THE UNAPOLOGETIC TRUTH

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A new vision to reclaim our lives

GAME OVER

When this newsletter was born in the fall of 2019 before the world was made aware of Covid, the writing was already clearly on the wall: our system and way of life was headed for collapse. Covid has simply accelerated what was inevitable. Major societal change can happen very quickly and we are, in fact, seeing massive change in real time. As I am writing this in late April 2022, inflation is out of control and much worse than officially indicated—officially, US inflation is as high as the early 1980s; however, the government has redefined how it measures inflation and if we measured it the way it was tracked in the 1970s and 1980s, our current inflation rate would be even higher than the crazy peaks of the 1970s.

Economic growth is now contracting (the first estimate of 2022Q1 GDP growth came in at negative 1.4% growth. So-called experts are once again shocked and caught off guard, which is now a regular occurrence); the stock market is on an extended crash (not happening overnight, but strongly down for a long period of time, which will devastate everyone's wealth, retirement, etc.); there is a full-on assault on all the basic bedrocks of America related to freedom and speech; crime is surging; depression and suicide are skyrocketing; basic ideals such as homeownership are rapidly becoming just a fading dream for many; the education system is in crisis mode; simple but very telling problems such as the inability to find enough referees for youth sports; people are leaving the workforce in droves—in many cases because of the state of their physical or mental health; life expectancy is declining; the state of our politics and leadership is beyond embarrassing and has entered emergency mode (we have a sitting President that appears to be at a dangerous cognitive mental state. It has never been so clear that our unelected shadow government is in charge); meaningful action to stave off potential ecological collapse is nonexistent; there is growing risk of nuclear world war, etc. the list goes on and on.

Services, even the most basic we used to take for granted, are becoming completely unreliable, such as the airline industry, which is basically collapsing as well. Shortages and clogs are in almost all supply chains, impacting everything from cars, to refrigerators, to transformers, to baby food, and everything in between. Anyone trying to

find a new family doctor or dentist, good luck. The state of our children's mental health should be declared a national emergency, but the system is overwhelmed and, yes, has collapsed. Try finding a therapist for a child; in some areas, it is simply not available.

What is the root cause of all this devastation? In short, unaccountable large corporations have taken over all systems of power and approved thought, including both establishment political parties. At the same time, too many ordinary citizens have given up and walked away from any sense of responsibility to participate and do what it takes to maintain a healthy democracy, and, thus, are all too willing to be herded off the cliff.

THE MESSAGE OF RIGHT/LEFT UNITY
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THOUGHT.

The first article of this newsletter series was titled "The System Must be Fought in its Entirety." Piecemeal reform won't save us because the evidence clearly shows we are seeing a widespread meltdown. Everything is interconnected. A comprehensive approach and reform must take place. A key point that has been argued in this newsletter is that the global economic system essentially already collapsed at the start of the Great Recession. Everything that has been done since the meltdown of 2007-08 has been simply to paper over the massive problems of the neoliberal globalist model and delay the full crash. It is now coming, as the corrupt globalist system has run out of tools to deal with all the bugs and malware in the matrix and is rapidly losing control of everything. It is why we are seeing a full-on push towards authoritarianism and censorship by the establishment because there is nowhere left to go. The establishment has been fully exposed; their lies and damage they have inflicted is becoming clearer by the day and they have no choice but to try and rein everyone in via greater and greater forms of oppression because they are incapable of

self-reflection, incapable of reforming their ways, and unwilling to give up the slightest ounce of control.

What will it take to break the mold? There is great hope, as hard as it may seem. We can't shut the door on issues and politics in our personal lives, as we must get involved at every level possible to reclaim our lives and democracy. Traditional tactics of advocacy will simply not work. The next article discusses what needs to be the central tenant of the people's fight to turn things around and improve our prospects for the future. There needs to be a full coming together of activists, workers, and concerned citizens on the misnamed far left and far right to develop a message of unity and shared goals for the common person. There is a reason the establishment is working frantically and non-stop to keep up the false narrative that the biggest thing the average person has to fear is their fellow average American. The establishment is ratcheting up the games because they see what is happening, which is that the left and right are indeed starting to come together. It is the wormhole to liberation and the way (the only way in fact) to putting our society back on a positive track. The message of right/left unity is the ultimate scary social media post that cannot be allowed to spread by corrupt mainstream thought.

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A collapse is happening. Things are scary and there is no way to predict exactly how all this will play out over the next few years. But everything that is happening now was inevitable. Still, faith must be kept that the phoenix will rise from the ashes. History shows that major change not only is inevitable but is required on occasion. All societies eventually choke themselves via labyrinths of weeds, poison ivy, and bittersweet clogging up prospects for healthy advancement. All forests burn on occasion and when allowed to happen naturally, they can be kept under control with the pain amount limited. Whenever the needed cleansing is attempted to be blocked, the forest overgrows and the fire that is inevitable, arrives much larger and more painfully than it needed to be. Think of all the efforts by our neoliberal class to try and eliminate the natural economic and business cycle and distort the free market in favor of monopolistic power and quick investment gains via tricks such as: much too low interest

rates for far too long; excess dollar printing; and massive amounts of corporate welfare. The chickens are coming home to roost for from these and other economic policy sins.

