Based Leadership

There is no substitute for on-the-ground actual experience in a wide variety of areas. Our typical leaders are raised in a bubble, surrounded by liked-minded people, and usually come from: 1. prominent, connected families; 2. completely sterile and theoretically based learning institutions; and 3. soulless and distant corporate environments. All these realms have little to no basis in actual reality on the ground for most Americans and the world's population.

OUR ECONOMIC MODEL RELIES ON
TWO MASSIVELY WRONG AND FATAL
ASSUMPTIONS.

The models we rely on fully and completely to run and justify our economy and way of life are based on child-like and idiotic assumptions that are completely divorced from reality. Our economic model relies on two massively wrong and fatal assumptions. Number one is the model's programming that the earth's resources are limitless. While our mainstream economic system

acknowledges things such as pollution, these "negative externalities" are essentially set aside and conveniently not addressed. Pollution and environmental destruction are basically viewed as harmless afterthoughts in the theoretical model.

The second devastatingly fatal assumption in the mainstream economic model is that the marketplace has perfect information sharing. What a joke! In reality, one of the main reasons the elite are able to rise to the top and can remain there indefinitely is because of insider access to critical information and the ease in which they have the ability to distort critical information and truth. This effectively allows powerful individuals and entrenched institutions to alter reality and pull up the ladder behind them. In other words, rigging the game and system to their advantage and putting up roadblock after roadblock for the majority.

The elite have exclusive access on our politicians and law makers. Not only did the founders of democracy warn against the grave dangers of monopoly power, even our mainstream capitalistic system and theories highlight the major problems generated by monopolies. However, monopoly-like power is basically how our entire modern economy and society is run, which is killing true capitalism and true democracy. The feedback loop between economic powers, powerful elites, politicians, and the political system is overwhelmingly strong. The only way to fight back is pitting power vs. power. How to do this? More to come soon.

LOCAL BEAT A Brief Overview of the Merrimack Valley Political Scene

The Merrimack Valley is a beautiful little corner of the world, filled with local communities containing their own unique personalities. Like anything in life, there is a deep story to be told below the surface that can only be discovered and told via: experience; a willingness to ask tough questions; putting oneself in uncomfortable situations; having an open mind; and paying attention to trends. In other words, not to be easily swayed by the headlines and often biased opinions that can be easily shaped by powerful interests.

The City of Lawrence is an easy target, given its well documented challenges. However, underneath the headlines, the community is filled with engaged and dedicated people working to take advantage of the city's strengths. This is occurring both at an official level, as well as more quietly in the underground. There is a rich tapestry of overlapping developments in the community, and the region as whole would only benefit from the continued advancement of this important anchor city.

The City of Haverhill is a microcosm of the Merrimack Valley in many ways, containing rural, suburban, and inner-city characteristics. The community has done a tremendous job developing a plan of action to redefine itself and take advantage of its strengths, starting with its downtown core. The mayor deserves a lot of credit as someone who clearly gets it when it comes to smart growth, smart communication, and just generally being in tune with the holistic needs of the community. I guess that is why he has been rewarded by being elected into office since 2004. Walking the streets of Haverhill while handing out copies of this newsletter (before the end of the world virus scare of course!) was a very pleasant experience. The general attitude I encountered with strangers in the street was most refreshing as well.

Salisbury is a community that has somewhat quietly gained more solid footing. A strong part of the story is a citizenry seemingly becoming more engaged and aware of its voice. Citizens are playing a part in several small, but important beautification programs, such as with the multiple efforts with the beach center. Big kudos to the recent successful citizen led and coordinated grassroots effort to fight back against powerful interests in the digital billboard controversy. Well done Salisbury!

Newburyport is the poster child of success in the region in many ways. The city has essentially been on cruise control for some time. Still, trouble lurks just below the surface. Like many towns, in the end, the community's destiny is largely in control by a small handful of powerful interests, many based outside of Newburyport. The community elite in Newburyport are not nearly as much in control as they want to believe they are.

