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INTERNATIONAL TRAINER KONGRESS





BDFL

BUND DEUTSCHER FUSSBALL - LEHRER KOMPETENZ IM FUSSBALL

The BDFL - Founded in 1957, to date consists of roughly 4,600 members. The goal of the BDFL is to engage German Football coaches from all level's Amateur to Professional environment's - it is heavily required that coaches who've obtained certification through the Deutsche Fussball Bund (DFB) - obtain status as members with the BDFL. The primary responsibility of the BDFL is to further grow & enhance coach development within Germany. As they organize 30+ training conferences annually & an International Training Congress (ITK) within its 8 association states - including workshops & training trip's within top clubs in Germany & abroad.

This piece consist's of a personal inspiration of mine - globally recognized as a coach for the next-generation. Julian Nagelsmann - Head Coach of RB Leipzig. This presentation has been created from his 2019 appearance at the ITK.

Yours in Football,

AnalysisLab





TRAINING - METHODS & PRINCIPLES

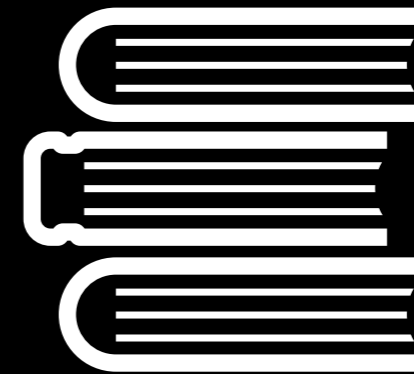
INTRODUCING - NEW & YOUNG PLAYER'S

The belief come's from the Dynamic's within Team Training Environments & how we are able to mould player's into player's that can dynamically adapt to the adjustment's for match-day along with during the game. Implementing coaching adjustment's to a dynamically changing game - considering Ethical Perspectives.

Principles - are "quotes" for player's & always apply regardless of the match outcome, regardless of the opponent, regardless to each situation. But they'll always have something that the player will always apply - we may see a connection of a 3-5-2 , although the game would not always appear this way. Therefore my work is based on these principles within the game.

Building Block's are an important aspect patterns of action. There are no specific basic rules in there, but these 3 points you must understand.

- A. The Principles & how to be able to implement them
- B. Have the right Athletic Training
- C. Action patterns that player's are able to make decisions on the field - that influence the Team Dynamics



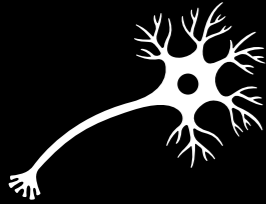
DYNAMIC INFLUENCES

ON THE FIELD



Orientating to my opponent's strength's

Categorizing the Opponent



Is the opponent better, equivalent or weaker than us? - there are various variables that come into effect for match-preparation. This information has to be effective for the player's in order to understand their opponent.

Analysis - Tactic's & Identity

Assuming that we'll have less ball possession - elsewhere meaning we will have more pressing moment's - then we defend more often in our way. Playing for Leipzig is often about an attack - meaning less ball possession for the opponent - therefore leading to more pressing situations.



"Weaker opponents means more possession phases & more counter pressing actions - it is our identity ; I always think of it vs. Strong Opponent's - greater Defensive Players & vs. Weaker's Opponent's greater Attacking Player's"

Good ball possession can often lead into good opportunities for counter-pressing situation's - therefore it's extremely important in advance to improve the dynamics in the game to be able to predict outcomes within a match.



Player Mentality

Adapting Player's Within Game

In our identity - we are looking for player's who are making demands to the tactical idea's within the game & able to identify moment's within matches. When we bring player's on - we want them to emulate our plan & work within it. But there has to be the mentality of the player as well - both cognitively & emotionally. The away fixture's can play an important role in this - forgetting about our tactical plan, referee's & fan's - we require that player's come back to our site emotionally - then in such example's the Stadium could be on our side or very quiet ; then we can regain our identity within the match.

GUIDELINES

COACHING APPROACH



Operative Approach

Emotionality

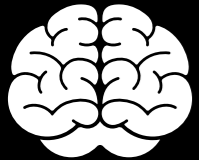
The first influence can be the opposition that we're up against - for example; Bayern Munich - a side with a high goal-scoring ratio. For us when we play against such an opponent - we try to embody it and live within our beliefs. Second influence - which have an extreme influence in sport dynamics are fan's & spectator's who are making decisions are offensive and attractive based around their perspective of the match.

Hierarchy of Thinking

How can I work with a player who will change the dynamics of the game.

Preparation

Dynamics are also continuous & changing - every minute or 2 - I have to reassess - with the player's ultimately making the decisions on the field. My opinion before a game is a tactical decisions - decide, reflect & support the player's in the decision's that they've made.



GUIDELINES

COACHING IDENTITY



Operative Approach

Personal Identity

I have no problem speaking with members of media regarding our game-plan, if it did or didn't work. But these will always fall on me as a trainer. I own up to these beliefs because there is something to be said about courage & self-confidence. Player's may not always stick to things, they have to make their own decisions all the time - this is the biggest aspect of your role as a Football Trainer - to tackle the game & the overarching decisions. Your role is to protect them - to take pressure & to support the game itself. It's better to take away information & decide it for yourself & coach.



QUESTIONS & ANSWER'S

FROM MEMBER'S

Analysis Lab



Answers: *I have a role within my team - as a co-trainer who is operative on the emotional state of a game & for me personally - this has had a good affect on me as a trainer. It's enabled me to make clearer decisions within the game dynamic's.*

Answers: *Within the ever-changing game context - it's important to note the single-player qualities within a match. But there have been moment's where I've matched adjustments that haven't work or sometime's where they've stayed the same because of the individual player qualities. It's important to have principles - because in match scenario's ; they will be able to have reference toward's the principles in which we have focused on. We will train patterns of action's & work within our principles & it doesn't matter the formations of 2-3-5 or 4-3-3 or 3-4-3.*

Answers: *Working with player's who do not understand a particular language or have difficulty with information processing. We work with the player's a lot on video components. We will have comment's laid out for them in the middle of the video which highlights some of the important details, along with animations. We also work with player's who speak another language & have it presented to them in a language where they are able to understand the detail.*

Answers: *We can change or adapt on our principles according to the player's and their ability to retain the understanding of what we are asking. We have to agree on the context of the idea's and work with the player's to understand our common knowledge & language. We do allow the player's to have a say, of course.*