



FALL 2026

Meadow River Valley
ADVENTURES IN
LEARNING

SEPTEMBER 29 – NOVEMBER 4

Join us for our Meadow River Valley Adventures In Learning
FALL 2026 session held on

Tuesdays from **September 29th through October 27th &**
Wednesday November 4th!

These exciting and educational classes are open to all ages!

All classes are held at the First Baptist Church of Rainelle.

PLEASE NOTE!

*Shepherd's Center of Greenbrier Valley follows the
Greenbrier County School Closing Schedule.*

*If schools are closed, we **WILL NOT** hold classes that day.*

9:00AM-9:20AM

DEVOTIONS

9:25AM-9:55AM

WARM UP

Line Dancing & Chair Yoga

10:00AM-10:50AM

9/29/26 - Carnegie Hall: Behind the Scenes

10/20/26 - Field Trip : Charleston, WV

10/6/26 - Field Trip : Foundry, WSS

10/27/26 - Greenbrier Smokeless Coal

10/13/26 - Travel Adventures w/ Vickie Boone

11/4/26 - Stone Appreciation w/ Nan Morgan (Bring a rock that fits in your hand)

11:00AM-11:50PM

9/29/26 - Ukulele* w/ Emma Lou Fox
(limit of 6) or Games

10/20/26 - Field Trip - Charleston, WV

10/6/26 - Macrame @ Creekside Foundry

10/27/26 - Cooking w/ Carol & Ukulele* w/ Emma Lou Fox (limit of 6)

10/13/26 - Ukulele* w/ Emma Lou Fox
(limit of 6) or Games

11/4/26 - Ukulele* w/ Emma Lou Fox
(limit of 6) or Games

12:00AM-12:50PM

LUNCH

9/29/26 - Holy Smokin' BBQ

10/20/26 - Field Trip: Charleston, WV

10/6/26 - Field Trip: WSS

10/27/26 - Lunch w/ Carol

10/13/26 - Rainelle Deli

11/4/26 - MRV Potluck

*Individuals will be responsible for their own lunch costs.

1:00PM-2:30PM

9/29/26 - Getting Crafty w/ Jaime Wykle

10/20/26 - Field Trip: Charleston, WV

10/6/26 - Field Trip: White Sulphur Springs

10/27/26 - TBD

10/13/26 - Vickie Neal Historical Society &
Food Pantry Prep

11/4/26 - Watercolor Painting
Workshop w/ Sharon Johnson

CLASSES / TOPICS ARE SUBJECT TO CHANGE

2026 COMMUNITY SERVICE AWARD

COMMUNITY SERVICE AWARD

HONORING

WARREN & MARGARET MAY

TUESDAY, SEPTEMBER 15, 2026

11:30 AM-1:00 PM

WVSOM STUDENT CENTER

TICKETS \$100

FOR SPONSORSHIP OPPORTUNITIES

AND TO PURCHASE TICKETS

CALL (304) 645-4196 OR INFO@SCGVWV.ORG

YOUR ASSISTANCE NEEDED!

DEMOGRAPHIC SURVEY



SCAN ME

We invite you to complete the Shepherd's Center of Greenbrier County survey by scanning the QR code or asking a staff member or volunteer for a paper copy. Your response helps us better understand and serve our community, while also providing the information requested by individuals, foundations, and organizations that support our work. If you have already completed the survey, thank you for taking the time to share your input.

YOU MATTER TO US!

CLASSES / TOPICS ARE SUBJECT TO CHANGE

MORE PROGRAMS

WATER AEROBICS

WEDNESDAYS

1:30 PM

Greenbrier Valley Aquatic Center
\$5 per person paid directly
to GVAC

BOOK GROUP

**SECOND THURSDAY
EACH MONTH**

11:00 AM

Lewisburg United Methodist
Church (2nd floor parlor),
unless otherwise noted

COFFEE TALK

**2nd Tuesday every Month
10:30 AM**

New Vision Baptist Church, White
Sulphur Springs

Come for camaraderie and
stimulating conversation!