In many ways, Newburyport is becoming a victim of its own success and the once unique and charming downtown rebirth story is in danger of slipping into more of a story about a Disneyfied and sanitized experience. Walking the downtown streets of Newburyport handing out this newsletter did not feel good. I almost felt like I needed a shower when I got home. You can feel the heavy weight of the stifling attitude in the air. The most common reaction I got was the difficult to stomach "I'm good" or "I'm all set" response while putting up their hand and refusing to look in my eyes for the simple crime of seeking to strike up a friendly conversation and to hand out this free newsletter.

Still, Newburyport citizens deserve a lot of credit for generally being engaged and on top of what is going on in their community. Newburyport is looked to as a leader for the region, but no doubt there is an elitist strain that I am sure many citizens of Newburyport themselves have a difficult time coming to terms with. Still, hard times from the New Great Depression will devastate every community. At the end of the day, all communities are

under rule by the same repressive, corporate mindset. Newburyport is no exception.

In the Northeast corner of Massachusetts, there is only one community that makes more head scratching decisions and is more difficult to figure out than Amesbury, and that would be the Methuen. Amesbury and Methuen are two communities filled with wonderful people but are towns seemingly unable to get out of their own way. This is largely because of an absolute toxic and closed-door style of politics. It does not help that no matter how many bad decisions are made, the general population is seemingly willing to let things slide, allowing business as usual to continue unabated. The fear of the general population to speak out publicly is overwhelming. It is no way to generate healthy growth.

Just one example out of a long laundry list of "head scratching" decisions: Methuen had recently voted to make their police captains the highest paid in the entire country. Yes, higher than New York City, Los Angeles, or any community in America. The community has been in financial ruin for years. You would think Methuen would be the last community you would want to associate with. But in Amesbury, there is a seeming love affair. The current administration, as well as the previous administration in Amesbury have plucked prominent individuals from Methuen into important positions in Amesbury government.

THE NUMBER ONE RULE WHEN YOU
FIND YOURSELF IN A HOLE IS TO
STOP DIGGING.

Given the lack of government experience we are talking about in our current leadership, it can be easily inferred that Amesbury is being run right now by an unelected, deeply entrenched figure of the status quo who has prominent ties to Methuen.

Still, Amesbury has its own well documented series of head scratching decision-making that goes well beyond its recent infatuation with toxic Methuen. Longtime residents of Amesbury will tell you that as bad as the politics are in the city right now, it is better than it was many years ago. That may be true, but, in short, so what. What matters is what is happening right now. Right now, a large segment of the community rightly feels alienated and lacks confidence in the decision-making of leadership.

The number one rule when you find yourself in a hole is to stop digging. Amesbury is on the cusp of digging a much bigger hole. The community is driven just as strongly by close-minded, tribal groupthink now as it has

at any time over the past two decades. Fear within the general citizenry to publicly question decision-making must be overcome and defeated. New voices and points of view are desperately needed to be expressed in a proactive fashion.

MULTIMEDIA

Book Review: Zapatista Spring

Early in his first term, President Bill Clinton helped push for and signed into law the North American Free Trade Agreement (NAFTA). This landmark free trade agreement has proved to be a devastating law to average Americans that has helped greatly accelerate the downfall of our local communities, job base, and freedoms. On January 1, 1994—on the day that NAFTA became law—a group of indigenous Mexican communities staged a surprise and successful armed uprising in order to carve out their own autonomous freedom zone in defiance of their own Mexican government, as well as the most powerful political force on earth, which is the global corporate-controlled American government. This Zapatista-controlled enclave still exists today in Southern Mexico despite the constant attempts to bring this rebel, autonomous community back fully under control of the Mexican authorities.

And what is the huge crime of the Zapatista indigenous community according to our leaders? They have the audacity to want to live as self-reliantly and free as possible, honoring their sacred traditions and desired way of life. Irish author Ramor Ryan penned a brilliant book recounting his experience traveling to Zapatista territory with a small eclectic group of fellow “anarchists” as part of a small-scale infrastructure project to bring fresh, mountain water into one of the villages. There are many reasons to read his book, one of which is the refreshing way the author is completely honest about the effort. Ramor does not sugarcoat the Zapatista struggle in some fake, romantic way. He is a tremendous storyteller and you feel like you are right in the sweaty trenches with him learning a great deal about himself and his compatriots.

