



Fall 2026

EASTERN GREENBRIER VALLEY ADVENTURES IN LEARNING

OCTOBER 1 – NOVEMBER 5

ABOUT ADVENTURES IN LEARNING

Join us for our Adventures in Learning **Fall 2026** session held on **Thursdays** from **October 1 through November 5**. These exciting and educational classes are open to all ages! Be sure to sign up early, as some classes are limited in size and others fill fast!

- Registration fee for all classes is \$35.
- \$25 material fee for the Crafternoon class.
- Deadline to register is September 25th, 2026.
- Lunches are \$8 per week; November 5 is the Greenbrier County Library Luncheon Fundraiser, tickets bought in advance are only \$8.
- Transportation and scholarships may be available upon request.
- All classes are held at the Lewisburg United Methodist Church at 1133 Washington St. E., Lewisburg, WV 24901.

PLEASE NOTE!

*Shepherd's Center of Greenbrier Valley follows the
Greenbrier County School Closing Schedule.*

*If schools are closed, we **WILL NOT** hold classes that day.*

COFFEE CART

Enjoy coffee and snacks in the Library from 9 to 10 AM.

-Provided by SCGV

9-9:50AM

CURRENT EVENTS

Stay informed! Join discussions about today's issues on local, state, national, and world levels. Learn what's going on from local businesses and organizations and take this opportunity to ask questions. **Topics to be covered will be announced the week prior to the class being held.**

-Cindy Lavender-Bowe, Moderator

CHAIR YOGA

Staying active and healthy is critical for seniors. The more you keep your body moving, the better it will respond to the aging process. Chair yoga is a promising form of exercise that may help people with certain health conditions, such as arthritis, to exercise without putting pressure on joints. It may also reduce the fear of falling, and help people who are not used to exercise to begin improving their strength and balance.

-Terri McCroskey, Instructor

10-10:50AM

WHAT'S NEW TO DO

Join us each week to meet local business leaders and learn what's happening in Greenbrier County.

October 1 - Carnegie Hall
October 8 - 365 Art
October 15 - Creekside Foundry
October 22 - 7 Notes Natural Health
October 29 - Primitive Goods
November 5 - TBD

-Carolyn Rudley & Terri Wontrobski, Coordinators

10-10:50AM CONT'D

AMERICAN SIGN LANGUAGE 101

American Sign Language (ASL) serves as the predominant language of Deaf communities in the United States and most of Anglophone Canada. It is a complete and organized visual language expressed through both manual and non-manual features. This class will introduce the language and offer basic instruction.

-Andrea Izzo, Instructor

TECH TALK

Technology is in all aspects of our lives now, this class will help you to learn how to make it work for you. Hosted by The Hub's Tech Express and High Rocks Academy.

Class limited to 15 people. Up to 10 computers can be provided, but participants are encouraged to bring their own device.

-Judy Lucas, Coordinator

CREATIVE WRITING

Creative Writing is a favorite for those interested in expressing their creative side through writing. Everyone has a story; share yours with the class. Bring a notebook and be ready to write!

-Tina Alvey, Instructor

11-11:50AM

THE HISTORY OF THE U.S. CHURCH

This class offers a comprehensive look at the development of Christianity in America, tracing its roots from the early colonial period through the present day, with particular focus on the Appalachian region. Fr. Brian Turley is adjunct professor of history at West Virginia University, specializing in modern Europe, American and Hungarian religious history.

October 1 - The Reformation and American Denominationalism

October 8 - Americans as the Chosen Race

October 15 - Exception to the Rule: Slave religion and the Rise of the African-American Church in the South

October 22 - American Catholicism and the Nativist Response

October 29 - Revivalism and Social Reform

November 5 - American Utopianism and New Religious Movements

-Father Briane Keith Turley, Presenter

CLASSES / TOPICS ARE SUBJECT TO CHANGE

11:00–11:50AM CONT'D

UKULELES GONE WILD

Learn the basics of how to play the Ukulele with members of the Greenbrier River Optimistic Ukulele Group (G.R.O.U.P.)

Class limited to 10 people, so be sure to register EARLY!

-Bob DuCharme & Nan Morgan, Instructors

VOICES & VIEWS

Join us for relaxed and engaging conversations inspired by TED Talks and podcasts. Each session features thought-provoking stories, ideas, and perspectives that serve as a starting point for discussion. There's no homework or expertise required, just curiosity and a willingness to share your thoughts. Come connect with others, explore new ideas, and enjoy meaningful conversations in a welcoming and informal setting.

