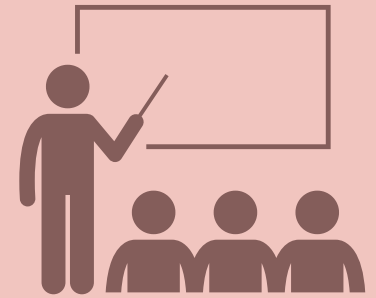




Safe Start Training

Supervising First Aid for Mental Health



LEVEL 3

This 2-Day course goes into detail on a wide range of mental health conditions and the support and help provided by healthcare professionals. It covers the content of both the Level 1 and Level 2 qualifications but is aimed at Trainer/ Assessors and/or supervisor level within the workplace.

Course Duration



A minimum of 12 hours spread over at least two days. Ideally, the course should be run over two consecutive days, but must be completed within 6 weeks of starting the course, with each training session a minimum of two hours.

Entry Requirements



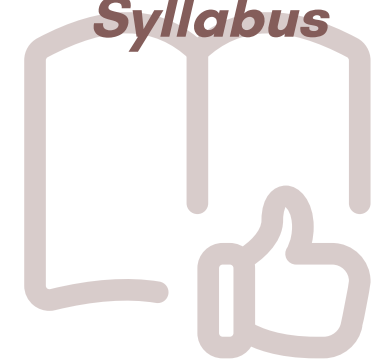
Age restrictions Learners must be a minimum of 16 years of age upon course commencement.

A range of First Aid for Mental Health related subjects are covered including:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Self-harm
- Post-traumatic stress disorder
- Providing advice and starting a conversation
 - Suicide
 - Stress
 - Eating disorders
 - Mental health conditions
 - Personality disorders
 - Drugs and alcohol
 - Bipolar disorder

- First Aid for Mental Health action plan
- Psychosis
- First Aid for Mental Health in the workplace
- Schizophrenia
- Depression
- Anxiety

Course Syllabus



A range of methods are used, including practical and questioning (open and multiple-choice).

Assessment



Certification



A Level 3 Award in Supervising First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. It is strongly recommended that the learner attends annual refresher training. The learner will need to complete the full course again to requalify for a further three years.

Pricing



Prices start £220 per delegate*
additional delegates receive a reduced rate dependent on class size.

PRICES ARE INCLUSIVE OF PERSONALISED LEARNING LEARNING RESOURCES (E-BOOK WITH YOUR LOGO) AND PERSONALISED OFQUAL ACCREDITED CERTIFICATES (WITH YOUR LOGO)

COURSE ALSO INCLUDES MENTAL HEALTH FIRST AIDER PIN BADGE AND EMAIL LOGO

***A minimum of 2 delegates is required to run the course.**

BOOK YOUR ANNUAL FIRST AID FOR MENTAL HEALTH REFRESHER AT THE SAME TIME AND RECEIVE 20% OFF THE COURSE FOR ALL DELEGATES

in Association with



and

