Fwd: Exam

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Date: Wednesday, July 1, 2020, 08:28 PM EDT

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Subject: Exam

7/1/2020



Direct Care Worker Competency Exam

Applicant Name_	
• • • • • • • • • • • • • • • • • • • •	
Date	

Multiple Choice

Circle the correct answer(s)

- 1. You as a Direct Care Worker
 - a. work alone
 - b. are a part of a healthcare team
 - c. will become leader of the healthcare team
 - d. will never get any further training after orientation
- 2. Mr. Moore informs you that he has not had a bowel movement in 3 days. What should you do?
 - a. tell him not to worry about it
 - b. tell him to take a laxative
 - c. Notify the Supervising Nurse
 - d. change the patient's position
- 3. Your patient who has diabetes and takes insulin regularly informs you she is nervous and jittery. What should you do immediately?
 - a. take their temperature
 - b. find out when Is their next Dr. Appointment
 - c. have them lie down in bed
 - d. give them a glass of orange juice _____ __ __ ___
- 4. Which of these actions is the direct care worker permitted to take regarding drug adminstration?
 - a. Recording and reporting patients reaction to the medication
 - b. handing out nonprescription medications to patient when they ask
 - c. adjusting the dosage of medications prescribed to patient
- d. adjusting times that medications are to be given out to fit the patient's activity schedule
- 5. When the patient complains of pain what should the direct care worker do first?
 - a. ask the patient to describe the pain
 - b. call the patients doctor
 - c. change the patients position
 - d.give the patient some warm tea

- 6. How many times should the water be changed during a bed bath?
- a. Whenever water is visibly soiled
- b. Twice
- c. However many times needed
- d. None
- 7. Which one of the following devices is used in the prevention and treatment of bedsores or pressure sores?
- a. Rubber Sheets
- b. Air matress
- c. Donut
- d. Emesis Basin
- 8. Proper feeding techniques include:
- a. Just one spoonful per bite
- b. Feed the patient slowly and make sure all food is swallowed
- c. Feed the patient while lying in the bed
- d. Allow the spoon to go to the back of the tongue
- 9. Which of the following is not a sigh and symptom of dehydration?
- a. Light colored urine
- b. Weakness and thirst
- c. Dried mucous membranes
- d. Rapid pulses and Lowe blood pressures
- 10. When talking a clients pulse you should take it for how long?
- a. Until it slows down a little
- b. 60 seconds using a watch with a second hand
- c. Until you dont feel it anymore
- d. 15 seconds