-Carolyn Rudley & Joan Montgomery, Coordinators

12:45–2:30PM

CRAFTERNOON

Join us for a potpourri of crafts each afternoon of our Adventures In Learning session. **\$25 material fee. Class limited to 20 people, so be sure to register EARLY!**

-Judy Lucas, Coordinator

BOOK GROUP - WHAT ARE YOU READING?

This is an opportunity for attendees to share what they are currently reading. There is no assigned reading.

-Ann McClung & Lindsey McCracken, Facilitators

MAH JONG CLASS FOR BEGINNERS

Everything you need to know to set up, understand, and play your very first game—no experience required. By the end, you'll understand what those tiles mean, how to set up a game, and exactly what happens from the first shuffle to declaring victory.

PLEASE NOTE: Class is limited to 12. Pre-registration is required in advance.

-Sally Lane & Judy Long, Facilitators

CLASSES / TOPICS ARE SUBJECT TO CHANGE

2026 COMMUNITY SERVICE AWARD

COMMUNITY SERVICE AWARD

HONORING

WARREN & MARGARET MAY

TUESDAY, SEPTEMBER 15, 2026

11:30 AM-1:00 PM

WVSOM STUDENT CENTER

TICKETS \$100

FOR SPONSORSHIP OPPORTUNITIES
AND TO PURCHASE TICKETS

CALL (304) 645-4196 OR INFO@SCGVWV.ORG

YOUR ASSISTANCE NEEDED!

DEMOGRAPHIC SURVEY



SCAN ME

We invite you to complete the Shepherd's Center of Greenbrier County survey by scanning the QR code or asking a staff member or volunteer for a paper copy. Your response helps us better understand and serve our community, while also providing the information requested by individuals, foundations, and organizations that support our work. If you have already completed the survey, thank you for taking the time to share your input.

YOU MATTER TO US!

CLASSES / TOPICS ARE SUBJECT TO CHANGE

MORE PROGRAMS

WATER AEROBICS

WEDNESDAYS

1:30 PM

**Greenbrier Valley Aquatic Center
\$5 per person paid directly
to GVAC**

BOOK GROUP

**SECOND THURSDAY
EACH MONTH**

11:00 AM

**Lewisburg United Methodist
Church (2nd floor parlor),
unless otherwise noted**

COFFEE TALK

**2nd Tuesday every Month
10:30 AM**

**New Vision Baptist Church, White
Sulphur Springs**

**Come for camaraderie and
stimulating conversation!**

CHAIR YOGA

**Monday & Thursday
10:30 AM**

**Lewisburg United Methodist
Church, 1133 Washington St. E.**

**Wednesday
2:00 PM**

**Wellspring of Greenbrier
223 Main Street, Rainelle**

DONATIONS CHANGE LIVES

Please consider making a gift to Shepherd's Center to help us grow our reach and meet the rising needs of older adults in the Greenbrier Valley. We are funded by local foundations, grants, congregational support, and individual donations. As a 501c3 nonprofit organization, your gift is tax deductible. With your help, we can make a greater difference in the lives of older adults!

Call Sarah Moloney, Executive Director and Neal Roth, Assistant Director, to see how you can GIVE in different ways.

(304) 645-4196 info@scgvwv.org

Donations may be sent to P.O. Box 54, Lewisburg, WV 24901, made online www.scgvwv.org, or simply scan the QR code.

Thank you for your support - we can't do it without you!



SCAN TO DONATE

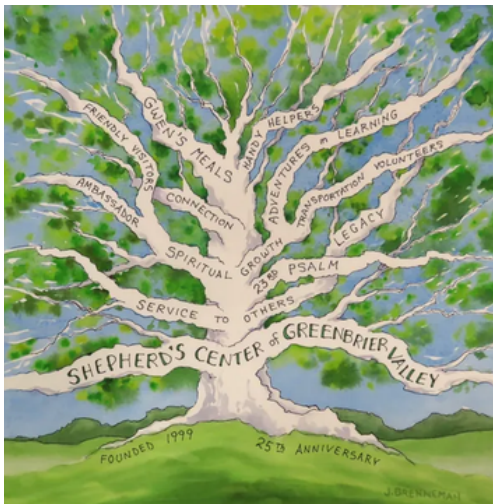
**SUPPORT
&
SPONSOR**

Would you consider sponsoring a session or two for someone else? What a great gift for a neighbor new to town or someone who hasn't attended classes before. Use the registration form to make your gift of education and adventure!