We've reached the point where things are so distorted with our education system in grade school and college, that the only way to save public education in the long run, is to see an outflow into homeschooling in the short-term, which indeed is happening. The same concept can be applied to public health, with the need for massive outflows of people into alternative forms of care in order to save the concept of trust in public health and public health authorities.

This concept is clearly needed for our politics. It is simply unacceptable how many people have given up on America, believe we are headed for Civil War, and essentially hoping for our complete destruction. It is a crutch for those who have run out of ideas, refuse to adapt or grow, and full-on want to control and censor anyone who dares speak out of line. Sorry to disappoint the mainstream mouthpieces who are clamoring for this—no, there will not be a bloody Civil War, with roaming citizen militias terrorizing the streets. What there will be, though, is a silent revolution, where our corrupt leaders and institutions of power will increasingly get exposed and surrounded by an awakening general public. Like a raging river, this new developing public consciousness will first move around but then eventually eat right thru the middle of the walls of oppression, as more and more gather together hand-in hand at the gates, carrying with them blueprints of healthy parallel structures of society. Current establishment thought and leadership will magically melt away and left alone in a pathetic pool of insecurity and self-pity in a dark corner.

As I told my mainstream Democratic Party supporter friend when Biden came into office: "Be careful what you wish for, as you are really going to step into it now and be fully exposed." It was all so obvious and there to see for anyone that didn't have blinders on. Historians will look back and shake their heads in disbelief over the amount of deception, corruption, and bad decisionmaking plaguing these times. However, they will also be provided with yet another inspiring tale of redemption and rekindling of the human spirit that we now see building. This growing positive movement on the other side of the political sphere will sweep aside the negative forces entrenched around us and take back control, leading to a renewed democracy and society, focused not on control and our differences, but encouraging the growth and potential of the human spirit via the forces of freedom, truth, dignity, trust, and the common good.

RIGHT AND LEFT WING WORKERS UNITE!

The complete re-alignment of politics is happening before our eyes because of the total failure of the establishment on both the traditional left and right, including at the local level. Politics is a circle, not a straight line that artificially keeps most people divided. True progressives, greens, socialists, and independent liberals on the so-called far-left have a lot more in common with so called far-right libertarians and independent conservatives than with the modern Democratic party in terms of ultimate societal goals. I'd say the vast majority are not represented by the mainstream wings of the Democratic/Republican parties.

Major forces have been unleashed that will reshape our society for generations. It will simultaneously be both an exciting and hopeful, but also terrifying next few years. Society is experiencing a major upheaval and all of the old rules will be challenged.

When it comes to the working man, we are starting to come full circle back to an older style of organizing and politics that the mainstream has attempted to kill, as it has been the key to the grotesque level of concentration of power and wealth we have reached in society to the detriment of the majority of people. This has been achieved through the oldest trick in the book, which is to divide and conquer the masses; split people up into more and more divergent groups. The full circle that is now happening is the fire that is building in the heart and soul of America, which is in the working class. This fire will quicky spread to the middle class and take over the conscience of a now burgeoning political movement.

We see this forming in divergent, but at the same time connected movements. "Shocking" union victories are now happening in workplaces that never expected it to come, such as Amazon warehouses and Starbucks coffee houses, which were led by complete outsider working class heroes such as Christian Smalls. We saw it this winter via the largest trucker protest in history that started in Canada and spread throughout the world that successfully helped raise awareness and push back against draconian lockdowns and mandates.

Christian Smalls is a hero. He was able to pull off what so many thought was impossible, with zero real support from any politician (he famously called out the fake support of the so-called progressive wing of the Democratic Party, people like AOC who rode to power on a pro-union message but when push came to shove failed to stand side-by side with Christian before the vote. Now, of course, like typical politicians, they are sticking

their finger in the wind and are looking to glob onto the success of these workers.)

Christian's key to success to pulling off the victory that the mainstream thought was impossible was by completely changing the accepted rules. Christian fully disavowed identity politics, realizing that you will defeat yourself before you even begin if you follow the rules of the mainstream establishment by looking for ways to persecute your fellow citizen and worker for identity and thought crimes. Christian went back to the original way the working and lower classes were able to improve their lives in our country throughout history. In short, Christian didn't worry if you leaned toward Biden, leaned toward Trump, are driven by your religious beliefs, trans focused, etc. His sole focus is finding a way to improve the conditions of workers at Amazon and is looking for fellow workers to join the union and cause, no matter their background or political beliefs. Focusing on what differentiates us is the quickest way to defeat a movement and to have any chance at improving our surroundings. This is really organizing 101 and requires a leader with savvy, empathy, and the ability to see the big picture. Insecure leadership that focuses on people's perceived faults and differences, is what is ripping our society apart at the seams, which is especially dangerous for a country such as the United States which is traditionally grounded in the beliefs of freedom and diversity of thought.

Unions are but a piece of the puzzle and has been stated by this newsletter, worker cooperatives are a much more powerful form of empowerment. Union activity should not be the sole focus and there will always be a significant percentage of workers who resist the idea of joining a union. However, a rekindling of traditional union organizing and spirit can only help in the big picture fight for a more fair and just distribution of assets and societal power. The bottom line is that the balance of workplace power has been completely out of whack for too long and is main tenant for all the challenges facing us. In order to improve our quality of life, more power and wealth needs to be pushed back down the ladder and better dispersed.

