



THE ELITE PROGRAMME 2024 - 2025

For talented players aged 18-23

FIRST
XI

The Football Programme

Micky Adams (Pro Licence Coach) leads a team of UEFA A, B and C qualified licenced coaches providing a professional and dynamic football programme. The training programme provides first class facilities for talented players creating a perfect environment for those wishing to be scouted to play professional football.

What is included

- Access to full time elite football programme
- Gym membership
- Football and training kit
- Sport therapists work with individual players to prevent injuries and assist with recovery from an injury.
- Match analysis reviews
- Nutrition advice with regards to the diet in order to maximise playing and training potential.
- Completion certificate awarded First XI Vector
- Optional - Single room with shared kitchen (self-catered)

Future Pathway

Our Performance Pathways provide a personalised target road map for each individual player if they are to successfully graduate as an elite performer.

Pro club staff and scouts from various clubs will regularly visit the programme, with First XI Vector supporting talented players in attending club trials.

Key information

Start Date: January 2025

Course Duration: 1-5 months

Fees: Please contact the team for programme costs



info@first-xi.uk