One of his brilliant observations and the biggest takeaway for me was based on a conversation he had with one of the disadvantaged, but proud rebel villagers. Ramor asked this villager what the biggest thing people like him from the rich parts of the world could do to help the poor and indigenous of the world. The Zapatista member expressed gratitude to Ramor for his help in building the water pipeline for his village but stated there was a far better way to help. It is constant practice for Westerners to send aid or travel to third-world countries to show our concern for their plight. Western culture constantly feels the need to impose our thinking and way of life. The

villager in Zapatista Spring pointedly stated that the best way for those in rich countries who want to assist the poor of the world is not to try and change and help the poor countries directly, but to go home from where they are from and to change their own countries from within. In other words, the best way to actually improve the lives of the global poor is to change the mindsets and power structures of communities in the rich and powerful nations of the world. Heart-driven people in America, Europe, etc. who genuinely want to help poorer nations and feel guilty about their plight should work first and foremost within their own rich countries to take down the mindset of global plunder and domination that is needed to maintain our unsustainable lifestyles.

THE BEST WAY TO IMPROVING THE
LIVES OF THE GLOBAL POOR IS TO
CHANGE THE MINDSETS AND POWER
STRUCTURES OF COMMUNITIES IN
THE RICH AND POWERFUL NATION.

Zapatista Spring is a unique, eye-opening read, but it is not the only one from the author. Ramor Ryan has another excellent book called *Clandestines* that is highly recommended. The author has walked-the-walk by putting himself in incredibly unique and often dangerous situations. Having real-life experiences and getting in the trenches is the only way to tell a genuine story and provide real, helpful insight. Too many supposed “experts” that we are supposed to obey and follow, have lived nothing but closed-minded, sheltered lives.

ARTIST’S CORNER

A Tremendous Storm

The clouds are enraged

Their color - a painful shade of gray

They are rolling through the sky like a bowling ball, ready to

Make a strike

Where will they break, and when?

My mind is weak and weary

The sound of thunder echoes through my head

I see lightning crash before my eyes

Fields are now aflame

The smell of burning grass sickens me

A view so beautiful yet so devastating

One more crack of thunder and the storm is now gone

A cleansing rain soothes me

The blaze has been snuffed by a sudden downfall

Ground sizzles with slow decay

Life around me continues to live

Moving on Past our Past

Sometimes life's hardest inner struggles are the ones we need the most. How can we overcome our fear, insecurity, self-loathing and past pain if we continue on the path always taken?

Share your struggles with others. We are all strategically placed in one another's lives at the very moment we are needed. It may be a fleeting courtship, a friendship of a lifetime or even an enemy on the same battlefield. Our souls mingle, our energy is passed on, our struggles are shared. We were not meant to walk this world alone, nor unscathed. And to endure the latter, we need the love and support of others. Our scars and broken parts are what provide us the remembrance and know how that we can overcome and battle on. Getting back up again, is the first step in healing. It is believing that you have the power to rise back up, that will be the first step in moving on.

How can we fix our wounded parts without first acknowledging they exist?! We protect these parts out of fear of feeling what they bring forth within ourselves. Shutting these voices out only destines ourselves to travel the same dead-end road tirelessly. Nothing good can come out of a life lesson that was not brought forth with a sting of self-truth. Recognize your self-worth, live it, feel it, truly believe in it. If you do, others will believe in it too.

Personal growth is just that, growth. The ability to find what is needed to live and breathe but also find abundance in what else it feeds you. Repeating the same negative pattern is a lesson in itself. It reminds us that we have not yet learned from it. The realization of what is lacking or needs tending to, is the first step in breaking the repetitive cycle. Love yourself enough to realize that you deserve every learning opportunity whether it be positive or negative. Do not sell yourself short on an insecurity. Use it as a reason to better yourself. Trust in yourself and others will follow.

Matter

What is matter?

What is it to matter?

To be of substance, that of importance and depth.