Once the various seemingly ideologically different movements begin to unite, the reclaiming of our country will accelerate exponentially. It will increasingly become clear to all these divergent groups that they are ultimately fighting for the same things and facing the same enemies. The new era of "far left" union organizing needs to team up with the burgeoning "far right" anti-lockdown and anti-censorship activism, along with everything in between, such as environmental organizations and local, small business support groups. This is the key to it all.

SOLIDARITY



BY MAVIN WARRIOR

EARTHLY CONTRACTS: A SPIRITUAL VIEW OF PERSONAL GROWTH VIA STRUGGLE

Narcissism is an earthly term most of us are familiar with; a person who has little to no empathy. There is no angel or devil on their shoulder telling them right from wrong (also known as conscience) their number one task is making others feel inferior through abusive tactics so they can fill a void in themselves. What if these individuals are not in our lives by coincidence? What if the magnetism of narcissists to an empath is a part of a bigger picture? What if the connection between these two personalities is what helps in the greater plan at work behind the spiritual scenes of our lives?

There is a Narcissistic spectrum like other personality disorders but if you were to compare and contrast notes of the behaviors of several narcissistic people on different levels of the spectrum, you would find cross sections and similar behavior patterns with the lot. Their methods of operation read like they came out of a handbook. I like to say, "same corporation, different division." Narcissists have their own unique qualities, like all humans, that make them who they are as individuals, but the attributes that qualify them with a condition such as narcissistic personality disorder can be astoundingly parallel.

Narcissists are often drawn to Empathic personality types. Empaths are people who are highly sensitive to the needs and feelings of others, so much so that they may sacrifice their own desires or wants to satiate those in need. Narcissists see in empaths coveted traits they are incapable of having. In an effort to feel whole, they work to extinguish the light empaths carry. These personality types can also sense the emotional capabilities that

empaths have to make those around them feel loved and purposeful in life. This makes an empath an easy target for the abuse in the relationship between these two personality types. What historically happens is a scary range of; mental, emotional and at times physical and sexual abuse. A pattern that can be kept alive by the empath's capacity to believe there is good in everyone and the narcissist's need for control by means of manipulation. It's a tug of war between what can seem like love but is actually a formulated trauma bond. One hand feeds the other until the empath has that "AHAmoment," they take their power back. The ignition switch to their voice, their strength, and their ability to stop sacrificing their own needs and choose themselves for what might be the first time ever, is turned on.

WHEN WE OPEN OURSELVES UP TO DIVE DEEP INTO OUR LIFE'S PURPOSE, WE MAY FIND THAT THE ONES WHO SEEM TO PLAGUE US THE MOST, ARE THE ONES WHO ARE HELPING US LEARN THE MOST ABOUT OURSELVES.

Soul growth happens when we are challenged in ways that may be excruciating and painful, but necessary. If we chose a life where our soul's purpose is to find self-worth or step out of a role of victim, we may experience a relationship with a narcissist to fulfill these levels of growth. If you chose this aspect of growth for this lifetime and mapped it in your soul's blueprint, is it fair to say the person assisting in your soul's expansion by being the villain, sacrificed their own soul's growth in this lifetime to help you accomplish yours? It seems as though in the earthly realm, they chose us, the loving and giving empaths, but what if it was us who ultimately chose them, and the strength we have gathered can be attributed to the lessons set forth by a soul's plan we both agreed to?

If you look around you, you may notice one or two narcissistic personality types or maybe you'll find that you are surrounded by them. However, once you know their patterns and behaviors, you can almost anticipate their tactics before the next round of mind games where their work is to snuff out the light you have glowing inside of you. That is where your voice, strength and gathered knowledge can come in to help you move on, grow, and sever ties with the abuser. This gives depth and meaning to struggle. When we open ourselves up to dive deep into our life's purpose, we may find that the ones who seem to plague us the most, are the ones who are helping us learn the most about ourselves and the strength and growth we ultimately came here for.

SETTING HEALTHY BOUNDARIES VIA PARALLEL PARENTING

In an ideal world, divorced parties would always fully coparent, which is an agreement in where both parents continue to jointly participate in their children's upbringing and activities. This involves a substantial amount of interaction between the parents (both in public and in private). However, in a world where divorce is as common as a seasonal cold, you can imagine the amount of people who do not subscribe to working with one another in the rearing of their children. After all, if getting along for the sake of their kids was that easy, perhaps divorce wouldn't have been necessary.

Being able to put aside your differences and grievances, can be a feat for many, but it's worth trying, for the sake of your child(ren). There are successful divorced couples that have done just that; released their anger, distaste, and opinions about their ex, moved on with their lives and had a "surface" relationship with them so that they could be there for the children, their activities, and mental health. The ability to see what the child needs-whether it be to pick up a forgotten item at the other parent's home or one parent buying something for the child(ren) but allowing use of it at the other parent's home without hairsplitting pennies to make expenses even-makes a world of difference in the day-to-day life of kids in divorced families. The need to just be a kid and worry about things like crushes, term papers, and sporting events are what should be at the forefront of their mind each day; not whether Mom and Dad are arguing over who's turn it is to buy sneakers. All of the arguments, big or small, add up in the fragile mind of a child or adolescent and the breaking point is that of the child(ren) feeling as if they do not matter, and in essence, material items and egos triumph over feelings and unconditional love. Are these the kind of people we want to raise and send out into the world? People who think that their worth is less than it is because it wasn't ever put first?

