



GETTING STARTED WITH OCCUPATIONAL THERAPY

1

Initial session (includes referral/consent form & sometimes questionnaires for parents to complete). This first one hour session is with adults only is to understand more about child's strengths, challenges and goals for OT support. The fee also includes a written summary report of the assessment and recommendations that will be shared after the 3rd session. This session for adults only is virtual, as that is typically preferred to fit into your full schedule.

YOU SHARE... AND
I LISTEN.

IT IS AN IMPORTANT 1ST STEP
ON THIS JOURNEY TOGETHER.



2ND SESSION

PLAY

2



In-person session with you and your child (50 mins)
- in Crescentwood area of Winnipeg.

I will get to know more about your child through child-centered play activities, and learn about their perspective on their own unique strengths, challenges and differences!

[FEES LISTED HERE](#)



SESSION 3

REFLECT

3



Virtual session with you as parent(s)/guardian(s) to reflect on what we have learned about your child in the previous sessions and create an action plan together!

BOOK NOW: [BLOOMINGABILITIES.COM](https://www.bloomingabilities.com)