CHAIR YOGA

**Monday & Thursday
10:30 AM**

Lewisburg United Methodist
Church, 1133 Washington St. E.

**Wednesday
2:00 PM**

Wellspring of Greenbrier
223 Main Street, Rainelle

DONATIONS CHANGE LIVES

Please consider making a gift to Shepherd's Center to help us grow our reach and meet the rising needs of older adults in the Greenbrier Valley. We are funded by local foundations, grants, congregational support, and individual donations. As a 501c3 nonprofit organization, your gift is tax deductible. With your help, we can make a greater difference in the lives of older adults!

Call Sarah Moloney, Executive Director and Neal Roth, Assistant Director, to see how you can GIVE in different ways.

(304) 645-4196 info@scgvwv.org

Donations may be sent to P.O. Box 54, Lewisburg, WV 24901, made online www.scgvwv.org, or simply scan the QR code.

Thank you for your support - we can't do it without you!



SCAN TO DONATE

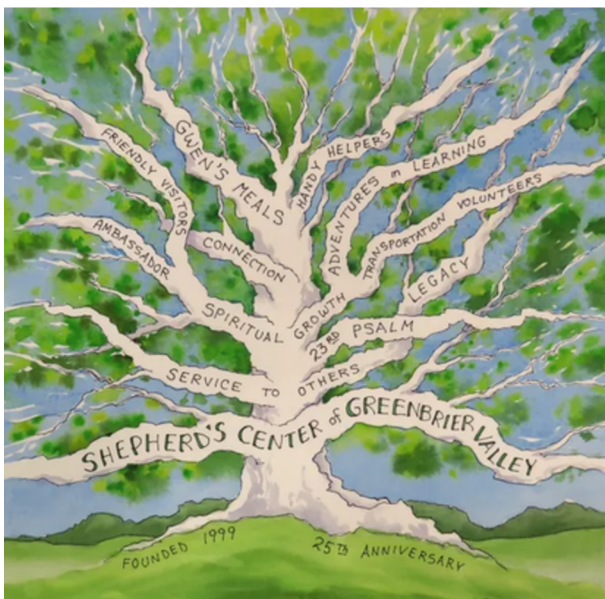
**SUPPORT
&
SPONSOR**

Would you consider sponsoring a session or two for someone else? What a great gift for a neighbor new to town or someone who hasn't attended classes before. Use the registration form to make your gift of education and adventure!

OUR STORY

Shepherd's Center of Greenbrier Valley was started by Ann McClung in 1999 after a visit to Shepherd's Centers of America in Kansas City, MO. Seven area churches agreed to sponsor the formation of Shepherd's Center of Greenbrier Valley; we obtained our State Charter, and we were off and running. Adventures in Learning started in 1999 with 45 participants. We now have approximately 150 registrants for ALL sessions. Other services that have been added over the years include Gwen's Meals, Handy Helper, Friendly Visitor, transportation to medical appointments, and an area referral resource center. In 2026, we were recognized as the Nonprofit of the Year by the Greater Greenbrier Chamber of Commerce. As we celebrate our 27th year of service to the community, we look forward to continued growth and expansion so we may reach older adults.

WE'RE ON A MISSION!



Shepherd's Center of Greenbrier Valley is an interfaith ministry to sustain mature adults to live independently by providing opportunities for lifelong learning, community service, caring relationships, and spiritual growth.

We are committed to creating an environment of inclusion where everyone is welcome and encouraged to be their true selves. We value individuals of all ages, religion, nationality, disability, race, sex, sexual orientation, and gender identity.

Make a Difference...

One Ride at a Time



TRANSPORTATION TO MEDICAL APPOINTMENTS



As people age, maintaining access to consistent and quality healthcare becomes increasingly important - not just for treating illness, but for managing chronic conditions, preventing complications, supporting independence and combating social isolation.