OUR STORY

Shepherd's Center of Greenbrier Valley was started by Ann McClung in 1999 after a visit to Shepherd's Centers of America in Kansas City, MO. Seven area churches agreed to sponsor the formation of Shepherd's Center of Greenbrier Valley; we obtained our State Charter, and we were off and running. Adventures in Learning started in 1999 with 45 participants. We now have approximately 150 registrants for ALL sessions. Other services that have been added over the years include Gwen's Meals, Handy Helper, Friendly Visitor, transportation to medical appointments, and an area referral resource center. In 2026, we were recognized as the Nonprofit of the Year by the Greater Greenbrier Chamber of Commerce. As we celebrate our 27th year of service to the community, we look forward to continued growth and expansion so we may reach older adults.

WE'RE ON A MISSION!



Shepherd's Center of Greenbrier Valley is an interfaith ministry to sustain mature adults to live independently by providing opportunities for lifelong learning, community service, caring relationships, and spiritual growth.

We are committed to creating an environment of inclusion where everyone is welcome and encouraged to be their true selves. We value individuals of all ages, religion, nationality, disability, race, sex, sexual orientation, and gender identity.

Make a Difference...

One Ride at a Time



TRANSPORTATION TO MEDICAL APPOINTMENTS



As people age, maintaining access to consistent and quality healthcare becomes increasingly important - not just for treating illness, but for managing chronic conditions, preventing complications, supporting independence and combating social isolation.

MAKE A DIFFERENCE

Our Volunteers:

- Commit to driving at least once a month
- Provide free rides to medical appointments
- Round trip, door-through-door service
- Drive according to their schedule in their own vehicle



Our Clients:

- Ambulatory older adults (no wheelchairs)
- Live within Greenbrier County



Scan For More Info

HOW TO APPLY

Visit or call our office to pick up your application

1133 Washington St, E

Lewisburg, WV 24901

INFO@SCGVWV.ORG

(304) 645-4196

give the gift of a lift

FIGHTING ISOLATION THROUGH SERVICE TO OTHERS, EDUCATIONAL OPPORTUNITIES, AND BY BUILDING MEANINGFUL RELATIONSHIPS



Explore Life's Next Chapter

shepherd'scenter
OF GREENBRIER VALLEY

2025 IMPACT REPORT

GWEN'S MEALS

- 169 households
- Over 9,300 meals delivered
- 29 community partners & congregations
- 2,600 volunteer service hours
- 25,000 volunteer miles driven
- Regular wellness check & friendly visit



HEALTH PROMOTION

- Tai Chi
- Water Aerobics
- Chair Yoga
- Line Dancing
- Optimizing Health Classes



LIFELONG LEARNING

Adventures In Learning

- 37 Classes
- 271 Participants
- 5,214 Instructional Hours
- 300 Volunteer Hours

Lunch & Learn

- 5 Sessions
- 4 Adventure Travel events
- Over 400 attendees
- Informative topics include history, culture and current events

HANDY HELPER

- 3 New Volunteers
- Accessibility ramps
- Yard Maintenance



MEDICAL TRANSPORTATION

- Started July 2025
- 14 Volunteers
- 23 Clients
- 94 Trips
- 318 Volunteer Hours
- 7,000 Miles traveled



SOCIAL OPPORTUNITIES

- Adventures In Learning Sessions
- Lunch & Learn
- Coffee Talk
- Book Group events
- Adventure Travel



FRIENDLY VISITOR



- 203 Visitation hours
- Almost 1,700 miles driven
- Gwen's Meals Volunteers provide weekly visits and wellness checks

SERVICE AREA

Alderson
Charmco
Crawley
Dawson
Clintonville
Fairlea
Frankford
Lewisburg



Rainelle
Renick
Roncerverte
Rupert
Smoot
Quinwood
White Sulphur Springs
Williamsburg

WHAT PEOPLE ARE SAYING

"It is a true honor and privilege to volunteer with the Shepherd's Center. My partner and I had the joy of spending time with a couple who, at this season in their lives, needed just a little extra help making it back and forth to a medical appointment. We enjoyed a chance to connect and spend quality time together."



Your contributions help us to provide services to hundreds of Greenbrier County's older citizens every week.