If co-parenting works for you, I am sending you a virtual high-five. Kudos to you and your ex for doing what's right and just. You may still wince at times over your exe's decision-making skills but have the mind strength to look past it and do what's healthy for your kid's sake.

For the parents out there who have tried countless times to co-parent but find themselves on an island surrounded by arrows of conflict, accusations, false narratives etc., you may find Parallel Parenting a more effective concept to try and live and raise your child(ren) despite having two households. Parallel parenting is the parenting style that allows each parent to have a meaningful relationship with

their child(ren), while completely disengaging with each other. By focusing on parallel parenting instead of the more rigid co-parenting concept, you are minimizing your interactions with your ex and have a better chance at avoiding unnecessary and unhealthy conflict.

RIGID INTERPRETATIONS OF CONCEPTS SUCH AS CO-PARENTING SOUND GREAT IN THE CLASSROOM, BUT OFTEN HAVE NO BEARING TO REALITY FOR MANY DIVORCED COUPLES.

This is essentially raising your child(ren) your way in your household and allowing your ex to do the same in their household. Now, I know that thought may bring a cringe worthy face and shiver up your spine, but believe me, it takes away their control of you and how you raise your kids in your home, because when it comes to coparenting, there are those who will not only parent them in their house, but they will also try to parent them in your house as well. Essentially, parenting you! This will happen with the micromanaging of you, your kids and all the minute things you may do "wrong" in the rearing of your child(ren). Not a healthy family system to be a part of for any child. Yes, parallel parenting means that the kids will have a different set of rules, ideologies to follow, and energy levels to contend with, however, living in two different homes is their reality, but seeing their parents argue over every childrearing issue, does not have to be their reality. Living in two homes with different parenting styles could give them the best of both worlds, a strength that comes from the ability to transition and adapt, a strength that is quickly being eroded in today's youth with our overcoddling society.

The number one rule of family court should be looking out for what's genuinely best for the children. This often does not seem at the forefront of our court system. In fact, it often feels as if nobody involved with the court system—whether it be the judges, lawyers, GALs, etc. has any kids of their own or is actually living in the real world. Family court is a world driven by minute technicalities, with increasingly contradictory rules and regulations, where common sense is the last thing on anyone's mind. Many times, there appears to be no understanding of degree in the sense that the most minor "supposed" infraction that one can possibly imagine is treated by the system with the same amount of time and attention as the most horrific types of child abuse imaginable. A non-stop game of semantics and minutia often takes center stage.

With the amount of money that can be involved for courtiers of this system, it is not a surprise that the actual welfare of children often gets lost in the shuffle. It goes without saying that the side in the divorce proceedings with more money can simply play a game of bleeding the other side dry to get their way. It is amazing how many people have accepted that this is the way to try and promote justice in society and for children. The system lives in a bubble and is constantly trying to apply what the people involved learned in theory at law school or what the political class wants to see implemented to try and score points. In this theoretical bubble world, there is little to no understanding of real-world mental abuse and personality disorders such as narcissism, psychopathy, or sociopathy that may be present in a particular adult, which destroys any attempt at the push by the court to get the often bitter and angry divorced couple to lovingly "co-parent" on every aspect of their children's lives.

Rigid interpretations of concepts such as co-parenting sound great in the classroom, but often have no bearing to reality for many divorced couples. The divorced side that actually tries to co-parent and follow the rules will be the one to be punished. That's because the difficult parent in the divorce who is not thinking about the child first and foremost but is more interested in "winning" and punishing the ex, quickly learns that the system often rewards the side that will be as difficult as possible and proceeds to throw up as many roadblocks as possible. This difficult side of the equation will be coddled by the system, while the sucker who thinks the system is ruling with a set of common-sense rules will be throttled. Eventually, a naïve good person will figure out how the game is played to try and make things as positive as possible for the children involved, but often it is too late. Bad decisions that have been made will take years and endless amounts of time and resources to try and rectify. It need not be this way.

This is not to say everyone working in the court system operates in a cold and close-minded way. There are certainly excellent judges, lawyers, and support specialists, but they are caught up and overwhelmed in a decayed system with everyone else. Much needs to be done to lower the temperature and promote a more healthy and just system. One idea would be to turn initial decision-making on its head. Instead of having often times vengeful and freshly hurt separated ex's and sometimes opportunistic attorneys go to battle with one another to try to hammer out detailed divorce and parenting plans, the court should immediately put forth to divorcing parents a small handful of fully, ready to go simple and straightforward agreements to choose from. Then, the parties should work off these well-known to all involved, guidelines to address any unique needs to the particular divorcing situation. This is seemingly a minor

change in thinking but it could save an enormous amount of time, energy, resources, and bad feelings.

