

# FIGHTING ISOLATION THROUGH SERVICE TO OTHERS, EDUCATIONAL OPPORTUNITIES, AND BY BUILDING MEANINGFUL RELATIONSHIPS



## 2025 IMPACT REPORT

### GWEN'S MEALS



- 169 households
- Over 9,300 meals delivered
- 29 community partners & congregations
- 2,600 volunteer service hours
- 25,000 volunteer miles driven
- Regular wellness check & friendly visit

### HEALTH PROMOTION

- Tai Chi
- Water Aerobics
- Chair Yoga
- Line Dancing
- Optimizing Health Classes



### LIFELONG LEARNING

- Adventures In Learning**
- 37 Classes
  - 271 Participants
  - 5,214 Instructional Hours
  - 300 Volunteer Hours

### HANDY HELPER



- 3 New Volunteers
- Accessibility ramps
- Yard Maintenance

### MEDICAL TRANSPORTATION

- Started July 2025
- 14 Volunteers
- 23 Clients
- 94 Trips
- 318 Volunteer Hours
- 7,000 Miles traveled



- Lunch & Learn**
- 5 Sessions
  - 4 Adventure Travel events
  - Over 400 attendees
  - Informative topics include history, culture and current events

### SOCIAL OPPORTUNITIES

- Adventures In Learning Sessions
- Lunch & Learn
- Coffee Talk
- Book Group events
- Adventure Travel



### FRIENDLY VISITOR



- 203 Visitation hours
- Almost 1,700 miles driven
- Gwen's Meals Volunteers provide weekly visits and wellness checks

### SERVICE AREA

Alderson  
Charmco  
Crawley  
Dawson  
Clintonville  
Fairlea  
Frankford  
Lewisburg



Rainelle  
Renick  
Ronceverte  
Rupert  
Smoot  
Quinwood  
White Sulphur Springs  
Williamsburg

### WHAT PEOPLE ARE SAYING

"It is a true honor and privilege to volunteer with the Shepherds Center. My partner and I had the joy of spending time with a couple who, at this season in their lives, needed just a little extra help making it back and forth to a medical appointment. We enjoyed a chance to connect and spend quality time together."



**Your contributions help us to provide services to hundreds of Greenbrier County's older citizens every week.**

## FOUNDATION SUPPORT



United Way  
of the Greenbrier Valley



D'Antoni Family Charitable Fund

Daywood Foundation

James FB Peyton Fund

Hamilton Family Foundation

Marie Leist Foundation

Seneca Trail Charitable Foundation

## VOLUNTEERS NEEDED

### VOLUNTEER OPPORTUNITIES

- Gwen's Meals delivery
- Gwen's Meals preparation
- Friendly Visitor / Caller
- Handy Helper
- Adventures In Learning
- Coffee Talk
- Office Support
- Transportation
- Lunch & Learn

### THE MAGIC MAKERS

#### Staff

Sarah Moloney, Executive Director

Neal Roth, Assistant Director

Loretta Foley, Program Director

#### 2026 Board Members

Brian DeRouen

Gail Fleshman

Diana Godbey

Kathie Holland

Alice Hollingsworth

Judy Long

Judy Lucas

Ann McClung

Lindsey McCracken

Katy Montgomery

Carol Prillaman

Carolyn Rudley

Mary Lou Smith

Aaron Toothman

Sandra VanLuik

Amanda White

Terri Wontrobski

Cynthia Woods

### OUR MISSION



Shepherd's Center of Greenbrier Valley is an interfaith ministry to sustain mature adults to live independently by providing opportunities for lifelong learning, community service, caring relationships, and spiritual growth.

We are committed to creating an environment of inclusion where

everyone is welcome and encouraged to be their true selves. We value individuals of all ages, religion, nationality, disability, race, sex, sexual orientation, and gender identity.



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