They both speak to the same truth.

If what I say matters, is it matter?

Matter; to be of a substantiate amount, enough to be seen with a naked eye.

To be SEEN in light and truth.

Matter can be felt, no matter how small.

It can be held and nurtured.

To be of matter, one must be seen and felt or else would it matter?

GLOBAL WATCH Consequences of Global Dominance

At the root of all our assaults on Mother Earth is our insatiable materialistic appetite for all things. Our Western-style consumer culture is completely unsustainable and is at the heart of the multiple breakdowns we are seeing to our land, climate, mental and physical health, and society in general. There are real limits to what the earth can support, but all our economic and societal models we rely on fatally assume there are no limits whatsoever. These models essentially promote the "greed is good" mantra and that "more" is always better.

Disastrous trade policies for average Americans such as NAFTA are ultimately driven by this disease of materialism and are helped carried out by our bloated military and thuggish proxies of global corporations. There is a high price to be paid for maintaining our supposedly God-given rights as patriotic consumers to have whatever we want, whenever we want it. This is paid back personally by our declining health and well-being; globally through the destruction to the environment; and via the erasure of diverse and foreign cultures, mainly in the third world.

HEROES Tom Petty's Defiance

We all know the songs. He produced an endless list of radio classics and anthems. What made him so powerful was that he was one of those ultra-rare celebrities that stayed true to himself and his core beliefs throughout his career. This spirit showed in his music that remained relevant, genuine, and powerful all the way to the end.

He never forgot his roots and where he came from. His genuine nature and refusal to ever betray his soul by selling out is what kept his artistic genius going. We see it so often where an artist who has a lifetime to put their

heart and soul into their debut work quickly fades away thereafter. Often, it is because you can see them getting seduced by fame and power and their art suffers for it. Their words, music, and actions turn hollow.

Tom Petty made a habit of taking on the establishment over what is right and winning. He regularly put everything on the line for high-stakes head-on fights with the powerful record industry, risking his career, fame, and financial future. One famous battle took place right after he had finally broken out into a huge star after years of struggle and honing his craft. What battle did Tom Petty risk everything over that threatened to shun him from the music industry forever? In 1981, his record company looked to take advantage of his rising popularity by increasing the price of his latest album by one dollar. Yes, it is true. Tom Petty threatened to derail his career and mounted a major fight with the establishment because he thought a one-dollar increase was unfair to his fans. In the end, Petty won the stare down contest when the corporate types succumbed to the realization that he was not going to back down and really was willing to throw away his fame and fortune over the moral issue.

This event is a powerful lesson and reminder to all of us who want to make real change for the better. Where have all the principled people gone? Can you imagine any single celebrity over the past, oh, say 20 years, doing anything close to this? Power must be fought with power. The people's power comes from not ever backing down, staying strong, and staying indivisible. It is the only way to defeat entrenched, selfish interests and to improve conditions for the masses.

IF YOU VISION IT, IT WILL COME Local and Community Focused Online Shopping

There is an endless list of existing websites and movements that talk about supporting local business, but none have taken the critical leap forward of providing a convenient portal for viewing and purchasing goods online that consumers are demanding. This is a trend that will continue to grow, and small businesses need not fear it, but should rather embrace it as a natural and convenient way to drive additional sales.

Isn't it amazing (actually, it shouldn't be surprising) that during our current economic collapse in which small businesses across America are dying off in record numbers, dominant global entities such as Amazon and Walmart continue to realize record sales and profits? How much more proof is needed that the current system is rigged and bad for the majority of America?

Existing global corporate sites such as Amazon, Facebook, and Etsy focus on the individual product for sale. The big problem for small businesses and small town America is that when a business owner follows the standard route of creating a Facebook and/or Instagram page, their service and/or product quickly gets engulfed by the vast amount of information on these sources. Small businesses essentially need to compete with the entire world, given the way current online shopping is done via Amazon, Facebook, and individual business websites on Google.

BY CHANGING THE FOCUS OF
SHOPPING FROM THE INDIVIDUAL TO
THE COMMUNITY, THE RULES OF
COMMERCE COMPLETELY CHANGE.

