



MasterLife With Stacey

Coaching & Consulting

443-712-7114

www.masterlifecoachingandconsulting.com

Coaching Agreement

Welcome to MasterLife with Stacey! This document contains important information about services and policies. When you sign this document, it will represent an agreement between you/Client and MasterLife with Stacey whereby I will provide Coaching and Consulting Services to you focusing on non-clinical issues. It is very important that you understand the concepts discussed below. Take your time reading it and discuss any questions you have with me.

Client Name _____ Date _____

Address _____

Email Address _____ Cell _____

Reasons for seeking coaching or seeking consultation:

Informed Consent

The decision to begin coaching is one that may have important results for your life. Coaching is a process that inspires the client/You to maximize personal and professional potential. It is designed to facilitate the development of personal, professional or business goals and to develop and carry out a plan for achieving those goals.

Our initial session will assess your concerns and current life situation. Following sessions will begin positive planning toward fulfilling your goals. My goal is to help you gain a better understanding of yourself to increase productivity and develop techniques that will help you reach your goals. I will empower you, assist you in overcoming obstacles, shift your mindset and celebrate your victories.

Coach-Client Relationship.

1. I agree to maintain the ethics and standards of behavior established by law.
2. You are responsible for creating and implementing your own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the coaching relationship and your coaching calls and interactions with me. As such, you agree that I will not be, liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided. You acknowledge that coaching is not therapy and

does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.

3. You acknowledge that you may terminate or discontinue the coaching relationship at any time.

Confidentiality

I will keep all conversations and information private and confidential as allowable by law. Exceptions may be made if there is an imminent threat of serious harm to oneself or others. Please be aware that the Coach-Client relationship is not considered a legally confidential relationship (like the medical and legal professions) and therefore communications are not subject to the protection of any legally recognized privilege. I agree not to disclose any information pertaining to you without your written consent.

Electronic Communication & Online Coaching. You should be aware that telephone (including text), email, and videoconference are not encrypted methods of communication, and some confidentiality risk exists with their use.

Services. We agree to engage in a Coaching or Consulting Program through telephone or video meetings.

Schedule and Fees. Sessions are \$150 for 60 minutes. You agree to pay all fees associated with the Coaching and Consulting Services up front unless arrangements are made. You agree to commit to six sessions. You give **MasterLife with Stacey** permission to charge your credit/debit card on file for any outstanding fees to include missed sessions. Payments are made via **Zelle** to **stacey@masterlifecoachingandconsulting.com**.

Cancellation Policy. Your scheduled time is set aside specifically for you. Therefore, you agree that it is your responsibility to notify Stacey of your desire to cancel a session 24 hours in advance of the scheduled session. If you miss a session without canceling, or cancel with less than 24 hour notice, you will be charged \$150, the cost of the Coaching and Consulting Session. If payment was made in advance, that amount will not be refunded nor session made up.

I have read and fully understand and agree to the terms of this Consent and Services Agreement.

Printed Name

Signature of Client

Date