

# FALL 2025 EASTERN GREENBRIER VALLEY ADVENTURES IN LEARNING

OCTOBER 2 - NOVEMBER 6

## **ABOUT ADVENTURES IN LEARNING**

Join us for our Adventures in Learning **FALL 2025** session held on Thursdays from **October 2 through November 6**. These exciting and educational classes are open to all ages! Be sure to sign up early, as some classes are limited in size and others fill fast!

- Registration fee for all classes is \$35.
- \$25 material fee for the Basket Weaving class.
- Deadline to register is September 25th, 2025.
- Lunches are \$8 per week; <u>November 6 is the Greenbrier County Library</u>
   <u>Luncheon Fundraiser, tickets bought in advance are only \$8</u>.
- Transportation and scholarships may be available upon request.
- All classes are held at the Lewisburg United Methodist Church at 1133 Washington St. E., Lewisburg, WV 24901.

## **PLEASE NOTE!**

Shepherd's Center of Greenbrier Valley follows the Greenbrier County School Closing Schedule.

If schools are closed, we <u>WILL NOT</u> hold classes that day.

# MORE INFO

# WATER AEROBICS

#### **WEDNESDAYS**

1:30PM
Greenbrier Valley Aquatic Center
\$5 per person paid directly
to GVAC

# BOOK GROUP

# SECOND THURSDAY EACH MONTH

11:00 AM
Lewisburg United Methodist
Church (2nd parlor), unless
otherwise noted

# COFFEE TALK

# SECOND TUESDAY EACH MONTH

10:30 AM
New Vision Baptist Church
White Sulphur Springs

Come for comradery and good conversation!

# CHAIR YOGA

# EVERY MONDAY & THURSDAY

10:30 AM
Lewisburg United Methodist
Church in Asbury Room, unless
otherwise noted

#### **DONATIONS CHANGE LIVES**

Please consider making a gift to Shepherd's Center to help us grow our reach and meet the rising needs of older adults in the Greenbrier Valley. We are funded by local foundations, grants, congregational support, and individual donations. As a 501c3 nonprofit organization, your gift is tax deductible. With your help, we can make a greater difference in the lives of older adults!

Call Sarah Moloney, Executive Director and Neal Roth, Assistant Director, to see how you can GIVE in different ways.

(304) 645-4196 info@scgvwv.org

Donations may be sent to P.O. Box 54, Lewisburg, WV 24901, made online www.scgvwv.org, or simply scan the QR code.

Thank you for your support - we can't do it without you!



**SCAN TO DONATE** 



#### HISTORY OF SHEPHERD'S CENTER OF GREENBRIER VALLEY

Shepherd's Center of Greenbrier Valley was started by Ann McClung in 1999 after a visit to Shepherd's Centers of America in Kansas City, MO. Seven area churches agreed to sponsor the formation of Shepherd's Center of Greenbrier Valley, we obtained our State Charter, and we were off and running. Adventures in Learning started in 1999 with 45 participants. We now have approximately 150 registrants for AlL sessions. Other programs that have been added through the years are Gwen's Meals, Handy Helper, Friendly Visitor, transportation to medical appointments or grocery shopping for those who are no longer driving, as well as being a senior resource center in the area. We currently have 27 area sponsoring congregations that support us in various ways. This year we celebrate our 25th anniversary and look forward to continued growth and expansion to reach out to those in our community who need our services.

# WE'RE ON A MISSION!



Shepherd's Center of Greenbrier Valley is an interfaith ministry to sustain mature adults to live independently by providing opportunities for lifelong learning, community service, caring relationships, and spiritual growth.

We are committed to creating an environment of inclusion where everyone is welcome and encouraged to be their true selves. We value individuals of all ages, religion, nationality, disability, race, sex, sexual orientation, and gender identity.