When you start digging, it is astounding to see what is already available for sale at the local level. It just needs to be cataloged and presented in a unified manner.

The concept is revolutionary in its simplicity. There is only one main rule. Each individual community shopping site should allow only businesses from that particular town via either a traditional storefront presence or through a home-based business in that community. By changing the focus of shopping from the individual to the community, the rules of commerce completely change. Moving the goalposts in this fashion puts the focus of economic development where it should be; on the community, as opposed to individuals or global corporations.

THE POSSIBILITIES HERE TO
REVITALIZE SMALL BUSINESSES AND
DOWNTOWNS ARE ENDLESS.

The *Community First* model of online retail would put the focus on the local community as a whole, driving sales for everyone—thus, turning the individualistic entrepreneurial and corporate model on its head. An umbrella website could link to an endless list of sub-websites that provide convenient on-line shopping from businesses from each individual city and town. The possibilities here to revitalize small businesses and downtowns everywhere are endless.

HEALTH MATTERS

The Power of Holistic Thought and Medicine

I was once stricken by a supposedly cureless disease called ulcerative colitis, one of many related ailments that are rapidly spreading in modern times. I defeated it. Not my doctors or anyone else. I defeated it and crushed it and, yes, I am damn proud of that fact. For sure, after a long search, I finally found and received critical support from certain individuals; however, the strong desire and ultimately successful campaign to defeat my disease had to start from me.

I was in rough shape. Emaciated and very weak after years of failing to get the disease under control, like a bolt of lightning I had an “enough-is-enough” moment. I was sick and tired of being sick and tired and sick and tired of going to doctor after doctor and hearing the exact same thing no matter what practice or conglomerate-affiliation: “looks like this prescription pill is not really working either, let’s try one more. If this next one does not work, it will probably be time for you to have the surgery to remove part of your intestinal track. I know that is not ideal and will be tough on your lifestyle, but we might not have any choice.”

There was a choice. In fact, there were lots of choices that became clear once I decided to take matters into my own hands, do a deep research dive and start down a different path. It took some trial and error, but I found a routine involving certain natural medicines, foods, meditations, exercises, etc. that worked for my unique makeup. A critical step was discovering Naturopathic Medicine, which the powerful medical establishment in Massachusetts has done everything in its power to try to discredit and in essence, criminalize. Naturopathic doctors are exactly that—they are doctors and they are the right answer and critical piece of the puzzle for many people. End of story.

One of my proudest moments was towards the end of this particular journey of mine after I had shown huge improvement. I maintained a couple more “regular” doctor visits with an establishment-type doctor. My last ever visit, we had a real conversation where he looked to have an actual give-and-take talk. He explained that he had started prescribing one of the natural-based medicines I had made him aware of sometime earlier. He said he was starting to see some results with his other patients. It was both shocking and not shocking to me at the same time that he had never heard of this “powder.” Regardless, it was one of the most pleasant doctor visits I had ever had.

There is, of course, a critical place for Western-style medicine and there are many amazing people working in hospitals, clinics etc. However, as discussed in Issue #2 of the Unapologetic Truth, even the best doctors are hamstrung within Big Medicine, which has been completely taken over by a corporate-style, money-driven health care model. It is not the individual Western-style doctor’s faults; it is systematic and we have seen it play out recently with the completely inexcusable way doctors and nurses have not been able to receive enough basic personal protective equipment during the Covid-19 panic. This is because of the complete breakdown and failure of our current system.

As is usually the case, the biggest, most important step in my triumph over ulcerative colitis was overcoming fear. Not the fear of the disease itself or what may happen to me in the future, but the fear of standing up for myself and questioning authority figures. I was looked down upon by loved ones, friends, associates, and of course, doctors when I made a growing habit of questioning things. This is exactly the same thing that happened with my societal-induced mental disease that I defeated head on as well. This separate battle was discussed in Issues #2 regarding our rapidly growing societal crisis of suicide and broader health crisis in general.

SEEKING TRUE FREEDOM HAS
AMAZING BENEFICIAL HEALING
PROPERTIES.