The mental state of our children is now in emergency mode and good people need to be brave, speak out, and push for new ways of thinking, not just in the court system, but everywhere. The amount of mental suffering of our youth right now is beyond acceptable. Often times, huge breakthroughs can come from the slightest tweaks in thought and action. The concept of parallel parenting is not that far removed from co-parenting; nevertheless, there are crucial differences that can make all the difference in the world. If co-parenting has turned into court battles, frequently distraught kids, and basic unhealthy mental states for all involved, you are encouraged to try and push parallel parenting. When a family and probate judge, Guardian ad litem, parenting coordinator, friend or family member cannot understand why you are unable to co-parent with your ex, tell them you are Parallel Parenting instead and find it to be a much more balanced way to raise your child(ren). You may be the one to enlighten them on the parenting style; the style that just may be what fills your child(ren) with the selflove every individual will need on their life's journey.

THE NIGHTMARE WORLD OF JOHN LENNON'S "IMAGINE"

Everybody knows the song. It has an instantaneous hook and extremely soothing quality about it. Plus, it is being performed by a rock god, a former member of the most famous rock band of all time. What's not to like about John Lennon's classic *Imagine*? Well, actually, when moving beyond the beautiful instrumentals and harmony, it's a song describing hell on earth and is terrifying.

Like most things, it is a fine line. But it's not too hard imagining slipping from a world filled with peace and love that Lennon seemingly describes to a place filled with people completely indifferent to what is happening around them living in sort of a permanent comatose state. The lyrical part that really gets to me is when Lennon sings about imagining a world where there is nothing to die for. Then, what the hell is the point of being alive and being on earth? That sense of having purpose in life and making a difference is essentially believing and acting on ideals you are willing to die for. I get it, it is sort of a chicken and egg thing. The pro John Lennon argument would be that there is no need to fight for the concepts of peace and love because it is just automatically always the default position of the world and human nature. The counterargument is that this would create an unbelievably dull and pointless fucking life. Nothing to fight for, no fuss, just people sitting around all day picking daisies all day every day. The big problem is if there actually was this type of so-called utopian world, people would very quickly lose the actual concept of peace, love, and happiness to begin with.

JOHN LENNON FORGOT THE MOST ELEMENTAL POINT OF LIFE: THERE CAN BE NO EXISTENCE OR EVEN CONCEPT OF LOVE AND PEACE WITHOUT THE EXISTENCE OF EVIL.

The bottom line is that John Lennon forgot the most elemental point of life: there can be no existence and concept of love and peace without the existence of hate and evil. In other words, we humans are only able to conceptualize the idea of love because there is the existence of the opposite to be able to compare it with, which is hate. In the world of "Imagine," humans would very quickly devolve into brainless and completely unfeeling creatures flowing through life without a care in the world, but not in a good way.

In a lot of ways, it feels like we have moved into that space. It feels like many people have entered this mental space of just accepting whatever is happening, emotionally acting and caring at the level of a robot. I Don't want to live in a world like that. I want to live in a world of genuine passion. Fighting for causes should be viewed as a joy and privilege.

Humans need battle and things to fight for. Arguably the apex moment of the absolute classic movie *Good Will Hunting* is when Robin William's character put the brilliant but beyond cocky Will Hunting character in his place by putting the ultimate verbal hammer drop on him. Will Hunting possessed a genius mind, but as Robin Williams implied, he had no true intellect because he was too afraid and cowardly to put all those smarts to real use.

Imagine a world where good people are not afraid to stand up for what is right and not afraid to take action. Imagine a world where bravery becomes contagious; where good people trip over themselves to be the one to lead the fight for truth, dignity, freedom, and justice. Imagine a world where when a story of injustice is revealed, good people band together and rectify it by outing the wrongdoers and provide comfort and healing to the individual or group of people wronged. The good people then move on happily hand in hand in search of the next battle to wage on the world stage in promotion of the positive forces of life, such as dismantling the military-industrial complex that now exists primarily for shareholder profit. Imagine a world where when it

becomes clear that the dominant political parties have become hopelessly corrupt and are lowering our quality of life that good people immediately withdraw any and all support from these political parties and immediately without fear of throwing away their vote work on creating new political parties. Then, within a couple of election cycles, the new parties have taken over from the tired, old, and corrupt political parties. Imagine.

DADDY ISSUES

The old joke is that nice guys finish last. In reality, it is worse than that. Nice guys are dangerous. I have some level of respect for assholes. They at least make themselves obvious to anyone paying attention and you generally know what you are getting when dealing with them and if you don't, that is on you. You can even count on an asshole to fight for something positive if you are able to frame the issue in a certain strategic way.

The problem with a pure nice guy is that they can't be relied on. They can't be relied on to be the strong father and role model their children desperately need them to be; they can't be relied on to fight for the honor of their significant other; and they certainly can't be relied on to get in the ring and fight for a more just and better society. Nice guys are not good guys. Nice guys will roll over and allow themselves and people around them to get walked on and accept whatever is happening as something that is out of their control and not worth thinking much about. For the most part, nice guys want to simply follow and do what they are told. Good guys (and gals of course) will stand up for what is right, which often puts them in dangerous circumstances, hated by power groups and people, and isolated. Many good guys get their lives unjustly ruined or at a minimum negatively disrupted in retaliation by counterforces, but that is the price that sufficient numbers of individuals need to make in order to ensure the good forces of truth, justice, and dignity survive and to try an ensure a positive life for the next generation. A nice guy knows better, but when push comes to shove, they will stay quiet, as opposed to make waves, and would rather accept whatever comes even if obviously bad things will come if something isn't done.