MAKE A DIFFERENCE

Our Volunteers:

- Commit to driving at least once a month
- Provide free rides to medical appointments
- Round trip, door-through-door service
- Drive according to their schedule in their own vehicle



Our Clients:

- Ambulatory older adults (no wheelchairs)
- Live within Greenbrier County



Scan For More Info

HOW TO APPLY

Visit or call our office to pick up your application

1133 Washington St, E

Lewisburg, WV 24901

INFO@SCGVWV.ORG

(304) 645-4196

give the gift of a lift

FIGHTING ISOLATION THROUGH SERVICE TO OTHERS, EDUCATIONAL OPPORTUNITIES, AND BY BUILDING MEANINGFUL RELATIONSHIPS



Explore Life's Next Chapter

shepherd'scenter
OF GREENBRIER VALLEY

2025 IMPACT REPORT

GWEN'S MEALS

- 169 households
- Over 9,300 meals delivered
- 29 community partners & congregations
- 2,600 volunteer service hours
- 25,000 volunteer miles driven
- Regular wellness check & friendly visit



HEALTH PROMOTION

- Tai Chi
- Water Aerobics
- Chair Yoga
- Line Dancing
- Optimizing Health Classes



LIFELONG LEARNING

Adventures In Learning

- 37 Classes
- 271 Participants
- 5,214 Instructional Hours
- 300 Volunteer Hours

Lunch & Learn

- 5 Sessions
- 4 Adventure Travel events
- Over 400 attendees
- Informative topics include history, culture and current events

HANDY HELPER

- 3 New Volunteers
- Accessibility ramps
- Yard Maintenance



MEDICAL TRANSPORTATION

- Started July 2025
- 14 Volunteers
- 23 Clients
- 94 Trips
- 318 Volunteer Hours
- 7,000 Miles traveled



SOCIAL OPPORTUNITIES

- Adventures In Learning Sessions
- Lunch & Learn
- Coffee Talk
- Book Group events
- Adventure Travel



FRIENDLY VISITOR



- 203 Visitation hours
- Almost 1,700 miles driven
- Gwen's Meals Volunteers provide weekly visits and wellness checks

SERVICE AREA

Alderson
Charmco
Crawley
Dawson
Clintonville
Fairlea
Frankford
Lewisburg



Rainelle
Renick
Roncverte
Rupert
Smoot
Quinwood
White Sulphur Springs
Williamsburg

WHAT PEOPLE ARE SAYING

"It is a true honor and privilege to volunteer with the Shepherd's Center. My partner and I had the joy of spending time with a couple who, at this season in their lives, needed just a little extra help making it back and forth to a medical appointment. We enjoyed a chance to connect and spend quality time together."



Your contributions help us to provide services to hundreds of Greenbrier County's older citizens every week.

FOUNDATION SUPPORT

Hollowell Dawkins
Foundation



United Way
of the Greenbrier Valley



D'Antoni Family Charitable Fund
Daywood Foundation
James FB Peyton Fund
Hamilton Family Foundation
Marie Leist Foundation
Seneca Trail Charitable Foundation

☆☆ Greater Greenbrier County Chamber of Commerce Nonprofit of the Year ☆☆☆

VOLUNTEERS NEEDED

THE MAGIC MAKERS

Staff

Sarah Moloney, Executive Director
Neal Roth, Assistant Director
Loretta Foley, Program Director

2026 Board Members

Brian DeRouen
Gail Fleshman
Diana Godbey
Kathie Holland
Alice Hollingsworth
Judy Long
Judy Lucas
Ann McClung
Lindsey McCracken
Katy Montgomery
Carol Prillaman
Carolyn Rudley
Mary Lou Smith
Aaron Toothman
Sandra VanLuik
Amanda White
Terri Wontrobski
Cynthia Woods

VOLUNTEER OPPORTUNITIES

- Gwen's Meals delivery
- Gwen's Meals preparation
- Friendly Visitor / Caller
- Handy Helper
- Adventures In Learning
- Coffee Talk
- Office Support
- Transportation
- Lunch & Learn

OUR MISSION



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everyone is welcome and encouraged to be their true selves. We value individuals of all ages, religion, nationality, disability, race, sex, sexual orientation, and gender identity.



