



CLASS TIMETABLE

MONDAY

Kids Beginners (Gi)	17:30–18:20
Kids Gi	18:30–19:30
Adults Gi	19:30–21:00

TUESDAY

Teen NOGI	18:00–19:00
Adults NOGI	19:00–21:00

WEDNESDAY

Kids Beginners (NOGI)	17:30–18:20
Kids Gi	18:30–19:30
Adults Mixed Gi & NOGI	19:30–21:00

THURSDAY

Teen NOGI	18:00–19:00
Adults NOGI	19:00–21:00

FRIDAY

Adults Mixed Gi & NOGI	09:00–11:00
Kids Comp Class (Invite Only)	17:00–18:00
Kids Gi	18:00–19:00
Open Mat (Members Only)	19:00–20:00