Now, in the age of social media, we are additionally inundated with fake tough guys (keyboard gangsters) who will troll social media all day, which helps cement in place a community's groupthink, typically centered on the negative, all of which generally breeds inaction.

All of this, of course, is a bit of an oversimplification of characteristics. But the idea is to make a point here. Many people are starting to question the mainstream narrative and are looking to become active participants in new

movements and be a part of something meaningful, as things rapidly deteriorate around us in terms of the economy and social fabric. As Dr. Martin Luther King Jr. stated, "The ultimate tragedy is not the oppression and cruelty by the bad people but the silence over that by the good people." It certainly feels like our country has reached a dangerous fork in the road; it is going to require greater numbers of people rising up and demanding that we take the right path.

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Every generation has their stereotypical traits. My generation, which is Gen X, is marked with many of the old school characteristics this country so desperately needs a major shot of: brutal honesty; fierce independence; not afraid to question authority; frugal; not overly concerned with image; and a can-do attitude by working with what you've got. If there ever was a time for Gen X to step up out of the bunker, it is now: It is time to counteract our generation's stereotypical big flaw and step out of the shadows to counteract the general groupthink tendencies and constant need for validation stereotype of other generations.

In reality, these are just crude stereotypes. I find no difference in generations of people. Every generation has roughly their equal share of characteristics. Nevertheless, society needs Gen X to be proactive and take more control by implementing the lessons learned growing up in the era of the late 70s, 80s, and early 90s. This was generally a much more unplugged existence that in many ways allowed for healthier degrees of freedom of thought, action, and genuine creativity.

Dads and men of all ages have a million excuses to be fearful now-a-days, stay quiet, and go down the nice guy road that the mainstream keeps pushing, but that would be a huge disservice to women, children, and the future of our society. Good guys need to push back against the seemingly endless stream of insecure fake tough guys running around these days. Just do what is needed and is right, but just don't rely on the pure nice guys for backup.

HATE 101

"I'm the biggest defender of the first amendment, however..." Whenever you hear a politician or pundit start a comment with these words, you know they are about to say something real stupid and ignorant. This sentence usually finishes with something like "hate speech is not protected by the Constitution." We now hear these words or some version of these thoughts nonstop in our modern mass-brainwashing era. This idea is flat out false and is often pushed hardest by people who have no idea how to address challenges or refuse to address the root causes of challenges facing our society, such as horrific events like mass shootings.

"Hate" speech is protected by the First Amendment, which was written and put in place not to protect popular speech, but specifically to protect unpopular speech. The courts have repeatedly ruled this to be the case. A perfect example is that vile people associated with the KKK have repeatedly been ruled to be allowed to spread their ignorant and hateful message via events such as KKK protests and marches through communities.

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The politicians that spread this falsehood often times bring up the example that you cannot yell "Fire!" in a crowded theater, in order to defend their censorship push. This is true, but the fire example is a very specific and defined case, so, yes, there is certain narrow speech that is not protected. The big problem with our establishment declaring "hate speech"—or the in vogue Orwellian "misinformation" concept— as a violation, is that they are declaring it as such in the broadest concept that cannot be defined, which is likely the point of those trying to force this dangerous censorship push. The obvious question is who gets to decide what speech constitutes hate speech? It very quickly escalates and devolves into a campaign of trying to shut down and criminalize any speech that does not conform with the beliefs of those in power.

There are endless examples of this type of censorship in the name of "hate" now occurring wherever you look. We've seen it with the relentless censorship campaign the past two plus years over anyone questioning the official narrative of Covid and vaccines. Many dissenters have been labeled as somehow being purveyors of hate speech for questioning policies regarding vaccine mandates, lockdowns, and masks.

This is the path to hell and the path to the destruction of the foundations of America. There are only two paths the United States can take: a free society centered on the first amendment or totalitarianism. Things are indeed escalating rapidly, not just with talk of jailing people for so-called hate speech, but we've now opened the pandora's box of seizing people's assets such as their bank accounts for being merely somehow associated with protest that the establishment does not approve of. This was done famously by Dictator Trudeau who went all Martial Law and declared a full suspension of all citizen rights in Canada because of the trucker protest, but it is also now starting to happen with more frequency in the United States. What a terrifying North Korean level of oppression we are flirting with.

The establishment is on a relentless campaign to repeat many falsehoods enough times that the general public will simply grow to accept it. Despite this, I will always be first in line to protect our politicians right to repeatedly spread their stupid, hate-filled, and divisive propaganda speech against the American public. It is our duty to call it out though.

I NEED A HERO

What does it mean to be successful? All too often, success in the mainstream is equated with the accumulation of wealth and power, no matter the cost. In other words, the ends justifies whatever means were necessary to keep up with the Jones': the big house with the fancy SUV and the impressive sounding job title. Whatever you do, don't think about the people you may have needed to trample on to get what you deserve and certainly do not think about the cancer alley clusters, war zones, or species extinction needed to satisfy the establishment-pushed consumer driven bigness of our way of life.