Shepherd's Center of Greenbrier Valley
1133 Washington Street E.
P.O. Box 54
Lewisburg, WV 24901
(304) 645 4196
info@scgvwv.org
<https://scgvwv.org>



REGISTRATION

MEADOW RIVER VALLEY ADVENTURES IN LEARNING FALL 2026

PLEASE FILL OUT THE FOLLOWING INFORMATION

NAME:

FULL ADDRESS:

PHONE:

EMAIL ADDRESS:

EMERGENCY CONTACT INFO:

(OPTIONAL) CHURCH AFFILIATION:

By registering you are giving SCGV the right to use a photograph that you appear in for promotional material.

TUESDAYS SEPTEMBER 29 – NOVEMBER 4, 2026

PLEASE CHOOSE YOUR CLASSES

CALL (304) 645-4196 WITH QUESTIONS

9:00 AM DEVOTIONS

____ 9/29/2026
____ 10/6/2026
____ 10/13/2026
____ 10/20/2026
____ 10/27/2026
____ 11/4/2026

11:00 AM CLASSES

**The Ukulele Class has a 6-person limit for attendees. Please get your registration in early.*

____ 9/29/2026 Ukulele* or Games
____ 10/6/2026 Field Trip ~ White Sulphur Springs
____ 10/13/2026 Ukulele* or Games
____ 10/20/2026 Field Trip ~ Charleston
____ 10/27/2026 Cooking w/ Carol & Ukulele*
____ 11/4/2026 Ukulele * or Games

9:25 AM CLASSES

____ 9/29/2026 Chair Yoga
____ 10/6/2026 Line Dancing
____ 10/13/2026 Chair Yoga
____ 10/20/2026 Line Dancing
____ 10/27/2026 Chair Yoga
____ 11/4/2026 Line Dancing

1:00 PM CRAFTS / GAMES

____ 9/29/2026 Getting Crafty (Fee TBD)
____ 10/6/2026 Field Trip
____ 10/13/2026 Vicki Neal & Food Pantry Prep
____ 10/20/2026 Field Trip
____ 10/27/2026 TBD
____ 11/4/2026 WaterColor Painting (Fee TBD)

PLEASE REGISTER EARLY SO WE CAN BE READY FOR YOU

10:00 AM CLASSES

____ 9/29/2026 Carnegie Hall
____ 10/6/2026 Field Trip
____ 10/13/2026 Travel Adventures
____ 10/20/2026 Field Trip
____ 10/27/2026 Greenbrier Smokeless Coal
____ 11/4/2026 Stone Appreciation

WATER AEROBICS WEDNESDAYS

1:30PM

Greenbrier Valley Aquatic Center
\$5 per person to be paid directly to GVAC.

THERE IS NO REGISTRATION FEE, DONATIONS ARE APPRECIATED.

Inside...

Watch our Facebook page
for upcoming events!
COFFEE TALK
BOOK GROUP
LUNCH & LEARN
ADVENTURE TRAVEL

**YOUR
MEADOW RIVER VALLEY
ADVENTURES
IN LEARNING
FALL 2026 SCHEDULE!**

**2026 NONPROFIT
OF THE YEAR**

**RECOGNIZED BY THE
GREATER GREENBRIER
CHAMBER OF COMMERCE**

**HAVE A QUESTION OR NEED
MORE INFORMATION
CALL US AT
(304) 645-4196**



Explore Life's Next Chapter

shepherd'scenter
OF GREENBRIER VALLEY

PO Box 54, Lewisburg, WV 24901

**YOUR MEADOW RIVER VALLEY ADVENTURES IN LEARNING
FALL 2026 SCHEDULE IS INSIDE!**