FOUNDATION SUPPORT

Hollowell Dawkins
Foundation



United Way
of the Greenbrier Valley



D'Antoni Family Charitable Fund

Daywood Foundation

James FB Peyton Fund

Hamilton Family Foundation

Marie Leist Foundation

Seneca Trail Charitable Foundation

☆☆ Greater Greenbrier County Chamber of Commerce Nonprofit of the Year ☆☆☆

VOLUNTEERS NEEDED

THE MAGIC MAKERS

Staff

Sarah Moloney, Executive Director
Neal Roth, Assistant Director
Loretta Foley, Program Director

2026 Board Members

Brian DeRouen
Gail Fleshman
Diana Godbey
Kathie Holland
Alice Hollingsworth
Judy Long
Judy Lucas
Ann McClung
Lindsey McCracken
Katy Montgomery
Carol Prillaman
Carolyn Rudley
Mary Lou Smith
Aaron Toothman
Sandra VanLuik
Amanda White
Terri Wontrobski
Cynthia Woods

VOLUNTEER OPPORTUNITIES

- Gwen's Meals delivery
- Gwen's Meals preparation
- Friendly Visitor / Caller
- Handy Helper
- Adventures In Learning
- Coffee Talk
- Office Support
- Transportation
- Lunch & Learn

OUR MISSION



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everyone is welcome and encouraged to be their true selves. We value individuals of all ages, religion, nationality, disability, race, sex, sexual orientation, and gender identity.



Shepherd's Center of Greenbrier Valley

1133 Washington Street E.

P.O. Box 54

Lewisburg, WV 24901

(304) 645 4196

info@scgvwv.org

<https://scgvwv.org>



REGISTRATION

ADVENTURES IN LEARNING FALL 2026

PLEASE FILL OUT THE FOLLOWING INFORMATION

NAME:

FULL ADDRESS:

PHONE:

EMAIL ADDRESS:

EMERGENCY CONTACT INFO:

(OPTIONAL) CHURCH AFFILIATION:

**REGISTRATION
DEADLINE:
SEPT 25, 2026**

CHOOSE YOUR CLASSES

9-9:50AM

- ☐ Current Events
- ☐ Chair Yoga

10-10:50AM

- ☐ Tech Talk*
- ☐ American Sign Language
- ☐ What's New To Do
- ☐ Creative Writing

11-11:50AM

- ☐ History of the U.S. Church
- ☐ Ukuleles Gone Wild*
- ☐ Voices & Views

1-2:30PM

- ☐ Crafternoon*
- ☐ Mahjong for Beginners*
- ☐ Book Group

*These classes have limits on # of attendees. So, please get your registration in early



SCAN TO
REGISTER ONLINE

CALL (304) 645-4196 WITH QUESTIONS

NEED TO KNOW:

DINE WITH US

A lunch buffet will be provided each week for \$8. Please let us know in advance if you would like lunch. We need to have a head count for those preparing the meals. November 5th is the Greenbrier County Library Luncheon Fundraiser, tickets bought in advance are only \$8.

Circle the dates you would like lunch!

10/01 10/08 10/15 10/22 10/29 11/5

SPECIAL REQUESTS

- ☐ Transportation Assistance
- ☐ Scholarship Information

FEES ENCLOSED

- \$___ \$35 Registration Fee
- \$___ Lunch @ \$8 per week
- \$___ \$25 Material Fee Crafternoon Class
- \$___ Tax-deductible Donation to Support SCGV
- \$___ Sponsorship Donation

EMAIL INFO@SCGVWV.ORG WITH QUESTIONS

Total Enclosed: \$_____

By registering you are giving SCGV the right to use a photograph that you appear in for promotional material.

WWW.SCGVWV.ORG

Inside...



**Watch our Facebook page
for upcoming events!**

**COFFEE TALK
BOOK GROUP
LUNCH & LEARN
ADVENTURE TRAVEL**

**CONTINUING
OUR LEGACY
FOR ANOTHER
27 YEARS**

**YOUR ADVENTURES
IN LEARNING
FALL 2026
SCHEDULE!**

**2026 NONPROFIT
OF THE YEAR**

**RECOGNIZED BY THE
GREATER GREENBRIER
CHAMBER OF COMMERCE**

**(304) 645-4196
INFO@SCGVWV.ORG**



shepherd'scenter
OF GREENBRIER VALLEY

**PO Box 54
Lewisburg, WV 24901**

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**YOUR ADVENTURES IN LEARNING
FALL 2026 SCHEDULE IS INSIDE!**

WWW.SCGVWV.ORG