What is it that is in us that causes so many to give up the fight and not only give up but to turn full on heel? My wedding song was "Heart of Gold" by Neil Young. Young is an absolute musical genius but I have had to learn to separate the man from his craft to be able to continue enjoying his music while cooking dinner. The man who built his career on the idea of fighting the system and calling out truth to power has become the system himself. The center of our modern establishment

is focused on censorship and cancel culture and Neil Young has put himself squarely on the establishment side. It is truly sad to see so much of hippie culture and those that used to expose those ideals, devolve into this space.

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The means matter. It matters how exactly you got to your point in life and it certainly matters when looking for the best potential leadership. There is a reason true giants in our history were so impactful. Look at their resumes and backgrounds of what they accomplished and did. For example, look at the life and resume of our truly great presidents such as Washington, Lincoln, and Teddy Roosevelt vs any of the presidents we've had over the past 40 years. When you elect a career politician such as Joe Biden as President, someone who has worked in the bubble called Washington D.C. for 50 years, can you really expect anything else other than the disaster we are seeing now? You are a fool to have thought anything else could have happened. Our country is in screaming need of a truly transitional leader but you can't get it from someone with the back ground of Joe Biden, and you couldn't have gotten it based on the resumes and backgrounds of Trump, Obama, Clinton, Bush Senior and Junior, Reagan, etc. Any country and certainly one as large and diverse as the United States could certainly find and produce Presidents and people in important positions of power every bit as impressive as Lincoln or Roosevelt, even more so.

WHEN WAS THE LAST TIME WE
ELECTED A PRESIDENT WITH A TRULY
HEROIC RESUME? YOU GET WHAT YOU
ELECT.

The fact that it is impossible for any person of true greatness to rise to important positions of power, tells you everything you need to know about our system and why the people need to rise up. Anyone with genuine integrity is immediately spit out and thrown into the dustbin by our election system. Only the slickest of salesmen types and those most willing to swallow any notion of doing what is actually just, are allowed to rise to the top, resulting in grotesque modern-age concepts such as always voting for the lesser of two evils. There is

more hope at the state and local level and you are much more likely to find good characters developed at these levels of government, which makes sense since local and state government are closer to the people. Movements for the better need to start local and methodically build up to something bigger. There are no shortcuts that can be allowed in building up genuine individual leaders or movements. Backgrounds matter, stories matter.

My go-to thought about success is what I call the Grandparent stories index. The idea is that when you have reached a ripe-old age, you have the ability to tell endless genuine and exciting stories about your life to your grandkids or whomever. Would you have the ability to have a large circle of friends, family, strangers, and acquaintances hanging on every word you say about your life filled with genuine excitement, humor, overcoming, and valor? This should be the goal for all of us. If at the end of your life, you look around and have no real friends and you don't have any compelling stories of heroism and overcoming to tell about your life, did you really live a successful life even if you have accumulated more money than you know what to do with?

FINDING YOUR OWN PATH

All the world's a stage and we are just playing a part in the biggest stage play imaginable. You are an actor on this grand stage whether you know it or not. What is your role? What would you like your role to be?

We all have a part to play. Every person's contribution ultimately decides the fate of humanity, some just more so than others, but every person's actions or inactions contribute to the fabric of our human experience on earth.

I don't like the word hope. Hope equates to me sitting back and praying that things will turn out for the best. I much prefer faith. Faith is a much stronger and, yes, hopeful word, that things will work out the way they are supposed to, as long as we give our all and do things in the best way that we can while we are journeying through this earthly experience.

It is a good feeling to be able to lay your head down at night knowing that you gave it your all and you can accept that whatever happens, *happens*. I don't want to live with regret. A nightmare situation is where I am on my deathbed (when I am hopefully at an advanced age) and suddenly get hit with a tidal wave of regret for all the things I could have done to make a positive difference to the people around me but chose not to, and what might have been if I had the courage to act. What a horrible final act to the gift called life.

Despite all the despair we are seeing, I have faith that good will triumph and that a clearer path to a happier existence for our society will be found in the coming years. Despite the sometimes brutally harsh narrative of this newsletter, this newsletter is ultimately about a message of faith, potential, and believing in the best of the human spirit. The creators of the Unapologetic Truth prefer to live unfiltered lives and strive to face the ugly side of human tendencies head-on, yet at the same time always look to keep on the sunny side of life. It is one of those endless dichotomies of existence that can be easily misinterpreted. In other words, pretending that everything in our world is fine and that there is no need to change anything is not to be confused with being an optimist. That is shirking responsibility and choosing to live in a fantasy world. Acknowledging the full experience of life, including all the warts, but still seeing a way for improvement and choosing to throw yourself in the ring, is the path of ultimate faith and optimism.

My parents and relatives provided a great life-long gift for me when I was a child by not shielding me from issues and adult conversations. While growing up, our family used to have knock-down, drag out debates and conversations at dinner table gatherings. The main combatants were my father who was the classic Democrat factory worker union man, while my uncle was the stereotypical Republican entrepreneur and business owner. Debates and arguments would last for hours and I would sit there soaking in every sharply delivered attack. I rarely said a word, but in my head, I would take in their arguments, sometimes agreeing quietly with my uncle, sometimes agreeing quietly with my father, but often times producing my own different views and perspective after listening to the best that the standard left and standard right had to offer.

