

KAIROS HOPE: 2025 ANNUAL IMPACT REPORT

MISSION STATEMENT

Within Our Christ-Centered Home, We Are Committed to the Holistic Healing and Support of Women Who Have Overcome Sexual Trauma, Cultivating Wholeness in Every Facet of Their Lives.

2025 YEAR IN REVIEW: BY THE NUMBERS

7 Women Served

In 2025, Kairos Hope provided intensive, trauma-informed residential care to 7 individual survivors. 3 of these residents transitioned to us from restrictive environments (rehab or jail), seeking a specialized path to long-term independence.

Resident Outcomes & Retention

- **1 Successful Graduate:** Completed the full 12-month curriculum in December.
- **2 Continuing Residents:** Currently at 7 months and progressing toward senior milestones.
- **4 Transitional Departures:** Stays ranging from 1 to 7 months, transitioning to better-suited environments or leaving on their own accord. Kairos continues to support them after the transition, as they allow.

Clinical & Holistic Milestones

- **100% Sobriety:** All residents maintained full sobriety within the home; 2 successfully quit smoking.
- **Mental Health:** 6 out of 7 residents mastered the first 2 clinical milestones, showing marked improvement in emotional regulation and sense of purpose.
- **Financial Empowerment:** 2 residents completed *Financial Peace University* and established savings accounts. One resident moved out with over \$4,000 in personal savings.
- **Vocational Success:** 2 residents earned their **CNA license**. 1 resident began EMT classes and currently serves clinical rotations at the local ambulance district.
- **Family Reunification:** 2 residents with children in foster care made documented progress toward parenting goals and reunification.

THE POWER OF COMMUNITY: IN-KIND STEWARDSHIP

Because of our small budget, we rely on the radical generosity of our community.

- **Gift of Clinical Service:** As a Licensed Counselor, our Executive Director provided weekly individual counseling, group therapy, and EMDR (valued at \$100+ per session) at no cost to the organization.
- **Volunteer Advocacy:** 15 dedicated volunteers served an average of 4 hours per week (**3,120 total hours**), providing the equivalent of 1.5 full-time employees in donated labor.
- **Community Provisions:** Local farmers donated hundreds of pounds of beef, and supporters provided full hygiene kits, welcome baskets, and *Financial Peace University* curriculum for every resident.
- **Giving Back:** Residents volunteered at 2 local food banks and served at over 15 local community events, transitioning from "service recipients" to "community contributors."

2025 FINANCIAL STEWARDSHIP

To the public, our budget looks small, but our impact is massive. By leveraging donated services and volunteer labor, we provide a level of care usually reserved for million-dollar facilities.

<i>Investment Type</i>	<i>Description</i>	<i>Estimated Value</i>
<i>Cash Operating Costs</i>	<i>Daily utilities, insurance, and program supplies</i>	<i>\$29,556.15</i>
<i>Donated Professional Services</i>	<i>Licensed Counseling, EMDR, and Program Oversight</i>	<i>\$20,000*</i>
<i>Volunteer Labor Value</i>	<i>3,120 hours of advocacy and house support</i>	<i>\$47,580*</i>

<i>In-Kind Goods Donated</i>	<i>Donated beef, hygiene kits, home goods, and curriculum</i>	<i>\$2,500*</i>
<i>TOTAL VALUE OF SERVICES</i>	<i>The true cost to provide this care in a traditional setting</i>	<i>\$99,636.15</i>

**Estimated market value of donated time and goods.*

Efficiency Rating: For every ***\$1.00*** in cash donated by the community, Kairos Hope provided ***\$3.37*** in direct restoration services to survivors.

Note: The actual "Value of Care" provided in 2025 far exceeds our cash expenses due to over 3,000 volunteer hours and pro-bono clinical services.

LOOKING AHEAD: 2026 GOALS

1. **Expand to 6 Beds:** Reaching full facility capacity to reduce our waitlist.
2. **Staffing Sustainability:** Transitioning to a paid part-time model to support our volunteer base.
3. **Regional Safety Net:** Expanding our role as the primary specialized recovery resource in Northeast Missouri.