

FIGHTING ISOLATION THROUGH SERVICE TO OTHERS, EDUCATIONAL OPPORTUNITIES, AND BY BUILDING MEANINGFUL RELATIONSHIPS



Explore Life's Next Chapter

shepherd'scenter
OF GREENBRIER VALLEY

2025 IMPACT REPORT

GWEN'S MEALS



- 169 households
- Over 9,300 meals delivered
- 29 community partners & congregations
- 2,600 volunteer service hours
- 25,000 volunteer miles driven
- Regular wellness check & friendly visit

HEALTH PROMOTION

- Tai Chi
- Water Aerobics
- Chair Yoga
- Line Dancing
- Optimizing Health Classes



LIFELONG LEARNING

Adventures In Learning

- 37 Classes
- 271 Participants
- 5,214 Instructional Hours
- 300 Volunteer Hours

Lunch & Learn

- 5 Sessions
- 4 Adventure Travel events
- Over 400 attendees
- Informative topics include history, culture and current events

HANDY HELPER

- 3 New Volunteers
- Accessibility ramps
- Yard Maintenance



MEDICAL TRANSPORTATION

- Started July 2025
- 14 Volunteers
- 23 Clients
- 94 Trips
- 318 Volunteer Hours
- 7,000 Miles traveled



SOCIAL OPPORTUNITIES

- Adventures In Learning Sessions
- Lunch & Learn
- Coffee Talk
- Book Group events
- Adventure Travel



FRIENDLY VISITOR



- 203 Visitation hours
- Almost 1,700 miles driven
- Gwen's Meals Volunteers provide weekly visits and wellness checks

SERVICE AREA

Alderson
Charmco
Crawley
Dawson
Clintonville
Fairlea
Frankford
Lewisburg



Rainelle
Renick
Ronceverte
Rupert
Smoot
Quinwood
White Sulphur Springs
Williamsburg

WHAT PEOPLE ARE SAYING

"It is a true honor and privilege to volunteer with the Shepherd's Center. My partner and I had the joy of spending time with a couple who, at this season in their lives, needed just a little extra help making it back and forth to a medical appointment. We enjoyed a chance to connect and spend quality time together."