WE WILL REDEFINE WHAT IT MEANS
TO WIN AND SUCCEED, BOTH IN OUR
PERSONAL LIVES AND ON THE
POLITICAL STAGE.

We are doing the next generation a massive disservice by increasingly trying to shield them from differing opinions and points of view. It is without a doubt one of the most dangerous and destructive trends and aims of the establishment. It is and will lead to more disaster. Call it cancel culture, nanny society, big brother, or just plain old censorship, it flies in the face of the absolute bedrock of this country. We are rapidly developing an extremely brittle population that cannot handle differing opinions in the slightest, have not developed the skills to analyze and debate, and, thus, because of many people's fragility

and insecurity, they look to immediately shut down and increasingly try to destroy anyone who interrupts their "bubble existence" point of view. For example, over the course of only a couple of days this past winter, the Unapologetic Truth was censored (cancelled) by our major regional newspaper and multiple major Facebook "Town Hall" groups. What was the crime? Pointing out absolutely factual tax level statistics for Amesbury, as well as suggesting that the so-called far left and so-called far right have a lot more in common than people think and have a lot of ability to work together to solve problems. How is the censoring of this type of information helpful for people? I find it a badge of honor to be considered such a "danger." The drive to censor by the establishment keyholders at the local, state, national, and international level has become so pervasive that it has gotten to the point that I question any entity that is not being actively censored as actually trustworthy or worth listening to.

WHAT A GIFT IT IS TO BE ALIVE.

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We need to bring back the concept of trust, big time. We need to trust that people can act like traditional adults and be able to handle hearing all points of view. Trust that adults can manage hearing even the vilest speech and trust that these adults will only get stronger mentally hearing these words. We need to trust that adults will be able to form their own rational points of view, no matter what is being said out there. In a country of 350 million people with as many diverse experiences and backgrounds as the United States has, this modern drive to try and censor and sanitize people's speech and point of view is absolutely contributing to the bursting and tearing at the seams of our society. Speech and debate need to be allowed to flow freely as sort of a pressure relief valve. When censorship and suppression become harsh enough in a country that was built on the bedrock of the First Amendment, you can picture the suppression and censorship causing a classic boiler room blast. It is the ideals of free speech that is at the heart of America's greatness and why for centuries so many of the world's people have desperately wanted to join our nation. This is not to say America is perfect and that nothing should change. This is obviously not the case. But the drive for change and improvement needs to occur within a foundation of basic fundamentals provided via the Bill of Rights.

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The more points of view you genuinely listen to and consider throughout your life, the more informed you will be. We need to do a 180 switch from trying to protect people from hearing diverse speech, to focus on building up confident individuals who can absorb many points of view and learn how to formulate their own opinions, and then go out and experience the joy of healthy debate, even with people we completely disagree with.

One of the horrible side effects of all this cancel culture is that many people's comfort zones and individuals they are willing to engage with and be friendly with, is becoming smaller and smaller. My father and uncle would spend hours turning red and hoarse from all the passionate arguing they would do. Food would fly and fists would pound the table. However, immediately after the dinner debate show was done, they were back to joking and laughing with each other as if the screaming of the past two hours had not occurred. In other words, they were fully adults and fully secure with themselves and had the ease and capacity to ultimately except each other for who they were and except that they were coming from very different places and living different lives, so, duh, they would have different views on a number of issues. Their ability to go from full-on combatants to best drinking buddies, also had a highly positive impact on me. Clearly, social media is destroying any semblance of this type of existence.

There is lots to be worried about, but there are plenty of signs of forces developing that will push us down a better path and future. People are now seeing through the lies and our mainstream system has proven without a shadow of a doubt that major reforms are needed. Many individuals are now developing a love and willingness to sacrifice in order to infuriate the corrupt establishment that is desperately trying to maintain its total grip on our existence and destiny. The biggest obstacle is developing a coherent, proactive vision of an alternative direction that sufficient numbers of people would be willing to fight for. We are way past the time of simply pointing out problems and protesting. There needs to be full-scale proactive action toward developing a parallel framework of existence. It doesn't necessarily have to be via a viable new national political party, although that would be wonderful. The political game is so rigged by the fully corporate-controlled Democratic and Republican parties that it is basically impossible to run for any office via a third party. That is fine, some people just need to use the existing Dem or Rep label and blow up from within. However, many others will continue to work to tear down the establishment wall from the outside. Both an inside and outside attack on the status quo is needed. For which are you better suited?

We will redefine what it means to win and succeed, both in our personal lives and on the political stage. To reclaim our lives, a relentless pipeline of truly independent people running for office is required, pushing the envelope of ideas and action. The vast majority won't win, at least for a while, but every proactive step of defiance against apathy and the status quo creates a series of positive ripple effects at a level you can't even imagine. The simple act of taking the step to stand up to the mainstream mob and be heard is a major victory. Go out there and do your part the best way you know how. Give it everything you've got in pursuit of truth and holding our society and leaders accountable. What a great way to be able to sleep well at night. Go build up that collection of Grandma and Grandpa dinner table stories that will make your kin proud. "The time is always right to do what is right." - Dr. MLK Jr.

"THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT."
DR. MARTIN LUTHER KING JR.

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