## 2024 IMPACT REPORT

# FIGHTING ISOLATION THROUGH SERVICE TO OTHERS, EDUCATIONAL OPPORTUNITIES, AND BY BUILDING MEANINGFUL RELATIONSHIPS

#### **DIRECT SERVICES**

#### Gwen's Meals

- Over 8,500 meals prepared
- · 26 partner organizations & congregations
- · 35 volunteer drivers
- · Over 17,000 miles driven by volunteers
- Embedded in each meal delivery is a wellness check/friendly visit



#### **Friendly Visitor**

- 15 Recipients
- 24 Volunteers
- 183 Visitation Hours

#### **HANDY HELPER**

- Accessibility ramp
- Door replacements
- · Curtain rods installed
- · Pictures and art hung



#### **SOCIAL OPPORTUNITIES**

- Adventures In Learning Sessions
- Lunch & Learn
- Coffee Talk
- Book Group Events
- Adventure Travel



#### GEOGRAPHIC AREAS



Smoot White Sulphur Springs Williamsburg

Charmco
Dawson
Clintonville
Fairlea
Frankford
Lewisburg
Rainelle
Renick
Ronceverte
Rupert

Alderson

#### LIFELONG LEARNING

#### **Adventures In Learning**

- 35 Classes
- 151 Participants
- 4,822 Instructional Hours
- 300 Volunteer Hours

#### Lunch & Learn

- 5 Sessions
- Over 300 attendees
- Informative topics include history, culture and current events
- 4 Field trips

#### **HEALTH PROMOTION**

- Tai Chi
- Water Aerobics
- Chair Yoga
- Line Dancing
- Optimizing Health Classes



#### **INFORMATION & REFERRALS**

On an annual basis we handle an average of:

- 1,000 Calls
- 200 Referrals & Information Requests
- 40 Transportation Requests



#### WHAT PEOPLE ARE SAYING

"I choose to give an annual donation to the Shepherd's Center of Greenbrier Valley because it was my mother's favorite thing in her last years."

"When you put a meal in a recipient's hands, you can see how important it is to them, not just the meal but the personal interaction."

"I love the comradery, the fellowship, and the acceptance!"

## REGISTRATION

# **ADVENTURES IN LEARNING FALL 2025**

PLEASE FILL OUT THE FOLLOWING		IG INFORMATION REGISTRATION			
PHONE:  EMAIL ADDRESS:  CHOOSE YOUR CLASSES		DEADLINE: SEPT 25, 2025  EMERGENCY CONTACT INFO:  (OPTIONAL) CHURCH AFFILIATION:  CALL (304) 645-4196 WITH QUESTIONS			
			THURSDAY SESSIONS		NEED TO KNOW:
			9-9:50AM		DINE WITH US
			Current Events Chair Yoga		A lunch buffet will be provided each week for \$8. Please let us know in advance if you would like lunch. We need to have a head count for those preparing the meals. November 6th is the
			10-10:50AM		Greenbrier County Library Luncheon Fundraiser,
Generations Together		tickets bought in advance are only \$8.			
Inner-G Movement Relationship of Arts & Religion		Circle the dates you would like lunch!			
Community Potpourri		10/02 10/09 10/16 10/23 10/30 11/6			
11-11:50AM		SPECIAL REQUESTS			
Bible Study	回解系统回	Transportation Assistance Scholarship Information			
Creative Writing	55 BOOK 88	•			
Appalachian Lore	######################################	FEES ENCLOSED			
Nature's Potpourri		\$ \$35 Registration Fee			
		\$ Lunch @ \$8 per week			
1-2:30PM	SCAN TO	\$ \$25 Material Fee Basket Weaving Class			
Basket Weaving	REGISTER ONLINE	\$ Tax-deductible Donation to Support SCGV			
Games / Book Group		\$ Sponsorship Donation			

EMAIL INFO@SCGVWV.ORG WITH QUESTIONS

Total Enclosed: \$\_

Inside...



Watch our Facebook page for upcoming events! COFFEE TALK BOOK GROUP LUNCH & LEARN ADVENTURE TRAVEL CONTINUING OUR LEGACY FOR ANOTHER 25 YEARS

PLUS

Ways to HELP!
Ways to GIVE!
Ways to
CELEBRATE!

YOUR ADVENTURES
IN LEARNING
FALL 2025
SCHEDULE!

(304) 645-4196 INFO@SCGVWV.ORG



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YOUR ADVENTURES IN LEARNING FALL 2025 SCHEDULE IS INSIDE!