I have never been stronger mentally, physically, or spiritually than I am now. It is not even close. This happened precisely because I decided to go against the grain and overcome the fear of our overbearing nanny society. For a long time, I allowed myself to be entrapped by the long tentacles of the negative mainstream that severely limits the potential of human beings for true healing on multiple levels. It was not until I broke free and allowed myself to trust the forces of my own individual mind, body, and spirit that I was able to defeat my ailments that were largely generated by the artificial stresses created by our modern, corporate-controlled society. Seeking true freedom has amazing beneficial healing properties. As Bob Marley famously sang, “Emancipate yourselves from mental slavery...None but ourselves can free our mind.”

I have never been more healthy despite the system recently ratcheting it up to try and crush my spirit, as I and many others have increasingly called out our out-of-control and corrupt court system, political system, health system, local economic development system, etc. Entrenched interests are angry and fearful of being fully

exposed. Countless individuals out there are increasingly calling out the system. I am inspired by these brave whistleblowers.

THE ESTABLISHMENT IS BEING
EXPOSED BEYOND A SHADOW OF A
DOUBT. THEY ARE NOW THE ONES
WHO ARE GROWING MORE FEARFUL.

Society has now reached a point where things are unraveling so quickly that authority figures feel they have no choice but to increasingly take ever more extreme measures to maintain their overbearing control. They are losing their grip because the evidence of corruption and malpractice in every part of our fraudulent system is now overwhelming. The establishment is being exposed beyond a shadow of a doubt. They are now the ones who are growing more fearful. Thus, this is precisely the time for good people to finally shift from constantly playing defense to now fully go on the offensive side of the ball.

To all the dark forces out there, I say continue to turn it up and bring it. Every additional deceitful game only makes truth seekers stronger. You are now only ratcheting up the speed of your eventual complete downfall and demise.

YOU ARE NEEDED AND LOVED (WHAT YOU CAN DO)

Dear Children of the World:

We as parents and adults alike would like to thank you. During the past few weeks of isolation, shelter in place, and homeschooling you have shown us so very much. You have shown us the power of resilience. That no matter how hard the fall is, you get back up, scraped knee and all, and you keep on moving. You have reminded us that even if you are not expecting a curve ball pitch, that you still give it your strongest swing despite the worry of striking out.

You have brought out our own childhood innocence as we have left our work computers for a much-needed

break and ran around in the yard after your boundless energy emoting bottomless belly laughs together. We have forgotten the pace that we allowed our lives to propel us into and have taken to the “roll with it” speed of your youth. We have slowed down, shut off and learned to tune out the forces that as grown-ups, we feel compelled to abide by.

We love seeing you have more freedoms we as adults enjoyed when we were young. Seeing you kids out our window riding bikes on your own, some, with fishing poles on your backs, and knowing that you may be the kids that, in “normal” times, would not have been allowed to ride unattended anywhere without the propeller of your parents hovering over you.

YOU MAY BE THE KIDS THAT, IN
NORMAL TIMES, WOULD NOT HAVE
BEEN ALLOWED TO RIDE
UNATTENDED ANYWHERE WITHOUT
THE PROPELLER OF YOUR PARENTS
HOVERING OVER YOU.

We thank you for getting us outside more or even down on the floor to play with you because our time-outs at work are no longer in the cafeteria or break room, but in a much more playful space that allows us to see the world (even if briefly each day) through your eyes. The eyes that we each had as children ourselves. Filled with wonder, compassion, and acceptance.

We believe this will have a long lasting impact on parents once the pandemic dies down and we will all remember that there is no substitute for the face-to-face interaction we had together and so longed for with other loved ones.

These new freedoms you have experienced during this time will guide you on your way to build more genuine self-confidence via learning how to deal with accidents and failures more on your own, plus the wonders of self-discovery in nature. There is a wide world out there that nature is just waiting for you to uncover!

“THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT.” DR.
MARTIN LUTHER KING JR.

REAL FREEDOM AND TRUTH ARE ONLY FOUND IN THE UNDERGROUND