



**FALL 2025**

**Meadow River Valley**

# **ADVENTURES IN LEARNING**

**OCTOBER 07 – NOVEMBER 11**

Join us for our Meadow River Valley Adventures In Learning  
**FALL 2025** session held on  
**Tuesdays** from **October 7** through **November 11!**

These exciting and educational classes are open to all ages!

**All classes are held at the First Baptist Church of  
Rainelle.**

## **PLEASE NOTE!**

*Shepherd's Center of Greenbrier Valley follows the  
Greenbrier County School Closing Schedule.*

*If schools are closed, we **WILL NOT** hold classes that day.*

**9:00AM-9:20AM**

**DEVOTIONS W/ PASTOR EADES & PASTOR MULLENS**

**9:25AM-9:55AM**

**WARM UP**

Line Dancing & Chair Yoga

**10:00AM-10:50AM**

10/7/25 - Native Appalachia, Larry Two Rivers    10/28/25 - Field Trip to Pipestem Resort

10/14/25 - Cyber Security, Jesse Johnson

11/4/25 - WV Healing Home, Aisha Marshall

10/21/25 - Rainelle Medical Center

11/11/25 - WV Helping Hands, Lisa Carter

**11:00AM-11:50PM**

10/7/25 - Appalachia Lore, John Wyatt

10/28/25 - Field Trip to Pipestem Resort

10/14/25 - Field Trip to North House Museum

11/4/25 - WV Healing Home, Aisha Marshall

10/21/25 - Cooking with Carol Herrick

11/11/25 - Celebrating Our Veterans

**12:00AM-12:50PM**

**LUNCH**

10/7/25 - Rainelle Deli

10/28/25 - Mountain Creek Restaurant or  
Blue Stone Dining Room

10/14/25 - Lunch in Lewisburg\*

11/4/25 - TBD\*

10/21/25 - Lunch with Carrol Herrick

11/11/25 - MRV Pot Luck

\*Individuals will be responsible for their own lunch costs.

**1:00PM-3:00PM**

10/7/25 - Crafts w/ Venise

10/28/25 - Three Rivers Avian Center

10/14/25 - Spa Day, New River Community &  
Technical College\*\*

11/4/25 - Crafts w/ Connie

10/21/25 - Crafts or Games

11/11/25 - Crafts or Games

\*\*There are fees associated costs for spa treatments.

**\*CLASSES / TOPICS ARE SUBJECT TO CHANGE\***

# REGISTRATION

## MEADOW RIVER VALLEY ADVENTURES IN LEARNING FALL 2025

PLEASE FILL OUT THE FOLLOWING INFORMATION

NAME:

\_\_\_\_\_

EMAIL ADDRESS:

\_\_\_\_\_

FULL ADDRESS:

\_\_\_\_\_

\_\_\_\_\_

EMERGENCY CONTACT INFO:

\_\_\_\_\_

\_\_\_\_\_

PHONE:

\_\_\_\_\_

(OPTIONAL) CHURCH AFFILIATION:

\_\_\_\_\_

By registering you are giving SCGV the right to use a photograph that you appear in for promotional material.

### TUESDAYS OCTOBER 7 – NOVEMBER 11, 2025

PLEASE CHOOSE YOUR CLASSES

CALL (304) 645-4196 WITH QUESTIONS

#### 9:00 AM DEVOTIONS

\_\_\_\_ 10/07/2025  
\_\_\_\_ 10/14/2025  
\_\_\_\_ 10/21/2025  
\_\_\_\_ 10/28/2025  
\_\_\_\_ 11/04/2025  
\_\_\_\_ 11/11/2025

#### 11:00 AM CLASSES

\_\_\_\_ 10/07/2025 Appalachian Lore  
\_\_\_\_ 10/14/2025 North House Museum Fieldtrip  
\_\_\_\_ 10/21/2025 Cooking w/ Carol  
\_\_\_\_ 10/28/2025 Pipestem Field Trip  
\_\_\_\_ 11/04/2025 WV Healing Home - Acudetox  
\_\_\_\_ 11/11/2025 Celebrating Our Veterans

#### 9:25 AM CLASSES

\_\_\_\_ 10/07/2025 Chair Yoga  
\_\_\_\_ 10/14/2025 Line Dancing  
\_\_\_\_ 10/21/2025 Chair Yoga  
\_\_\_\_ 10/28/2025 Line Dancing  
\_\_\_\_ 11/04/2025 Chair Yoga  
\_\_\_\_ 11/11/2025 Line Dancing

#### 1:00 PM CRAFTS / GAMES

\_\_\_\_ 10/07/2025 Crafts w/ Venise  
\_\_\_\_ 10/14/2025 Spa Day  
\_\_\_\_ 10/21/2025 Crafts/Games  
\_\_\_\_ 10/28/2025 Three Rivers Avian Center  
\_\_\_\_ 11/04/2025 Crafts w/ Connie  
\_\_\_\_ 11/11/2025 Crafts/Games

#### 10:00 AM CLASSES

\_\_\_\_ 10/07/2025 Native Appalachia  
\_\_\_\_ 10/14/2025 Cyber Security  
\_\_\_\_ 10/21/2025 Rainelle Medical Center  
\_\_\_\_ 10/28/2025 Pipestem Field Trip  
\_\_\_\_ 11/04/2025 WV Healing Home  
\_\_\_\_ 11/11/2025 WV Helping Hands

YOU MAY BRING REGISTRATION WITH YOU TO THE FIRST CLASS.

### WATER AEROBICS WEDNESDAYS

1:30PM

Greenbrier Valley Aquatic Center  
\$5 per person to be paid directly to GVAC.

THERE IS NO REGISTRATION FEE, DONATIONS ARE APPRECIATED.

# Inside...



Watch our Facebook page  
for upcoming events!  
**COFFEE TALK**  
**BOOK GROUP**  
**LUNCH & LEARN**  
**ADVENTURE TRAVEL**

**YOUR  
MEADOW RIVER VALLEY  
ADVENTURES  
IN LEARNING  
FALL 2025 SCHEDULE!**

**HAVE A QUESTION OR NEED  
MORE INFORMATION  
CALL US AT  
(304) 645-4196**



**shepherd'scenter**  
OF GREENBRIER VALLEY

**PO Box 54**  
**Lewisburg, WV 24901**

**YOUR MEADOW RIVER VALLEY ADVENTURES IN LEARNING  
FALL 2025 SCHEDULE IS INSIDE!**